



Pictured at right, L to R: Thais Jovaneli (MLS), Ashlynn Rowlee (MLS), Sarah Lints (MLS), Tara Dunn (HTL), Stephen Hurst (MLS), Brandon Smith (MLS), Nikki Thomas (HTL), and Zoe Poeta (HTL)



Carolinas College of Health Sciences | March 2018



CCHS Hours of Operation
Monday to Friday
7:30 AM to 4:30 PM
Badge access: 24/7

CCHS Computer Lab
M to Th, 7:30 AM to 7:30 PM
Friday, 7:30 AM to 4:30 PM
(No after-hours staff on Fridays.)
Saturday, 11 AM to 4 PM
Sunday - Not staffed
Badge access: 24/7

CCHS Nursing Skills Lab
M to F, 7:30 AM to 4 PM

AHEC Library
Monday to Friday
8 AM to 5 PM
Badge access: 24/7.

Connect
with CCHS



DAYLIGHT SAVINGS TIME BEGINS MARCH 11

Just a reminder to set your clocks ahead one hour at midnight on Saturday, March 10.

CLINICAL LABORATORY SCIENCE STUDENTS HOST PATCH PROGRAM

On Saturday February 17, the CCHS clinical laboratory science students in the histotechnology and medical laboratory science programs hosted students in the PATCH program (see picture above). PATCH stands for Propelling Adolescents Towards Careers in Healthcare. The CCHS students spent two hours with the PATCH high school sophomores explaining careers in laboratory science including lab demonstrations and hands-on experiences. This is just one way the HTL and MLS students are involved in promoting their profession and giving back to the community.

NURSING PROGRAM ACES ACCREDITATION VISIT

The Nursing program successfully completed its ACEN accreditation visit. The program was found to be in compliance with all six standards. The program received no recommendations and was noted to have several strengths, including excellent NCLEX pass rates and job placement rates as well as strong partnerships with Atrium Health and the Carolinas Simulation Center. The site visitors will recommend affirmation of accreditation with a review in eight years. The results of this site visit are preliminary results. The Evaluation Review Panel will convene in May to review the findings and then the Board of Commissioners will meet in July. The program will receive official notification in August regarding the reaccreditation.

FINANCIAL AID UPDATE

Beginning **March 1** through **April 15**, returning students will be able to apply for scholarships for the 2018/19 academic year.

- ❖ 2018/19 FAFSA priority deadline is **April 15**. www.fafsa.ed.gov; school code: 031042.
- ❖ 2018/19 FAFSA is required to be considered for any scholarships. The link to apply via survey monkey: <https://www.surveymonkey.com/r/F89STZH>

Questions? Contact Kirstie.clark@carolinascollege.edu

SUMMER REGISTRATION SCHEDULE

1. ONLINE REGISTRATION for nursing and radiologic technology students opens **March 26** at 7 a.m. Online registration continues for the above programs and includes all general study, pre-nursing, and pre-rad tech students begins **April 2** at 7 a.m. Open online registration continues for all programs and departments **April 9** at 7 a.m.
2. TUITION PAYMENTS are due **May 18** no later than 4 p.m.
3. LATE REGISTRATION/DROP/ADD period is **May 21 to 25** (*NOTE: Late fees will apply for continuing students registering at this time. Tuition payments are due immediately for all late registrations.)
4. NEW STUDENT COLLEGE ORIENTATION for all new students is **May 14**
5. NEW CLINICAL STUDENT ORIENTATION for all new clinical laboratory science students is **May 15**
6. TERM BEGINS – ENDS Summer I: **May 21 to July 13**; Summer Full Term: **May 21 to August 3**
7. LAST DATE TO WITHDRAW WITHOUT RECEIVING A FAILING GRADE Summer I: **June 22**; Summer Full Term: **July 13**
8. FINAL EXAMS Summer I: **July 9 to 13**; Summer Full Term: **July 30 to August 3**
9. STUDENT HOLIDAYS **May 28** and **July 4**. The college is closed.
10. PROGRAM COMPLETION & AWARDS CEREMONY: **August 3**

CCHS ALUMNI ASSOCIATION CONGRATULATES MAY 2018 GRADS

Sweet treats will be available for all May 2018 grads on Wednesday, **March 14** in the CCHS lobby from 10 to 11 a.m. courtesy of the CCHS Alumni Association. Stop by for your sugar fix!

HISTOTECHNOLOGY PROFESSIONALS DAY

Is **March 10** and was created to honor their expertise, knowledge, skill and talent. What do histotechnologists do? After a tissue sample is removed from a patient, the histotechnologist prepares the tissue for microscopic analysis. The tissue is fixed in a preservative, and sliced into very thin sections which are picked up on glass slides and stained. Slides are given to the waiting pathologist who uses them to make a diagnosis. In histotechnology, excellence is never an accident; it is the result of high intention, sincere effort, intelligent direction, skillful execution and the vision to see obstacles as opportunities. The College salutes the Histotechnology students and wishes them a Happy Histotechnology Professionals Day!



Pictured left to right: Zoe Poeta, Tracy Walling (faculty), Nikki Thomas, Ivy Mahmune and seated is Tara Dunn.

NURSE AIDE PROGRAM CLOSING

Carolinas College of Health Sciences has long been a provider of quality non-credit/continuing education programs and workshops. However, effective **April 1, 2018**, Carolinas College will no longer offer Nurse Aide 1 or Nurse Aide 2 classes. Central Piedmont Community College (CPCC) has Nurse Aide offerings. For more information, go to their webpage at www.cpcc.edu and search "Health Careers" or contact Marcus L. Caldwell, Program Assistant for Nurse Aide and Corporate & Continuing Education Healthcare at Marcus.Caldwell@cpcc.edu.

The 10-week NAACLS-approved Phlebotomy program will remain at CCHS and will be offered three times a year with starts in January, May, and September. *Phlebotomy Program: Information Sessions for 2018 Courses*. In addition, the Introduction to IV Therapy and Basic Phlebotomy Skills Workshops will also be offered several times a year. For information, contact Susan.Thomasson@carolinashealthcare.org.

The Integrative Therapies workshops including Clinical Aromatherapy, Healing Touch, and Introduction to Integrative Practices are now being offered through Charlotte AHEC's division of Allied Health. If you want more information about these workshops, contact Kelly Blasky at Kelly.Blasky@Carolinashealthcare.org.

COMPLIANCE UPDATE – Contact Precautions

This month's compliance corner involves a hospital process change based on quality improvement metrics, and a desire for continued surveillance for infection. Carolinas Medical Center (CMC) has had a longstanding policy with regard to the use of contact precautions for patients with Methicillin Resistant Staphylococcus Aureus (MRSA). The hospital has also been engaging in efforts to increase hand hygiene compliance among their healthcare workers. To this end, CMC has reported meeting the 2017 fourth quarter goal of 77% compliance with hand hygiene hospital-wide against a benchmark of 75%. In light of this accomplishment, on February 21, 2018, the hospital began a Contact Precautions Exclusion Trial. This means that for healthcare workers engaging with patients who are positive for MRSA, contact precautions will not be required. It is important to note that MRSA screening and decolonization will continue as per policy. For healthcare workers caring for patients with MRSA, the emphasis for daily care is on continued and consistent hand hygiene and use of Standard Precautions. The goal for Carolinas Medical Center is to maintain or exceed the established benchmark thereby increasing healthcare worker compliance while decreasing the spread of infection. It is also everyone's responsibility to speak up and remind others who do not comply. Remember also, this involves only Carolinas Medical Center and only MRSA at this time. Contact precautions required for other drug resistant organisms must be observed.

PHI THETA KAPPA (PTK) UPDATE by Danielle Reames, PTK Secretary

Results of the Bake Swap/Sale: Thank you to all who made donations or assisted with the bake sale. We were able to donate \$500 to Safe Alliance, as well as some much needed products for the families.

Blood Drive: The next blood drive will be held on **March 29th**.

New Officers Needed! All of the current officers will be graduating this May. This means we will need to fill the five vacated positions soon. Descriptions for each role can be found on the PTK Moodle page. If you would like to be considered, please attend the next meeting to introduce yourself.

Next Meeting: March 16, at 11 a.m., room location TBD, see Moodle. If you would like to fill one of the officer positions, please attend.

T-shirts: blue and gold or green and blue. \$10. See Cathey Miller, Room 252.

PTK is a national honor society, which recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship, and service programming. For questions, please contact PTK President Shelbi.Exum@cchsmail.org or PTK faculty advisor Cathey.Miller@carolinashealthcare.org.

GENERAL STUDIES DEPARTMENT WELCOMES NEW MATH INSTRUCTOR

The general studies department would like to officially welcome Melissa Reid, who joined the college as the newest math instructor. Melissa brings over 13 years of college teaching experience. She will be teaching MAT 101 and MAT 201 this summer. She has a B.S. in Applied Mathematics with a minor in computer science and business and an M.A. in Mathematics with a concentration in community college education. She is also married to a USMC veteran and together they have four amazing children. Let's all welcome Mrs. Reid to Carolinas College of Health Sciences."



Melissa Reid

CONTINUING EDUCATION OPPORTUNITIES

BCLS for the Healthcare Provider March 28, 8 a.m. to noon. Cost \$50. Textbook not included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or Christy.Dull@carolinashealthcare.org.

Heartcode BLS Online Program Cost \$28.50 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address: www.onlineaha.org. Choose HeartCode BLS. The course takes approximately two hours and must be taken before attending the Heartcode BLS Online Skills Check. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Heartcode BCLS Online Skills Check Part 2.

Heartcode BLS Online Skills Check March 7, 14, 21 & 28, 1 to 3 p.m. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

Webinar - Dealing with Difficult People March 6 (1 to 2 p.m.); March 14 (noon to 1 p.m.); March 22 (1 to 2 p.m.). Goals of the webinar: 1) Discuss characteristics of different personalities and how to deal with them; 2) Define conflict and different conflict resolution styles; 3) Address communications styles and healthy communication strategies. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register.

Chaplain's Grand Rounds - March 15, noon to 1 p.m., Suzanne Freeman Auditorium. CHS' Spiritual Care and Education department hosts monthly 1-hour thought-provoking presentations by local, regional or national healthcare professionals. Topics for this series will relate to **Minding the Temple: Alternatives to Opioids**. How we handle pain is no small matter. The belief that we need to be pain free all the time is false and has contributed to the national healthcare crisis of over use of opioids to manage pain. This 9-part series presents an opportunity to identify and explore alternatives to pain management. The first session in this series will be presented by Greg Wright, RN and is titled **Healing Touch to Reduce Pain**. **FREE** to students and teammates.

DISCOVERY PLACE HEART HEALTH DAY

In conjunction with Heart Health month, students took blood pressure readings at Discovery Place on Saturday, Feb. 24.



Pictured L to R: Jessica Harston, Nicole Gaiter, Alexandra Hill, Tina Lamberta, Lauren Senter and Will Hemphill

STUDENT SUCCESS CENTER by Sam Smith, MBA

Why is paraphrasing an important learning skill, and how can you use it? Paraphrasing is expressing ideas in your own words – rewording concepts using your ways of communicating. It's an essential skill in research writing in order to avoid plagiarism. It is also one of the best strategies for making new concepts your own: If you can explain it, you have mastered it. When you are reading your text, or studying your notes and you come across a difficult concept, challenge yourself to put it in your own words – out loud.

I would like to hear from you on things you would like to see changed or improved within the student success department. Send me your suggestions, concerns, or questions to studentsuccess@cchsmail.org

Success Quote of the Month: *"Self-trust is the first secret of success."* ~Ralph Waldo Emerson

For more success/study tips, and quotes, check out the Student Success Center page on the Information Portal. (Click on *Student Success Center* under *Study skills and Self-help*)

Interested in receiving cool prizes? How about a discounted meal at Chick-Fil-A (CMC hospital location ONLY)? Or, maybe a few dollars in Canteen Bucks? Stop by the Student Success Center for more information.

Recruiting Peer Tutors for Summer 2018 Courses

- ☞ Do you enjoy helping other students learn?
- ☞ Do you want to keep past course material fresh in your mind?
- ☞ Are you looking for a flexible service opportunity you can arrange around your schedule and priorities?
- ☞ Consider becoming a Carolinas College Peer Tutor!

If you've earned an "A" or a "B" in a course and feel you could help another student with some academic coaching, please contact: Sam Smith. Student Success Center, room 254, 704.355.4025, samuel.smith@carolinashealthcare.org

Student Employment Opportunities: If you're interested in part-time/PRN employment with CMC, sign up for a 15-minute appointment with CHS Recruitment Specialist Clifton Chapman in the lobby between 10 AM and noon on **March 5.**

To make an appointment:

- ☞ Log onto the information portal and click on *Student Success Center* under *CCHS Quick Links* on the home page.
- ☞ Select the *Employment Resources* tab. When you open that section, the interview sign-up sheet will be under *Current Part-time and PRN Job Opportunities*. You may sign up for any open 15 minute timeslot.

You can talk with the Cliff Chapman on a drop-by basis as long as he is not busy with another student. A human resources representative usually visits the college on the first Monday of each month. E-mail Clifton.Chapman@CarolinasHealthcare.org, or call 704.631.0347, with any questions.

PATIENT SAFETY AWARENESS WEEK IS MARCH 11 - 17.

To show your commitment to providing the safest care for every person, every time, participate in Patient Safety Awareness Week activities:

- Take the Prevent Errors for Reliability and Safety mini-course on PeopleLink to learn how and when to use certain error prevention skills.
- Sign the 2018 Patient Safety Pledge on PeopleConnect to commit to a culture that promotes teamwork and communication to enhance safety.




EVERDAY.....

Make patient safety a priority

Activities & Deadlines For March

Complete information, with times, is elsewhere in the newsletter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <i>Scholarship Applications Accepted</i>	2
5 <i>HR Rep On Campus</i>	6 <i>EAP webinar - Dealing with Difficult People</i>	7 <i>Heartcode BLS Online Skills Check</i>	8	9
				
12 <i>Spring II Classes Begin</i>	13	14 <i>Alumni Association Reception for May Graduating Students</i> <i>Heartcode BLS Online Skills Check</i> <i>EAP webinar - Dealing with Difficult People</i>	15 <i>Chaplain's Grand Rounds - Healing Touch to Reduce Pain</i>	16 <i>PTK General Meeting</i>
Patient Safety Week				
19	20	21 <i>Heartcode BLS Online Skills Check</i>	22 <i>EAP webinar - Dealing with Difficult People</i>	23
26 <i>Registration Begins for NUR & RT Students</i>	27	28 <i>BCLS for the Healthcare Provider</i> <i>Heartcode BLS Online Skills Check</i>	29 <i>PTK Blood Drive</i>	30 <i>HOLIDAY - COLLEGE CLOSED</i> 