Annual Compliance Education



This course contains annual compliance education necessary to meet compliance and regulatory requirements.

Instructions:

To receive credit for completion:

- Read the content in full.
- 2. Complete the online exam.

Last Revised: 02/04/16



Welcome

The goal of this course is to provide safety and procedural information to Registered Nurses (RN) and Licensed Practical Nurses (LPN) responsible for administering blood products.

Learning Objectives:

When finished with this course, you should be able to:

- · Review best practices with blood utilization
- Define safe blood/blood component administration procedures based on policy
- Outline the process for verification of the right blood product for the right patient
- Discuss requirements for patient monitoring including frequency and documentation
- · Identify transfusion reactions and describe treatment for transfusion reactions

Blood Components

Packed Red Blood Cells Leukoreduced (LRPC)

- · The only blood product that is routinely crossmatched
- Considered to be "CMV-Safe"
- · Used to replace loss of Red Blood Cells (RBC), Hemoglobin

Platelets

- Platelets are either pooled or single donor apheresis product
- · Platelets do not need to be ABO-Rh compatible
- · Must be stored at room temperature
- · Used to replace platelets

Fresh Frozen Plasma (FFP)

- · Must be ABO compatible, Rh is not necessary
- Requires 30-60 minutes to thaw plasma
- · Used to replace coagulation factors

Cryoprecipitate

- Cryo expires four hours after pooling: Transport at room temperature
- Transfuse ASAP after it reaches patient location
- Primarily used to replace fibrinogen

Proper Utilization of Blood Products

Research indicates that approximately 30% RBC, 25% platelet & 60% FFP transfusions are unnecessary Healthcare
providers have
historically used
the 10/30 rule,
ordering
transfusions when
Hgb <10g/dL and
Hct <30g/dL

The American
Association of
Blood Banks
recommends
transfusing only
when Hgb <7g/dL,
unless the patient
is symptomatic or
meets exclusion
criteria

Only Transfuse when Hgb <7g/dL

Transfusion is a risk factor for increased morbidity, mortality and length of stay.

Blood products are a limited resource. Each transfusion increases risk for complications and harm.

Transfusion is a live tissue transplant.

Nursing's Role in Blood Management

Recognize lab values required for transfusion

Respectfully question orders that do not correspond with new guidelines

Minimize blood loss/phlebotomy

Educate patients and families about why we do not treat hemoglobin >7g/dL unless symptomatic



Blood Component Administration

The RN should make sure:

- The order to transfuse is in the medical record
- There is a signed Blood/Blood Component consent form
- Correct labeling of blood bank specimens
- Patient monitoring before, during and after transfusion
- Patient/Family Education
 - -Instruct to report any signs/symptoms of reaction during and after infusion
 - -Document on Education Teaching Record (ETR)

Signs and Sympton of Blood Transfusion		igns and Symptoms Details
		Arwiety/testlessness Ashma symptoms Ashma symptoms Back/flank pain Brincrease more than 40 bpm Hypotension Hypotension Hypotension Hypoxemia Brincrease more than 30 mmHG Hypoxemia Hypoxemia Hypoxemia Hitching Chest pain Nausea Chills Non productive cough Diffuse bleeding Disturbea Pigures Higher Pain at infusion site Pain at infusion site Facial swelling Fever, greater than 1.8 degrees F above baseline Uticaria (hives) Headache
Learner	Ability & Readiness to Lea	Method of Teaching Learner Response
Patient Family Caregiver Significant other Other:	Receptive Non-receptive Comatose Unresponsive Denies need	Audio / Visual Demonstrates acceptable knowledge of topic/instructions Discussed problem, plan of care, reasons/consequences for treatment Group activity Handout/booklet Inattentive/disinterested Needs follow up

Blood/Blood Component Order

- Confirm order to transfuse specific product(s)
- Confirm a current type and crossmatch has been collected within three to seven days (three days preferred) at present facility
 - Contact provider for order to recollect if longer than seven days
 - Repeat crossmatch at receiving facility if patient is a transfer



Blood/Blood Component Consent

A single consent is required per blood component/series of blood components per hospital encounter.

Surgical consent includes:

- Blood component administration
 - Valid for surgical procedure and immediate postop period
 - Should not exceed two hours unless otherwise specified by department policy

Nursing should notify physician if patient or responsible party:

- Has questions
- Refuses to sign consent
- Refuses blood products

Consent for Blood/Blood Components understand that I may need a transfusion of a blood product (component) including red blood cells, plasma, platelets, &/or cryoprecipitate. This includes certain other products that may be derived from or contain blood components. By signing this Consent for Blood and/or Blood Components. I have been informed why I need Blood Components, the benefits of this treatment as well as the alternatives to a Blood Component Transfusion. I will accept any blood products that my physician(s) deems FROM THE PRODUCTS LISTED IN THIS CONSENT, I HAVE CHOSEN NOT TO ACCEPT THE FOLLOWING: Refer to Bloodless Medicine and Surgery Policy and Blood Management -Treatment Alternatives Form for Benefits Benefits of transfusion include: Elevation of blood level of the product transfused Prevention of hypoxemia (low oxygen level) and hypotension (low blood pressure) > Prevention of bleeding, bruising, hemorrhage into a vital organ, gastrointestinal tract, or brain (platelet transfusion) > Minor reactions such as skin irritation, itching, hives, flushing, headache, nausea, vomiting, diarrhea, pain at infusion site, cough, anxiety Fever or chills Chest pain, tightness in chest Back/flank pain Difficulty breathing, rapid heart rate Facial swelling, diffuse bleeding Transfusion reaction can be in the form of an allergic reaction, febrile reaction, acute hemolytic or delayed hemolytic response. A major transifusion reaction is unlikely but remotely possible, and can lead to death. Transmission of Infections (e.g. hepatitis, HIV, etc.) Alternatives Alternatives to the transfusion include: No transfusion, accepting present condition and risks > Donating my own blood (only if approved for elective surgery with adequate lead time) > Having someone donate blood on my behalf (directed donation, only available before surgery with adequate lead time) I have been given an opportunity to ask questions and I am satisfied with the information I have received. Signature of Patient or Legal Representative (if patient unable to sign)/Relationship to patient Signature of Witness Carolinas HealthCare System Patient Identifier Consent for Blood/Blood Components

Blood Bank Specimen and Labeling

Hand-label blood bank specimens in front of the patient

- Do not use preprinted labels
- All identifiers must be correct and taken from patient ID band
- Specimens must be placed in Pink top tube
- Adult patients 6mL tube,
 Pediatric patients 3mL tube
- Bullets are not acceptable for Blood Bank testing (exception NICU)

- Label must include:
 - Patient name
 - Medical record #
 - Birthdate
 - Room number
 - Collection date/time
 - Blood bank ID #
 - Phlebotomist and witness ID #

Transfusion Preparation

Prior to obtaining blood/blood component:

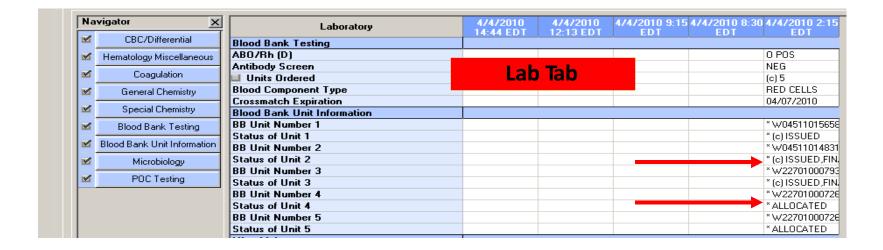
- Check size and patency of IV catheter
- Complete Blood Product Release Form
- Check to see if blood component is ready
- Take the patient's vital signs within 30 minutes of the start time (pre-infusion vitals)
- Infuse only normal saline with blood component (no medication or other IV fluid)



How To Know Blood Component is Ready For Acute Care Patients

Look under lab tab in flowsheet view

- Allocated means blood component is ready for transfusion
- <u>Issued</u> signifies blood component was released to floor
- Released means unit is no longer allocated to patient



Picking Up Blood from Blood Bank

Procedures for picking up blood from the blood bank:

- Complete release form and send or deliver to blood bank
- Blood products may be picked up from the blood bank by any trained nursing personnel
- Transport only ONE blood component for ONE patient at a time (exception: blood dedicated cooler)
- Begin transfusion within 30 minutes of release from blood bank
- Complete blood release form each time blood component requested or picked up from blood bank
- Return blood component to lab immediately
 - Integrity or appearance is in question
 - Transfusion delayed
- DO NOT store blood components anywhere on unit

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	ts up to 6 Y.O.) Consisting		
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* "It is the ordering ph	IIMe ysician's clinical judgmen ian must document this on	t that the patient is in	
Emergency Release I			
Red Cells (LR)			Cryoprecipitate
Ordering Physician:		DDINT DU	VOICIANIO NAME
Date:	Time:	— PRINT PH	I GICIAN G NAME
	ysician's clinical judgmem ian must document this on		
Routine request:			
Red Cells (LR)	Platelets		precipitate
Plasma	RhiG	Othe	er
Ordering Physician: Transfusion Order: Date		-	
Transfusion Order: Date	:Ti	me:	ICIAN'S NAME
☐ This request is to have blood			
Blood received (date/ time):		(O.R.#:
To be filled out by R.N.(ext ☐ The chart contains valid signed out to the through up order. ☐ So	consent The chart contains ar becial blood product needs have b Iministered IV is patent Vit	n order to transfuse the requeen verified (e.g.; irradiated last signs recorded within 30	uested product and patient med d, HbS- negative) Any minutes of start of transfusion
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premedication orders have been ad Patient education of transfusion rea R.N. Signature Complete ALL information by	Date:Time:_ elow (chart label may also t P	<u>be used)</u> Patient Location (or to station # if applicable	

Infusion Rates per Policy

Administer blood according to suggested infusion rate below unless ordered by provider:

- Blood components must be infused within 4 hours of issue time
- Initial rate should be slower
- Recommended rate 1-2 mL/min of issue time for the first 15 minutes
- Monitor for a transfusion reaction, if no reaction, increase infusion rate

Suggested Infusion Rate of Components in Non-Emergency Settings*				
	Suggested Infusion Rate			
Component	Adult	Pediatric		
Red Blood Cells	100-240 mL/hr	1-5 mL/kg/hr		
Fresh Frozen Plasma	120-300 mL/hr	1-5 mL/kg/hr		
Platelets	120-300 mL/hr	1-5 mL/kg/hr		
Cryoprecipitated AHF	As rapidly as tolerated	As rapidly as tolerated		
Granulocytes	60-150mL/hr	1-5 mL/kg/hr		
*Transfusion must be completed in less than 4 hours of issue time				
hr=hour; kg=kilograms; mL=milliter				

Verification Procedure

- Review record for transfusion order, type of component and verify consent has been obtained
- Verify blood component matches order
- Perform positive identification utilizing scanning technology. When not utilizing a scanner, read aloud to second verifying clinician the following to compare blood tag and patient bracelet:
 - Patient name
 - MRN, blood bank ID#
 - Donor unit #
 - ABO
 - Rh
 - Crossmatch Result
 - Expiration Date
- Ensure blood tag stays on blood component until it has infused
- DO NOT ADMINISTER the blood if any discrepancy is noted
 - Call or Return the blood to the Blood Bank
- Follow procedure if utilizing a barcode scanner for positive patient identification





Patient Monitoring Should Occur at the Following Times

Pre-Transfusion

- Monitor vital signs within 30 minutes of transfusion start
- Notify provider if patient's temperature is greater than 100°F

During Transfusion

- Monitor 15 minutes after starting transfusion
- Monitor one hour from the start of the transfusion
- Monitor every hour

Post-Transfusion

Monitor vital signs within 30–60 minutes

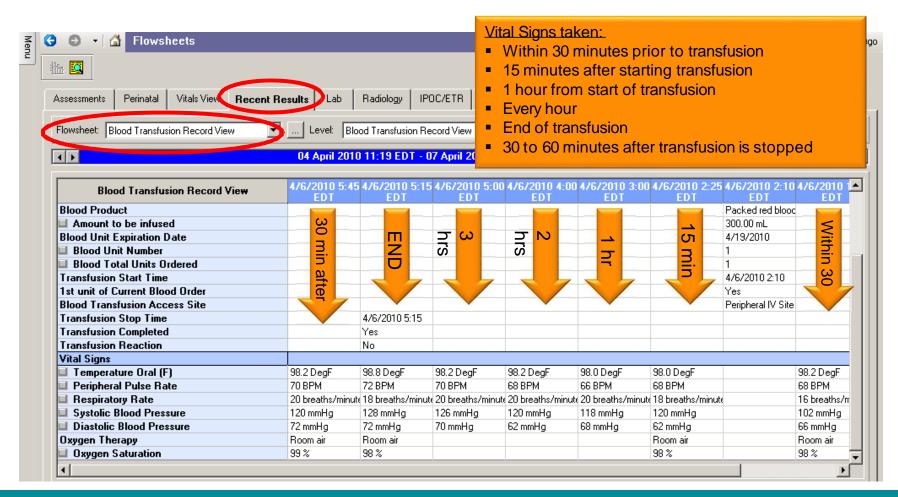
Monitoring: Transfusion Reaction



A patient has an increased risk for reaction in the first 10 to 30 minutes of transfusion

- RN/LPN must remain with patient for first 15 minutes after the start of infusion. This is to watch for any reaction.
- If a reaction happens, immediately stop the transfusion, notify the doctor and the Blood Bank
- Document reaction in the events/procedures/notifications in the EMR

Viewing Blood Transfusion Record



Transfusion Reaction Signs/Symptoms

	Signs and Sy	mptoms of Transfus	sion Reaction	
Chills	Fever	Flushing	Headache	Chest Pain
Shortness of Breath	Back Pain	Nausea	Vomiting	Diarrhea
Bleeding	Pain at Site	Tingling	Skin Irritation	Itching

Monitor Vital Signs for Changes

Monitor Vital Signs for Following Changes				
BP	Systolic or Diastolic increase or decrease of greater than 30mmHg from baseline*			
Temp	Equal to or greater than 1.8°F above baseline* (up to 1 hour after transfusion ends)			
HR	Equal to or greater than 40 beats per minute over baseline*			
02	If indicated, oxygen saturation less than 90%			
* Baseline is the vital signs taken within 30 minutes prior to start of transfusion				

Types of Transfusion Reactions

Allergic

Mild reaction:

- Skin changes such as wheals (sudden swelling or popping up)
- Urticaria (raised rash)
- Macular or maculopapular erythema (flat rash)

Moderate reaction:

- Breathing changes such as wheezing, especially on breathing out
- Laryngeal edema (fluids on the throat)

Severe reaction:

 Anaphylactic/signs of shock (life threatening allergic reaction)

Febrile, Non-Hemolytic

- Temperature elevation greater than or equal to 1.8°F or greater than or equal to1.0°C during the transfusion (up to 1 hour post transfusion)
- Headache
- Flushing
- Anxiety
- Vomiting
- Muscle pain

Hemolytic

Acute:

 Back pain, tightness in chest, pain and/or burning at site of infusion, chills, rigors, hypotension, flushing and tachycardia

Delayed:

 Patient may develop symptoms from 24 hours to 21 days post transfusion that would include milder symptoms of acute hemolytic reactions such as chills, rigors, back/flank pain, hypotension and jaundice

More Types of Transfusion Reactions

TACO

Transfusion Associated Circulatory Overload

- Pulmonary congestion
- Moderate to severe respiratory distress
- Hypertension
- Tachycardia

TRALI

Transfusion-Related Acute Lung Injury

- Acute onset of Acute Lung Injury within 6 hours of infusion
- Hypoxemia
- Oxygen saturation less than 90% on room air
- Respiratory distress
- Life-threatening transfusion reaction

· Severe chills

- High fever
- · Dry flushing
- Nausea
- Vomiting
- Hemoglobinemia
- Bleeding
- Sudden severe hypotension

Reaction to a Blood/Blood Component Transfusion

If you suspect a reaction to a blood/blood component transfusion:

- Stop Blood Product immediately
- Maintain patency of IV line
- Notify Physician/Blood Bank and document actions taken
- Compare patient and blood bank identification for discrepancies
- Complete and return "Investigation of Suspected Blood Transfusion Reaction" form along with donor bag and IV tubing to blood bank

Document Transfusion Reactions

Transfusion Stop Tin	ne	Transfusion Completed?	Reason Transfusion Not Completed	
//****	A. Y	O Yes O No	☐ IV infiltration ☐ Other: ☐ Possible transfusion reaction ☐ Time limit reached	
Signs of Transfusion Reaction Noted Yes No				
Signs of Transfusion	Reaction		Transfusion Reaction Interventions	
☐ Diarrhea ☐ Vomiting ☐ Nausea ☐ Bleeding ☐ Itching ☐ Back Pain ☐ Chills ☐ Dyspnea ☐ Fever	Hemoglobinuria Hypotension Chest pain Headache Urticaria Asthma symptoms Non-productive cough Pulmonary edema Renal failure	Shock Other:	Blood container returned to lab Bag, tag, IV sets/fluids to Bld Bank Direct Coombs ordered EDTA Blood Sample obtained IV maintained with normal saline Physician notified Rxn form sent to Bld Bank	
Fever	Renal failure			

Discharge Instructions

- Provide written instruction to outpatients and inpatients who will be discharged on the day
 of transfusion regarding signs and symptoms of blood transfusion reactions
- Provide name and telephone number of person to contact if patient experiences signs and symptoms of reactions
- Remind patient that delayed reactions can occur up to 21 days after a transfusion



Summary

Safe blood component administration depends on procedures and processes that allow for verification, patient monitoring and the knowledge of transfusion reactions.

The following are some strategies reviewed in this course:

- Define safe blood/blood component administration procedures based on policy
- Outline the process for verification of the right blood product for the right patient
- Discuss requirements for patient monitoring including frequency and documentation
- Identify transfusion reactions
- Describe treatment for transfusion reactions