

## Cotswold Pediatrics – ADHD Policy

ADHD is both a neurological and psychological disease requiring therapies, school interventions, resources for parent and patients, and often medications. Cotswold Pediatrics is dedicated to providing the best care for your child in their evaluation and possible treatment of ADHD.

- 1) **New patients** with concerns of ADHD must have had a Well Child Visit in the past year and will need to complete Vanderbilt Forms for both parents and teachers given to them by the provider. The Vanderbilt forms are to be turned in to the physician to review when completed at a later date. The provider's clinical assistant will call with the results of the Vanderbilt form analysis and schedule a Problem Visit appointment if indicated.
- 2) At the Problem Visit appointment, the Vanderbilt forms will be reviewed, educational packets will be given and the option of medication as a 1-month trial may be offered. If medication is given, Vanderbilt follow-up forms will be given to complete 3 weeks into the medication trial. These follow-up forms must be turned back in at the 2nd Problem Visit scheduled the following month.
- 3) During this 2nd visit, the Vanderbilt follow-up forms will be reviewed and the physician may adjust medications accordingly.
- 4) Any **NEW** medication prescription or **CHANGE** in medication type (different name) may require an additional follow-up visit with new Vanderbilt's completed. While this seems to be a lot of visits, new medications can have side effects and need to be monitored closely in addition to making sure the child is doing better!
- 5) Report cards, teacher's comments, psychological reports (when applicable) should be brought to each Problem Visit when applicable.
- 6) After your child's ADHD is stable or only minor increases of dosing are being made, visits may stretch to every 6 months at the provider's discretion. These ADHD 'check-in's' may occur during Well Child Visits but may accrue additional insurance charges during billing.
- 7) Patients that are **NON-COMPLIANT** with these medications (which are monitored by the Drug Enforcement Agency) will be required to return for an office visit and **MAY** cause the prescribing of these medications to be terminated permanently.
- 8) **\*\*\*\***Information regarding a patient's insurance coverage of medication is not typically available to the physician and will likely be something the parent will have to determine before filling the medication. 30 days, 90 days, Mail-in, Generic or Name Brand are all good questions to ask the insurance company. It is recommended that parents research different medication options available to determine options that will be covered by insurance. **Refills will not** be filled if there has not been a visit discussing ADHD in 6 months or no annual Well Child Visit.