



Carolinus College of Health Sciences - December 2018

COMMITMENT TO CARING & AWARDS CEREMONY

Date: December 12, 2018

Location: Crowne Plaza – Charlotte Executive Park, 5700 Westpark Drive (exit off I-77 at Tyvola), Charlotte, NC

Times: 5 to 6 PM - Graduates' Reception; 6 to 8:30 PM Commitment to Caring & Awards Ceremony

COMMENCEMENT CEREMONY

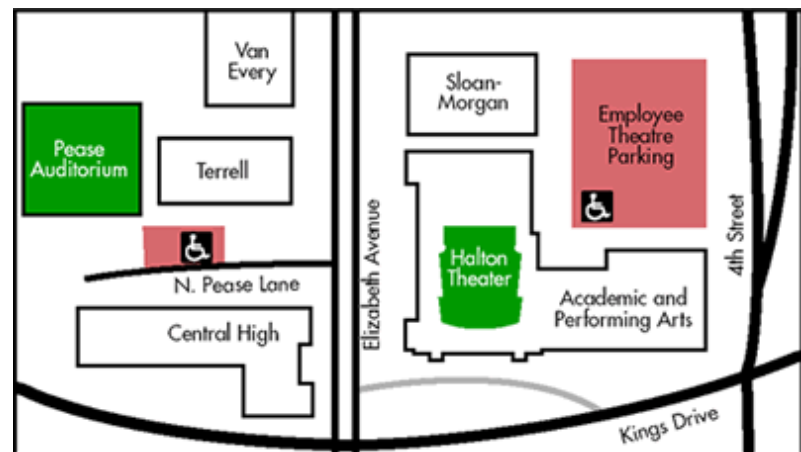
Date: December 14, 2018

Location: CPCC's Halton Theatre at Overcash Auditorium, 1206 Elizabeth Avenue, Charlotte, NC

Times:

- 8:45 AM Rehearsal (all graduates, program chairs, and program participants only)
- 9:30 AM Faculty Arrive
- 9:45 AM Doors Open
- 10:10 AM Processional Line-up
- 10:30 AM Commencement Exercise

Parking: From Charlottetown Avenue (formerly Independence Blvd.), proceed on 4th Street towards King's and Uptown Charlotte. Turn right into the driveway to the second parking deck, labeled as Employee Parking and Theatre Parking. Overflow parking is available on Elizabeth Avenue across Kings towards Uptown before one crosses under I-277.



CCHS Hours of Operation
Monday to Friday
7:30 AM to 4:30 PM
Badge access: 24/7

The college will be closed December 24 & 25.

CCHS Computer Lab
Monday to Thursday
7:30 AM to 7:30 PM
Friday
7:30 AM to 4:30 PM
(No after-hours staff on Fridays)
Saturday, 11 AM to 4 PM
Sunday - Not staffed
Badge access: 24/7

CCHS Nursing Skills Lab
Monday to Friday
7:30 AM to 4 PM

AHEC Library
Monday to Friday
8 AM to 5 PM
Badge access: 24/7

Connect with CCHS



WELCOME, WE'RE GLAD YOU'RE HERE!

Carol Daley Cook has accepted the position of part-time clinical faculty II for the ADN program. Carol is an alumnus of CCHS graduating in December 2010. After graduating from CCHS, Carol earned her MSN from Grand Canyon University with an emphasis in Leadership and is currently pursuing her a post master's certificate in nursing education from Gardner Webb. She has previously worked 2 East at Atrium Health's Behavioral Health Charlotte and on 5 Tower at Carolinas Medical Center. She also has hospice and palliative care nursing experience from several places, most recently at Novant Health Hospice. Carol will continue to work as a hospital liaison nurse for Novant Health Hospice as she serves in an adjunct role for us. In the spring, she will be supporting NUR 155 in clinical. Her office will be in room 260.



Carol Daley Cook



PHI THETA KAPPA
HONOR SOCIETY

By **Cara Maret, PTK Secretary**

Community Outreach: The last outing of the year will be at the Men's Shelter of Charlotte on Saturday, **December 15** from 7:30 to 9 p.m. We plan to sing carols with the men, host a party with goodies such as veggie/meat trays and desserts, and hand out comfort bags made by our Great Place to Work Committee. We will also be meeting early at Brixx on East Blvd at 5 p.m. for dinner. Please sign up on the PTK Moodle page if planning to bring goodies and/or attend!

Next Meeting: December 7, 11 to noon, room 218. Please try to attend as we wrap up 2018 and discuss details of the December 15th Men's Shelter event.

T-shirts: blue and gold and/or green and blue. \$10. See Cathey Miller, Room 252.

PTK is a national honor society, which recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship and service programming. For questions, please contact PTK President Charity.Cochran@cchsmail.org or PTK faculty advisors Cathey.Miller@CarolinasCollege.edu or Tina.Lamberta@CarolinasCollege.edu.

TIS THE SEASON...

The College will host a "Deck the Halls" door decorating contest starting Monday, **December 4** through Friday, **December 8**. Judging will occur on Monday, **December 11** with winners announced at 12:00 noon on **December 13**.



ATRIUM HEALTH SAYS THANK YOU WITH AN END OF YEAR GIFT



Atrium Health values you as a student, a potential teammate, and someone who provides excellent care to patients. As a way to say "thanks" Atrium Health is including all CCHS students in the 2018 gift distribution. Students/teammates can pick up their gift on the following dates with student ID:

December 3	7 to 9:30 AM 11 AM to 2 PM	CMC Tower Dining Room (CTDR)
December 4	8 to 11 AM	CTDR
December 5	9:30 AM to 12:30 PM	CTDR
December 8	6:30 to 9:30 AM	CTDR

GRADUATION PHOTOS

Each year as a gift to graduating students, the College has a large composite photo made of their class. Each graduate receives an 11 X 14 souvenir copy as well as two small individual pictures ideal for your certification exam application. A large framed composite hangs in the lobby for the next 12 months, and a smaller framed version hangs in the portrait hall forever. Pictures will be taken in late January 2019. Watch for more details in coming newsletters.





from the
STUDENT SUCCESS CENTER
Sam Smith
Student Success Coordinator

Thank you, Peer Tutors! I would like to personally thank all of the graduating peer tutors for giving their precious time and talents to help fellow students here at the college. I truly appreciate it, and wish you all the best in your future endeavors. Tedd Antoshak, Morgan Chavers, Hannah French, Thomas (Ash) Gardner, Jana Hersek, Alexander Hill, Elise Pettus, Caitlin Sweeney and Lucretia Torrence. Your efforts were instrumental in helping your fellow students succeed!

Thank you, graduating Student Ambassadors! Hannah French, Alexandra Hill, Elise Pettus and Lucretia Torrence. Thank you for your time, enthusiasm and college spirit.

Placement Orientation for May 2019 Nursing Graduates. Upcoming nursing seniors will attend an Atrium Health Human Resources placement orientation at 1 p.m. on Thursday, **December 13**. This is a **mandatory** session for all May 2019 nursing graduates ONLY. Mark your calendars now! Please contact Mr. Sam Smith with questions.

Recruiting Peer Tutors for Fall 2018/Spring 2019 courses. Do you enjoy helping other students learn? Do you want to keep past course material fresh in your mind? Are you looking for a flexible service opportunity you can arrange around your schedule and priorities? Consider becoming a Carolinas College Peer Tutor! If you've earned an "A" or a "B" in a course and feel you could help another student with some academic coaching, please contact: Sam Smith, Student Success Center, room 254, 704-355-4025, samuel.smith@carolinashealthcare.org.

Student Employment Opportunities - Talk with a CHS Human Resources Rep. If you're interested in part-time/PRN employment with CMC, sign up for a 15-minute appointment with Cliff Chapman in the lobby between 10 a.m. and noon on Monday, **December 3**.

To make an appointment:

1. Log onto the information portal and click on *Student Success Center* under CCHS Quick Links on the home page.
2. Select the *Employment Resources* tab. When you open that section, the interview sign-up sheet will be under *Current Part-time and PRN Job Opportunities*. You may sign up for any open 15-minute timeslot.

You can still talk with the recruiter on a drop-by basis without making an appointment as long as he is not busy with another student. An HR representative usually visits the college on the first Monday of each month. Feel free to email or call with your questions: Clifton Chapman, Clifton.Chapman@carolinashealthcare.org, 704.631.0347. Sam Smith is also available here at CCHS to support your job search efforts.

Sam Smith is available here at CCHS to support your job search efforts. For more study tips, as well as current opportunities for part-time and PRN employment, check out the Student Support page on the Information Portal. (Click on *Student Resources*, then on *Student Success Center*.)



CONTINUING EDUCATION OPPORTUNITIES

CCHS Admissions Information Session - December 4, 4 to 5 PM. Have friends who want to know about CCHS? Contact the front desk or 704.355.5051 to sign up for an info session. For information on Medical Laboratory Science or Histotechnology, contact Susan Thomasson, 704.355.3921.

BLS Online Program - Cost \$28.50 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address: www.onlineaha.org. Choose HeartCode BLS. The course takes approximately two hours and must be taken before attending the Heartcode BLS Online Skills Check. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Heartcode BCLS Online Skills Check Part 2.

BCLS for the Healthcare Provider - December 12, 8 a.m. to noon. Cost \$50. Textbook not included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or Christy.Dull@AtriumHealth.org.

BLS Online Skills Check - December 5, 12, 19, & 26, 1 to 3 p.m. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

Webinar - Identity Theft - December 5 (9 to 10 a.m.); December 13 (noon to 1 p.m.); December 18 (1 to 2 p.m.). Goals of the webinar: 1) Learn how the identity thief steals your credit; 2) Understand the importance of your credit report; 3) Learn steps to take to resolve being a victim of identity theft; 4) Understand how to protect yourself. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register.

2019 Chaplain's Grand Rounds - Ethical Decisions in Complex Times - December 20. This **FREE**, nine-part lecture series will be conducted in the Suzanne Hill Freeman Auditorium on the campus of Carolinas Medical Center every 3rd Thursday of the month from noon to 1 PM. Feel free to bring your lunch. The theme of the series acknowledges that medical decision making is getting ever more complicated. Best medical practice too often collides with the wishes of patients and family members. Nuances of care can challenge existing policies and procedures in the gray arena of seeking to do what is right. Join us in person, through teleconference, Skype, or let us send you a recording. Please direct any questions to Renee Howard (Renee.howard@atriumhealth.org). This month's session is entitled **Surrogacy Matters** and will be presented by Louisa Sloan, MSW, LCSW.

Atrium Health Schwartz Center Rounds - December 10, Noon to 1 PM, Suzanne Hill Freeman Auditorium. A multidisciplinary forum to discuss the non-clinical aspects of healthcare. Topic: Care of the Transgender Patient. Panelists are: Emily MacNeill, MD (Emergency Medicine) and Holly Savoy, PhD (Licensed Psychologist). Facilitators: Jaspal Singh, MD, MHA, MHS - Pulmonary, Critical Care and Sleep Medicine, Pulmonary and Critical Care Consultants, Atrium Health; Kristin Daley, PhD, CBSM - Southeast Psych; and Dr. Michael Grunwald, Director, Leukemia Division, Department of Hematologic Oncology and Blood Disorders, Levine Cancer Institute.

COMPLIANCE UPDATE - Face and Eye Protection

With a focus on teammate safety, this month's update is a reminder about eye and face protection in the clinical area. We are all familiar with transmission of infection but often overlook contamination that can happen through the conjunctiva in the eye. Blood or body fluid splashes can contaminate the eye as well as respiratory droplets that become airborne with coughing and suctioning or even inadvertent rubbing of the eye with the fingers. Eye protection affords us a barrier to protect the eye and is an important piece of personal protective equipment (PPE). Atrium Health reminds us to consider eye/face protection for:

- ❖ Infant delivery including
- ❖ Rupturing membranes
- ❖ Cutting umbilical cords
- ❖ Transferring placenta to basins
- ❖ Emptying urine or other body fluids from containers
- ❖ Suctioning ventilated patients
- ❖ Starting or discontinuing IV's or feeding tube systems



A REMINDER FROM THE SAFETY COMMITTEE

As winter is upon us and the hours of daylight are shrinking, please keep the following safety tips in mind:

- ❖ Stay alert at all times, maintain a "heads-up" mentality, and actively display situational awareness.
- ❖ Walk in the MIDDLE of the sidewalk and walkways and be ever-vigilant of all that is going on around you!
- ❖ If you see or suspect suspicious activity, call CMC security 704-355-3333 or access a security call box by pressing the red button and reporting your concerns! Observe the location of these Call Boxes!
- ❖ Avoid walking alone if at all possible! If you must walk alone, feel free to call security at 704-355-3333 for an escort at any time, day or night!
- ❖ Try to park in well-lit areas, and have your keys ready in your "free-hand" BEFORE you reach your car.
- ❖ Always look in and around your car as you approach BEFORE you open the door!
- ❖ Always LOCK your car doors and ROLL UP all windows. NEVER leave valuables in plain view as you exit your car!
- ❖ TRUST YOUR INSTINCTS! If you feel uncomfortable about someone near you on the street, in an elevator or getting off of a bus-go to a populated place and seek help!

In summary please be Vigilant, Aware of your surroundings, and Trust your Instincts!

FINAL EXAM SCHEDULE – FALL 2018

Monday December 10	Tuesday December 11	Wednesday December 12	Thursday December 13
RTT 210 9:00 am Room 211	BIO 101 (All Sections) 9:00 am Room 190	RTT 220 9:00 am Room 211	NUR 151 8:00 am Room 153
BIO 102 11:00 am Room 190	RAD 110 1:00pm Room 153	NUR 153 9:00 am Room 153	NUR 154 10:00 am Room 153
RTT 215 1:00 pm Room 211	RAD 210/212 1:00pm Room 153	NUR 155 10:00 am Room 190	
NUR 101 3:00 pm Room 153	MAT 101 3:00 pm Room 158	NUR 152 10:00 am Room 161	
		RTT 230 1:00 pm Room 211	
		BIO 200 1:00pm Room 190	



**No matter how you
celebrate the festivities,
the College wishes
you a safe and happy
holiday season!**





Activities & Deadlines For December

Complete information, with times, is elsewhere in the newsletter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 HR Rep On Campus	4 Admissions Information Session	5 BLS Online Skills Check EAP Webinar—Identity Theft	6	7 PTK General Member Meeting
Pick up your end of year gift from Atrium Health				
10 Schwartz Center Rounds	11	12 Commitment to Caring & Awards Ceremony BCLS for the Healthcare Provider BLS Online Skills Check	13 Placement Orientation for May 2019 Grads EAP Webinar—Identity Theft	14 Winter Commencement
Fall Final Exams				
17	18 EAP Webinar—Identity Theft	19 BLS Online Skills Check	20 Chaplain's Grand Rounds - Surrogacy Matters	21
24	25	26 BLS Online Skills Check	27	28
College is Closed				
<p><i>Happy Holidays</i></p>				
31	Jan. 1	2	3	4
College is Closed				
<p>Happy 2019 New Year!</p>				