

## Carolinus College of Health Sciences - September 2018

### CCHS Hours of Operation

Monday to Friday

7:30 AM to 4:30 PM

Badge access: 24/7

**The college is closed  
Monday, Sept. 3 for  
Labor Day**

### CCHS Computer Lab

Monday to Thursday

7:30 AM to 7:30 PM

Friday, 7:30 AM to 4:30 PM

(No after-hours  
staff on Fridays)

Saturday, 11 AM to 4 PM

Sunday - Not staffed

Badge access: 24/7

### CCHS Nursing Skills Lab

Monday to Friday

7:30 AM to 4 PM

### AHEC Library

Monday to Friday

8 AM to 5 PM

Badge access: 24/7

Connect  
with CCHS



## JOIN US FOR THE 2018 PHONE-A-THON FUN, PRIZES AND A GREAT CCHS TRADITION!



This is the College's signature fundraising event, and ultimately benefits YOU - the students of Carolinas College. The funds raised support student scholarships, small classes, superior faculty and a state-of-the-art simulation lab — things tuition alone cannot cover. This year's event will take place on **September 17, 18 and 19**. Your participation is greatly needed and appreciated. Besides helping the college, participating in a worthy cause, and talking to CCHS alumni, you get free food and a chance to WIN PRIZES!

Each night dinner is served at 4:45 PM with a training session starting at 5:15 PM. You will be on the phones from 6:00 to 8:30 PM; but don't worry, there is a sweet dessert break to swap stories!

Sign-up for one night, two nights, or all three! Each student who signs-up (and shows up) will be entered into a drawing. You get one chance for each day you sign-up/show-up (so... if you sign up for three nights, you get three chances to win). There will be one winner chosen. Trust us- it's worth it! To volunteer, contact [Ruthie.Mihal@CarolinusCollege.edu](mailto:Ruthie.Mihal@CarolinusCollege.edu)

## STUDENT NURSES' ASSOCIATION

SNA welcomed new NUR 101 students on August 13 with a teal and white display of cupcakes. SNA's next monthly meeting will take place **September 6** at noon. Room location will be announced via the SNA page on Moodle.



Liceli Guzman (right) NUR 101 student won the NUR 101 Survival Pack... presented by SNA President Bria Sherrod.

## PRESIDENT'S LIST HONORS

Congratulations to these exceptional students, named to the President's List based on summer 2018 grades. The criterion for President's List is a GPA of 4.0 when enrolled in at least 6 semester hours of coursework. All recipients will receive a certificate at the President's Breakfast on September 21 at 7:30 a.m.

**General Studies Pre-Nursing Track:** McKenzie Ball, Emily Bennett, Kayleigh Bizjack, Brittani Bridges, Sara Cary, Caroline Chambers, Jamie Cole, Jasmine Edwards, Katelyn Farinelli, Ciarra Heidelberg, Madalyn Hodgdon, Victoria Iwaszkiw, Julie Kralik, Keirsten Long, Craig Maguire, Constance Moyers, Ashlyn Naughton, Addison Neff, Jackson Nguyen, Emilie Pagan, Christopher Page, Demi Quist, Monica Randolph, Tony Schoening, Samantha Skowronek, Sara Thomas, Matthew Tully

**Nursing:** Mallory Braswell, Mary Cortes, McKenzie DeZordo, Alexandra Hill, Mackinzie Jackson, Carissa Maret, Kayla McGuire, Christine Owens, Ashley Rhodes, Jordan Sullivan, Lucretia Torrence

**Radiologic Technology:** Amanda Clark, Dima Kailani, Amber Page

## DEAN'S LIST HONORS

Congratulations to these exceptional students, named to the Dean's List based on summer 2018 grades. Criterion for Dean's List is a GPA of 3.50 or higher when enrolled in at least 6 semester hours of coursework.

**General Studies Associate of Science:** Terra-Marie Greene

**General Studies Pre-Nursing Track:** Marlyn Alvarez-Macias, Zachary Barnes, Taylor Brugger, Aaliyah Evans

**Nursing:** Lareine Archer, Rachel Clampitt, Tiffany Cobb, Colleen Davis, Catherine DeBerry, Marissa Duncan, Mckenzie Duncan, Haley Franks, Grace James, Toni Rose Mendoza, Amber Murray, Helen Nguyen, Trevor O'Neal, Corinne Sink, Katie Stepanyuk, Crystal Winfield

**Radiologic Technology:** Stagy Grogg, Huynh Nguyen

## FINANCIAL AID UPDATE

Fall 2018 refund checks will be available for pickup on **September 20** after 10 AM, in room 212 of the business office.

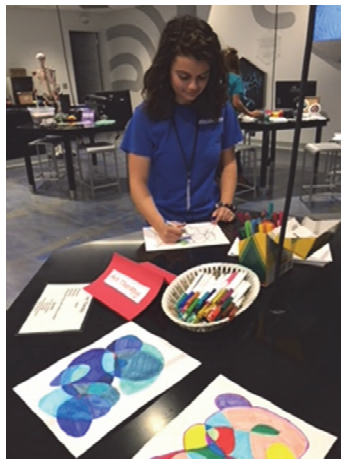
**Reminder:** You must be enrolled in a minimum 6 credit hours each term in order to receive federal direct loans. Financial aid/Atrium Health loan questions: [Kirstie.clark@carolinascollege.edu](mailto:Kirstie.clark@carolinascollege.edu), room 208. Scholarship questions:

[Cynthia.Peace@carolinascollege.edu](mailto:Cynthia.Peace@carolinascollege.edu), room 208.



## A DAY AT DISCOVERY PLACE

Carolinas College of Health Sciences partnered with Carolinas Rehabilitation to bring Integrative Therapies day to Discovery Place on August 18. Over 100 people came to see "Andrew" (pet therapy dog), make aromatherapy play-doh, paint with balls (art therapy), sing along to Disney songs (music therapy), experience massage therapy and healing touch. The kids as well as parents and caregivers enjoyed this event!



## TEAMMATE UPDATES - WELCOME!

Cathy Jo Long will join the college in the role of office manager, academic affairs, on September 4. Cathy Jo, or CJ, has served as an education specialist in Physician Education Operations at Atrium Health since 2007. She has a BS in business management and leadership and a MS in leadership and organizational change, both from Pfeiffer University. She comes to the College with a breadth of experience in education, healthcare organizations, and accreditation. Her office is room 131.



Congratulations to Shannon Sloan, faculty member and clinical instructor for the radiologic technology program, on her graduation from Gardner-Webb University. Shannon completed her MBA this summer and graduated on August 4, 2018.

Congratulations to Kelly Shirley (MLS faculty)! She has been named president of the North Carolina Association of Blood Bankers (NCABB). Kelly has served the association as board member, secretary and president elect. On September 11th she will begin her role as NCABB president. The NCABB is an active, educational, non-profit organization of individual blood bankers throughout North Carolina. The association focuses on providing educational opportunities to stimulate and coordinate efforts among individuals engaged in blood banking endeavors and to make available information on blood banking and transfusion practices.



Kelly Shirley

Shannon Sloan, center, receives her MBA.

## COMPLIANCE UPDATE

On July 18, 2018, Carolinas Medical Center (CMC) and Levine Children's Hospital (LCH) resumed the practice of using contact precautions for all patients with active MRSA on their problem list as well as patients who were found to be MRSA positive during admission. Unfortunately, this change is a result of a decrease in hand hygiene compliance to a level below 75% in the first and second quarters of this year. What does this mean for you? Hand hygiene is still an expected practice. Contact precautions are in force for all MRSA positive patients. MRSA screening and decolonization will continue. Automatic isolation orders in Cerner went live on July 18, 2018. Compliance with policy is crucial. Everyone at CMC and LCH must increase hand hygiene practices to a rate of 75% or above as reported in quarterly surveillance. All healthcare professionals must be willing to speak up and remind those who do not practice acceptable hand hygiene.

## FROM THE ENVIRONMENT OF SAFETY COMMITTEE

WELCOME to our new students and returning students! Regardless of your status, just starting or nearing completion, your personal safety is of the utmost importance to us. Please keep the following in mind:

1. It is VERY important that you wear your photo ID badge at all times as a student on our campus, in clinicals, and when travelling to and from the parking lot, even in street clothes. Your badge must be displayed at chest level or above, with the photograph facing outward and clearly evident to everyone. If you forget your badge you must obtain a temporary badge from the front desk staff. Your badge is for you only, and is not to be used for access by anyone else!
2. While walking to and from the parking lot, walk in the middle of the sidewalk, use designated crosswalks only, maintain a self-awareness of your surroundings and a heads-up mentality at all times. Always try to walk with a buddy. You may park in the V lot next to the building only after 6:00 p.m. and on weekends, but if you are parked in the MMP deck and a walking companion is not available after dark, you may contact Atrium Health Security at 704-355-3333 and a security escort can be provided – day or night!
3. Be vigilant when approaching your parked car and make a visual inspection to be sure that all is in order and the car is unoccupied BEFORE you enter the car. If you have any apprehensions as a pedestrian on any Atrium Health grounds or in the parking garage, please call security at 704-355-3333 or go to the nearest blue security phone located in the parking garage.

## CONTINUING EDUCATION OPPORTUNITIES

***CCHS Admissions Information Session* September 4**, 4 to 6 PM. Have friends who want to know about CCHS? Contact the front desk or 704.355.5051 to sign up for an info session. For information on Medical Laboratory Science or Histotechnology, contact Susan Thomasson, 704.355.3921.

***Heartcode BLS Online Program*** Cost \$28.50 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address: [www.onlineaha.org](http://www.onlineaha.org). Choose HeartCode BLS. The course takes approximately two hours and must be taken before attending the Heartcode BLS Online Skills Check. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Heartcode BLS Online Skills Check Part 2.

***BCLS for the Healthcare Provider* September 12**, 8 a.m. to noon. Cost \$50. Textbook not included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or [Christy.Dull@carolinashealthcare.org](mailto:Christy.Dull@carolinashealthcare.org).

***Heartcode BLS Online Skills Check* September 5, 12, 19 & 26**, 1 to 3 p.m. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

***Webinar - Dealing with Difficult People* September 12 (1 to 2 p.m.); September 19 (noon to 1 p.m.); September 27 (1 to 2 p.m.)**. Goals of the webinar: 1) Understand the definitions of and behaviors related to assertiveness, aggressiveness and non-assertiveness; 2) Define conflict and different conflict resolution styles; 3) Address communications styles and healthy communication strategies. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register.

***2019 Chaplain's Grand Rounds - Ethical Decisions in Complex Times* September 20**, This **FREE**, nine-part lecture series will be conducted in the Suzanne Hill Freeman Auditorium on the campus of Carolinas Medical Center every 3rd Thursday of the month from noon to 1 PM. Feel free to bring your lunch. The theme of the series acknowledges that medical decision making is getting ever more complicated. Best medical practice too often collides with the wishes of patients and family members. Nuances of care can challenge existing policies and procedures in the gray arena of seeking to do what is right. Join us in person, through teleconference, Skype, or let us send you a recording. Please direct any questions to Renee Howard ([Renee.howard@atriumhealth.org](mailto:Renee.howard@atriumhealth.org)). This month's session is entitled ***Defining Brain Death*** and will be presented by Jim Damron, MDiv, RRT, CPFT.

## PHI THETA KAPPA (PTK) UPDATE by Cathey Miller, Co-advisor

**Officers:** April Marshall has accepted the position of Vice-President. Thank you, April. All offices are now filled.

**Blood Drive:** Thanks to all who donated and/or attempted to donate yesterday! Fourteen pints of blood were collected which will be made into potentially life-saving products for 42 people in our community. The next PTK-sponsored blood drive is **October 25**, same time, same place. Please mark your calendars. You prove that CCHS bleeds **RED** for its community!!!!

**Men's Shelter of Charlotte: September 6.** Please sign up on the PTK Moodle page if you are going. You must sign a confidentiality statement if it is your first time. Dress code posted on the Moodle page, also.

**Induction: September 20** at 5:30 PM in the auditorium, room 190. Sixty-three students have received invitations. Officers and others helping with the ceremony need to be at the College at 5:00 to set-up.

**Bake swap/sale:** To benefit the Humane Society of Charlotte. Date to be announced.

**Next meeting:** To be announced. Social event to follow?

**T-shirts:** blue and gold or green and blue. \$10. See Cathey Miller.

PTK is a national honor society, which recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship, and service programming. For questions, please contact PTK President: [Charity.cochran@cchsmail.org](mailto:Charity.cochran@cchsmail.org) or PTK Co-advisor: [cathey.miller@atriumhealth.org](mailto:cathey.miller@atriumhealth.org).

## CAROLINAS COLLEGE OF HEALTH SCIENCES IS HAVING A BACK TO SCHOOL COOKOUT!

Thursday, September 6, 2018 from 11:00am-1:30pm

E Parking Lot

**GAMES**



WE'RE FIRING UP THE GRILL  
AND WE WANT YOU TO JOIN US.

\*\*\*WEAR A CAROLINAS COLLEGE T-SHIRT ON SEPT 6TH!\*\*\*

## STUDENT SUCCESS CENTER

Happy Labor Day! Hope you enjoy your labor day weekend. Join us on **September 6** for some BBQ, drinks and Rita's Water Ice at the fall Back to School Cookout! We'll have **GAMES** and **PRIZES** for you. Don't forget to wear your CCHS shirts!

**Student Employment Opportunities:** If you're interested in part-time/PRN employment with CMC, sign up for a 15-minute appointment with CHS Recruitment Specialist Clifton Chapman in the lobby between 10 AM and noon on **September 10**.

*To make an appointment:*

☞ Log onto the information portal and click on *Student Success Center* under *CCHS Quick Links* on the home page.

☞ Select the *Employment Resources* tab. When you open that section,

the interview sign-up sheet will be under *Current Part-time and PRN Job Opportunities*. You may sign up for any open 15 minute timeslot.

You can talk with the Cliff Chapman on a drop-by basis as long as he is not busy with another student. A human resources representative usually visits the college on the first Monday of each month. E-mail [Clifton.Chapman@Atriumhealth.org](mailto:Clifton.Chapman@Atriumhealth.org), or call 704.631.0347, with any questions.

**For more study tips, as well as current opportunities for part-time and PRN employment, check out the Student Support page on the Information Portal.** (Click on *Student Resources*, then on *Student Success Center*.)

### Recruiting Peer Tutors for Fall 2018 Courses

- ☞ Do you enjoy helping other students learn?
- ☞ Do you want to keep past course material fresh in your mind?
- ☞ Are you looking for a flexible service opportunity you can arrange around your schedule and priorities?
- ☞ Consider becoming a Carolinas College Peer Tutor!

If you've earned an "A" or a "B" in a course and feel you could help another student with some academic coaching, please contact: Sam Smith, Student Success Center, room 254, 704.355.4025, [samuel.smith@CarolinasCollege.edu](mailto:samuel.smith@CarolinasCollege.edu).

**Find something you love to do and you'll  
never have to work a day in your life.**

~ Harvey Mackay

**Earn some "swag"...or a discounted meal at Chick-Fil-A (CHS-Main hospital location ONLY). Maybe a few dollars in Canteen Bucks? Stop by the Student Success Center for more information.**



# Activities & Deadlines For September

Complete information, with times, is elsewhere in the newsletter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 HOLIDAY - COLLEGE CLOSED</p> 	<p>4 Admissions Information Session</p>	<p>5 Heartcode BLS Online Skills Check</p>	<p>6 SNA General Meeting  Back to School Cookout  PTK volunteers at the Men's Shelter of Charlotte</p>	<p>7</p>
<p>10 HR Rep On Campus</p>	<p>11</p>	<p>12 BCLS for the Healthcare Provider  Heartcode BLS Online Skills Check  EAP Webinar - Dealing with Difficult People  Fall I Midterm</p>	<p>13</p>	<p>14</p>
<p>17</p>	<p>18</p>	<p>19 Heartcode BLS Online Skills Check  EAP Webinar - Dealing with Difficult People</p>	<p>20 Refund Checks Available for Pickup  Chaplain's Grand Rounds - Ethical Decisions in Complex Times - Defining Brain Death  PTK Induction Ceremony</p>	<p>21 Last Day to Withdraw - Fall I</p>
<p>2018 Phone-a-thon Fundraiser</p>				
<p>24</p>	<p>25</p>	<p>26 Heartcode BLS Online Skills Check</p>	<p>27 EAP Webinar - Dealing with Difficult People</p>	<p>28</p>