SUPERHERO WORKSHEET
To be completed by August 22, 2016

1. List your five strengths (super powers):

2. Read about your five strengths in the StrengthsFinders book. Underline key points that resonate with you and define your super power.

3. Share your super powers with someone close to you. Ask them to help you identify your number one power. Write any insight that you gained.

4. Now that you have your unique super power, name your unique superhero.

5. Be prepared to introduce your superhero with your other sojourners (classmates, instructors, staff, etc.).

Email this completed worksheet to your coach (academic advisor). You may be asked to email this form to other instructors per their request.