

## *Vision*

Dedicated to providing caring, bedside companionship for dying patients who are alone at the end of life.

*No One Dies Alone* is a volunteer program that provides the reassuring presence of a volunteer companion to dying patients who would otherwise be alone.



Carolinan Medical Center  
Lincoln

*Uncompromising Excellence. Commitment to Care.*

[www.cmc-lincoln.org](http://www.cmc-lincoln.org)  
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# *No One Dies Alone*



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## No One Should Die Alone

No one is born alone, and in the best of circumstances, no one dies alone. Unfortunately, some patients are alone when approaching death. Some have no family or close friend to be with them as they near end of life.

CMC-Lincoln is proud to offer a program for those who are alone at the end of life. The *No One Dies Alone* program was developed to provide the most valuable human gift—a dignified death.

## Role of the Volunteer

This program does not require nursing experience or nursing skills. However, the program requires a special volunteer to be with a patient who has no one with them at end of life. The volunteer may be asked to assist in comfort-care measures which may include:

- Holding the patient's hand
- Playing soft, soothing music
- Reading
- Fluffing pillows
- Adjusting bed covers
- Moistening the lips with balm
- Massaging the hands or feet
- Just being there in silence



## How to become a volunteer

- Complete an application and two references. One reference should be from your pastor. Applications are available online at [www.cmc-lincoln.org](http://www.cmc-lincoln.org).
- Complete an orientation session to learn the art of being compassionately present at the bedside of a dying person.
- Complete volunteer orientation requirements through Community Relations.
- Become knowledgeable in the use of the companion supply bag. It contains music, books, and other helpful items (stored in the nursing supervisor office).
- A meal ticket will be given for use in Café Med to be used prior to or after the volunteer shift.