

What you need to know about coronavirus (COVID-19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus



Fever



Chills



Headache



Cough



Repeated shaking with chills



Sore throat



Shortness of breath or difficulty breathing



Muscle pain



New loss of taste or smell



Nausea or vomiting



Diarrhea



Congestion or runny nose

What to do if you feel sick



Stay home

Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 10-14 days without testing depending on the quarantine requirements of local public health authorities.



Options to get checked



Have a video visit.

[Start an Urgent Care video visit now.](#)



Make an appointment with your primary care provider.

[Call their office or schedule online.](#) Don't have a doctor?

Call 704-468-8888



Go to Urgent Care.

Walk in or reserve your spot [at a location near you.](#)



Visit a mobile testing site.

[See where we are this week](#) and just walk up.



If your health problems are a threat to your life, call 911 right away.

Tips for staying healthy



Wash your hands with soap and water



Don't touch your face



Keep at least 6' away from anyone who doesn't live in your household



Clean and disinfect surfaces and objects people touch often



Stay at home as much as you can, even if you feel well



Wear a mask or cloth face covering in public



Stay informed with accurate information