



Behavioral Health Center CMC-Randolph 501 Billingsley Road Charlotte, NC 28211 704-358-2700

24-Hour Behavioral Health Call Center 704-444-2400 800-418-2065



Uncompromising Excellence. Commitment to Care.

www.cmc-randolph.org



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Treatment Philosophy

Behavioral Health Center (BHC) CMC-Randolph focuses its operation on psychiatric and behavioral health services. We believe medical treatment of psychiatric disorders in a safe, supportive environment provides optimal symptom relief from these illnesses. BHC CMC-Randolph utilizes psychiatrists, psychologists, social workers, nurses and other professionals to provide treatment services across a continuum of inpatient and outpatient services.



Features

- Inpatient services for adults, adolescents and children
- The only dedicated psychiatric emergency department in the region staffed by board-certified psychiatrists 24/7
- Individualized treatment plans
- 24-hour call center provides confidential screenings, referrals and information
- Bilingual therapists and interpreters available
- Most private insurance, Medicaid and Medicare accepted
- Sliding fees available for Mecklenburg County residents
- Ropes course/sports court
- Extensive outpatient continuum
- Medication education
- The Joint Commission accredited

Adult Inpatient Services

BHC CMC-Randolph utilizes a team approach to treating psychiatric illness. Treatment teams include psychiatrists, nurses, social workers, recreation therapists and psychiatric technicians. Patients participate in individual, group and family therapy. Our adult inpatient program treats patients age 18 and older.

Our treatment goals are to provide the patient with immediate intervention, address the crisis and transition the patient toward a more productive, healthy lifestyle.

Child and Adolescent Inpatient Services

Our child and adolescent programs use a multidisciplinary treatment approach. Additionally, both programs use a level-based behavioral modification approach in which patients acquire rewards and privileges for goals achieved. There are separate units for children (ages 4-12) and adolescents (ages 13-17). An accredited school program is provided.

The child and adolescent programs provide a safe environment in which the child or adolescent can develop and practice new insights, improved functional skills and behaviors.

Psychiatric Emergency Department

BHC CMC-Randolph has the only 24/7 psychiatric emergency department in the region staffed full-time by psychiatrists, nurse practitioners, registered nurses and psychiatric technicians. The emergency department also has telemedicine capabilities.

Referrals and Admissions

Referrals may be made by self, family members, physicians, friends, employee assistance programs, employers, mental health professionals, managed care organizations, clergy, judicial/legal agencies and any other caring individuals or agencies. Referrals and admissions may be made 24 hours a day by calling 704-444-2400 or 800-418-2065.