Lactation Services at Carolinas HealthCare System Pineville

Board-certified lactation consultants visit nursing mothers during their hospital stay to answer questions related to breastfeeding and to give support and assistance as needed. If you need additional help after leaving the hospital, please call our lactation center to schedule an appointment with a lactation consultant.

SERVICES PROVIDED

• Breastfeeding consultation while you are in the hospital.
• Outpatient appointments for feeding difficulties or special needs.
• Back-to-work classes.
• Telephone help.
• Newborn weight-check appointments.

Lactation Center Contact Information

For more information or outpatient assistance, contact:
Carolinas Lactation Center
Carolinas HealthCare System Pineville
704-667-1390

CALL THE LACTATION CENTER FOR HELP IF:

• You do not feel that breastfeeding is going well.
• Your breasts are engorged.
• Your baby is three days old and you do not think that your milk has “come in” yet.
• It is difficult to get your baby on the breast for a feeding.
• Your baby cries and/or sleeps at the breast and does not nurse for more than a few sucks.
• Your breasts or nipples hurt.
• Your baby is four days old and does not have six to eight wet diapers each 24 hours.
• Your baby has had a weight check and is not gaining well.
• Your baby is not calm, happy and sleepy after feedings.
• You feel the need to give your baby something more than your milk.
• Your baby sleeps most of the time. You think your baby would rather sleep than eat.
• Your baby is gaining less than one half ounce a day, or has not regained birth weight by 10 days.
• You have any questions about breastfeeding.
Breastfeeding Support & Resources

Lactation Support at Carolinas HealthCare System Pineville
704-667-1390  Call for a lactation appointment

Back to Work Class at Carolinas HealthCare System Pineville
704-341-2500  *Registration is required

Club Milk at Destination Maternity
*Provided by Carolinas HealthCare System
704-355-2229  3rd Thursday of each month  10:30AM

Carolina Community Maternity Center Breastfeeding Group
803-802-9494  2nd Saturday  10:00AM
2848 Pleasant Rd  Ft. Mill, SC

La Leche League of North Carolina – Charlotte Area
Ballantyne:  3rd Saturday  10:00AM
Earth Fare 12235 N. Community House Rd
Margaret 704-971-5250
Melanie 704-553-9314
Melissa 980-404-9481

Charlotte North  3rd Wednesday  10:00AM
Assurance United Methodist Church
9700 Mt. Holly-Huntersville Rd. Huntersville, NC 28078
Amy 704-609-6276

Charlotte South  4th Thursday  10:00AM
Messiah Lutheran Church: 8300 Providence Rd (modular building)
Heather 704-845-4508
Shannon 704-340-3975
Priscilla 703-962-1616 (fluent in Spanish)

Cotswold  3rd Wednesday  10:30AM
Scottish Rite Temple:  Randolph Rd
Laura 704-365-4047
Cynthia 704-643-5401
Erin 704-333-3805

Lake Norman
Check Facebook page for LaLeche League of Lake Norman for information about this group
Matthews 2nd Monday 10:00AM
Morningstar Lutheran Church: 12509 Idlewild Rd. Matthews
Charlene 704-847-5845

Rock Hill Every Tuesday 10:00-11:00am
Piedmont Medical Center- Women’s Tower
803-329-1234, ext. 2

Mothers of Multiples - newmomsupport@charlottemultiples.com

Women Infant Children Program (WIC)
Mecklenburg Co. 704-336-6464
Union Co. 704-296-4899
Lincoln Co. 704-735-3001
York Co. 803-909-7350

ZipMILK.org- find local resources and support in North Carolina by zip code

**Breast Pump Sales and Rental Services**

**Carolinanas Home Medical Equipment, Inc.**
901-K Sam Newell Road, Matthews, NC
704-846-7911
An authorized DME provider that can bill patient insurance for a breast pump *(NC Medicaid does not reimburse for breast pumps.)*

**Babies R Us**
9575 South Blvd, Charlotte, NC 28273 10AM-9:30PM
704-643-2229

**The Milky Way**
1419 East Blvd. Suite B Charlotte, NC 28203 M-F 10AM-6PM/ Sat 10AM-5PM
704-374-9200

**Lactation Concierge Services**
5127 Boulware Ct. Charlotte, NC 28277 Open 24 hours
704-578-6323

**Walgreens #04842**
1008 Oakland Ave. Rock Hill, SC 29732 Open 24 hours
803-980-1350

Ameda- www.amedacom Medela- www.medelabreastfeedingus.com