



# Complete Your Advance Directive

## Learn about Health Care Power of Attorney and Living Will forms for free!

Most of us **hope** we will always be **healthy** and **in control** of our own lives. But what if you get **sick** or **hurt** and you **can't speak for yourself**? Would your loved ones know **what medical choices** to make for you?

Having an **advance directive**, like a **health care power of attorney** and/or **living will** form, helps you stay in **control**. An **advance directive** lets you **write down** your wishes for **medical decisions** in case you **can't speak for yourself**.

## Think About It. Talk About It. Write it Down.

Come to an **advance care planning** workshop. **Trained instructors** will **talk** about **advance care planning**. They will walk you through the **health care power of attorney** and **living will forms**. You will have the **chance** to have all **your questions answered** and learn **what steps** to take next.

## 2026 Advance Directive Workshops:

- Walk-ins are welcome to in-person workshops.
- Notary services are available at select workshops, as noted.

### Registration required for virtual workshops.

To register, go to [rb.gy/hrnild](http://rb.gy/hrnild) or email [YourCareYourChoice@AtriumHealth.org](mailto:YourCareYourChoice@AtriumHealth.org)

### VIRTUAL ADVANCE DIRECTIVE WORKSHOP

**Link:** [rb.gy/hrnild](http://rb.gy/hrnild)

April 30, 2026, 5:30 to 7 p.m. (SC residents)

September 10, 2026, 5:30 to 7 p.m. (NC residents)

### IN-PERSON WORKSHOPS

#### Monroe Public Library (notary available)

316 E. Windsor St. | Monroe, NC 28112

January 15, 2026, 10 a.m. to noon

#### Mauney Memorial Library in collaboration with the City of Kings Mountain (notary available)

100 S. Piedmont Ave. | Kings Mountain, NC 28086

February 10, 2026, 3 to 5 p.m.

#### Harrisburg Public Library (notary available)

201 Sims Pkwy. | Harrisburg, NC 28075

February 20, 2026, 2 to 4 p.m.

#### Stanly County Public Library (notary available)

133 East Main St. | Albemarle, NC 28001

March 10, 2026, 5 to 6:45 p.m.

#### Stanly County Senior Services (notary available)

283 N. 3rd St. | Albemarle, NC 28001

March 16, 2026, 2 to 4 p.m.

#### ArchWell Health North Charlotte (notary available)

5740 N. Graham St. | Charlotte, NC 28269

March 24, 2026, 11 a.m. to 1 p.m.

#### Kannapolis Public Library (education only)

850 Mountain St. | Kannapolis, NC 28081

May 4, 2026, 5 to 7 p.m.

# 2026 Advance Directive Workshops:

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## **Concord Public Library (education only)**

27 Union St. N. | Concord, NC 28025

July 23, 2026, 5 to 7 p.m.

## **Union West Regional Public Library (education only)**

123 Unionville Indian Trail Rd. | Indian Trail, NC 28079

August 13, 2026, 10 a.m. to noon

## **ArchWell Health Eastway (notary available)**

3022 Eastway Dr., Suite 1-3 | Charlotte, NC 28205

September 3, 2026, 1 to 3 p.m.

## **Afton Ridge Public Library (education only)**

6095 Glen Afton Blvd. | Concord NC 28027

September 22, 2026, 5 to 7 p.m.

## **Bazemore Active Adult Center (education only)**

500 W. Jefferson St. | Monroe, NC 28112

November 5, 2026, 1 to 3 p.m.

## **These Atrium Health hospitals also help with advance directives.**

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

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### **Where: Atrium Health Cabarrus**

**When:** 1st Thursday of each month from 10:30 to 11:30 p.m. | To register: 704-403-1443

### **Where: Atrium Health Carolinas Medical Center**

**When:** 3rd Thursday of each month from 3 to 4 p.m. | To register: 704-355-2218

### **Where: Atrium Health Cleveland**

**When:** 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-487-3855

### **Where: Atrium Health Lincoln**

**When:** 3rd Thursday of each month from 10 to 11 a.m. | Schedule an appointment: 980-212-6030

### **Where: Atrium Health Mercy, a facility of Carolinas Medical Center**

**When:** 8 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-304-5909

### **Where: Atrium Health Pineville**

**When:** 11 a.m. to 2 p.m. Tuesday, Wednesday, Thursday | Schedule an appointment: 704-667-2730

### **Where: Atrium Health Stanly**

**When:** 9 a.m. to 4 p.m. Wednesday | Schedule an appointment: 980-323-4226

### **Where: Atrium Health Union**

**When:** 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-993-3471

### **Where: Atrium Health Union West**

**When:** 9 a.m. to 4 p.m. Monday through Thursday and Fridays from 9 a.m. to 2 p.m. | Schedule an appointment: 980-993-1492

### **Where: Atrium Health University City**

**When:** 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-863-6589

## **Questions?**

**Email us at [YourCareYourChoice@AtriumHealth.org](mailto:YourCareYourChoice@AtriumHealth.org)**

**or visit [AtriumHealth.org/YourCareYourChoice](http://AtriumHealth.org/YourCareYourChoice).**



**Atrium Health**