

Return-to-Work Town Hall: PART 7

AUGUST 12, 2020

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01

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Introduction

Today's Topics

02

COVID-10 Updates
& Mask Wearing

03

Considerations as We
Transition Into Fall

04

COVID-Safe for Schools
(K-12 Initiative)

05

Q&A

Please submit questions via the chat function.

Meeting Recap

This meeting is being recorded and will be available following the event on our resource web page:

AtriumHealth.org/EmployerSolutions/COVID

The image shows a screenshot of a YouTube video player. At the top, the YouTube logo and a search bar are visible. The video title is "Return to Work Town Hall" in large blue font, with the date "April 23, 2020" below it. The video description lists four speakers: Ruth Krystopolski, MBA (Senior Vice President, Population Health), Lewis McCurdy, MD (Specialty Director, Infectious Diseases), David Cosenza, MD (Specialty Medical Director, Employer Solutions & On-Demand Telemedicine), and Karla Lever, PhD, LCMHCS, CEAP (Director, Employee Assistance Program). The video is from the "EMPLOYER SOLUTIONS" channel, as indicated by a label in the video player. The Atrium Health logo is in the bottom right corner of the video player. Below the video player, the video title "Return to Work Town Hall with Atrium Health" is shown, along with "Unlisted" status, "111 views · Apr 27, 2020", and interaction icons for likes (0), dislikes (0), share, save, and a menu. The Atrium Health channel name and "3.69K subscribers" are shown in the bottom left, and a red "SUBSCRIBE" button is in the bottom right.

02

Katie Passaretti, MD

Medical Director, Infection Prevention

COVID-19 Updates & Mask Wearing

Wave 1 Peaked and on the Decline

Increasing Cases as of 8/8/20

	Worldwide	United States	North Carolina	South Carolina	Georgia
Cases	19.4 million	4.96 million	134,766	98,743	209,004
Deaths	722,566	161,730	2,160	1,931	4,117

Hospitalizations

- Seem to have peaked in late July in NC
 - NC managing volumes currently
 - ICU/Ventilated patients have been stable, but seeing some creep after 4th of July
- SC starting to plateau

Mortality

- Increased slightly in July after trending downward

NC Reopening Trends

RECENT OPENING AND CLOSING POLICY DECISIONS

● Restriction/closing ● Opening ● Deferring decisions to county ● Other

← Previous 🔍 Next →



Mar 03, 2020

1 CUMULATIVE CASES | 0 CUMULATIVE DEATHS

● The state is now allowing coronavirus testing at the NC State Laboratory of Public Health. These tests are coordinated through the Division of Public Health's Communicable Disease Branch.

SC Reopening Trends

RECENT OPENING AND CLOSING POLICY DECISIONS

● Restriction/closing ● Opening ● Deferring decisions to county ● Other

← Previous 🔍 Next →



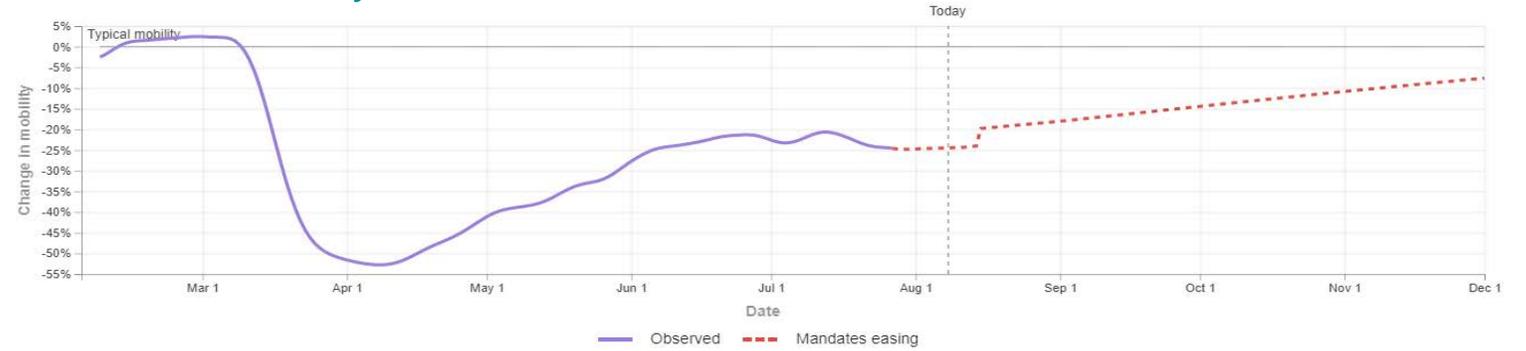
Jul 10, 2020

52,419 CUMULATIVE CASES | 929 CUMULATIVE DEATHS

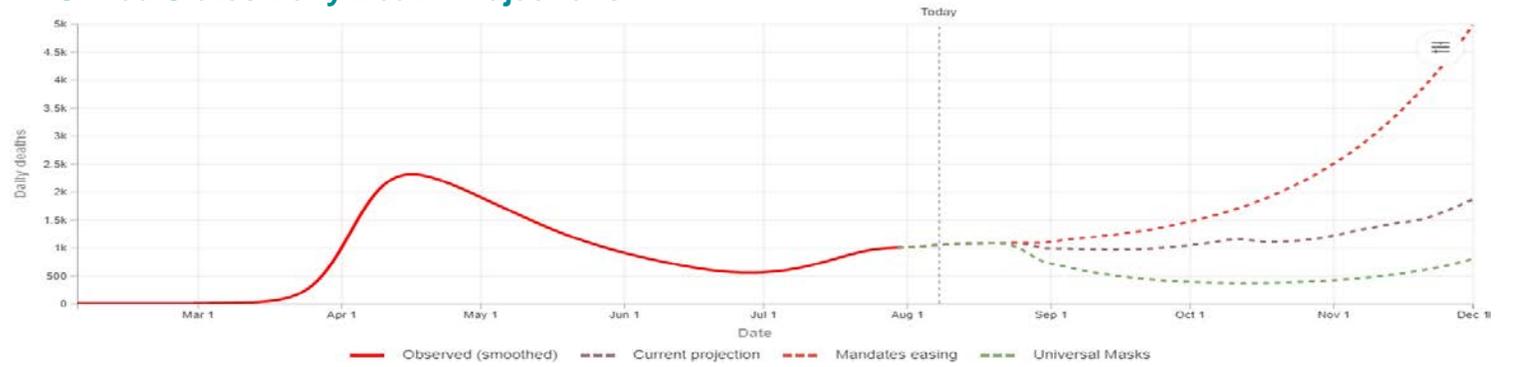
- The Governor announced that the sale of alcoholic beverages in all bars and restaurants throughout the state will be temporarily prohibited after 11:00 PM each night, beginning July 11.

IHME Mobility, Death and Hospitalization Trends and Projections

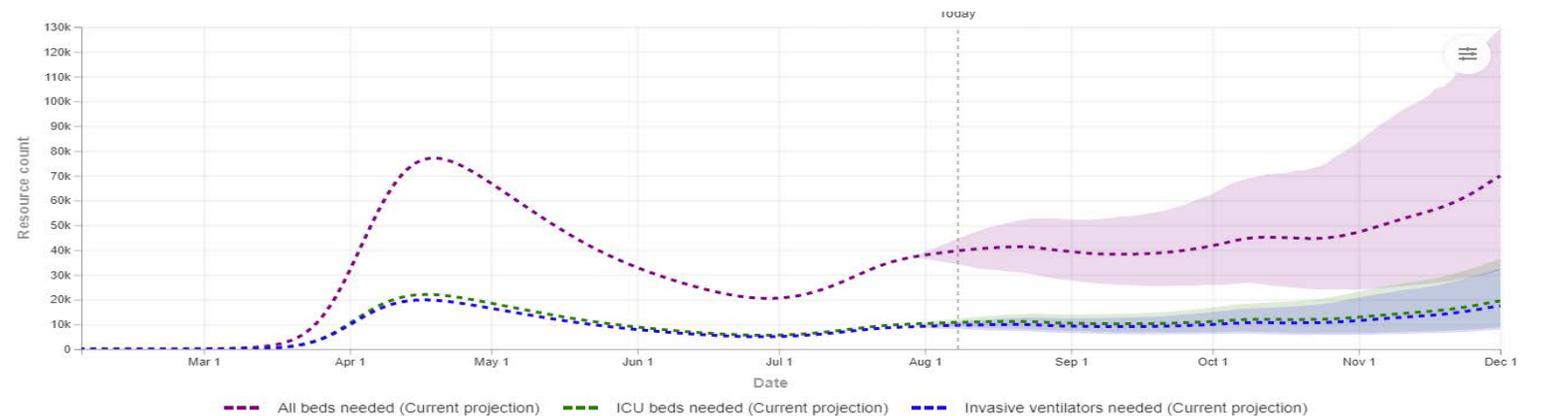
United States Mobility Trends



United States Daily Death Projections

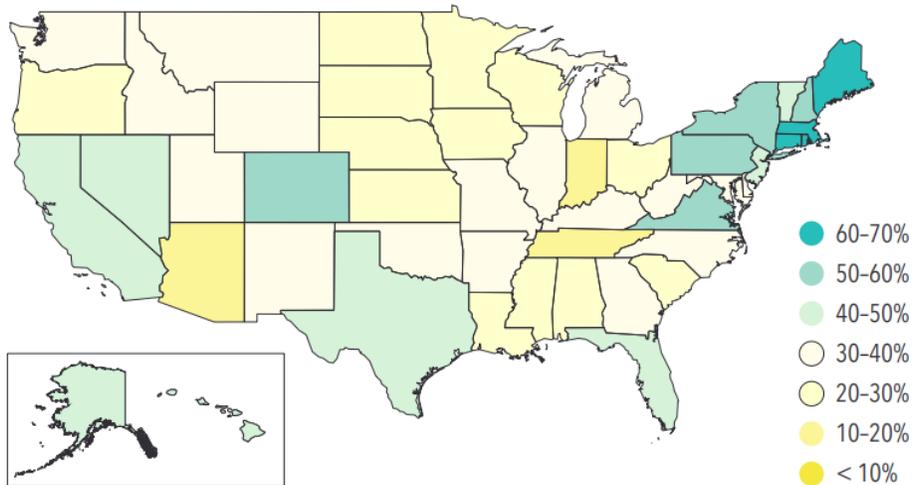


United States COVID Hospitalizations, ICU, Ventilator Projections

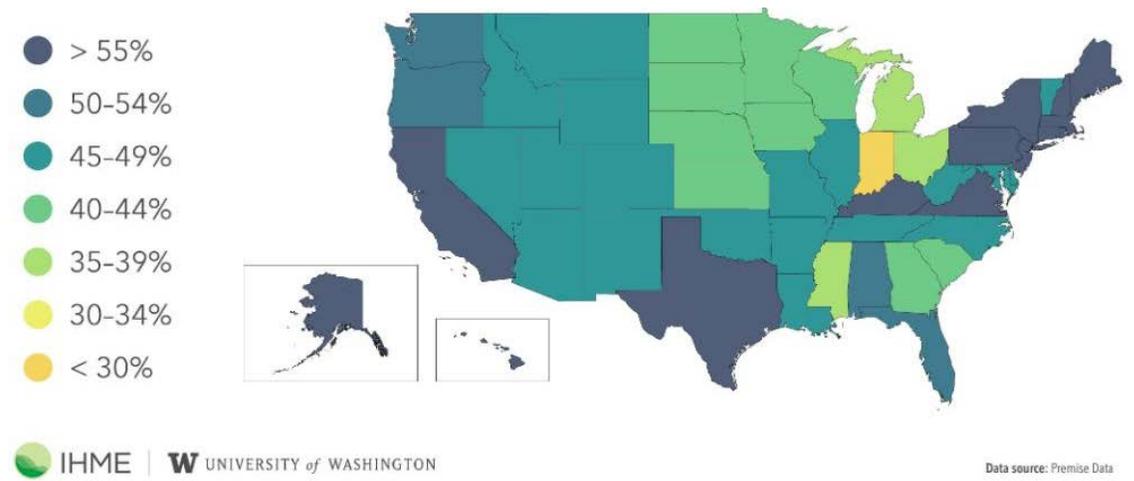


Percent of Population Who Report Always Wearing a Mask When They Go Out

June 13, 2020



July 24, 2020



Impact of Masking, Social Distancing and Eye Protection

Intervention

Chance of infection or transmission

Without intervention

With intervention



Physical distancing

For every meter further away in distancing, the relative effect might increase.

Less than 1m distancing

12.8%

1m or more distancing

2.6%



Face masks

Without masks or respirators

17.4%

With masks or respirators

3.1%



Eye protection

Without eye protection

16%

With eye protection

5.5%

Universal Masking Rational

Protect those around you

- Role of asymptomatic individuals spreading infection in absence of symptoms
- Evidence viral load highest at time symptoms develop and 48 hours **BEFORE** individual knows they are sick
- Source control for unknowingly infected individuals

Protect yourself

- Mask decreases touching of mouth/nose/eyes in a recent study
- Barrier to virus entering your body



Universal Masking Rational

How masks protect us from spreading and catching coronavirus



HIGH RISK



MEDIUM RISK



LOW RISK

Dos and Don'ts of Mask Wearing



Tighten the loops or ties so it's snug around your face, without gaps.



Mask should cover from just under the bridge of your nose to under your chin.

Evolving Knowledge

New Understandings

- Evolution of treatment options
 - Atrium Health involvement in clinical treatment trials
- Ongoing impact of COVID-19 on underserved populations
 - Community
 - Individual
- Duration of transmissibility from infected patients
- Move away from retesting positives/conserving testing resources



Evolving Knowledge

Still Unknown

- Impact of school reopening (or not)
- Combined impact of respiratory viral season + COVID-19
- Optimal testing strategy
- Possibility for reinfection/immunity post-infection
- Vaccine efficacy, timing and availability



03

David Cosenza, MD

Specialty Medical Director, Employer
Solutions & On-Demand Telemedicine

Considerations as We Transition Into Fall

Flu Season

As flu season is quickly approaching:

- Encourage your employees to get vaccinated
- Consider holding a flu vaccination clinic for employees at the workplace
- Employees should get vaccinated before flu season begins, usually by the end of October



Is it COVID-19, the flu, a cold or seasonal allergies?

What are the most common symptoms?

Keep in mind: You may have 1 or all of these symptoms.

Coronavirus (COVID-19)

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

The Flu

- Aches
- Chills
- Cough
- Diarrhea*
- Fatigue
- Fever
- Headaches
- Runny nose
- Sore throat
- Stuffy nose
- Vomiting*

*more common in children than adults

A Cold

- Cough
- Fever*
- Mucus dripping down your throat (post-nasal drip)
- Runny nose
- Sneezing
- Sore throat
- Stuffy nose
- Watery eyes

*rare

Seasonal Allergies

- Itchy eyes
- Runny nose
- Sneezing
- Stuffy nose
- Watery eyes

When do symptoms show up once you have been exposed?

2 to 14 days after

1 to 4 days after

1 to 3 days after

Right away

How long do symptoms last?

Not known

3 to 7 days

7 to 10 days

As long as you're exposed to allergens

Employees with School-Aged Children

- Exposures at school
- Employees traveling to other regions or states for youth sports
- Employees traveling to other regions or states to drop children off at college
- Employees with young children who are starting the school year as remote learners may struggle with stress, anxiety and/or finding work/life balance. Consider flex hours, remote work, additional support/recommendations for in-home childcare, etc.)



Other Considerations

- Preventive care
- Screenings
- Ongoing care for chronic conditions
- Care for illness/injuries that could worsen without treatment
- Remind of flex spending accounts



04

Ruth Krystopolski, MBA

Senior Vice President, Population Health

COVID-Safe for Schools (K-12) Initiative

COVID-Safe for Schools



Applying what we've learned to support K-12 students, teachers and staff

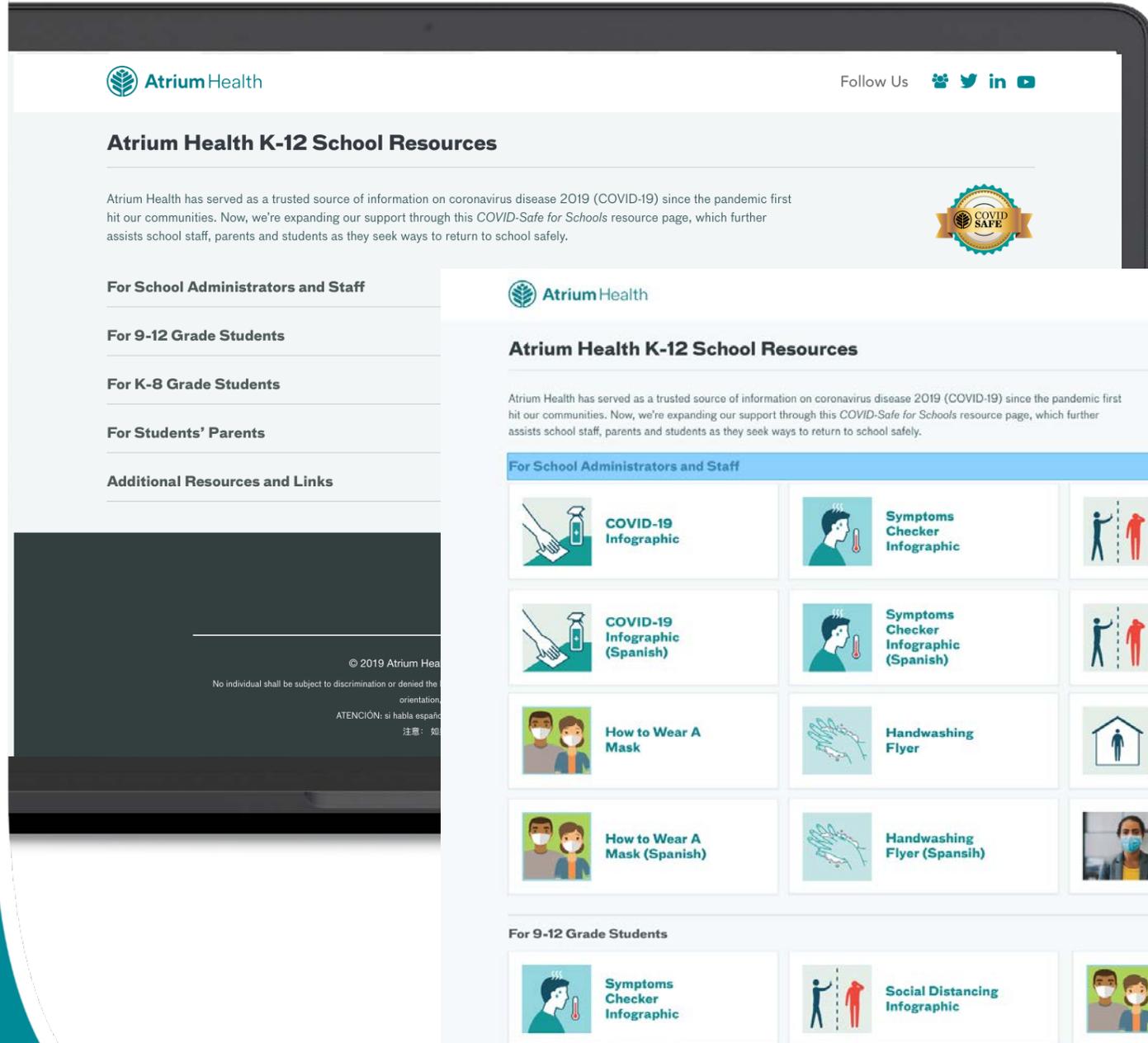
- **Expert guidance and recommendations** to help mitigate risk and manage COVID-19 school-based exposures
- **On-site post-exposure testing** for asymptomatic students and staff following a school-based exposure
- **Safety evaluations** to review physical spaces and provide customized recommendations on classroom layout and the campus environment
- **Monthly town hall webinars** to enhance existing education related to COVID-19
- **Numerous resources** to support administration, staff and families in preventing spread and addressing health and safety needs



Additional Resources:

COVID-Safe for Schools Resource Web Page

- Convenient online access to up-to-date information
- Teacher/staff guidance
- Student education (e.g., how to wear a mask, proper handwashing, symptoms chart)



Atrium Health Follow Us    

Atrium Health K-12 School Resources

Atrium Health has served as a trusted source of information on coronavirus disease 2019 (COVID-19) since the pandemic first hit our communities. Now, we're expanding our support through this COVID-Safe for Schools resource page, which further assists school staff, parents and students as they seek ways to return to school safely.

COVID-SAFE

For School Administrators and Staff

For 9-12 Grade Students

For K-8 Grade Students

For Students' Parents

Additional Resources and Links

For School Administrators and Staff

 COVID-19 Infographic	 Symptoms Checker Infographic	 Social Distancing Infographic
 COVID-19 Infographic (Spanish)	 Symptoms Checker Infographic (Spanish)	 Social Distancing Infographic (Spanish)
 How to Wear A Mask	 Handwashing Flyer	 Self-Quarantine Flyer
 How to Wear A Mask (Spanish)	 Handwashing Flyer (Spanish)	 Covid Safe Research Guide

For 9-12 Grade Students

 Symptoms Checker Infographic	 Social Distancing Infographic	 How to Wear A Mask
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Additional Resources:

COVID-Safe for Schools Resource Guide

- A digital guide to help schools reopen safely
- Includes information on:
 - Preventing Spread
 - Managing Stress and Anxiety
 - Addressing School-Based Exposures



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05

Megan Heiar, MS, PT, MBA

Vice President, Population Health

Q&A

Questions?



Atrium Health

Next meeting:

***Wednesday, September 9,
3-4 PM***

Where to go for additional information:

Email COVID19RTW@AtriumHealth.org with questions, topic suggestions for the next Town Hall, or to request more information on Atrium Health COVID-19 screening and testing.

Visit AtriumHealth.org/EmployerSolutions/COVID for the most updated *COVID-Safe for Employers* content and tools.

EMPLOYER SOLUTIONS

Thank you.



Atrium Health