| Patient Name:            |  |
|--------------------------|--|
| Date of Birth:           |  |
| Date of Visit:           |  |
| Pharmacy:                |  |
| Previous Urologist:      |  |
| Primary Care Physician:  |  |
| Group/Practice/Location: |  |
| Referring Provider:      |  |

# FEMALE PATIENT

| Patient Name:                         | Chart #:                       |
|---------------------------------------|--------------------------------|
|                                       | <b>REVIEW OF SYSTEMS</b>       |
| • Please mark 🛛 any condition whic    | ch applies to you.             |
| eneral                                | <u>Genitourinary</u>           |
| fever                                 | burning on urination           |
| chills                                | bloody urine                   |
| weakness                              | change in urine stream         |
| fatigue                               |                                |
|                                       | <u>Hematopoietic/Lymphatic</u> |
| lead and Neck                         | bruising tendency              |
| visual disturbances                   | bleeding tendency              |
| decreased hearing                     | swollen lymph glands           |
| nasal congestion                      |                                |
| sore throat                           | <u>Musculoskeletal</u>         |
|                                       | back pain                      |
| ulmonary                              | neck pain                      |
| shortness of breath                   | joint pain                     |
| cough                                 | muscle pain                    |
| sputum production                     |                                |
| wheezing                              | <b>Immunologic</b>             |
|                                       | immunocompromised              |
| ardiovascular                         | recurrent fever                |
| chest pain                            | recurrent infections           |
| ] palpitations (irregular heart beat) |                                |
| dema (leg swelling)                   | <u>Neurologic</u>              |
| ] fainting                            | abnormal balance               |
|                                       | Confusion                      |
| astrointestinal                       | numbness                       |
| nausea                                | tingling                       |
| vomiting                              | headaches                      |
| diarrhea                              |                                |
| constipation                          | <b>Psychiatric</b>             |
| heartburn                             | anxiety                        |
| abdominal pain                        |                                |
|                                       |                                |
|                                       |                                |
|                                       |                                |
|                                       |                                |

Allergies: Are you allergic to any medications? Yes No

| Specify Medication: | Describe reaction                                       |
|---------------------|---|
| 1                   | anaphylactic shock, D bronchospasm, D rash,             |
|                     | nausea, other   |
| 2                   | anaphylactic shock, D bronchospasm, D rash,             |
|                     | nausea, other   |
| 3                   | anaphylactic shock, D bronchospasm, D rash,             |
|                     | nausea, other   |
| 4                   | anaphylactic shock, D bronchospasm, rash, nausea, other |

#### **Current Medications – Prescription and over the counter medications**

(including vitamins, herbs, aspirin, antacids, injectables, hormones and birth control medication.

| Medication: | Dosage | How often do you take this? |  |
|-------------|--------|-----------------------------|--|
| 1           |        |                             |  |
| 2           |        |                             |  |
| 3           |        |                             |  |
| 4           |        |                             |  |
| 5           |        |                             |  |
| 6           |        |                             |  |
| 7           |        |                             |  |
| 8           |        |                             |  |
| 9           |        |                             |  |
| 10          |        |                             |  |
| 11          |        |                             |  |
| 12          |        |                             |  |
| 13          |        |                             |  |
| 14          |        |                             |  |
| 15          |        |                             |  |
| 16          |        |                             |  |
| 17          |        |                             |  |

#### **Medical Condition History**

- Please check any of the following conditions you have or have had in the past.
- If none of these conditions apply to you, please proceed to the next page.
- If you are unsure, please ask a staff member to assist you in filling out this form.
- You may have more than one condition.

If you have no medical problems, please check this box: 🗌 No medical problems.

| Alzheimer's                              | Diabetes  |
|--|---|
| 🗌 Anemia                                 | Other Endocrine disorder (gland problem, ex: Thyroid) |
| Asthma                                   | Emphysema (COPD)                                      |
| Arthritis                                | Other Lung Disease                                    |
|  | Hypertension (High blood pressure                     |
| Cardiac Arrhythmia (abnormal heart rate) | Hypercholesterolemia (elevated cholesterol)           |
| Congestive Heart Failure                 | Kidney Failure  |
| Coronary Artery Disease                  | Liver disorder (Cirrhosis, Hepatitis)                 |
| Other Heart Disease                      | Parkinson's Disease                                   |
| Cerebrovascular Disease (Stroke)         | Other Medical Problem (specify):                      |
| Depression                               |   |

#### **Surgery/Procedures**: Have you had previous surgery? Yes No

Please check any surgeries/procedures you have had and give the year the procedure was performed.

| Surgery:                                 | Year |
|--|------|
| Appendectomy                             |      |
| Bladder suspension                       |      |
| CABG (Coronary artery bypass grafting)   |      |
| Cholecystectomy (removal of Gallbladder) |      |
| C-Section                                |      |
| Cystocele repair                         |      |
| Hysterectomy – abdominal                 |      |
| Hysterectomy – vaginal                   |      |
| Lithotripsy – ESWL (stone machine)       |      |
| Mastectomy - left                        |      |
| Mastectomy – right                       |      |
| Rectocele repair                         |      |
| Removal of ovary – left                  |      |
| Removal of ovary – right                 |      |
| Splenectomy (removal of spleen)          |      |
| Tonsillectomy                            |      |
| Other surgery (1)                        |      |
| Other surgery (2)                        |      |
| Other surgery (3)                        |      |

| Family Medical History: Please check all diseases for which you have a family history:                   |                    |                  |                                       |             |                     |                     |
|--|--------------------|------------------|---------------------------------------|-------------|---------------------|---------------------|
| Cancer   | Diabetes           | Heart Disease    | e 🗌 St                                | troke       | Other:              |                     |
| Father:  | Alive              | Deceased         | Age                                   | _(Age dec   | ceased or current a | age if still alive) |
| Cause of death:  |                    |                  | · · · · · · · · · · · · · · · · · · · |             |                     |                     |
| Mother:  | Alive              | Deceased         | Age                                   | _ (Age dec  | ceased or current a | age if still alive) |
| Cause of death:  |                    |                  |                                       |             |                     |                     |
| Level of Educa   | ation:             |                  |                                       |             |                     |                     |
| grade schoo  | l 🗌 High sch       | ool/equivalent   | some coll                             | ege 🗌       | college degree      | graduate degree     |
| Habits:  |                    |                  |                                       |             |                     |                     |
| Alcohol: I drink alcohol<br>I do not drink alcohol, but I used to drink alcohol<br>I never drink alcohol |                    |                  |                                       |             |                     |                     |
| If you do drink  | alcohol, how ma    | ny drinks do you | average per                           | week?       | per week            |                     |
| Number of year   | rs of this pattern | ? yea            | urs.                                  |             |                     |                     |
| Tobacco: I use tobacco   I do not use tobacco, but I used to use tobacco   I have never used tobacco     |                    |                  |                                       |             |                     |                     |
| If you use tobac   | cco, how much?     |                  |                                       |             |                     |                     |
| # of cigarette pa  | acks per day:?     |                  | # of Cig                              | ars per w   | eek?                |                     |
| # of pipe bowls  | per day?           |                  | # of snu                              | ff, dip, or | chew packages p     | per week?           |
| # of years of us   | e at this pattern? | yea              | ars.                                  |             |                     |                     |
| Date of last tob   | acco use:          |                  |                                       |             |                     |                     |
| Current daily  | caffeine use:      |                  |                                       |             |                     |                     |
| -  | per day:           | -                | p = 8 oz.                             |             |                     |                     |
|  | er day:            |                  | ass = 12  oz.                         |             |                     |                     |
| Glasses of soda  | per day:           | 1 gla            | ass = 12  oz.                         |             |                     |                     |

#### Please describe, in your own words, the bladder problems you are having.

| When did your bladder prob       | lems begin?                       |                          | (Month/Year)           |
|----------------------------------|-----------------------------------|--------------------------|------------------------|
| Are your current symptoms:       | Worsening                         | Static/same              | Improving              |
| On a scale of 0 to 10 ( $0 = nc$ | ot at all; 10 = intolerable), how | w much do your bladde    | r problems bother you' |
| Voiding Habits:                  |                                   |                          |                        |
| How often do you urinate du      | uring your waking hours?          |                          |                        |
| Every h                          | nour or more often                |                          |                        |
| Every 1                          | -2 hours                          |                          |                        |
| Every 2                          | 2-3 hours                         |                          |                        |
| Every 4                          | hours or more                     |                          |                        |
| Do you wake up at night to       | urinate?                          |                          |                        |
| Never of                         | or rarely                         |                          |                        |
| 1 time                           |                                   |                          |                        |
| 2-3 tim                          | es                                |                          |                        |
| 4 or mo                          | ore times                         |                          |                        |
| Do you have an uncomforta        | ble or strong urge to pass uri    | ne and need to hurry to  | the toilet (urgency)?  |
| Never of                         | or rarely                         |                          |                        |
| Rarely                           |                                   |                          |                        |
| Occasio                          | onally                            |                          |                        |
| Daily                            |                                   |                          |                        |
| Irritative voiding sympton       | ns: Please check all that appl    | ly to you                |                        |
| Inabilit                         | y to make it to the bathroom      | in time.                 |                        |
| Need to                          | o void when you hear running      | g water.                 |                        |
| Need to                          | void when rising from a sea       | ted position.            |                        |
| Obstructive voiding sympt        | toms: Please check all that a     | pply to you              |                        |
| Poor ur                          | inary stream strength or slow     | to start urinary stream  | (hesitancy)            |
| Need to                          | push or strain to begin urina     | ation (Créde)            |                        |
| A feelin                         | ng of not being able to empty     | your bladder complete    | ly                     |
| Need to                          | push on your abdomen to er        | mpty your bladder        |                        |
| Urinary                          | v stream starts and stops before  | re your bladder is empty | y                      |
| Need to                          | reposition your body in orde      | er to void more fully (p | elvic tilt)            |
| Need to                          |                                   |                          |                        |

#### **Incontinence:**

Do you have urinary leakage (incontinence)? \_\_\_\_\_ Yes \_\_\_\_\_ No. If yes, check when this typically occurs.

\_\_\_\_\_ During the daytime.

- \_\_\_\_\_ During the nighttime.
- \_\_\_\_\_ Continuously.
- \_\_\_\_\_ Without awareness.

Please check the activities that cause you to leak urine.

| coughing | sneezing          | laughing           | sexual intercourse  |
|----------|-------------------|--------------------|---------------------|
| lifting  | sports activities | change of position | rising from a chair |

\_\_\_\_\_ other activities

How much urine do you leak? (please check the most appropriate answer)

- \_\_\_\_\_ A small amount (just a few drops)
- \_\_\_\_\_ A moderate amount (more than a few drops/dribbling)
- \_\_\_\_\_ A large amount (flooding/total saturation)

Do you wear protection (pads, diapers, etc.)? \_\_\_\_ Yes \_\_\_\_ No

Type/brand: \_\_\_\_\_

How many times do you change pads during the day?

When you change pads are they (please check the most appropriate answer)

\_\_\_\_ Dry \_\_\_\_ Moist \_\_\_\_ Damp \_\_\_\_ Wet \_\_\_\_ Soaked

**Prolapse Symptoms:** Please check all that apply to you

- \_\_\_\_\_ Vaginal pressure or vaginal heaviness
- \_\_\_\_\_ Observation of tissue protruding from the vaginal area
- \_\_\_\_\_ Need to push the protrusion back in order to empty your bladder or have a bowel movement
- \_\_\_\_\_ Low back pain
- \_\_\_\_\_ Vaginal pain
- \_\_\_\_\_ Abdominal pressure

General Symptoms: Please check all that apply to you

- \_\_\_\_\_ Visualized blood in urine or pink urine (hematuria)
- \_\_\_\_\_ Pain with urination (dysuria)
- \_\_\_\_\_ History of urinary tract infections. If checked, when was last infection?\_\_\_\_\_\_
- \_\_\_\_\_ History of kidney infections (pyelonephritis)
- \_\_\_\_\_ History of kidney stones. If checked, when was last stone episode? \_\_\_\_\_\_

| <b>Bowel Symptoms:</b> | Please check all that apply to you   |
|------------------------|--|
|                        | Problems with constipation   |
|                        | Laxative use. If checked, how often; # of times per week used:   |
|                        | Digital manipulation of bowel movements  |
|                        | Painful bowel movements  |
|                        | Fecal urgency  |
|                        | Incontinence of flatus (gas)   |
|                        | Incontinence of liquid stool   |
|                        | Incontinence of solid stool  |
|                        | Feeling of incomplete emptying   |
| Pregnancy History      | ·:   |
|                        | # of pregnancies   |
|                        | # of vaginal births  |
|                        | # of C-Section births  |
| Sexual Function:       | Please check those that apply to you   |
|                        | Peri-menopausal (experiencing symptoms of menopause, such as hot flashes, irregular menstrual periods) |
|                        | Menopausal (no longer having periods)  |
|                        | Sexually active  |
|                        | Not sexually active. Comments:   |
|                        | Pain with intercourse  |
|                        | Lack of desire for intercourse   |
|                        | Lack of lubrication (vaginal wetness) with intercourse   |
|                        | Inadequate arousal for intercourse   |
|                        | Satisfied with sex life.   |
| Have you had previ     | ous studies on your bladder? Yes No  |
| If yes, when           | n did you have these studies? (month/year).  |
|                        | testing performed?   |