Your baby’s almost here! You should try to have your hospital bag packed and ready to go around 32 weeks. But what should you take? Here’s a checklist to get you started.

### Bedding
- [ ] Blanket
- [ ] Pillow

### Clothing
- [ ] Bathrobe
- [ ] Bras, including a nursing bra
- [ ] Cloth face coverings for you and your partner
- [ ] Comfortable shoes
- [ ] Maternity underwear
- [ ] Nightgown
- [ ] Pajamas and sweatpants
- [ ] Socks and slippers

### Cosmetics
- [ ] Brush/comb
- [ ] Deodorant
- [ ] Eyeglasses/contacts
- [ ] Face wash/wipes
- [ ] Hair ties/clips
- [ ] Lotion and lip balm
- [ ] Nipple cream
- [ ] Toothbrush and toothpaste
- [ ] Soap or body wash

### Electronics
- [ ] Camera
- [ ] Long phone charger
- [ ] Phone

### Newborn supplies
- [ ] Breastfeeding pillow
- [ ] Car seat installed
- [ ] Going-home outfit (plus 2 more if you have to stay longer)
- [ ] Receiving blanket

### Personal
- [ ] Cash, credit card and change
- [ ] Entertainment (books, music, etc.)
- [ ] Hospital paperwork
- [ ] Insurance card
- [ ] Photo ID
- [ ] Name and contact information of your pediatrician

If you forget something, don’t sweat it. Hospitals have most essentials and toiletries. Some people just feel more comfortable with items from home.