



CAROLINAS COLLEGE OF HEALTH SCIENCES

My father gave me the greatest gift anyone could give another person, he believed in me. ~ Jim Valvano
HAPPY FATHER'S DAY (JUNE 21) TO ALL THE DADS!

Inside this issue:	Pg.
Student of the Month, Dean's List	2
Need a quiet place to study?	5
Radiation therapy program gets a lab	6
New exercise schedule	8
Important dates to remember	9

OUTSTANDING EDUCATOR AND DISTINGUISHED ALUMNUS

Each year the college's Board of Directors selects one educator and one alumna for recognition among all those nominated. Announcing the 2015 recipients...

As Associate Dean Cathy Holton succinctly summarized, "April Davis is an amazing educator and teammate." Her recognition as the college's 2015 top educator is due to this and much more. April has spent 19 of her 26 years as an RN with Carolinas HealthCare System, and 17 of those are with CCHS. She's taught in both the nursing program and the surgical technology program, and with both CCHS and Mercy School of Nursing. Student success is a top priority for April Davis, and her warm communication skills are a perfect match with the needs of first semester, fledgling nursing students. Without compromising high expectations, she goes to great lengths to help students rise to the level of those expectations. This student comment is typical: "April is the kind of nurse I want to be. She gets to know each student. I'm grateful to April for helping me WANT to succeed at an even greater level." April earned an AAS degree in nursing at Manatee Community College and both the BSN and MSN at Queens University. An OR nurse, she is active in the local AORN chapter. Role-modeling the importance of personal and professional balance, April also teaches yoga in her spare time!



**April Davis, MSN, RN, CNOR
 2015 OUTSTANDING EDUCATOR**

Born in Troy NC, COL (Ret) Patsy Thompson graduated from Charlotte Memorial's School of Nursing in 1954. She earned a BSN from Chapman College and started her nearly 38 year military career



**Colonel Patsy Thompson
 2015 DISTINGUISHED ALUMNUS**

in the US Air Force Nurse Corps in 1956. Eventually reaching the rank of colonel, Pat served as a chief nurse and played all-star basketball for the Air Corps. She served 14 years in the Reserve as an occupational health educator, and was named Woman of the Year at McClellan Air Base. Later, with the California Army National Guard, and as Medical Group Chief Nurse, she was key to the 175th Medical Group earning brigade status. In 1986 she moved to the Pentagon and back to active duty status to become chief nurse of the National Guard Bureau. In 1989, she accepted special assignment as California's Quality Control Coordinator. 1992 was a pivotal year, personally and professionally. Pat was chosen to preside over the hearing of an army nurse dismissed for admitting she was a lesbian. The irony was that Pat herself had been a closeted lesbian for her entire military career, concealing a committed several-decade relationship. Her leadership in that trial played a key role in the repeal of the military's Don't Ask, Don't Tell policy. Before retiring in 1994, COL Thompson served as medical team commander in the jungles of Panama. Learn more about this courageous woman by googling the forthcoming documentary: Surviving The Silence.

CCHS Hours of Operation
 Mon - Fri, 7:30 a.m. - 4:30 p.m.
 Student badge access 24/7.

CCHS Computer Lab Staffed Hours
 Mon - Thurs, 7:30 a.m. - 7:30 p.m.
 Friday, 7:30 a.m. - 4:30 p.m.
 (No after-hours staff on Fri.)
 Saturday, 11 a.m. - 4 p.m.
 Sunday - No staff support.

CCHS Computer Lab Access Hours
 24/7 access with CCHS badge.
 Please badge in & out.

AHEC Library
 Medical Education Building (MEB)
Staffed Access to Collection & Services, Mon - Fri, 8 a.m. - 5 p.m.
Badge access to 2nd floor study rooms is 24/7.

MEB has the UNC Medical School sign and is across the street from the CMC ED entrance/ambulance bay. Walk to the covered sidewalk in front of MEB. Front door & 2nd floor badge readers give 24/7 access.



Chris Yen

STUDENT OF THE MONTH

Chris Yen is a natural-born volunteer and servant leader. He is a dependable member of the Student Government Association (SGA) and is always full of enthusiasm and great ideas! According to Joy Godwin, SGA advisor, "Members like Chris are a joy to work with. He stands by his word and is always encouraging others with a can-do attitude. I always have a peace about any given task when I know Chris is the one who will fulfill it. He is kind, considerate and worthy of this honor."

Chris does not limit his service to SGA; he looks for other areas where he can help without being asked. He recently volunteered at the Nursing Lamp lighting Ceremony and offered to help at graduation as needed. Chris is a nursing student who received his Bachelor of Science degree from the University of North Carolina at Chapel Hill before attending Carolinas College. He is also a member of the Student Nurses Association and Student Ambassadors. Congratulations, Chris, and thanks for all you do.

TEAMMATE SPOTLIGHT - Chrisanne Rancati

Chrisanne joined Carolinas College of Health Sciences as a Staff Assistant in the Student Services Department in November 2013. She transferred to CCHS from CMC Randolph, where she worked on the acute adult inpatient psychiatric unit. Originally from northern New Jersey, Chrisanne has been with Carolinas Healthcare System since she moved to Charlotte in November 2010. She is a graduate of William Paterson University in Wayne, NJ, where she received a Bachelor of Arts in Sociology. She completed her graduate work at John Jay College of Criminal Justice in New York and received a Master of Arts in Forensic Psychology. Chrisanne spent a number of years working in the behavioral health field, both in New Jersey and in Charlotte. She has three nieces that she loves to spoil, loves to travel, and loves nothing more than football Sundays rooting on her beloved NY Giants!



Chrisanne Rancati

FROM THE REGISTRAR'S OFFICE...

The fall 2015 Online Registration Information and Course Listing will be published and emailed to all students by the first week of June and will also be posted on the college's information portal.

- 🐾 **June 15:** Online registration for nursing, radiologic technology, radiation therapy, surgical technology and CRIBN students (only) begins.
- 🐾 **June 22:** Registration for general studies (including pre-nursing and pre-radiologic technology) program students begins. Open online registration will continue through Aug. 28.

Please remember that you need to meet with your academic advisor prior to registering in SONIS for the fall semester. To call your advisor, dial 704.355.5043, select option one, say his/her name. You'll be connected and can leave a message.

If you intend to graduate in December 2015, submit your Application for Graduation to the registrar. The deadline to apply is **July 10**. The application can be found on the information portal under the Admissions/Registrar/Graduation Support section. Details about graduation, including the deadlines can also be found there.

DEAN'S LIST HONORS

Congratulations to these exceptional students, named to the Dean's List based on fall 2014 grades. The criterion for Dean's List is a GPA of 3.50 or higher when enrolled in at least 6 semester hours of coursework.

General Studies: Robert Benthall, William Niedrich, Tricia Seifried

Histotechnology: Melissa Keller, Elizabeth Sloop, Molly Sunderland, Christian Yeatts

Nursing: Timothy Abernathy, Christina Alfano, Lydia Arthur, Brittany Baer, Brooke Brabant, Sophie Brayne, Rachel Cheema, Carly Coats, Katherine Cortes, Olivia Denton, Megan Erwin, Kathryn Gorham, Karen Green, Erin Holland, Lindsay James, Honnah Jones, Jihye Kim, Makenzie Lobdell, Julie Martinat, Rebecca Moody, Miles Nelson, Marie Nolan, Audrey Page, Melissa Parker, Kelsey Rochford, Ashley Suddreth, Elizabeth Sutcliffe, Katharine Swennes, Holly Thomas, Lillian Turner, Elizabeth Valcourt, Rachel Williams, Abigail Willis, Crystal Winans. **CRIBN:** Amy DeCoste, Jessica Hughes, Maureen

Kelleher, Hannah Shelton

Pre-Nursing: Kelsii Beverly, Cecilia Bruno, Tara Charobee, Alicia Collins, Natasha DeMaio, Christina Guerriero, Sarah Gullledge, Yancy Guzman, Rosalie Hawkins, Ashley Hilton, Summer Hilton, Rachael Horsman, Verna Israel, Erin Lance, Lori Lantos, Destiny Millege, Jami Miller, Brittani Montes, Gina Moore, Shannon Nadolny, Summer Nunn, Staci Owens, Katherine Prisco, Alexandra Rick, Hailey Rotenberry, Melanie Simpson, Stephanie Supcoe, Vanessa Vosteen-Rivera, Karlene Walker, Karanda Weaver, Madison Weller, Whitney Wiley, Zack Wright, Steven Yang, Janel Yerden.

Pre-Radiologic Technology: Erin Freeze, Emiley Peterson.

Radiologic Technology: Ashley Allen, Abby Byrnes, Heather Darnell, Kinley Fields, Jessica Haynes, Jessica Martin, Emily Romero, Amber Smith, Robin Smith, Jordan Vereen, Shelia Wallace

Radiation Therapy: Tiffany Beasley, Colleen Daley, Candace Fox.

RADIOLOGIC TECHNOLOGY PROGRAM UPDATE

May was a month of mixed emotions for members of the Radiologic Technology program...joy, as the Class of 2015 graduated, passed their Board exam and became colleagues, and sadness at the realization that they would now be leaving the college. But life goes on and a new, wonderfully gifted Class of 2016 is entering its "transition" month and will soon become Level 2 students.

With great sorrow the College bid adieu to Lucy Davison, clinical coordinator. Lucy, who retired in May, leaves a vast legacy of achievement and limitless knowledge. She positively touched and shaped many lives and contributed so much in making the rad tech program one of national envy and renown. The College will miss her and has no doubt that she will continue to impact the lives around her.



Jodie Huffstetler

The College is pleased to announce that Jodie Huffstetler has accepted the position of clinical coordinator. Originally from Hallsville, Missouri, Jodie graduated from the University of Central Missouri in 1998. After graduation, she became a flight attendant and was based in Charlotte. After five exciting years of traveling, she took a leave of absence and enrolled in CCHS School of Radiologic Technology. She graduated in 2005 and worked as a staff technologist at CMC-University. It was during this time that she joined CCHS as the clinical instructor for radiography students. In November 2009, Jodie joined CCHS as a full-time faculty member. Jodie lives in Mount Holly with her husband Brad, two children (Barrett - 7 and Olivia - 6) and two cats. Jodie's office is room 257. Congratulations Jodie!



Lucy Davison

PHI THETA KAPPA (PTK)

Upcoming Events:

- 🌀 **June 17:** PTK induction ceremony, 5:30 p.m., room 190
- 🌀 **June 25:** PTK general meeting 11:00 a.m., room 161

PTK t-shirts are available to members for purchase. See Cathey Miller in room 252 to get yours today! Sizes available: S, M, L and XL. Cost = \$9.90 each.

Community Blood Center of the Carolinas collected 29 pints of blood at the recent blood drive! Those pints will be converted into potentially life-saving blood products for 87 people. Thanks to everyone who donated. Thanks, also, to those who tried to donate but were deferred. Once again you proved that CCHS students, faculty,

staff and alumni rock and roll up our sleeves!!!!

MARK YOUR CALENDARS: Next CBCC Blood Drive at CCHS: Aug. 26

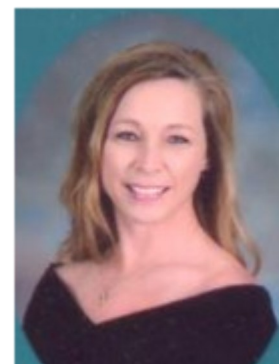
PTK recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship, and service programming. For questions please contact president Kathryn Gorham. Members are reminded to regularly visit the PTK site on Moodle for the latest information, updates, and upcoming events! Faculty advisors are Cathey Miller and Cathy Borysewicz.

STUDENT NURSES ASSOCIATION (SNA)

Congratulations, graduates! SNA is proud of all of you, but especially Laura Turpin, the winner of the Cynthia Favorite scholarship, a peer-nominated, \$250 scholarship awarded by the SNA to a graduating NUR 202 student. Laura was chosen for her leadership skills, her diligent work as treasurer of the SNA and her commitment to CCHS and its students. Thank you for your service, Laura!

On Wednesday, **June 10**, 5 to 6 p.m., please join the SNA, to volunteer at Florence Crittenton Services (the brick building to the left of the college, if you are facing the school), an organization that provides care and support services for pregnant and at-risk-but-not-pregnant girls and women. SNA will be providing educational activities on life with a newborn.

Does forensic nursing interest you? On Monday, **June 15**, at 11:00, Angie Alexander, a forensic nurse with Carolinas Medical Center, will speak about her on-the-job experiences and answer questions from the audience. Bruegger's Bagels and coffee will be provided. Anyone with an interest is invited!



Laura Turpin

TWO CCHS GRADUATES RECEIVE SYSTEMWIDE RECOGNITION!



Jason Hishon

Two CCHS alumni, Jason Hishon (May 2015) and Barry Nance (December 2012) were recently singled out for recognition for their outstanding patient-centered care. Demonstrating the highest standards of "putting the patient first, always," Nance's and Hishon's efforts were noticed by the family of a patient in their care when Hishon was precepting under Nance's guidance. In fact, the family was so impressed by the patient-centered rounding and teamwork they observed that they took the time to report it to CMC administration! Said the grateful patient and family: "They don't come any better than this," - referring to the team - and then commented how often Barry and Jason checked on the patient, "providing a calming and healing environment." Recognition was given at the unit level and Jason also received "WOW Card" recognition from his clinical supervising instructor, Janie McCloskey. Thanks, Barry and Jason, for proving once again that "CCHS alumni get it" when it comes to providing an excellent patient experience.



Barry Nance

WELCOME NEW AND RETURNING STUDENTS!

On May 26, CCHS welcomed 47 new students. The incoming class consists of 13 general studies, 20 pre-nursing track, and 14 surgical technology students. Thank you for choosing Carolinas College of Health Sciences for your healthcare education.

Returning Students: Welcome back. As you continue your journey take a moment to remember how it felt to be the new kid on the block, and show these 47 new CCHSer's your warmest welcome!

WE COULDN'T HAVE DONE IT WITHOUT YOU!



CCHS Student Ambassadors returned early from spring break to assist with new student orientation. They made phone calls to incoming students, helped with registration, gave tours, and lead the ice breaker sessions. They also shared their experiences and life around the college. Without their helping hands and passion for Carolinas College, we couldn't have pulled it off! Pictured above L to R, Front Row: Summer Nunn, Ashley Amirkhanian, Olivia Myers. Back Row: Rhoda Rillorta (SA Advisor) Hannah Shelton and Amy De-Coste.



Interested in being a Student Ambassador? Student ambassadors play a vital role in the admissions process by helping out with recruiting, new student orientation, information sessions, and graduation. If you would like information about becoming a student ambassador, please see Rhoda Rillorta in room 168 or email her at Rhoda.Rillorta@CarolinasCollege.edu.



How Did We Do During New Student Orientation?

Your opinion matters! We want to know how new student orientation went for you. Did we answer your questions? Was content covered in a timely manner? Please complete the New Student Orientation Survey sent to your CCHS email. Your feedback is important to us. Participation initiates change and is appreciated!

YOU ASKED FOR IT... LOANER UMBRELLAS!

At an Open Forum, students shared with Dr. Sheppard their wish for a covered walkway or shuttle service between the MMP parking deck and the college. Realizing that wasn't feasible, they then brainstormed for alternate solutions. One root cause of dissatisfaction, it turned out, was that when a surprise rain begins during the school day, students get wet walking to their cars. Even though half the route can be taken indoors, there's no way to avoid some exposure. Dr. Sheppard pondered that, then suggested a simple solution: loaner umbrellas. A standard cache of half a dozen white umbrellas is now kept in the umbrella stand in the front entryway. Students may borrow those as needed. The College's only request is a timely return, so there will be umbrellas for students tomorrow. Thanks, students, for the suggestion and for making CCHS the best it can be!

WE COULDN'T HAVE DONE IT WITHOUT YOU!

Congratulations to the 74 nursing, radiologic technology, and surgical technology students who graduated on May 8. Additional thanks to the students who were selected to serve as graduation marshals: Brittany Baer, Abby Byrnes, Kinley Fields, Kathryn Gorham, Jessica Martin, Julie Martinat, Megan Mullis, Amber Smith, Ashley Suddreth, Elizabeth Sutcliffe, Jordan Vereen. Special thanks to Ashley Allen, who served as the chief marshal and carried the college flag in the processional. Marshals are selected on the basis of outstanding academic achievement. The commencement speaker was Dr. John Santopietro, chief clinical officer, behavioral health for Carolinas HealthCare System.



L to R: Ashley Suddreth, Amber Smith, Megan Mullis, Jessica Martin, Kinley Fields and Ashley Allen (Chief Marshal)



L to R: Brittany Baer, Elizabeth Sutcliffe, Julie Martinat, Abby Byrnes and Kathryn Gorham

OPEN FORUM WITH PRESIDENT SHEPPARD

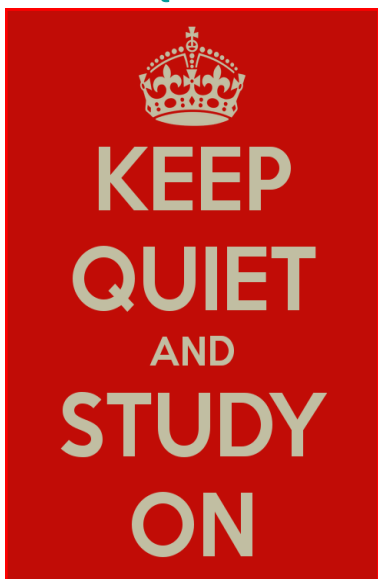
CCHS students have many opportunities for input into college decision making: service on college committees, end-of-course surveys, the suggestion board (across from classroom 161), SGA opinion polls, etc. One of the most significant is the semi-monthly President's Open Forum. Attend and let your voice be heard! Dr. Sheppard will be available **June 25**, room 137, 2 to 2:45 p.m. If you are unable to fit this into your schedule, stop by her office (room 110) or shoot her an email: Ellen.Sheppard@CarolinasCollege.edu. In May, topics addressed included suggestions for how beginning students can best be informed of all resources available, and a request for as-early-as-possible release of course syllabi for the upcoming semester.



It's a new semester; lots of new faces all around. A few reminders:

- ☞ All students and team members are strongly encouraged to walk in designated crosswalks areas only; do not use the street for a walking path and be vigilant of your surroundings, especially when you are about to cross a parking lot entry or a street.
- ☞ Make sure your ID badge is displayed above the waist, facing outward, and visible upon entry to the college and any CHS facility.

NEED A QUIET PLACE TO STUDY? (Reserve many of these through Joy at the front desk)



- ☞ Nine study carrels near Room 122-A are first come, first served. Remember to turn off the lights when done.
- ☞ Weather nice? Try the gazebo or tables in the courtyard, the three tables & benches in the pavilion at the side of the College (ask Joy), or the two tables & benches to the left of the main entrance.
- ☞ Rooms 231, 232 & 233 are quiet study areas, though they may occasionally be reserved for small course groups and individual testing. Anatomical models & text resources are maintained in room 231 for your reference. They're called the Quiet Study Rooms, and they're for YOU!
- ☞ Room 137 is available for quiet student study, though occasionally committees take priority.
- ☞ Six tables in break room (with refrigerators, next to Classroom 161) allow for semi-quiet study.
- ☞ Any classroom not in use may be used for quiet study or group work, though you'll need to vacate if a class is scheduled to meet. Exceptions: Room 201 and 223, which are nurse anesthesia rooms.
- ☞ The computer lab and computer annex (Rms. 153 and 154) are available 24/7 with badge access.
- ☞ The AHEC Library (Medical Education Building) provides multiple quiet spaces 24/7 for students. The building is badge accessed after 4 p.m. Take the elevator to the 2nd floor and turn right. Medical students and medical residents share this resource with CCHS students.

WOW - THESE FOLKS ARE AMAZING!

Part of a culture of excellence is recognizing others. CCHS does that with Student of the Month, Outstanding Educator, Thank You Notes and lots more. But the easiest and quickest way is writing a WOW card and putting it in the WOW box in the college lobby. Read the posted WOW cards on the board leading to room 137 to see what your classmates and CCHS team members are being recognized for! The following CCHS students or teammates were recognized recently:

Students:

Nursing: Sarah Atkin, Destiny Covington, Catherine Fulginiti, Aleisa Hamilton, Erin Holland, Christine Perzinski, Lisbeth Pineda, Crystal Wynans, the Student Nurses' Association

Teammates...

Academic Affairs: Kisha Choice, Larry Turner
Administration: Pat Lewis, Ellen Sheppard

Business Office: Financial Aid

Continuing Education: Lori Hight, Carol Vardian

General Studies: Matumba Mbayabu

Nursing: Debbie Blackwell, April Davis, Diahanne Holandez, Lynn Jordan, Dana Mangum, Janie McCloskey, Karen Miller, Susan Paterson, Sarah Scibetta

Student Services: Joy Godwin, Hampton Hopkins, Nancy Watkins

FROM THE BUSINESS OFFICE

Financial Aid - If you are planning to use federal student aid (Pell Grant, Work Study, Federal Student Direct Loans) for the 2015 - 2016 academic year starting in the fall 2015, now is the time to complete your 2015 -2016 Free Application for Federal Student Aid (FAFSA). This can be completed online at www.fafsa.ed.gov. You will need information from your 2014 federal tax return in order to complete the FAFSA. Be sure the Federal School Code for CCHS (031042) is listed.

Summer Financial Aid Refund Checks - Checks will be available starting on **June 16** at 10 a.m. in the business office (room 208). Your CCHS Student ID must be presented to pick up checks.

New Students - The following steps must be completed and funds received before your refund check can be generated.

- ☞ Signed award letter must be returned to the business office.
- ☞ Federal Direct Loan MPN.
- ☞ Online loan entrance counseling at www.studentloans.gov.



Success Tip of the Month Do Some Review Every Day! Try to change up your review methods and make them as active as possible to help you retain concepts. Rather than just silently reviewing your notes over and over, try the following:

- ☞ Read out loud and listen to yourself/create quiz questions.
- ☞ Recopy main points from your notes.
- ☞ Brainstorm ways to apply the information.
- ☞ Test yourself on your notes - perhaps by using the Cornell Note-taking System (see Student Success Center Page on Moodle).
- ☞ Teach the information to a friend.

Want a tutor? Get one early and avoid the rush! For study tips and information about peer tutoring, see Nancy Watkins, room 214

Student Employment Opportunities - Interested in part-time/PRN employment with CMC? Cliff Chapman, CHS Human Resources Consultant - Talent Acquisition, will be on campus **June 1**, 10 a.m. to noon, and is available to you at 704.631.0347 or Cliff.ton.chapman@carolinashealthcare.org. (Cliff is helping out while Morgan Mustian is on maternity leave.)

To make an appointment with Cliff:

- ☞ Log into the information portal and click on *Student Success Center* under *Student Resources* at the top of the page.
- ☞ Select the *Job Search Resources* tab. When you open that section, the interview sign-up sheet will be your first choice. You may sign up for any open 15-minute timeslot.

Don't have time to make an appointment? Don't worry! If you have a question and Cliff is not busy with another student, don't hesitate to talk with him. If that doesn't work contact Nancy Watkins in the Student Success Center, room 214. She'll find an answer to those or any other concerns you have!

STUDENT SUCCESS CENTER FINDS NEW HOME; RADIATION THERAPY GAINS A LAB

If you were on campus on Thursday, May 28 you may have noticed furniture and boxes being moved from one end of the building to another. The reason? A new on-campus lab for the Radiation Therapy program. As the only program without a lab, it was important to provide these students with a space where they could plan treatments in a practice environment. Radiation therapy is the use of radiation to treat human diseases, especially cancer, and is often used in combination with surgery and chemotherapy. In addition to the lab, program director Lee Braswell has moved his office into that area as well.

The space? The former student success center (room 214) is the new home of the lab. No worries, Nancy Watkins is now located in office 254 (through the glass door next to Avenue C). She has the same resources available to students and is available for walk-in visits and appointments, as usual. We did lose some space formerly used for studying and tutoring, but our records indicated the space was not utilized often so we anticipate this not being a problem. Remember, there are quiet study spaces on the second floor of the AHEC library in addition to those at the college. So, if you are looking for the student success center or the radiation therapy program director, remember they have switched offices.

CULTURAL & RELIGIOUS DIVERSITY: Understanding and respecting others' beliefs.

Charlotte's increasing diversity is reflected in the patients we serve. A culturally competent provider knows that religious beliefs can bring comfort to patients dealing with illness, pain and stress. Listed below are some of the current month's days of cultural and spiritual significance.

June 1 - Laylat al-Bara'at or Nisf Sha'bān – Islam. According to Muslim tradition, Allah approaches the earth on this night (the middle day of the eighth month in the Islamic calendar) to call humanity to repentance and grant forgiveness of sins.

June 5 - Núr – Bahá'í. The beginning of the fifth month of the Bahá'í year, meaning "light."

June 7 - Corpus Christi – Christianity [Roman Catholic]. Named for the Latin phrase "Body of Christ," this festival is a time when Catholic Christians express their faith in Christ's real presence in the elements of Holy Communion. **All Saints – Christianity (Eastern churches)** Celebrating the lives of those saints, known and unknown, whose prayers and exemplary lives have a positive influence on the lives and Christian faith of others. Western Christian churches celebrate this festival on November 1.

June 12 - Sacred Heart – Christianity [Roman Catholic]. A devotional feast during which Catholic Christians reflect on God's compassionate love, symbolized by Christ's heart.

June 16 - Martyrdom of Gurū Arjan Dev Ji – Sikhism [Nanakshahi tradition]. The first Sikh martyr and the fifth gurū, Arjan (1563 – 1606 C.E.) built the Harimandir (Temple of God) in the town of Amritsar with door facing all four directions, in order to emphasize that the Sikh way was open to all regardless of their socio-economic status. He also compiled the Sikh scriptures known as the Gurū Granth Sahib.

June 17 - Ramadān begins – Islam. A holy month of fasting and prayer, in which all adult and physically competent Muslims abstain from food, water and sexual relations from dawn to sunset. Ramadān ends on July 17.

June 18 - Anniversary of Jamyang Khyentse Chökyi Lodrö – Buddhism [Tibetan tradition]. A celebration of the Tibetan lama (ca. 1893 – 1959) whose mastery of several lineages and insights have had a profound effect on numerous currently teaching lamas.

June 19 - Enlightenment of Kwan Yin Bodhisattva – Buddhism [Mahayana Pure Land tradition]. A celebration of the enlightenment of the bodhisattva of compassion—an enlightened being who vows to attain final, supreme enlightenment in order to save all sentient beings from suffering. In the Pure Land tradition, this bodhisattva frequently accompanies Amida Buddha in icons and other depictions. **New Church Day – Swedenborgian Christianity (Church of the New Jerusalem).** Annual commemoration of the visionary document The True Christian Religion, written by Emanuel Swedenborg in 1770 C.E.

June 21 - Summer solstice; Summer Feast – Native American spirituality. A day to honor the coming and going of the seasons, celebrated with songs, prayers, and story-telling. **Litha [Midsummer's Eve] – Wicca.** A celebration of the consummation of the sacred marriage, in which the male divine energy is poured out in the service of life.

June 24 - Rahmat – Bahá'í. The beginning of the sixth month of the Bahá'í year, Rahmat means "mercy."

June 27 - Anniversary of the Martyrdom of Joseph Smith – Church of Jesus Christ of Latter-day Saints. Recalling the assassination of the prophet Joseph Smith and his brother Hyrum while they were incarcerated in Carthage, Illinois, in 1844 C.E.

June 29 - Ghambar Maidyoshem begins – Zoroastrianism. A celebration of the creation of water, the sowing of the summer crops, and the harvesting of grain. This festival continues through Friday, July 3rd. **Feast of the Apostles Peter and Paul – Christianity (both Western and Eastern churches).** Celebrates the two apostles who preached the Christian gospel in Rome. In Eastern churches this festival begins at sundown.

Our thanks to the Council of Religious Leaders of Metropolitan Chicago, the Multifaith Action Society of British Columbia (Canada), BBC's Religion Website, Peel Schools District Board (Mississauga, Ontario, Canada), the Arizona State University Provost's Office, the NCCJ of the Piedmont Triad, the Anti-Defamation League, Project Interfaith (Omaha, NE), and www.interfaithcalendar.org



THANK YOU!

Due to the extremely high cost of installation, the class gift has been changed from a water fountain bottle station to refurbishing the gazebo in the courtyard. The gazebo will be outfitted with a new tin roof, new screen door and will be retained. Thank you Class of 2015 for leaving a lasting gift for future students to enjoy.

CCHS TST CLINIC

One benefit of attending a Carolinas HealthCare System school: Free Immunizations! TST is the Tuberculin Skin Test (TST), part of CHS's safety plan for all patients, employees, and students. An annual TST assesses likely exposure to TB, so you can get the care you need. A TST is required during your birthday month or you can opt to get the test as much as 90 days in advance of your birthday. Free TSTs are available at CCHS in the lobby on **June 15, 10:45 to 11:30**. Can't make it? Walk up Loop Road to the Teammate Health Office in the annex building across from the CMC Emergency Entrance. Your free TST is available there M - F, 7:30 - 4:30.

CHS AMBASSADOR OPPORTUNITIES

Carolinas HealthCare System (CHS) participates in tons of local activities – sometimes to provide assistance, sometimes for visibility. Either way, energetic, outgoing CCHS students can help as ambassadors. Below is a list of events coming up. To participate in any of them, email Devon.Smith@CarolinasHealthCare.org or call 704-667-6509. The only rule: If you sign up, show up; you are representing both CCHS and CHS! (This is different from being a CCHS Student Ambassador. See Rhoda Rillorta in Student Services for more information about becoming a Student Ambassador.)

Fridays in June • 5:30 PM. Blakeney Summer Concert Series: This family friendly concert series will feature live music weekly and an opportunity for families to relax. There is no admission fee for the event that is located between Brix and Bravo. Ambassadors are needed to greet community members and staff our information table.

Tuesday, June 9 • 5:30 PM. Sun City Health Talk: This event is designed to provide Sun City Residents an opportunity to learn current trends in Healthcare. Ambassadors are needed to set up and greet residents as they enter and exit the Health Talk.

Thursday, June 11 • 5:00 PM. Anne Springs Close Greenway Summer Concert Series: Held Monthly on Thursday evenings throughout the summer, this event features free outdoor concerts and entertainment for the family. This year the concerts will take place in the new Amphitheatre. Carolinas HealthCare System will have a booth set up to display some of our services in the area. Ambassadors are needed to greet community members and staff our information table.

Saturday, June 13 • 7:00 AM. Lake Wylie Splash and Dash 5K/10K: The 22nd Annual family oriented 5K and 10K for community members brings excitement and exercise to the Lake Wylie Community. Carolinas HealthCare System will have a booth set up to display CHS services in the area. Ambassadors are needed to greet community members and staff the information table.

FREE EXERCISE CLASSES FOR CCHS STUDENTS/TEAM MEMBERS

LOCATION	Day of the Week (all month)	DAY/TIME	FEE	CONTACT
<p>Your CCHS enrollment qualifies you for FREE participation in LiveWell Fitness Classes!</p> <p>∞</p> <p>All Classes listed are held at the CHS LiveWELL Building at 801 East Blvd.</p> <p>∞</p> <p>From Shomars restaurant on East Blvd., head toward South Blvd. It's before the Greek Orthodox Church on the right. Park in the back or on East Blvd. ID badge required.</p> <p>∞</p> <p>Enter from the back parking lot using your ID badge. Multipurpose workout areas are visible as soon as you enter.</p>	<p>Mondays</p> <p>Zumba Kick Boxing</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>	<p>Free to CCHS students and CHS teammates with badge ID.</p> <p>∞</p>	<p>Livewellevents@carolinashealthcare.org or 704.446.1645.</p> <p>∞</p>
	<p>Tuesdays</p> <p>Total Workout NEW! Body Party Fitness <small>(Maxie)</small></p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>	<p>All classes are led by highly qualified, experienced instructors. Exercise flooring is safe, cushioned material. Bring your own water, towels, and yoga mat. Other materials specific to the class are provided (weights, hoops, etc.)</p>	<p>Park on East Boulevard or in the lot behind the LiveWell building. Enter through the door at the rear of the building.</p> <p>∞</p>
	<p>Wednesdays</p> <p>Body Sculpt Yoga</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>		
	<p>Thursdays</p> <p>Pilates Socacise</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>		
	<p>Mon & Wed</p> <p>Quick Fit Small group training with Jeremy Sinclair</p>	<p>4:30 - 5:10 p.m. OR 5:20 - 6 p.m.</p>	<p>\$50.00 for 4 weeks (8 sessions)</p>	<p>Email Carol.Tyndall@carolinashealthcare.org or call 704.446.1645</p>

CONTINUING EDUCATION OPPORTUNITIES

CPR: BCLS Online - Part 1. Cost \$22.00 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address (<https://www.onlineaha.org/index.cfm?fuseaction=main.registration&login=redirect>); choose BLS Online - Part 1. The course takes approximately 1 hour. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Skills Check Part 2 (see below).

CPR: BCLS Online Skills Check - Part 2. June 3, 10, 17, 24. 1 to 3 p.m. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

CPR: BCLS for the HealthCare Provider. June 24, 8 a.m. to 1 p.m. Cost \$60. Textbook included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or Christy.Dull@carolinashealthcare.org.

Children of Separation and Divorce (Webinar). June 24, Noon to 1 p.m. Learn strategies to help children deal with an upcoming separation/divorce, understand more about the rights that the children have, and discover resources that can help children who might be having difficulty. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register. CHS' EAP is designed to help you and members of your family with all types of issues - marital conflicts, job stress, emotional, alcohol and drug problems, and difficulties with children. Whatever the problem, if you need help, call CHS' EAP for a private appointment or to register for a class.

CCHS Admissions Information Sessions

June 9 & 23, 4 - 5 p.m. Have friends who want to know about CCHS? Contact Joy Godwin at the front desk or call 704.355.5051 to sign up for an info session. For information on Medical Laboratory Science or Histotechnology, contact Kelly Shirley, 704.355.4275.

CCHS HAS A LACTATION ROOM

Room 127, located near several faculty offices, is a small, but functionally designed space allowing it to function as a restroom as well as a lactation room for nursing moms. The room has a small bench, a shelf for the pump, and an easily accessible electric outlet. The room is for the use of CCHS teammates and students.

RECENT GRADS SCORE BIG on REGISTRY EXAMS

RAD TECH: Of the 13 radiologic technology graduates from May, all 13 passed the RT registry exam on first writing, making this the 30th year (of the last 31) of a perfect 100% first time pass rate. And they didn't JUST pass. One graduate ranked at the 99th percentile among all other testers in the US; two scored at the 98th percentile, and one at the 92th percentile.

NURSING: Of the 62 CCHS nursing graduates in December 2014, 59 passed the NCLEX exam on first writing, bringing the final first time pass rate to 95.2%. Cause for celebration, RNs!



DAILY QUOTE : From a May graduate's "End of Program" evaluation: "I've attended other colleges but I've never seen such emphasis on student success! Everyone at CCHS really cares & wants us to succeed!"

IMPORTANT DATES TO REMEMBER (Details about each are found elsewhere in this newsletter)

June 1	CHS Human Resources rep on campus		BCLS online skills check - Part 2
June 3	BCLS online skills check - Part 2	June 22	Online registration for general studies students begins
June 9	CCHS Admissions information session	June 23	CCHS Admissions information session
June 10	SNA volunteers at Florence Crittenton Services	June 24	BCLS online skills check - Part 2
	BCLS online skills check - Part 2		BCLS for the healthcare provider course
June 15	Onsite TST clinic		Employee Assistance Program Webinar, <i>Children of Separation and Divorce</i>
	Online registration for nursing, rad tech, rad therapy, surg tech and CRIBN students begins	June 25	PTK general meeting
	SNA sponsored guest speaker Angie Alexander, <i>Forensic Nursing</i>		Open Forum with President Sheppard
June 16	Financial aid refund checks available		
June 17	PTK induction		

SAVE THE DATE

July 10 Application for Graduation form deadline