

# GUIDE Model: Helping People with Dementia Live Better

Dementia affects not only the person with the disease but also their loved ones. It can be harder than almost any other illness. Today, about **6.7 million Americans** live with Alzheimer's or another type of dementia. This number may grow to **14 million by 2060**.

To help, the **Centers for Medicare & Medicaid Services (CMS)** created the **GUIDE Model**. This program aims to:

- Improve life for people living with dementia
- Reduce stress on unpaid caregivers
- Delay or prevent nursing home care

**Atrium Health** is taking part in this program. If you join, you will get complete dementia care from a team that includes:

- Social workers
- Advanced practice providers
- Community partner organizations

We will help and support caregivers and connect you to local services. Most visits will be by phone or video. Some visits may be in person. Some families may also get short-term relief care (called respite) through the program.

## You may qualify for the GUIDE program if:

- 1 You have dementia (even if it's not listed in your medical record but your family knows).
- 2 You have traditional Medicare (red, blue and white card).
- 3 You are **not** in hospice, PACE (Program for All Inclusive Care of Elderly), or a Medicare Advantage plan.
- 4 You live in the community, including assisted or independent living (but **not** in a long-term nursing home).

## Charlotte GUIDE Counties

