



June Lashmit Booth, NUR '57, welcomes a new nursing graduate to the profession at the Commitment to Caring Ceremony held on May 3, 2017.



Carolinan College of Health Sciences | June 2017

CCHS Hours of Operation

Monday to Friday
7:30 AM to 4:30 PM
Badge access: 24/7

CCHS Computer Lab
Monday to Thursday
7:30 AM to 7:30 PM
Friday
7:30 AM to 4:30 PM
(No after-hours staff on Fridays)
Saturday, 11 AM to 4 PM
Sunday - Not staffed
Badge access: 24/7

CCHS Nursing Skills Lab
Monday to Friday
7:30 AM to 4 PM

AHEC Library
Monday to Friday
8 AM to 5 PM
Badge access: 24/7.

MEREDITH HIRSCH NAMED 2017 OUTSTANDING EDUCATOR



Meredith Hirsch leads the May 2017 graduation procession.

Meredith Hirsch began her career in nursing at Carolinas College of Health Sciences, graduating in 2000. Nominated by her Caregivers Group A, "Meredith's approach to teaching included immersing us in the nursing process and exposing us to all aspects of the nursing disciplines from day one. She clearly outlined our goals and expectations during clinicals, in a morning meeting before starting our day and then a post conference. These meetings afforded us the opportunity to discuss our patients, ask questions, and learn from one another. She purposefully added responsibilities to our learning process each week, challenging us to work through our patient diagnosis along with medication research and understanding the significance of labs." This approach helped the students understand the importance of each part of their care plan and built a foundation for the students to provide the best care to their patients while ensuring they understand how each aspect of the care planning process effects what they do.

Ms. Hirsch coordinated opportunities with colleagues in other departments so her students could see other disciplines outside of their clinicals on 9T. Said one student, "One week, we met with another clinical group to understand how the responsibilities and

patient experiences differ from each floor and department. She organized a 'field trip' to the radiology department so we could see how our nursing practices and patient care preparation is critical to procedures with cross functional teams. These experiences beyond our scheduled clinicals gave us the opportunity to understand the importance of these interdisciplinary interactions in coordination with our nursing care."

Meredith's support of CCHS's Vision, Mission and Values is evident with the students she teaches. Said another student in the group, "Our group values the importance of teamwork and our collective success, through Ms. Hirsch's leadership, in how we conduct ourselves during our clinicals. She provides thorough and timely feedback on our assignments and clinical care. She is available through email and text, answering questions we may have about our patients and assignments." Meredith Hirsch is an Outstanding Educator and leader to her students because she is a living example of all the fundamentals and principles she teaches. She is a graduate of CCHS. She worked as a nurse within the CHS system. She has obtained her BSN and MSN, transitioning to an instructor with CCHS. Ms. Hirsch was also awarded the Cato Excellence award in 2014. Congratulations Meredith!

WELCOME NEW AND RETURNING STUDENTS

On May 22, CCHS welcomed 44 new students. The incoming class consists of 23 general studies, 3 histotechnology, and 9 surgical technology students. Thank you for choosing Carolinas College of Health Sciences for your healthcare education! CCHS Student Ambassadors returned early from spring break to assist with new student orientation for the incoming class. They made phone calls to incoming students, helped with registration, gave tours, and lead the ice breaker sessions. They also shared their experiences and life around the college. Without their help and passion for Carolinas College, we couldn't have pulled it off!

BECOME A STUDENT AMBASSADOR

Student Ambassadors are a group of diverse students who are passionate about making sure you feel welcome and have the best experience while you're at the college. They play a vital role in the admissions process by helping out with recruiting, new student orientation, information sessions, and graduation. Interested? Pick up an application in the lobby or from Merritt Newman (room 167, in the front office). Check them out! The next meeting is **June 5** at 11 a.m. in room 218.



Pictured L to R: Yazmeen Anderson , Allison Jonkers - SGA President, Kaitlin Rohwedder, Olivia Denton, Natasha DeMaio, Summer Nunn, Amanda Kelm, and Abby Lippincott



It's a new semester; lots of new faces all around. All students and team members are strongly encouraged to walk in designated crosswalk areas only; do not use the street for a walking path and be vigilant of your surroundings, especially when you are about to cross a parking lot entry or a street. Make sure your ID badge is displayed above the waist, facing outward, and visible upon entry to the college and any CHS facility.

SCENES FROM THE MAY 2017 GRADUATION CEREMONY



Surgical technology faculty Gardenia Davis pins graduating surgical technology student Katlyn Collins.



Michael Ruhlen, MD, MHC, FAAP, FACHE, Vice President, Division of Medical Education, Carolinas HealthCare System gives the commencement speech.



Nursing graduate Brittani Montes addresses the graduating student body.



CCHS President Hampton Hopkins, EdD, addresses the graduates.

WE COULDN'T HAVE DONE IT WITHOUT YOU!

Congratulations to the 70 nursing, radiologic technology, and surgical technology students who graduated on May 5. A great big thank you to the students who were selected to serve as graduation marshals: Melanie Barnes, Bryan Case, Lauren Albano, Chapel Baynard, Jami Miller, Caroline Doby, and Bridgette Lindsey. Special thanks to Olivia Denton, who served as the chief marshal and carried the college flag in the processional. Marshals are selected on the basis of outstanding academic achievement. The commencement speaker was Michael Ruhlen, MD, MHCM, FAAP, FACHE, Vice President, Division of Medical Education, Carolinas HealthCare System.

FINANCIAL AID UPDATE

- ❖ Any student interested in or who will be using financial aid for fall 2017 must complete the 2017-2018 FAFSA. The 2017-2018 FAFSA can be completed now using your 2015 tax return. Please visit www.fafsa.gov. Carolinas College school code: 031042
- ❖ Refund checks can be picked up in business office (room 208) as of **June 13**. Students must have a valid student ID.
- ❖ Students interested in a federal work study position can apply in the financial aid office at any time.
- ❖ 2017-2018 scholarship application – apply here: <https://www.surveymonkey.com/r/9FCQ35Z> (paper application not accepted).
- ❖ CHS loan application can be filled out in the Business Office at any time.

Please stop by the financial aid office if you have any questions OR contact the director of financial aid, Kirstie Clark at Kirstie.Clark@carolinashealthcare.org, 704-355-8894.

REGISTRATION FOR FALL SEMESTER BEGINS

Each online registration date will open at 7 AM

- ❖ **June 12:** Online registration for nursing, radiologic technology, radiation therapy and surgical technology students only.
- ❖ **June 19:** Online registration continues for the above students but now includes all general studies, including the pre-nursing and pre-radiologic technology track, students.
- ❖ **June 27:** Open online registration continues for all programs and departments.

PRESIDENT'S LIST

Congratulations to these exceptional students, named to the President's List based on spring 2017 grades. The criterion for President's List is a GPA of 4.0 when enrolled in at least 6 semester hours of coursework.

General Studies PreNursing Track: Christine Beyazyurek, David Byrd, Greyson Cook, Hayley Cromer, Alexis Fontaine, Mariana Gentry, Cassandra Grzeszczak, Julie Hooper, Grant Lane, Briana Martucci, Trevor O'Neal, Taylor Plattenburg, Lauren Shurley, Katie Stepanyuk, Sarah Thomsen

General Studies PreRadiologic Technology Track: Charity Cochran, Stacy Grogg, Huynh Nguyen, Amber Page, Anna Smith

Histotechnology: Marina Barankevich, Ashley Ireland, Cara Logerfo, Alicia Penland

Nursing: Lauren Bollinger, Gloria Chapman, Stephanie Cooper, Lindsay Garrison, Laura Nicoll, Kathryn Nudi, Kelsey Wilkerson

Radiologic Technology: Shelbi Exum, Georgeann Garcia

Surgical Technology: Sherece Dove



DEAN'S LIST HONORS

Congratulations to these exceptional students, named to the Dean's List based on spring 2017 grades. Criterion for Dean's List is a GPA of 3.50 or higher when enrolled in at least 6 semester hours of coursework.

General Studies: Alexis Hardy, LaShara Wilson

General Studies PreNursing Track: Ashley Gasper, Alana Jones, Deaja Lee, Dawn Massey

Nursing: Lauren Albano, Melanie Barnes, Carter Baynard, Maren Benenfeld, April Carpenter, Hannah Collins, Nicole Deniston, Olivia Denton, Caroline Doby, Haley Everson, Sarah Gullledge, Allison Jonkers, Amanda Kelm, Emily Libke, Bridgette Lindsey, Katherine Prisco, Rebecca Shaw, HaLee Shipley, Keana Ussery, Karlene Walker, Karanda Weaver, Matthew Williams

Radiation Therapy: Lindsay Smith

Radiologic Technology: Sherry Walker

STUDENT SUCCESS LIVES HERE!

5 Tips to Help You Succeed Over the Summer

1. Set specific and accomplishable goals
2. Know your strengths
3. Stay positive
4. Be resilient
5. Reward yourself

Are You Taking a Course This Summer? If you are taking a full-semester course in the summer, you know the summer semester is shorter than the fall and spring semesters, increasing the need for strong organization and consistent weekly and daily study plans. Take advantage of any review sessions offered for your course(s), and be prepared to make changes at the first signs of difficulty. Make an appointment with your advisor or Sam Smith, student success coordinator (704) 355-4025, if stress/anxiety is getting in your way.

For more success/study tips, check out the Student Success Center page on the information portal. (Click on *Student Success Center* under *Study Skills and Self-help*.)

Recruiting Peer Tutors for Summer/Fall 2017 courses. Do you enjoy helping other students learn? Do you want to keep past course material fresh in your mind? Are you looking for a flexible service opportunity you can arrange around your schedule and priorities? Consider becoming a Carolinas College Peer Tutor! If you've earned an "A" or a "B" in a course and feel you could help another student with some academic coaching, please contact: Sam Smith, Student Success Center, room 254, 704-355-4025, samuel.smith@carolinashealthcare.org.

Student Employment Opportunities - Talk with CHS Human Resources

If you're interested in part-time/PRN employment with CMC, sign up for a 15-minute appointment with CHS Recruitment Specialist Clifton Chapman in the lobby between 10 a.m. and noon on Monday, **June 5**.

To make an appointment:

1. Log onto the information portal and click on *Student Success Center* under CCHS Quick Links on the home page.
2. Select the *Employment Resources* tab. When you open that section, the interview sign-up sheet will be under *Current Part-time and PRN Job Opportunities*. You may sign up for any open 15-minute timeslot.

You can still talk with the recruiter on a drop-by basis without making an appointment as long as he is not busy with another student. An HR representative usually visits the college on the first Monday of each month. Feel free to email or call with your questions: Clifton Chapman, Clifon.Chapman@carolinashealthcare.org, 704.631.0347. Sam Smith is also available here at CCHS to support your job search efforts.

OPEN FORUM GOES LIVE

It's been difficult to schedule Open Forum sessions that are convenient for everyone. Classes, family obligations...life in general, takes up most of our days. Open Forum is an excellent opportunity to be heard on a one-to-one basis, or in a group, in a relaxed, collegial atmosphere. Because this is an important avenue for communication, Open Forum will be offered as a discussion board on Moodle. The plan is to go live by July 2017. Stay tuned for details. In the meantime, the next on-site session will be held on **June 12**, 10:30 to 11 AM, room 137.

NEED A QUIET PLACE TO STUDY?

- ❖ Weather nice? Try the gazebo or tables in the courtyard, the three tables & benches in the pavilion at the side of the College (ask Joy), or the two tables & benches to the left of the main entrance.
- ❖ Rooms 231, 232 & 233 are quiet study areas, though they may occasionally be reserved for small course groups and individual testing. Anatomical models & text resources are maintained in room 231 for your reference. They're called the Quiet Study Rooms, and they're for YOU! Room 137 is also available for quiet student study, though occasionally committees take priority.
- ❖ Tables in the break room (with refrigerators, next to classroom 161) allow for semi-quiet study.
- ❖ Any classroom not in use may be used for quiet study or group work, though you'll need to vacate if a class is scheduled to meet. Exceptions: Room 201 and 223, which are nurse anesthesia rooms.
- ❖ The computer lab and computer annex (rms. 153 and 154) are available 24/7 with badge access.
- ❖ The AHEC Library (Medical Education Building) provides multiple quiet spaces 24/7 for students with badge access. Take the elevator to the 2nd floor and turn right. Medical students and residents share this resource with CCHS students.



PHI THETA KAPPA (PTK) UPDATE

PTK would like to thank everyone who donated, or tried to donate, to the recent blood drive. The Community Blood Center of the Carolinas collected 20 pints of blood during the drive. Those 20 pints will be made into potentially life-saving blood products that will benefit 60 people! The next PTK induction ceremony is **June 15** at 5:30 p.m. in the auditorium. Officers: President: Jami Miller; V-P: Summer Nunn; Secretary: Vacant; Treasurer: Krysta Chirino; Out-Reach Coordinator: Natasha DeMaio.

PTK is a national honor society, which recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship, and service programming. For questions, please contact PTK advisor Cathey.Miller@CarolinasCollege.edu.

HONORS ABOUND!



Demetra Castillo

Congratulations to Demetra Castillo, program chair, clinical laboratory sciences, who has been selected for induction into Alpha Mu Tau (AMTF), an honorary fraternity of the American Society for Clinical Laboratory Science (ASCLS), the pre-eminent organization for medical laboratory technicians and medical laboratory scientists. The mission of AMTF is to recognize persons who have made outstanding professional contributions to the field of clinical laboratory science and to enhance the profession by providing scholarships to support educational endeavors (http://alphamutau.org/wp/?page_id=2). Admission into this fraternity is competitive and limited with national recognition to those inducted. In addition to an application documenting all the service activities and contributions the candidate has achieved, the candidate also must be nominated by two AMTF members in good standing. Congratulations Demetra on receiving this high honor and recognition.

Congratulations to Amy Quinn, medical laboratory science (MLS) student and recipient of the Dr. Richard Early Award for Outstanding Scholarship in Clinical Laboratory Science. At the awards banquet in April, Amy was recognized by the North Carolina local section of the American Association of Clinical Chemistry for her dedication, professionalism and academic excellence exhibited while in the MLS program at Carolinas College. Way to go Amy!



Amy Quinn

FREE SHIPPING ON BOOKSTORE ORDERS

The summer semester booklist will be available soon at <http://direct.mbsbooks.com/CarolinasCollege.htm>. Guaranteed buyback up to 70% off list price, rentals up to 60% off list price and used books - 25% off list price. Free shipping on all orders over \$99 from **July 16-18!!**

STUDENT NURSES ASSOCIATION (SNA) UPDATE by Nicole Denniston, SNA Secretary

SNA is proud to announce the new board members beginning Summer 2017. Congratulations to the following: President: Amanda Klem; Vice President: Jenna Hill; Secretary: Sam McCurry; Treasurer: Jessica Harston; Membership: Elise Pettus; NUR 101 Rep: Alex Hill; Fundraising: Karen Smith; Marketing: Stephanie Salgado; Community Rep: Taylor Alford.

SNA is looking forward to working with the new leadership! Thanks again to everyone who put their name in for consideration. Our next event is **June 5**, 8 a.m., room 190. Reverend David Carl will be presenting "Self-Care of the RN." Considering joining SNA? We would love to have you! Membership is just a one-time investment of \$10. Contact Elise Pettus at Elise.Pettus@cchsmail.org for more information.

CONTINUING EDUCATION OPPORTUNITIES

CCHS Admissions Information Session. June 6, 3:30 to 5 PM. Have friends who want to know about CCHS? Contact Joy Godwin at the front desk or 704.355.5051 to sign up for an info session. For information on Medical Laboratory Science or Histotechnology, contact Kelly Shirley, 704.355.4275.

BCLS for the HealthCare Provider. June 21, 8 AM to noon. Cost \$50. Textbook included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or Christy.Dull@carolinashealthcare.org.

Heartcode BLS Online Program. Cost \$28.50 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address: www.onlineaha.org. Choose HeartCode BLS. The course takes approximately two hours and must be taken before attending the Heartcode BLS Online Skills Check. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Heartcode BCLS Online Skills Check Part 2.

Heartcode BLS Online Skills Check. June 7, 14, 21 & 28. 1 to 3 PM. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

Normal Teen Behavior (Multiple Webinar Dates). June 6 (9 to 10 AM); June 14 (Noon to 1 PM); June 22 (1 to 2 PM). Goals of the webinar: 1) Tips for organizing your home and office; 2) Understand the goal setting process and how to set different types of goals; 3) Learn ways to enhance your time management skills. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register.

JUNE FITNESS CLASSES - Free to Students and Teammates with ID Badge

Earn ALL IN TO WIN prize drawing entries! Receive 1 entry for every 4 classes attended (any location & YWCA Work out Wednesdays). For locations outside Charlotte, consult the CHS LiveWELL website.

LOCATION	CLASS	DAY/TIME	FEE	CONTACT
LiveWELL Building 801 East Blvd	Kickboxing Zumba	Monday 5-6 PM 6-7 PM	Free to teammates Badge required	livewellevents@carolinashealthcare.org
LiveWELL Building 801 East Blvd	R.I.P.P.E.D. Cardio Dance	Tuesday 5-6 PM 6-7 PM	Free to teammates Badge required	livewellevents@carolinashealthcare.org
LiveWELL Building 801 East Blvd	Pure Strength Yoga	Wednesday 5-6 PM 6-7 PM	Free to teammates Badge required	livewellevents@carolinashealthcare.org
LiveWELL Building 801 East Blvd	Barre Urban Cardio Dance	Thursday 5-6 PM 6-7 PM	Free to teammates Badge required	livewellevents@carolinashealthcare.org
LiveWELL Building 801 East Blvd	"Quick Fit" small group training with Jeremy Sinclair	Mon & Wed 4:30-5:10pm or 5:20-6:00pm	\$50.00 for 4 weeks (8 Sessions)	Call 704.446.1645

Activities & Deadlines For June

Complete information, with times, is elsewhere in the newsletter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
<p>5 Student Ambassador meeting</p> <p>HR Rep on Campus</p> <p>SNA workshop, "Self-Care of the RN"</p>	<p>6 Admissions Information Session</p> <p>EAP Webinar, "Normal Teen Behavior"</p>	<p>7 Heartcode BLS Online Skills Check</p>	8	9
<p>12 Online registration for NUR, RT, RTT & ST students</p> <p>Open Forum</p>	<p>13 Refund checks available from the business office</p>	<p>14 Heartcode BLS Online Skills Check</p> <p>EAP Webinar, "Normal Teen Behavior"</p>	<p>15 PTK induction ceremony</p>	16
<p>19 Online registration continues but now includes Gen Studies, Pre-NUR & Pre-RT students</p>	20	<p>21 BCLS for the HealthCare Provider</p> <p>Heartcode BLS Online Skills Check</p>	<p>22 EAP Webinar, "Normal Teen Behavior"</p>	23
26	<p>27 Open online registration continues for all programs</p>	<p>28 Heartcode BLS Online Skills Check</p>	29	30

Quick Reference Sheet

Administration

President

Hampton Hopkins, EdD
Room 110, 704.355.5316
Hampton.Hopkins@CarolinasCollege.edu

Assistant: Pat Lewis, 704.355.2029
Pat.Lewis@CarolinasCollege.edu

Provost

Lori Bequette, PhD
Room 212, 704.355.4305; Lori.Bequette@CarolinasCollege.edu
Academic Programs, Online Bookstore; Technology; Faculty Matters, Moodle

Academic Affairs Support

Janice Bellamy, 704.355.1550; Janice.Bellamy@Carolinashealthcare.org
Michelle Webb, 704.355.0712; Michelle.Webb@Carolinashealthcare.org

Technology

Larry Turner, 704.355-7577; Larry.Turner@CarolinasCollege.edu
Chris Davenport, 704.355.7572; Chris.Davenport@CarolinasCollege.edu
Janna McColgan, 704.355.2662; Janna.McColgan@CarolinasCollege.edu

Student Support Services

Student Affairs

Karen Lewis, EdD
Dean
Karen.Lewis@CarolinasCollege.edu
Room 164, 704.355.5585

Enrollment Management,
Student Affairs, Sonis

Admissions Office

Kenielle Morris, MEd
Director of Recruitment and Retention
Kenielle.Morris@CarolinasCollege.edu

Joy Godwin, Staff Assistant
Merritt Newman, Admissions Representative
Lauren Taylor, Staff Assistant
Suite 166, 704-355-5051
Joy.Godwin@CarolinasCollege.edu
Merritt.Newman@CarolinasCollege.edu
Lauren.Taylor1@CarolinasCollege.edu

Student Leadership, Organizations, Support

Student Records and Information Management

Chrisanne Rancati, MA
Director
Chrisanne.Rancati@CarolinasCollege.edu
Room 166, 704-355-6676
Registration, Records, Grades, Transfer Credit

Student Success Center

Sam Smith, MBA
Student Success Coordinator
Room 213, 704.355.4025
Samuel.Smith@CarolinasCollege.edu
Tutoring, Placement, and Student Success

Administrative and Financial Services

Business Office

Kim Bradshaw, MEd
Dean
Room 207, 704.355.5584
Kim.Bradshaw@CarolinasCollege.edu

Support: Resheenah Agee, 704.355.5486
Resheenah.Agee@CarolinasHealthCare.org
Refunds, Tuition/Fees; Cash Handling; Sonis

Financial Aid Office

Kirstie Clark/Cynthia Peace
Suite 208, 704.355.8894
Kirstie.Clark@CarolinasHealthCare.org
Cynthia.Peace@CarolinasHealthCare.org

Support: Resheenah Agee, 704.355.5486
CHS Educational Loan Forgiveness, Federal Loans, Grants & Scholarships

Additional Support Services

On-line Bookstore

<http://direct.mbsbooks.com/CarolinasCollege.htm>
CCHS Logo Store: www.CarolinasCollege.edu

Employee Assistance Program

(Personal & Family Counseling)
A free benefit for CCHS students
704-355-5021

Parking, Access Control & ID Badges

Annex Building
(behind Medical Education Bldg., next to ED)
704.355.3111

Important Dates for Summer 2017

7-Week Midterm	June 14
Full Summer Midterm	June 21
Last Day to Withdraw - 7 -Week Classes	June 23
HOLIDAY - COLLEGE CLOSED	July 3 - 4
7-Week Classes End	July 7
Last Day to Withdraw - Full Summer	July 12
7-Week Classes Final Exams	July 10-14
Full Summer Classes End	July 28
Full Summer Final Exams	Jul 31-Aug 4
Program Completion & Awards Ceremony	Aug 4

Important Phone Numbers

Clinical Laboratory Sciences	704.355.4275
College's Main Number	704.355.5043
College's Main Fax Number	704.355.5967
CPR/ACLS/PALS	704.355.5699
Disability Services	704.355.5585
Employee Assistance Program	704.355.5021
General Studies	704.355.3920
Human Resources (Employment)	704.355.2101
Inclement Weather	704.446.7854
Nursing	704.355.5343
President's Office	704.355.5316
Radiation Therapy Program	704.355.6937
Radiologic Technology	704.355.7688
Surgical Technology	704.355.1547
Security (CHS dispatch)	704.355.3333
Security Escorts	704.355.2093
Student Housing (Home Management)	704.731.8096
Teammate Health	704.641.0206