Compassion is intrinsic to our human condition. Compassion has power and can be a game-changer in life and health both for the recipient and the giver. This 9-part series addresses the false split that seemingly exists between compassion and science (compassion is fluff while science is hard). Research indicates that there is a science of compassion that clearly shows how caring makes a difference in outcomes.

Join in to explore how compassion affects health, healthcare, and healthcare providers.

September 19, 2019  “Compassion Matters”       David Carl, BCC
https://connect.charlotteahec.org/p9tenq0mvji/

October 17, 2019  “Physical Health Benefits of Compassion”       Scott Rissmiller, MD
https://connect.charlotteahec.org/p40mguyf3ez/

November 21, 2019  “Effects of Compassion on Patients”       Maureen Swick, PhD
https://connect.charlotteahec.org/p81yg9fsd66/

December 19, 2019  “Compassion for the Mind”       Bettyanna Bremer, BCC
https://connect.charlotteahec.org/p9ambv4d3br/

January 16, 2020  “Quality and Compassion”       Roger Blake and Rich Miller, LEAN Sensei’s
https://connect.charlotteahec.org/p5dw8l07nve/

February 20, 2020  “How Compassion Impacts Revenue”       Tri Tang, MHA

March 19, 2020  “Self-Care Leads to Best Care”       Leah Leath, BCC

April 16, 2020  “Compassion Can Be Learned”       Tina Barrs, PhD

May 21, 2020  “Compassion as Antidote to Burnout”       Greg Hathaway, BCC