COVID-19 Vaccine Information

Thank you for doing your part to stop the spread of COVID-19. Here's more information and what to expect after you get the vaccine.

Things to remember

1. **Wait 15 minutes before leaving.** This is a safety guideline set by the Centers for Disease Control and Prevention (CDC).
2. **Get both doses.** Missing the second dose could mean you won't build full protection against the virus.
3. **Hang on to your vaccination card**. This is proof you got vaccinated and shows which vaccine you got.
4. **Continue COVID-safe practices.** While the vaccine works very well, you still need to wear masks, wash your hands and socially distance until we stop the spread of COVID-19.

Want to encourage others to get the vaccine too? Post a picture to social media with **#IGotTheShot**.

✚ Side effects of the COVID-19 vaccine

The most common side effect is **pain, redness or swelling at the site of the shot**. You may also have:

- **Chills**
- **Diarrhea**
- **Headache**
- **Tiredness**
- **Muscle or joint pain**
- **Low fever**

Like with other vaccines, you might have minor side effects. You may have more side effects after the second dose, so take time to rest if you can. Side effects usually go away in 48 hours, or 2 days.

> Want to talk to a nurse or pharmacist about a side effect? **Call 704-468-2000.**

You can also report your side effects to the CDC through **v-safe**. Go to **vsafe.cdc.gov** to learn more.

How to reschedule your second dose

If you need to reschedule your second dose, it's best do so while you're here for your first dose.
If you realize you need to reschedule later, you have 2 options:

- Log in to **My.AtriumHealth.org**. Click **Customer Service Message** and send a message asking for a new appointment time.
- Call **704-468-8830**, and we'll reschedule your appointment over the phone.

> Go to **AtriumHealth.org/AfterCOVIDVaccine** for more details and resources.

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