



Carolinus Medical Center

Uncompromising Excellence. Commitment to Care.

Prime Club Corporate Partners Current Discounts

Updated March 2010

Apparel/ Accessories

A to A Accessories

4400 Sharon Rd.

Charlotte, NC 28211

704-365-9045

Discount offered: 40 percent off on all wigs and 30 percent off on all crystal hair accessories and jewelry. Also, free \$10 gift every purchase over \$50.

Spicy

4400 Sharon Road - Belk Wing at SouthPark Mall

Charlotte, NC 28211

704-364-3443

www.ohsospicy.com

Discount offered: 25 percent off Monday through Thursday on ALL merchandise including clothing, jewelry, accessories and giftware. 15 percent off furniture and home décor items.

The Pearl Earring

14130 River Gate Parkway, Suite 200

Charlotte, NC 28273

704-588-8614

www.thepearlearring.net

Discount offered: 10 percent discount

Appliances

Plaza Appliance Brand Source

5431 Monroe Road
Charlotte, NC 28205
704-568-7600

www.plazaappliancemart.com

Discount offered: \$100 off any purchase of \$799 or more.

Automotive Services

Buffalo Tire and Car Care - Three locations

www.buffalotire.com

3325 Monroe Road
Charlotte, NC 28205
704-376-7481

4438 South Blvd.
Charlotte, NC 28209
704-523-1304

10000 Pineville-Matthews Road
Pineville, NC 28134
704-889-4042

Discount offered: 5 percent off on tires; 10 percent off on mechanical service

Buggy Bumpers Paint & Body

4020 Pebble St.
Charlotte, NC 28206
704-679-3499

Discount offered: 10 percent discount on labor charges

Immaculate Details (car detailing)

1520 Kimberly Road
Charlotte, NC 28208
704-226-3414

Discount offered: 15 percent discount

Cooking Services

Chef Jeff & Co. Carry Home Dinner Store & Caterer

Concord, NC

704-262-3933

www.chefjeffco.com

Discount offered: 10 percent off all carry home dinner entrees, free delivery for carry home store purchases and 10% off all corporate catering events. Standard policies apply.

The Seasonal Kitchen Personal Chef Services

Charlotte, NC

704-604-8938

www.theseasonalkitchen.com

Discount offered: 20 percent off your custom meals cooked for the week. Discount excludes groceries. New clients only.

Destinations/Entertainment

Art Space Studio

14126 River Gate Parkway, Suite 200

Charlotte, NC 28273

704-504-9310

www.artspacestudio.com

Discount offered: 15 percent off or 20 percent off with a group of ten or more

Charlotte Latin Dance Studio

Concord, NC 28027

704-707-4016

www.charlottelatindance.com

Discount offered: 15 percent off any five-week salsa beginner level 1 course at \$85

Charlotte Symphony

1300 Baxter St., Suite 300

Charlotte, NC 28204

704-714-5116

www.charlottesymphony.org

Discount offered: 20 percent off regular single ticket price. Some restrictions may apply on particular events.

Opera Carolina

Two Wachovia Center
301 S. Tryon Street
Suite 1550
Charlotte, NC 28282
704-541-5440

www.operacarolina.org

Discount offered: 20 percent off single tickets to any performance. Call 704-372-1000 and mention "Active Women" to purchase your tickets.

Queen City Ballroom

10403 Park Road
Charlotte, NC 28210
704-541-5440

www.queencityballroom.com

Discount offered: One complimentary dance lesson and 15 percent off of the dance program of your choice.

Dry Cleaners

\$1.99 Dry Clean City - Two locations

6316 Old Sugar Creek Rd.
Charlotte, NC 28269
704-597-0123

1641 Matthews Township Parkway
Matthews, NC 28105
704-814-4355

Discount offered: One free garment with minimum of 5

Back By 5 Dry Cleaning

901-D E. Fourth St.
Charlotte, NC 28204
704-334-5144

Discount offered: 15 percent discount on regular dry cleaning items only.

Colwick Cleaners

4408 Colwick Road
Charlotte, NC 28211
704-366-3156

www.colwickcleaners.com

Discount offered: 10 percent discount on regular dry cleaning items only.
Excludes specialty dry cleaning items. Not valid with any other offers, coupons, promotions or specials.

Jones Dry Cleaning - Two locations

www.jonesdrycleaning.com

1601 E. Fourth St.
Charlotte, NC 28204
704-375-5741

7802 Fairview Road
Charlotte, NC 28211
704-365-2341

Discount offered: 10 percent discount on regular dry cleaning items only.
Excludes specialty dry cleaning items. Not valid with any other offers, coupons, promotions or specials.

Quail Dry Cleaning - Six locations

www.quaildrycleaning.com

Quail Corners Shopping Center
8410 Park Road
Charlotte, NC 28210
704-552-9899

The Shops at Piper Glen
6420 Rea Road
Charlotte, NC 28277
704-541-6199

Park Selwyn Shopping Center
5110 Park Road
Charlotte, NC 28209
704-676-0788

The Shops at Highland Creek
 5818 Prosperity Church Road
 Charlotte, NC 28269
 704-947-7335

Ballantyne
 13855 Conlan Circle
 Charlotte, NC 28277
 704-541-9167

Promenade on Providence
 10832 Providence Road
 Charlotte, NC 28277
 704-844-8474

Discount offered - 10 percent discount on regular dry cleaning items only.
 Excludes specialty dry cleaning items. Not valid with any other offers, coupons,
 promotions or specials.

Financial Services

Ameriprise Financial

13830 Ballantyne Corporate Place - 200 Crawford
 Charlotte, NC 28277
 704-916-6909

www.ameripriseadvisors.com/brendan.k.maginnis

Discount offered - Complimentary initial consultation and up to 25 percent off
 Ameriprise Financials annual financial planning service. Discount determined by
 each individual's unique financial situation and applies to initial year service
 only.

Flowers

1-800-Flowers

3421 Saint Vardell Lane
 Charlotte, NC 28217
 704-523-2280

www.1800flowerscharlotte.com

Discount offered: 20 percent discount on all orders when called or emailed to
 Charlotte location only. Delivery in Charlotte-Mecklenburg area only.

Cotswold Florist

601 S. Sharon Amity Road
 Charlotte, NC 28211
 704-365-8806

www.cotswoldflorist.com

Discount offered: 15 percent off any regular prices arrangement, gift basket, or plant. Wedding and funeral arrangements included. Valid for delivery, pick up or wire-out. Free designer's choice bouquet on your birthday (pick-up only). Proof of birth date required

Fashion Flowers

1430 Winnifred St.
 Charlotte, NC 28203
 704-563-5683 or 1-800-240-1269

Discount offered: 20 percent discount on any local orders. Discount can be given to any phone, website (www.fashionflowerscharlotte.com), or walk-in orders. Use Active Women code when calling to order.

Gift Specialty Items**Edible Arrangements - Multiple Locations**

809 S. Kings Drive
 Charlotte, NC 28204
 704-377-8588

www.ediblearrangements.com

Discount offered: 10 percent discount on merchandise delivered in the Charlotte area or picked up at any Charlotte area Edible Arrangements location. For deliveries outside the Charlotte area, please contact one of our stores.

Charlotte

6908 Matthews-Mint Hill Road
 Charlotte, NC 28227
 704-545-5757

Discount offered: 10 percent discount on merchandise delivered in the Charlotte area or picked up at any Charlotte area Edible Arrangements location. For deliveries outside the Charlotte area, please contact one of our stores.

Charlotte

12239 N-Community House Road
 Charlotte, NC 28277
 704-542-6101

Discount offered: 10 percent discount on merchandise

Concord

5345 Vining Street, Suite 101
 Concord, NC 28027
 704-784-8401

Discount offered: 10 percent discount on merchandise delivered in the Charlotte area or picked up at any Charlotte area Edible Arrangements location. For deliveries outside the Charlotte area, please contact one of our stores.

Monroe

3306 West Highway 74 Suite A
 Monroe, NC 28110
 704-238-1800

Discount offered: 10 percent discount on merchandise delivered in the Charlotte area or picked up at any Charlotte area Edible Arrangements location. For deliveries outside the Charlotte area, please contact one of our stores.

 Mooresville

638 River Highway, Suite D
 Mooresville, NC 28117
 704-658-0006

Discount offered: 10 percent discount on deliveries or pick ups in the Lake Norman area. Certain restrictions apply.

Health and Wellness**Advanced Body Solutions**

11611 Ardrey Kell Road
 Charlotte, NC 28277
 704-752-5922

www.eastcoastabs.com

Discount offered: Normal training sessions are \$35-40 per hour. Active Women member's sessions will be discounted to \$28 per hour and the processing and enrollment fees will be waived.

Balance Wellness Center

414 Brook Ave.
 Concord, NC 28025
 704-721-5976

Discount offered: 20 percent off massage, facial and day spa services (not to be combined with any other offer or promotion). First yoga class free and then 20 percent off yoga class passes (excluding 6 or 12 month unlimited packages).

Betty Reynolds, Certified Life Coach

6135 Park South Drive, Suite 510

Charlotte, NC 28210

704-287-5724

www.tlccoachbettyr.com

Discount offered: Complimentary initial consultation. Plus 10 percent discount on coaching session, including workshops and coaching packages.

Empowered Personal Training Studio

4250 Main St., Suite 105

Harrisburg, NC 28075

704-455-1980

www.empoweredfitness.net

Discount offered: \$10 off per session for premium packages. \$5 off per session for quick start packages. One free personal training session.

Essential Therapy

447 S. Sharon Amity, Suite 225

Charlotte, NC 28211

704-806-8380

www.essentialtherapync.com

Discount Offered: 15 percent off all services and gift certificates. Does not apply to any ongoing promotions. No cash back on previously purchased gift certificates.

Green I Am

www.greeniam.org

Charlotte, NC

704-564-5243

Discount Offered: Free half hour consultation and 15% off product purchases.

Medical Massage Therapy Center

316 East Blvd., Suite 203-A

Charlotte, NC 28203

704-376-8831

Operation Boot Camp of Greater Charlotte

888-7-FITNOW

www.operationbootcamp.com

Discount Offered: \$50 off your first Boot Camp and \$25 off subsequent Boot Camps by using the code that was provided in the April Active Women newsletter. Offer not to be combined with any other promotions, discounts, dedication passes or coupons.

Hotels/Meeting Space**The Ballantyne Hotel and Lodge**

10000 Ballantyne Commons

Charlotte, NC 28277

704-248-4000

www.ballantyneresort.com

Discounts offered:

- Meetings - 25 percent discount on room rental
- Catering events - 25 percent discount on room rental 5 percent discount on food and beverages
- Gallery Restaurant - 10 percent discount on dinner food Sunday-Thursday
- Spa - 10 percent discount Monday-Thursday
- Golf - 10 percent discount Monday-Thursday
- Golf and Spa merchandise - 10 percent discount
- Dana Rader Golf School - 10 percent discount on lessons and school

Duke Mansion

400 Hermitage Road

Charlotte, NC 28207

704-714-4400

www.dukemansion.com**Grove Park Inn Resort & Spa**

290 Macon Ave.

Asheville, NC 28804

800-438-5800

www.groveparkinn.com

Discounts offered: Reduced room rate for Active Women. Holidays excluded. \$289 weekend; \$199 weekday (Sunday - Thursday), or best available rate (specials). Call 800-413-5864 for reservations and use the Active Women discount code.

The Morehead Inn & Van Landingham Estate

1122 E. Morehead St.

Charlotte, NC 28204

704-376-3357

www.moreheadinn.com

Discounts offered:

- Corporate Events – 15 percent discount on meal for luncheon, conferences and business events Monday through Friday
- Social Events – 5 percent discount on meal
* Alcohol not included
- Gift certificate for one night complimentary room with each booking
- When booking your event please identify yourself as a member of Active Women

Pet Care

Dilworth Animal Hospital

814 East Blvd.

Charlotte, NC 28203

704-808-7387

www.dilworthanimalhospital.com

Discounts offered: 10 percent off any annual exam, physical exam, sick exam or puppy exam; \$15 off first visit – can be applied to any exam or services, including nail trims and baths.

Tuscarora Country Club for Dogs

10900 Cruse Road

Mount Pleasant, NC 2 8124

704-436-6122

www.tuscaroracc.com

Discounts offered:

- 10 percent off total billing for all stays
- First time guests receive a voucher valued at \$105 including: Free club membership for one year, free one night stay for two dogs in a “Presidential Suite,” one free nature trail walk along Little Buffalo Creek, one free “extra play time” in one of our four grassy play arenas.

Real Estate

Helen Adams Realty

2301 Randolph Road
Charlotte, NC 28207
800-650-3940

Discount offered: Active Women get a discount of 30 percent off the commission earned on buying, selling or both sides of registered transactions. Members must register with Lisa Rhead at Helen Adams Realty prior to contract. The 30 percent discount will be a credit on the HUD (closing statement) as stated with the NC Real Estate Commission. Discount must be disclosed and approved by mortgage lender and closing attorney.

Restaurants

Bruegger's Bagels- Multiple locations

www.brueggers.com
1531 East Boulevard
Charlotte, NC 28203
704-332-5991

Park Road Shopping Center
Charlotte, NC 28209
704-525-5295

Mallard Pointe Shopping Center
Charlotte, NC 28262
704-547-8797

Cotswold Village Shops
Charlotte, NC 28211
704-367-0737

Southlake Shopping Center
Cornelius, NC 28031
704-896-3199

Festival Shopping Center
Matthews, NC 28105
704-849-7222

Pineville

8706 Pineville-Matthews Road Suite 100

Pineville, NC 28226

704-543-4785

Discount offered: 20 percent off any purchase. May not be combined with any other discount/offer.

Gallery Restaurant – Ballantyne Resort

10000 Ballantyne Commons Parkway

Charlotte, NC 28277

704-248-4000

www.gallery-restaurant.com

Discount offered: 10 percent off on food during dinner, Monday – Thursday.

Harper’s Grill

129 W. Trade St.

Charlotte, NC 28202

704-372-7792

www.harpersrestaurants.com/HarpersGrill.html

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Harper’s- Southpark

6518 Fairview Road

Charlotte, NC 28210

704-366-6688

www.harpersrestaurants.com/harpersRestaurant.html

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Harper’s - Pineville

11059 Carolina Place Parkway

Pineville, NC 28134

704-541-5255

www.harpersrestaurants.com/toGoGo.html

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Just Fresh

1231 East Blvd.

Charlotte, NC 28203

704-377-3774

www.justfresh.com

Discount offered: 10 percent off any order. Only available at the East Boulevard location.

M5

4310 Sharon Road, Suite W01

Charlotte, NC 28211

704-909-5500

www.harperrestaurants.com/m5.html

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Mimosa Grill

327 S. Tryon St.

Charlotte, NC 28202

704-343-0700

www.harperrestaurants.com/mimosaGrill.html

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Miro Spanish Grille

7804-A Rea Road

Charlotte, NC 28277

704-540-7374

www.mirospanishgrille.com

Discount offered: 10 percent off total food bill. May not be combined with any other offers.

Nothing But Noodles

1605 Elizabeth Avenue

Charlotte, NC 28204

704-295-1466

www.nothingbutnoodles.com

Discount offered: 10 percent off all dine in and take out orders (excludes catering). Must show membership card. Not valid with any other discounts or promotions.

Providence Café

110 Perrin Place
Charlotte, NC 28207
704-376-2008

www.providencecafe.com

Discount offered: 10 percent off food only and cannot be combined with other offers. Must show membership card.

Smoothie King - Multiple locations

www.smoothieking.com

201 E. Trade St.
Charlotte, NC 28202
704-979-6911

301 S. College St.
Charlotte, NC 28202
704-374-0200

1235-H East Blvd.
Charlotte, NC 28203
704-335-2200

1600 E. Woodlawn #2020
Charlotte, NC 28209
704-525-0999

2907 Providence Rd.
Charlotte, NC 28211
704-362-6700

14130 Rivergate Parkway
Charlotte, NC 28273
704-587-6001

7510 Pineville Matthews Road
Charlotte, NC 28226
704-543-3773

9605 N. Tryon St., Suite V
Charlotte, NC 28262
704-503-5122

1636 Sardis Rd. N, Suite 125
Charlotte, NC 28270
704-864-1665

3118 Fincher Farm Rd.
Matthews, NC 28104
704-321-9015

14825 John J. Delaney Dr., #185
Charlotte, NC 28277
704-544-4374

8022 Providence Rd., Suite 400
Charlotte, NC 28277
704-540-2303

9405 Bryant Farms Rd.
Charlotte, NC 28277
704-752-5031

9831 Rea Rd., Suite A
Charlotte, NC 28277

16933 Kaufinger St.
Huntersville, NC 28078
704-987-1431

1497 Concord Pkwy. North
Concord, NC 28025
704-786-5464

591-T River Hwy.
 Mooresville, NC 28117
704-663-1001

Smoothie King Discount offered: 15 percent off any nutritional retail product purchase including: vitamins and minerals, healthy snacks, and protein supplements.

Sole Spanish Grille

1608 East Blvd.

Charlotte, NC 28203

704-343-9890

www.solespanishgrille.com

Discount offered: 10 percent off total food bill. May not be combined with any other offers.

The Melting Pot - Two locations

www.meltingpot.com

230 East W.T. Harris Blvd., Suite C-1

Charlotte, NC 28262

704- 548-2432

901 South Kings Drive, Suite 14013

Charlotte, NC 28204

704-334-4400

Discount offered: 15 percent off food purchases only. May not be combined with any other offer or discount. Not valid on holidays. Must show membership card.

The Tavern on Park

1600 Woodlawn Road, Suite 250

Charlotte, NC 28209

704-519-4740

www.thetavernonpark.com

Discount offered: 10 percent off food only and cannot be combined with other offers. Must show membership card.

Upstream

6902 Phillips Place Court

Charlotte, NC 28210

704-556-7730

www.harpergroup.com/upstream.asp

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Village Tavern

4201 Congress St., Suite 190

Charlotte, NC 28209

704-552-9983

www.villagetavern.com

Zebra Restaurant

4521 Sharon Road, Suite 175
Charlotte, NC 28211
704-442-9525

www.zebrarestaurant.net

Discount offered: \$10 off at lunch with purchase of two entrees; \$25 off at dinner with purchase of two entrees. Offers cannot be combined with any other offer.

Zen Asian Cuisine

1716 Kenilworth Avenue
Charlotte, NC 28203
704-358-9688

www.zenasianfusion.com

Discount offered: 10 percent off of total bill. May not be combined with any other offers.

Zink American Kitchen

201 N. Tryon St.
Charlotte, NC 28202
704-444-9001

www.harpersrestaurants.com/zink.html

Discount offered: 10 percent off on food purchases only. May not be combined with any other offers.

Retail

Alpine Ski Center – Two locations

1501 East Blvd.
Charlotte, NC 28203
704-332-2824

3150 Tynecastle Hwy.
Banner Elk, NC
828-898-9701, Ext. 242

Discount offered: 10 percent off all purchases – even on sale items. Offer is not good with coupons or other affinity programs. Must sign up for our mailing list in the store.

Charlotte Running Co.

1412 East Blvd., Suite G
Charlotte, NC 28203
704-377-8786

Discount offered: 10 percent discount on footwear, 15 percent off apparel.

Costco - Two locations

www.costco.com
500 Tyvola Road
Charlotte NC 28217
(704) 501-2403

2125 Matthews Township Pkwy
Matthews NC 28105
(704) 321-7440

Discount offered: Receive up to a \$20 gift card when signing up for a new membership.

Design Within Reach

4310 Sharon Road, Suite 21
Charlotte, NC 28211
704-365-6514

www.dwr.com

Discount offered: One in-home design consultation and 10% off your first studio purchase from Design Within Reach, Charlotte studio. This offer may not be combined with any other sale offer and does include some restrictions.

Map Shop

1500 E. Morehead St.
Charlotte, NC 28207
704-332-5557

www.mapshop.com

Discount offered: 15 percent discount on all maps and merchandise, software excluded.

The Walking Company - Southpark Mall

4400 Sharon Rd.
Charlotte, NC 28211
704-365-4598

www.thewalkingcompany.com

Discount offered: 15 percent discount on all shoes and merchandise excluding all Ugg products. May not be used in conjunction with any other discounts or offers.

The Wine Shop

2442 Park Road
Charlotte, NC 28209
704-377-5373

Discount offered: 15 percent off any regularly priced wine - single bottle or cases; 25 percent off glassware and accessories.

Salon and Spa

Charles Grayson European Salon & Spa

6201 Morrison Blvd., Suite 4B

Charlotte, NC 28211

704-364-2944

Discount offered: 15 percent off services.

Travel

Mann Travels – Multiple locations

www.manntravels.com

4400 Park Road

Charlotte, NC 28209

704-556-8311

Arboretum

3339 Pineville-Matthews Road, Suite 100

Charlotte, NC 28226

704-541-0943

Hickory

3354 16th Ave. SE, Suite 102

Conover, NC 28613

828-464-6962

Lake Norman

19826-B N. Cove Road

Cornelius, NC 28031

704-892-9020

Matthews

11229 E. Independence Blvd.

Matthews, NC 28105

704-847-1542

Monroe

1774-B W. Roosevelt Blvd.

Monroe, NC 28110

704-282-1063

Rock Hill
2210 India Hook Road, Suite 107
Rock Hill, SC 29732
803-327-1156

Statesville
1811 East Broad St.
Statesville, NC 28625
704-872-1333

Triad
1601 North Main St.
High Point, NC 27262
336-887-8747

Discount offered: \$250 off a 7-night vacation of \$2,500 or more. Not valid on air only bookings. Must be requested at time of initial booking. Not valid on Disney packages or with certain other vendors.