



## Carolinan College of Health Sciences | July 2017

### CCHS Hours of Operation

Monday to Friday

7:30 AM to 4:30 PM

Badge access: 24/7

**College is closed July 3 & 4**

### CCHS Computer Lab

Monday to Thursday

7:30 AM to 7:30 PM

Friday

7:30 AM to 4:30 PM

(No after-hours

staff on Fridays)

Saturday, 11 AM to 4 PM

Sunday - Not staffed

Badge access: 24/7

### CCHS Nursing Skills Lab

Monday to Friday

7:30 AM to 4 PM

### AHEC Library

Monday to Friday

8 AM to 5 PM

**Library not staffed**

**July 4 & 28.**

**Badge access: 24/7**



### CCHS IN THE TOP 30!

Forbes recently released the first of its kind ranking of "Top 30 Two-Year Trade Schools." Forbes wanted to recognize two-year colleges because of the impact they have on the workforce in providing skilled and competent professionals in two rather than four years. Forbes used the same "return on investment" focus it uses on its Top Colleges Report which evaluates institutions in three important areas: graduate earnings, affordability, and quality. Carolinas College is classified as a "Special Focus Two-Year: Health Professions" institution. As such, CCHS graduates are well trained in the health professions and can have early career salaries as high as \$47,500.

Carolinan College ranked No. 14. The College is pleased and proud that its ability to produce highly skilled health professions workers while maintaining affordability and quality is being recognized in a national publication.

To read the entire article, click the link below:

<https://www.google.com/amp/s/www.forbes.com/sites/cartercoudriet/2017/06/19/the-top-30-two-year-trade-schools-colleges-that-fight-the-nations-skills-gap/amp/>

Congratulations to the faculty, staff and students for all the hard work you do each day to make Carolinas College the special and unique place it is.

### CCHS RECEIVES AFFIRMATION

The board of the College's accrediting body, the Southern Association of Colleges and Schools Commission on Colleges, reaffirmed the accreditation of the College with the addition of the off-campus instructional site at CMC-Mercy. This action was taken after a successful site visit in September for the histotechnology program that resulted in zero recommendations. They also approved the request for a level change to begin offering baccalaureate degrees. The College is moving forward with plans to implement an RN-BSN program in the fall of 2018.



## YOU WILL BE MISSED!



Lauren Taylor

Lauren Taylor's last day with the college was June 16. Lauren joined CCHS as a staff assistant/admission's specialist in October 2016. She left to pursue an excellent opportunity to advance her career in medical administration.

Joy Godwin is retiring effective August 11. Joy has been the face/voice of CCHS for over 20 years. Her enthusiasm and passion for the college and students was undeniable.

Change is difficult but the College wishes both of these ladies the best of everything in their future endeavors. They will be dearly missed!



Joy Godwin

## WELCOME NEW TEAMMATES

Claudia Trower joined the college as a staff accountant in the business/financial aid office. She has eight plus years in higher education as an accounting and student accounts assistant. Her experience includes overseeing the day-to-day student tuition accounts, reviewing delinquent accounts, billing and collections.



Claudia Trower



Heather Fasano

Heather Fasano will be joining Carolinas College of Health Sciences as the instructor for Communication, a new online course offered this fall. Heather has a master's degree in health communication from The University of Tennessee (UT). Throughout graduate school, she served as both a graduate teaching and research assistant for UT's College of Communication and Information and their Graduate School of Medicine. Heather joined Carolinas HealthCare System as a Simulation Training Specialist in 2015 and is now a full-time research coordinator for the simulation center, specializing in the design and facilitation of research studies surrounding medical simulation. Heather is excited to bring her passion and experience to this new course and to the college as a whole.

**Course description:** This online course is designed to introduce students to many communication topics, theories, and concepts used in everyday interactions. Throughout the course, students will be challenged to apply these theories and concepts to real world examples and encouraged to engage in thoughtful discussion with their classmates. Further, this course aims to provide stu-

dents with the tools needed to demonstrate effective and professional communication, preparing them for their professional journeys on whichever path they choose.

There are no prerequisites for this course, and the content is intended for students of all disciplines. Course content will incorporate concepts specific to healthcare (e.g., health communication, family communication, organizational communication) in addition to those applicable to everyday interactions (e.g., interpersonal communication, professional communication). All students are encouraged to enroll.

## CCHS T-SHIRTS AND CAR STICKERS ARE HERE

Car rear window strips and CCHS t-shirts are available in the main lobby. Both for \$20. Sizes for the shirts run small to 3XL. See Joy Godwin at the front desk to get yours!





## STUDENT SUCCESS LIVES HERE!

**Seven Things To Do While You're Taking Summer Classes** Written by Hannah Matheson with Odyssey

1. Explore your city. Take the time to go into town, find out what local festivals and celebrations are going on and go!
2. Make new friends. Even if you're in class with some of your best friends, take the opportunity to meet other summer school students that maybe you wouldn't have the chance to talk to during the year.
3. Follow through with plans. Have you ever been in a situation where you say, "we should totally hang out sometime!" And then you never really follow through? This time actually do it! It's the summer and the weather is nice so there are more things for you to do like go hang outside or have a barbecue.
4. Try new food/restaurants. Embrace your inner foodie and try new foods and restaurants. Challenge yourself to try that one restaurant that you've been telling yourself to check out, but then every time you go out to eat you end up at your usual spot.
5. Make a bucket list. Personalize a summer bucket list with your friends you're in school with. Give yourself a certain amount of time to finish the list and say you must do one or two things each week.
6. Get outside. When you're not in the classroom, make an effort to spend a lot of time outdoors!
7. Take school seriously, but don't take yourself too seriously. School is important. Even though it is the summer, don't blow off studying for your final exam or rushing your papers. Ultimately you will be getting a grade for your class which will affect your GPA, so it's still important to take your studies seriously.



**Sam Smith**  
Student Success Coordinator

**Are You Taking a Course This Summer?** If you are taking a full-semester course in the summer, you know the summer semester is shorter than the fall and spring semesters, increasing the need for strong organization and consistent weekly and daily study plans. Take advantage of any review sessions offered for your course(s), and be prepared to make changes at the first signs of difficulty. Make an appointment with your advisor or Sam Smith, student success coordinator (704) 355-4025, if stress/anxiety is getting in your way.

For more success/study tips, check out the Student Success Center page on the information portal. (Click on *Student Success Center* under *Study Skills and Self-help*.)

**Recruiting Peer Tutors for Summer/Fall 2017 courses.** Do you enjoy helping other students learn? Do you want to keep past course material fresh in your mind? Are you looking for a flexible service opportunity you can arrange around your schedule and priorities? Consider becoming a Carolinas College Peer Tutor! If you've earned an "A" or a "B" in a course and feel you could help another student with some academic coaching, please contact: Sam Smith, Student Success Center, room 254, 704-355-4025, samuel.smith@carolinashealthcare.org.

### **Student Employment Opportunities - Talk with CHS Human Resources**

If you're interested in part-time/PRN employment with CMC, sign up for a 15-minute appointment with CHS Recruitment Specialist Clifton Chapman in the lobby between 10 a.m. and noon on Monday, **July 10**.

To make an appointment:

1. Log onto the information portal and click on *Student Success Center* under CCHS Quick Links on the home page.
2. Select the *Employment Resources* tab. When you open that section, the interview sign-up sheet will be under *Current Part-time and PRN Job Opportunities*. You may sign up for any open 15-minute timeslot.

You can still talk with the recruiter on a drop-by basis without making an appointment as long as he is not busy with another student. An HR representative usually visits the college on the first Monday of each month. Feel free to email or call with your questions: Clifton Chapman, Clifton.Chapman@carolinashealthcare.org, 704.631.0347. Sam Smith is also available here at CCHS to support your job search efforts.

“Don't stop when you're tired. STOP when you are **DONE**.”

*Unknown*

**Success Tip of the Month**  
Failure is OK!

## PHI THETA KAPPA (PTK) UPDATE

Twenty-three new members were inducted into PTK at the summer induction ceremony on June 15. There are still several vacant officers' positions: President and Secretary. Please contact co-advisors Tracy James, [tracy.james@carolinashealthcare.org](mailto:tracy.james@carolinashealthcare.org), room 126, 704.555.0035 or Cathey Miller, [cathey.miller@carolinashealthcare.org](mailto:cathey.miller@carolinashealthcare.org), room 252, phone 704.355.0036 if you are interested in being an officer. PTK is on hiatus for the summer semester but will be kicking into high gear soon after the start of the fall semester. Follow upcoming events on PTK's page on the information portal.

PTK is a national honor society, which recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship, and service programming. For questions, please contact PTK advisor [Cathey.Miller@CarolinasCollege.edu](mailto:Cathey.Miller@CarolinasCollege.edu).

## FREE SHIPPING ON BOOKSTORE ORDERS

The summer semester booklist will be available soon at <http://direct.mbsbooks.com/CarolinasCollege.htm>. Guaranteed buyback up to 70% off list price, rentals up to 60% off list price and used books - 25% off list price. Free shipping on all orders over \$99 from **July 16-18!!**



Pictured from Left to Right: Yazmeen Anderson, Amy Delmas, Danielle Reames, Anna Littlejohn, Georgeann Garcia, Shelbi Exum, Mariana Gentry and Symone Brown.

Not pictured: Marcia Afful, Larissa Aiston, Lauren Bollinger, Charity Cochran, Shereece Dove, Heather Fincher, Lian Gregory, Erin Human, Jessica King, Amber Page, Colleen Patterson, Jennifer Rinaldo, Anna Smith, Vanessa Vosteen-Rivera and Sherry Walker

## FINAL EXAM SCHEDULE

MONDAY JULY 10	WEDNESDAY JULY 12	FRIDAY JULY 28	MONDAY JULY 31	WEDNESDAY AUGUST 2
<b>NUR 152</b> 8:30am Room 190	<b>NUR 151</b> 9:00am Room 190	<b>RAD 113/114</b> 7:30am Room 153	<b>SUR 101</b> 9:00am Room 153	<b>BIO 101</b> 9:00am Room 161
	<b>NUR 153</b> 9:00am Room 153	<b>RTT 231</b> 9:00am Room 211	<b>RTT 222</b> 9:00am Room 211	<b>BIO 102</b> (All Sections) 10:00am Room 190
	<b>NUR 155</b> 9:00am Room 219	<b>RTT 270</b> 1:00pm Room 211	<b>RTT 260</b> 1:00pm Room 211	
	<b>NUR 154</b> 12:30pm Room 153			



## RAD TECH VOLUNTEERS


Radiologic technology students Shelbi Exum (1st, left front) and Sherry Walker (next to Shelbi) volunteered at the annual Cam Newton Foundation 7 on 7 high school football tournament held at Providence High School on June 23 & 24. Shelbi and Sherry were among a group of CHS volunteers who worked the hydration stations and the entrance gate to the field.

The Cam Newton Foundation is committed to helping the youth with education, physical, and social needs. For more information, visit the Cam Newton Foundation website at <https://www.cam1newton.com/>.



## OPEN FORUM

The next Open Forum will be **July 18**, 1 to 1:30 p.m., room 137. Share what you like; what you don't. This is but one of the opportunities CCHS students have for input into college decision-making. Others include service on college committees, end-of-course surveys, the suggestion board (across from classroom 161), SGA opinion polls, etc.



*May peace, love and happiness...*  
*Always be with you!*

**Wishing you a very happy *Fourth of July!***

## CONTINUING EDUCATION OPPORTUNITIES

**CCHS Admissions Information Session July 5**, 3:30 to 5 PM. Have friends who want to know about CCHS? Contact Joy Godwin at the front desk or 704.355.5051 to sign up for an info session. For information on Medical Laboratory Science or Histotechnology, contact Kelly Shirley, 704.355.4275.

**BCLS for the HealthCare Provider July 19**, 8 AM to noon. Cost \$50. Textbook included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or Christy.Dull@carolinashealthcare.org.

**Heartcode BLS Online Program** Cost \$28.50 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address: [www.onlineaha.org](http://www.onlineaha.org). Choose HeartCode BLS. The course takes approximately two hours and must be taken before attending the Heartcode BLS Online Skills Check. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Heartcode BCLS Online Skills Check Part 2.

**Heartcode BLS Online Skills Check July 5, 12, 19, & 26**. 1 to 3 PM. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

**Single Parenting (Multiple Webinar Dates) July 11 (9 to 10 AM); July 19 (Noon to 1 PM); July 27 (1 to 2 PM)**. Goals of the webinar: 1) Understand the common worries of single parents; 2) Learn about different disciplinary approaches; 3) Learn how to take care of the needs of a single parent. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register.

**Introduction to IV Therapy August 2**, 8:30 to 11 a.m. (plus additional clinical practice hours available for CHS teammates and students) \$ 85.00 class only; \$185 with clinical practice hours. [SIGN UP HERE: Intro to IV Therapy](#)

## JULY FITNESS CLASSES - Free to Students and Teammates with ID Badge

Earn ALL IN TO WIN prize drawing entries! Receive 1 entry for every 4 classes attended (any location & YWCA Work out Wednesdays). For locations outside Charlotte, consult the CHS LiveWELL website.

LOCATION	CLASS	DAY/TIME	FEE	CONTACT
<p><b>Your CCHS enrollment qualifies you for FREE participation in LiveWell Fitness Classes!</b></p> <p>∞</p> <p><b>All Classes listed are held at the CHS LiveWELL Building at 801 East Blvd.</b></p> <p>∞</p> <p><b>Enter from the back parking lot using your ID badge. Multipurpose workout areas are visible as soon as you enter.</b></p>	Kickboxing Zumba	Monday 5-6 PM 6-7 PM	Free: Badge required	livewellevents@carolinashealthcare.org
	R.I.P.P.E.D. Cardio Dance	Tuesday 5-6 PM 6-7 PM	Free: Badge required	livewellevents@carolinashealthcare.org
	Pure Strength Yoga	Wednesday 5-6 PM 6-7 PM	Free: Badge required	livewellevents@carolinashealthcare.org
	Barre Urban Cardio Dance	Thursday 5-6 PM 6-7 PM	Free: Badge required	livewellevents@carolinashealthcare.org
	"Quick Fit" small group training with Jeremy Sinclair	Mon & Wed 4:30-5:10pm or 5:20-6:00pm	\$50.00 for 4 weeks (8 Sessions)	Call 704.446.1645

# Activities & Deadlines For July

Complete information, with times, is elsewhere in the newsletter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 	5 Admission Information Session  Heartcode BLS Online Skills Check	6	7
College is closed.				
10 HR Rep on Campus  NUR 152 Final	11 EAP Webinar	12 NUR 151, 153, 155 & 154 Finals  Heartcode BLS Online Skills Check	13	14
17	18 Open Forum	19 BCLS for the HealthCare Provider  Heartcode BLS Online Skills Check  EAP Webinar	20	21
FREE Shipping on Bookstore Orders				
24	25	26 Heartcode BLS Online Skills Check	27 EAP Webinar	28 RAD 113 & 114 Finals RTT 231 & 270 Finals
31 SUR 101 Final RTT 222 & 260 Finals		August 2 BIO 101 & 102 Finals		



## Quick Reference Sheet

### Administration

**President**  
Hampton Hopkins, EdD  
Room 110, 704.355.5316  
Hampton.Hopkins@CarolinasCollege.edu

Assistant: Pat Lewis, 704.355.2029  
Pat.Lewis@CarolinasCollege.edu

**Provost**  
Lori Bequette, PhD  
Room 212, 704.355.4305; Lori.Bequette@CarolinasCollege.edu  
Academic Programs, Online Bookstore; Technology; Faculty Matters, Moodle

**Academic Affairs Support**  
Janice Bellamy, 704.355.1550; Janice.Bellamy@Carolinashealthcare.org  
Michelle Webb, 704.355.0712; Michelle.Webb@Carolinashealthcare.org

**Technology**  
Larry Turner, 704.355-7577; Larry.Turner@CarolinasCollege.edu  
Chris Davenport, 704.355.7572; Chris.Davenport@CarolinasCollege.edu  
Janna McColgan, 704.355.2662; Janna.McColgan@CarolinasCollege.edu

### Student Support Services

**Student Affairs**  
Karen Lewis, EdD  
Dean  
Karen.Lewis@CarolinasCollege.edu  
Room 164, 704.355.5585

Enrollment Management,  
Student Affairs, Sonis

**Admissions Office**  
Suite 166, 704-355-5051

Kenielle Morris, MEd  
Director of Recruitment and Retention  
Kenielle.Morris@CarolinasCollege.edu

Joy Godwin, Staff Assistant  
Joy.Godwin@CarolinasCollege.edu

Merritt Newman, Admissions Representative  
Merritt.Newman@CarolinasCollege.edu

Student Leadership, Organizations, Support

**Student Records and Information Management**  
Chrisanne Rancati, MA  
Director  
Chrisanne.Rancati@CarolinasCollege.edu  
Room 166, 704-355-6676  
Registration, Records, Grades, Transfer Credit

**Student Success Center**  
Sam Smith, MBA  
Student Success Coordinator  
Room 213, 704.355.4025  
Samuel.Smith@CarolinasCollege.edu  
Tutoring, Placement, and Student Success

### Administrative and Financial Services

**Business Office**  
Kim Bradshaw, MEd  
Dean  
Room 207, 704.355.5584  
Kim.Bradshaw@CarolinasCollege.edu

Support: Resheena Agee, 704.355.5486  
Resheena.Agee@CarolinasCollege.edu  
Refunds, Tuition/Fees; Cash Handling; Sonis

**Financial Aid Office**  
Suite 208, 704.355.8894

Kirstie Clark, 704.355.8894, Kirstie.Clark@CarolinasCollege.edu  
Cynthia Peace, 704.355.5579, Cynthia.Peace@CarolinasCollege.edu  
Claudia Trower, 704.355.5229, Claudia.Trower@CarolinasCollege.edu

Support: Resheena Agee, 704.355.5486  
CHS Educational Loan Forgiveness, Federal Loans, Grants & Scholarships

### Additional Support Services

**On-line Bookstore**  
<http://direct.mbsbooks.com/C CarolinasCollege.htm>  
CCHS Logo Store: [www.CarolinasCollege.edu](http://www.CarolinasCollege.edu)

**Employee Assistance Program**  
(Personal & Family Counseling)  
A free benefit for CCHS students  
704-355-5021

**Parking, Access Control & ID Badges**  
Annex Building  
(behind Medical Education Bldg., next to ED)  
704.355.3111

### Important Dates for Summer 2017

HOLIDAY - COLLEGE CLOSED ..... July 3 - 4  
7-Week Classes End ..... July 7  
Last Day to Withdraw - Full Summer ..... July 12  
7-Week Classes Final Exams ..... July 10-14  
Full Summer Classes End ..... July 28  
Full Summer Final Exams ..... Jul 31-Aug 4  
Program Completion & Awards Ceremony ..... Aug 4

### Important Phone Numbers

Clinical Laboratory Sciences ..... 704.355.4275  
College's Main Number ..... 704.355.5043  
College's Main Fax Number ..... 704.355.5967  
CPR/ACLS/PALS ..... 704.355.5699  
Disability Services ..... 704.355.5585  
Employee Assistance Program ..... 704.355.5021  
General Studies ..... 704.355.3920  
Human Resources (Employment) ..... 704.355.2101  
Inclement Weather ..... 704.446.7854  
Nursing ..... 704.355.5343  
President's Office ..... 704.355.5316  
Radiation Therapy Program ..... 704.355.6937  
Radiologic Technology ..... 704.355.7688  
Surgical Technology ..... 704.355.1547  
Security (CHS dispatch) ..... 704.355.3333  
Security Escorts ..... 704.355.2093  
Student Housing (Home Management) ..... 704.731.8096  
Teammate Health ..... 704.641.0206