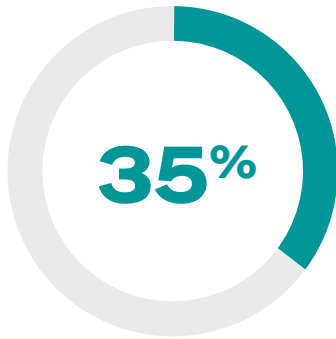


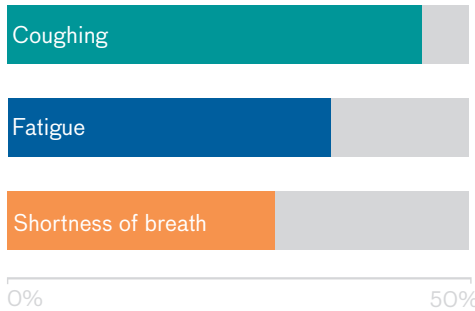


The Prolonged Impact of COVID-19

It's been said that COVID-19 symptoms often go away within 2 weeks, but in fact, they may stick around much longer. Here are results from a survey of 292 adults previously infected with COVID-19 showing how many still had symptoms 2 to 3 weeks after testing positive for the virus.¹



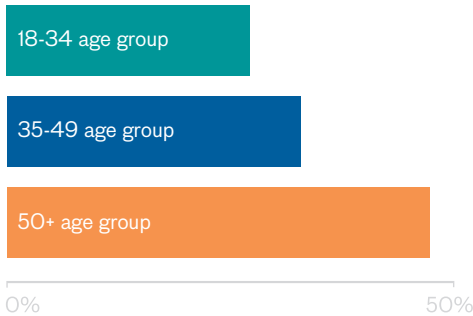
35% of respondents had not returned to their usual state of health when interviewed 2 to 3 weeks after testing.



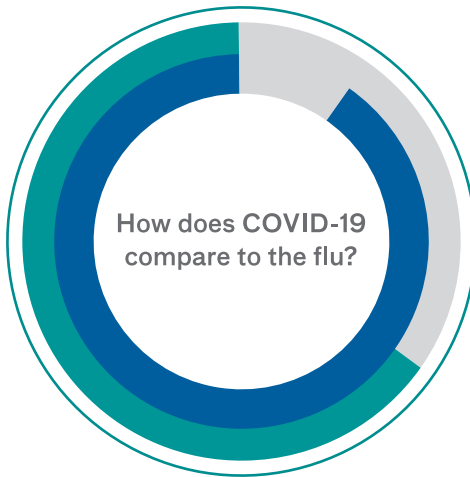
Of those who were still exhibiting symptoms 2 to 3 weeks after testing positive for COVID-19, **45%** reported coughing, **35%** reported fatigue, and **29%** reported shortness of breath.



Among people aged 18 to 34 years with no chronic medical conditions, **1 in 5** had not returned to their usual state of health 2 to 3 weeks after testing.



26% of respondents ages 18 to 34, **32%** of respondents ages 35 to 49, and **47%** of respondents ages 50+ were still exhibiting symptoms 2 to 3 weeks after testing positive for COVID-19.



More than **90%** of outpatients with influenza recover within approximately **2 weeks** of having a positive test result.²

- Influenza patient recovery
- COVID-19 patient recovery (within 2 weeks of testing positive)

²Petrie JG, Cheng C, Malosh RE, et al. Illness severity and work productivity loss among working adults with medically attended acute respiratory illnesses: US Influenza Vaccine Effectiveness Network 2012–2013. Clin Infect Dis 2016;62:448–55.

That is why preventive measures, including social distancing, frequent handwashing and the consistent and correct use of face coverings in public, should be strongly encouraged to slow the spread of COVID-19.



¹Tenforde MW, Kim SS, Lindsell CJ, et al. Symptom Duration and Risk Factors for Delayed Return to Usual Health Among Outpatients with COVID-19 in a Multistate Health Care Systems Network — United States, March–June 2020. MMWR Morb Mortal Wkly Rep. ePub: 24 July 2020. DOI: <http://dx.doi.org/10.15585/mmwr.mm6930e1>