



What you need to know about coronavirus disease 2019 (COVID19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus

It's important to remember that not everyone has all of these symptoms. Some children have only one or a few symptoms.



Fever



Chills



Headache



Cough



Repeated shaking with chills



Sore throat



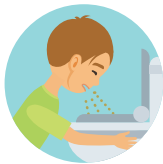
Shortness of breath or difficulty breathing



Muscle pain



New loss of taste or smell



Nausea or vomiting



Diarrhea



Congestion or runny nose

What to do if you feel sick



Stay home

If you feel sick at school, tell your teacher. If you feel sick at home, tell your parents or guardian. Most people with COVID-19 have mild to moderate symptoms and can get better at home. Rest up and stop germs from spreading by staying home and away from others for 14 days.

Tips for staying healthy



Wash your hands for 20 seconds with soap and warm water



Don't touch your face



Stay 6 feet away from others who aren't masked



Wear a mask or cloth face covering when you're around others who don't live in your home