Atrium Health Levine Children's

What you need to know about coronavirus (COVID-19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus

- Fever
- Chills
- Headache
- Cough
- Repeated shaking with chills
- Sore throat
- Shortness of breath or difficulty breathing
- Muscle pain
- New loss of taste or smell
- Nausea or vomiting
- Diarrhea
- Congestion or runny nose

What to do if you feel sick

Stay home
Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 14 days.

Get checked and cared for at home
For more mild symptoms, keep yourself and others safe by getting medical care from the comfort of home. If you need help, use our free COVID-19 risk assessment to learn about the care you need.

Call ahead for in-person care
If you need in-person care for severe respiratory symptoms, call before you arrive at the doctor's office, urgent care or emergency room. This will help your healthcare providers take steps to get you the right care and keep others from being exposed.

If your health problems are a threat to your life, call 911 right away.

Tips for staying healthy

- Wash your hands with soap and water
- Don't touch your face
- Avoid close contact with someone who's sick
- Clean and disinfect surfaces and objects people touch often
- Stay at home as much as you can, even if you feel well
- Wear a cloth face mask in public
- Stay informed with accurate information

Free Assessments	24/7 Health Line	Care Options
AtriumHealth.org/Coronavirus	704-468-8888	AtriumHealth.org/GetCareNow