COVID19-Safe for School Town Hall

Presented by: Atrium Health
Agenda

August 13, 2020

RUTH KRYSSTOPOLSKI, MBA
Senior Vice President, Population Health
Introduction

KATIE PASSARETTI, MD
Medical Director, Infection Prevention
COVID-19 Update and Mask Wearing

DIEP NGUYEN, MD, FAAP
Pediatrician, Levine Children’s Perspective Health & Wellness
Back to School – Addressing Fears and Providing Support

ERIC WARREN, MD
Sports Medicine Physician
Athletic Team Considerations

SEBASTIEN GIRARD, MBA
Senior Vice President, Workforce Engagement
HR Considerations
Introduction

RUTH KRYSZTOPOLSKI, MBA
Senior Vice President, Population Health
Atrium Health is committed to providing K-12 schools with the most up-to-date information.

The safety and wellbeing of teachers, staff and students are at the forefront of our efforts.

In addition to supporting the physical health of staff and families, we're also focusing on their emotional and social health.
COVID-19 Updates & Mask Wearing

KATIE PASSARETTI, MD
Medical Director, Infection Prevention
Wave 1 Peaked and is on the Decline

Increasing Cases as of 8/8/20

<table>
<thead>
<tr>
<th></th>
<th>Worldwide</th>
<th>United States</th>
<th>North Carolina</th>
<th>South Carolina</th>
<th>Georgia</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cases</strong></td>
<td>19.4 million</td>
<td>4.96 million</td>
<td>134,766</td>
<td>98,743</td>
<td>209,004</td>
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<tr>
<td><strong>Deaths</strong></td>
<td>722,566</td>
<td>161,730</td>
<td>2,160</td>
<td>1,931</td>
<td>4,117</td>
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**Hospitalizations**
- Seem to have peaked in late July in NC
  - NC managing volumes currently
  - ICU/Ventilated patients have been stable, but seeing some creep after 4th of July
- SC starting to plateau

**Mortality**
- Increased slightly in July after trending downward
NC Reopening Trends

The state is now allowing coronavirus testing at the NC State Laboratory of Public Health. These tests are coordinated through the Division of Public Health's Communicable Disease Branch.
The Governor announced that the sale of alcoholic beverages in all bars and restaurants throughout the state will be temporarily prohibited after 11:00 PM each night, beginning July 11.
Mask Wearing Percentage

Percent of Population Who Report Always Wearing a Mask When They Go Out

June 13, 2020  
July 24, 2020
**Impact of Masking, Social Distancing and Eye Protection**

### Intervention

<table>
<thead>
<tr>
<th>Physical distancing</th>
<th>Chance of infection or transmission</th>
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<tbody>
<tr>
<td>Less than 1m distancing</td>
<td>12.8%</td>
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<tr>
<td>1m or more distancing</td>
<td>17.4%</td>
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</table>

### Face masks

<table>
<thead>
<tr>
<th>Without masks or respirators</th>
<th>17.4%</th>
<th>With masks or respirators</th>
<th>3.1%</th>
</tr>
</thead>
</table>

### Eye protection

| Without eye protection | 16% | With eye protection | 5.5% |
Universal Masking Rationale

Protect those around you

• Role of asymptomatic individuals spreading infection in absence of symptoms
• Evidence viral load highest at time symptoms develop and 48 hours BEFORE individual knows they are sick
• Source control for unknowingly infected individuals

Protect yourself

• Mask decreases touching of mouth/nose/eyes in a recent study
• Barrier to virus entering your body
Universal Masking Rational

How masks protect us from spreading and catching coronavirus

HIGH RISK

MEDIUM RISK

LOW RISK
Dos and Don’ts of Mask Wearing

- **Tighten the loops or ties so it’s snug around your face, without gaps.**
- **Mask should cover from just under the bridge of your nose to under your chin.**
Evolving Knowledge

New Understandings

• Evolution of treatment options
  • Atrium Health involvement in clinical treatment trials

• Ongoing impact of COVID-19 on underserved populations
  • Community
  • Individual

• Duration of transmissibility from infected patients

• Move away from retesting positives/conserving testing resources
Evolving Knowledge

Still Unknown

- Impact of school reopening (or not)
- Combined impact of respiratory viral season + COVID-19
- Optimal testing strategy
- Possibility for reinfection/immunity post-infection
- Vaccine efficacy, timing and availability

Still Unknown
Back to School – Addressing Fears and Providing Support

DIEP NGUYEN, MD, FAAP
Pediatrician, Levine Children’s Perspective Health & Wellness
“I am an Atrium Health Levine Children’s pediatrician.”

“I am also a mom.”

“My children will be attending a local independent school this fall.”

The material presented is a collaboration from varied sources.
Overview of Discussion

01
How to Ease the Anxious Parent

02
Helping Children Cope & Build Resiliency
How to Ease the Anxious Parent

01 Communication is Key

02 Be Transparent

03 Collaboration and Offer Resources

04 Empower our Families
How to Ease the Anxious Parent

Communication is Key

• Regular updates
• Scheduled communications
• Explain the WHY behind the WHAT

Be Transparent

• No ONE solution is perfect for the school year
• Okay to acknowledge our own fears and uncertainties
• Don’t make up excuses-rely on facts when answering questions
How to Ease the Anxious Parent

Collaboration

• Ask for input from parents and students—drives creativity
• Understand what factors drive decisions made by others at the local and national level
• Offer resources

Empower our Families

• Knowledge is Power
• Atrium Health: world-class healthcare available nearby
  • COVID-19 testing capability
  • Virtual Hospital for COVID-19 positive patients
  • Virtual visits in ambulatory practices
  • On-Demand Virtual Care 24/7
Helping Our Children Cope & Build Resiliency

01 Address Children’s Fears

02 Keep Healthy Routines

03 Mental Health Concerns
Helping Our Children Cope & Build Resiliency

Address Children’s Fears – Tips from the American Academy of Pediatrics

- Answer questions simply and honestly
- Recognize their feelings
- Keep in touch with loved ones
- Model how to manage feelings; help them reframe
- Look forward
- Suggest a new hobby or activity
- Help with social isolation (scheduled fun time, “family pods”, social media, virtual visits with friends and family)
Helping Our Children Cope & Build Resiliency

Keep Healthy Routines

01 Structure the day
02 Eat balanced meals
03 Maintain healthy sleep routines
04 Stay up to date on vaccines and well visits
Helping Our Children Cope & Build Resiliency

Mental Health Concerns

- Monitor for symptoms of depression and anxiety
- Offer educational support and on-line resources
- Free Apps available for smart phones
  - Headspace
  - Stop, Breathe and Think
  - Stop Panic & Anxiety Self Help
- Many local counselors and therapists are offering therapy virtually
- Refer to a doctor/pediatrician
Thank YOU for all you do for our children!
You all are our everyday HEROS!

DIEP NGUYEN, MD, FAAP

*Levine Children’s Perspective Health & Wellness*

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Athletic Team Considerations

ERIC WARREN, MD
Sports Medicine Physician
Key Points

01 Follow and adhere to either NCHSAA, NCISAA or SCHSL guidelines

02 Please utilize your Medical Director/Athletic Trainer for additional guidance
Key Points of Emphasis

- Wear appropriate PPE
- Frequent, effective hand hygiene
- Disinfect high-touch areas at your school’s venues and facilities
- Practice social distancing of at least 6 feet
- Follow/adhere to gathering guidelines as recommended by Phase guidelines
HR Considerations

SEBASTIEN GIRARD, MBA
Senior Vice President, Workforce Engagement
PTO Advancement

Leaders can give **up to 80 hours of PTO** to teammates who don’t have hours to cover time off for reasons where the absence is documented by Teammate Health, a medical provider, daycare or school and is not covered by other time off benefits or workers’ compensation.

Enhanced Dependent Back-Up Care

We offered an updated Dependent Back-Up Care benefit through LifeCare. As of June 1, the benefit includes the following:

- Eligible teammates may use up to **15 visits, or calendar days, per year**
- Access to **trained caregivers**
- **$60 per day** reimbursement for Friends and Family
Employee Assistance Program (EAP) is offering MyStress Tools at no cost to teammates.

EAP will not count any sessions used during the COVID-19 crisis against teammates’ annual limit.

Offering free estate planning from MetLife for Atrium Health teammates until July 31.

Teammate Emergency Care Fund, including Caregiver Heroes for COVID-19
Resiliency

• “We’re All in This Together Campaign”
  • To spread encouraging messages to all teammates, the campaign supported teammates with newly designed eCards, inspiring teammate stories, Yammer campaigns, resilience resources for personal well-being and creative ways to decompress.

• Built a full environmental guidelines, and creates a full campaign to reinforce our PPE policy/guidelines (including visuals, etc.)

• Courageous conversation toolkit
Return to School

Flexible, compassionate, consistent campaign

Full FAQs covering all potential scenarios

Tutors and resources marketplace on Yammer
Teammate Guidelines

• Self-identifying survey
• Determine next steps depending on the situation
  • Change in assignment
  • Work From Home
  • Etc.
Resources and Wrap-Up

RUTH KRYSTOPOLSKI, MBA
Senior Vice President, Population Health
K-12 School Resources

Coming Soon...

COVID-Safe for Schools Resource Web Page

- Convenient online access to up-to-date information
- Teacher/staff guidance
- Student education (e.g., how to wear a mask, proper handwashing, symptoms chart)
K-12 School Resources

Coming Soon...

COVID-Safe for Schools Resource Guide

• A digital guide to help schools reopen safely

• Includes information on:
  o Preventing Spread
  o Managing Stress and Anxiety
  o Addressing School-Based Exposures
Questions?
Thank you

Where to go for additional information:
Email K12COVID@AtriumHealth.org