

**APRIL—MAY 2012**

## **Nursing Faculty “Role Play”**



Who walks a mile in your moccasins? You guessed it —The N220 faculty members in a role play from Room 226 at *General Hospital*. Shuna Harper, Lori Brown, Debbie Alder and Marcia Zipf demonstrated how it is done when nursing students pair up in teams to assist in the peer review/patient assist process. Mrs. Alder said, “We were simulating our expectations for them

when they do their Simulation Competencies at the end of the course. It will better help us evaluate how ready they are for their practicum experience, and give us the opportunity to have them remediate on clinical behaviors that need work. They will have to do the same activity for us...of course, with a different patient, different diagnosis, and a few different skills. We added the humor (we were trying to simulate some ‘mistakes’ or ‘what not to do’), but asked them to be professional and do their best.”

The critics say the team’s performance gets a great review in terms of excellent delivery of care, commitment, communication skills, caring and teamwork, from both the student and patient perspectives. And don’t they look spiffy in uniforms and gown?

The audience members know they are up for a reality performance soon!



**Our Mission:**  
“Cabarrus College of Health Sciences creates progressive educational experiences that enable learners to be knowledgeable, skillful and competent health science professionals.”

**Attention All Students Planning on Graduating in December 2012: Intent to Graduate Forms were due to the Registrar’s Office on April 3!!!**

### **INSIDE THIS ISSUE:**

A WORD FROM ADMINISTRATION	2
STUDENT ACCOUNT CHANGES	3
VOLUNTEER AGENCY SPOTLIGHT	4
PHONE-A-THON	7
CALENDAR	8



### ***A Word from Administration...***

*By Mark Coleman, Dean for Administrative and Financial Services*

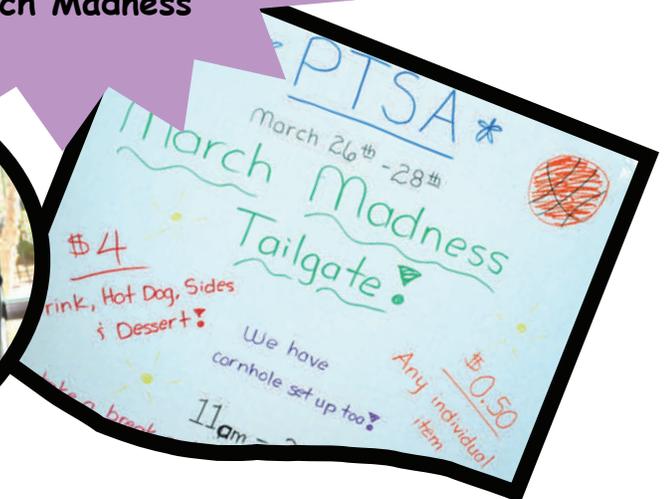
### **Thank You!**

As we approach the end of the spring semester with graduation just around the corner, I want to make sure that before you leave these doors for a new career or until the next semester, that someone thanks you. Thank you!

I send my sincerest appreciation for you selecting Cabarrus College to further your education. A college education is a significant investment of time, energy, and resources and we are thankful that you have placed your trust in Cabarrus College to help meet your future career goals. The faculty and staff are here for one reason – to equip students for future success. Without you, we would not have the vibrant, robust, excellent institution that Cabarrus College is today. Thank you for your passion, your desire to help others, and your commitment.



**Pharmacy Tech  
Student  
Association (PTSA)  
Hosts First Ever  
March Madness**



### **Scholarship Donors and Recipients Honored**

The College hosted its' annual Scholarship Dinner on March 27<sup>th</sup> in Roper Commons. The evening provided a wonderful opportunity for donors to meet scholarship recipients and for the students to personally thank their benefactors. The 19 endowed and named scholarships awarded totaled \$23,560.

After everyone enjoyed a wonderful dinner, Chancellor Snyder provided a brief presentation on the College's scholarship program. Two students, Alisha Bidy (BSN) and Wendy Wilson (ADN) also addressed the crowd by telling their personal stories of how the scholarship they received impacted their lives and their educational journeys.

### **Change in Student Accounts, Effective Immediately:**

Statements of Student Accounts (tuition bills) have changed and you will now receive an **anticipated bill**. What does this mean?

- Your bill will display current charges and financial aid offered.
- The due date displayed is the correct date to pay.
- You will now have access to make registration changes yourself up until two days prior to the start of the semester without having to go through your advisor or the registrar's office.
- Changes made after this time requires a completed drop/add form that you get from your advisor. This form must be turned in to office 133 before the end of drop add. – *Late forms will not be accepted.*
- Once you have received your Financial Aid Award package it is your responsibility to notify the financial aid office of any changes you made to your registration.
- After the drop/add period, we will finalize all charges and financial aid based on any changes you have made.
- At that time, any balance you owe will need to be paid within two weeks.

If you have any questions please contact Ms. Barbee in the Business Office at (704) 403-2216 – Student Support Office 133.

### **IMPORTANT: Fall 2012 Billing Changes**

Effective for the fall 2012 semester, the Business Office will no longer mail bills (statement of student accounts). Instead, you will be able to view your bill electronically via SonisWeb. These changes will help us become more efficient and green.

Summer I and Summer II bills are already available by logging into SonisWeb. Log into your account, select billing, and choose the appropriate school year and semester.

Beginning July 10, 2012 your fall bill will be available.

Questions regarding your bill should be directed to Dawn Barbee, Student Account Specialist (704) 403-2216.

## Enhancing our Cultural Competence...By Volunteering and Community Service

### **Agency Spotlight:**

(the following information was taken from [www.bbbs.org](http://www.bbbs.org))

### **BIG BROTHERS BIG SISTERS OF GREATER CHARLOTTE**

3801 E. INDEPENDENCE BOULEVARD  
CHARLOTTE, NC 28205  
BBBS.INFO@BBBSCLT.ORG  
[WWW.BBBSCHARLOTTE.ORG](http://WWW.BBBSCHARLOTTE.ORG)  
(704) 910-1301

For more than 100 years, Big Brothers Big Sisters has operated under the belief that inherent in every child is the ability to succeed and thrive in life. As the nation's largest donor and volunteer supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), ages 6 through 18, in communities across the country. We develop positive relationships that have a direct and lasting effect on the lives of young people.

**Vision:** all children achieve success in life.

**Mission:** provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

**Accountability:** by partnering with parents/guardians, volunteers and others in the community we are accountable for each child in our program achieving:

- Higher aspirations, greater confidence, and better relationships
- Avoidance of risky behaviors
- Educational success

**Our Programs Start Something:** Here's the proof. National research has shown that positive relationships between Littles and their Bigs have a direct and measurable impact on children's lives. By participating in our programs, Little Brothers and Sisters are:

- more confident in their schoolwork performance
- able to get along better with their families
- 46% less likely to begin using illegal drugs
- 27% less likely to begin using alcohol
- 52% less likely to skip school.<sup>1</sup>

### **HOW A BIG BECOMES A BIG—AND A LITTLE, A LITTLE.**

Before we make a match, we do our home-

work. After someone expresses an interest in becoming a Big, they go through a background check and careful interview process. Then we match Bigs and Littles based on location, personalities and preferences. And we provide full support from the start, so matches can grow into lasting, impactful friendships. The entire matching process is made possible through donations—we can't do what we do best without them!

### **WHAT ARE A BIG AND LITTLE TO DO?**

Each match is unique. Getting together doesn't require a special occasion or expensive activity—just a few hours every month doing things the Little and Big already enjoy. For example:

- Playing catch
- Reading books
- Going to a museum
- Providing advice and inspiration

Some Bigs meet their Littles on the weekends. Others get together with their Littles in the evenings. Each match develops a schedule that works for them.

Sometimes the best place for enjoying activities together is at the child's school. And, the best part is, it can be a great learning experience, in or out of the classroom. That's why some Big Brothers Big Sisters agencies offer opportunities for school-based mentoring.

### **Volunteering is fun, big time.**

Being a Big Brother or Big Sister is one of the most enjoyable things you'll ever do. Not to mention, one of the most fulfilling. You have the opportunity to help shape a child's future for the better by empowering him or her to achieve. And the best part is, it's actually a lot of fun. You and your Little can share the kinds of activities you already like to do. Play sports together. Go on a hike. Read books. Eat a pizza with extra anchovies. Or just give some advice and inspiration. Whatever it is you enjoy, odds are you'll enjoy it even more with your Little—and you'll be making a life-changing impact.

Volunteering just a few hours a month with a child can start something amazing. So why not apply to be a Big today. There are kids out there ready to get started. Are you?

There are 21,000 boys ready and waiting to be matched with Big Brothers across the country right now ... that's double the number of girls waiting for a Big Sister. You can also make a donation to help fund the careful one-to-one

matching and ongoing professional mentoring support unique to Big Brothers Big Sisters. Your gift will help match a child facing adversity with an adult mentor. The gift you make today will lead to successful outcomes for that child and his or her community.

**Be a Big Brother—give a Little something back.** You have a big opportunity in front of you—to not only impact a child's life today, but to transform their potential for tomorrow.

### **Why do we need Big Brothers?**

More than 70% of our children waiting for a Big are boys, but only 3 out of every 10 inquiries to volunteer come from men. Research shows that having the positive influence of a Big Brother makes a real difference in a boy's life. So join the hundreds of thousands of volunteers that give a young person someone to look up to. And learn why so many are now saying, "I get back so much more than I give."

### **A call to men of color.**

Disproportionately the children we serve and those ready and waiting to be matched are African-American and Hispanic boys. Their parents seek our support, knowing a Big Brother can recognize their son's potential and model positive choices that put him on the path for success in and out of school.

**Be a Big Sister—help a Little go a long way.** This is your chance to start something big. As a Big Sister, you can help impact the life of a child for the better. Great things can happen, no matter how little they start.

**Bigs start something beautiful.** Doing good is a beautiful thing. As a Big Sister, you can give a girl an opportunity to see beyond her everyday world and dream big. It's good for your Little, as well as your community. And it can start with simply letting her enjoy the things you already love to do, but can grow into something bigger.

For just a few hours, a couple times a month, you can give a Little the invaluable gift of your friendship. By simply changing their perspective of what the world can offer, you can literally start changing their lives.

### **Ready to be a Big Brother or Big Sister?**

Just fill out our simple online application. After you complete it, a Big Brothers Big Sisters staff member will contact you shortly to discuss the next steps. You'll need to: provide references, participate in an in-person interview, and go through a background check.

**Please consider becoming a Big Brother or Big Sister, TODAY!**



## Environmentally Friendly

*"In the end, we will conserve only what we love. We only love what we understand. We only understand what we are taught." ~ Babia Dioum Senegalese, Ecologist*



Kick the spring off right by attending the third annual **Viva Verde Earth Fest on April 14th!**  
Here are the details:

## Third Annual Viva Verde Earth Fest

Sponsored by:  
Cabarrus County, Concord & Kannapolis  
**Saturday, April 14, 10 a.m.—3 p.m.**  
(Rain Date: April 21)

**North Cabarrus Park (760 Orphanage Road, Concord)**

Questions or to Volunteer: 704-920-5379 or [www.vivaverdeearthfest.wordpress.com](http://www.vivaverdeearthfest.wordpress.com)

**Carolina Raptor  
Center  
Book & Plant Swap  
Food  
Live Music  
Children's Activities**

**Art  
Recycling  
Opportunities  
Paper Shredding  
And more!!**



**Arts & Crafts  
Photo & Art  
Contests  
Vendors  
Information  
Booths  
Nature Walks**

## Financial Aid News:

### COMPLETE THE FAFSA – EARLY !

It is very important that all students who will be enrolled next year complete a FAFSA form early this year. Because of changes to State funded programs you may lose out on funding if you do not complete your FAFSA form early.

Things to remember when filing your FAFSA are:

- Complete your tax forms at least 2 weeks before your FAFSA so that you can take advantage of the IRS import from your taxes. This will help with verification requirements for the FAFSA.
- Complete the section on the FAFSA that asks for state of residency. This information will be used to filter students for eligibility for NC funds next year.
- Under the driver's license question complete all fields: be sure to list the state of your driver's license.
- List Cabarrus College under the school selection – our federal school code is 015358.
- Submit your 2012-13 FAFSA at [www.fafsa.gov](http://www.fafsa.gov)
- COMPLETE THE FAFSA EARLY, EARLY, EARLY! Don't delay!!!!

### Financial Aid Refunds

Refunds for Spring have been mailed. You should receive an email notifying you if you are receiving a refund from financial aid. Please remember to consider any summer school expense you may have. Financial Aid is very limited in the summer so you will have to determine if you need to use some of your refund to pay your summer school bill. **Summer 1 session bills will be due on May 4, 2012 and Summer II session bills are due on June 14, 2012.**

## The End of the Semester is Just Around the Corner!

### How are you doing?

- Do you ever feel a little overwhelmed with school and personal responsibilities?
- Do you ever feel that you need some help with studying or understanding the best way to retain information from class?
- Do you ever feel like you could just use someone to talk to and just listen; air out your chest a little?
- Do you need:

\* Information on study tips



*LeAnna Rice*  
*Counseling Student Intern*

- \* Test-taking guidance
- \* Suggestions for managing anxiety
- \* Help with career or academic major decisions
- \* Ideas to reduce stress and relax
- \* Insight into your learning styles, personality type
- \* Counseling on personal matters

We all feel that way sometimes, and the Counseling Center at Cabarrus College can help with all of those issues! Contact LeAnna Rice, UNCC Counseling Student Intern at [leanna.rice@cabarruscollege.edu](mailto:leanna.rice@cabarruscollege.edu). LeAnna is available for walk in and scheduled appointments. Office hours are Mondays and Tuesdays from 11:00 am to 4:00 pm and by appointment. You may also call Angela Ferguson at 704-403-1614 to schedule an appointment with LeAnna.



### Keynote Speaker for Spring Commencement Announced

Cabarrus College is honored to welcome Kate Grew, MSN, RN as its keynote speaker for the 2012 Spring Commencement, which will be held on May 8th. Ms. Grew serves as the Chief Nursing Officer and Vice President of Patient Care Services for CMC-NorthEast. In this position, Ms. Grew leads a team of over 900 caring and compassionate nursing professionals.

Ms. Grew knows first hand the importance of the work that Cabarrus College does in creating new competent healthcare professionals, which assists CMC-NorthEast in providing top notch care to the members of our community.

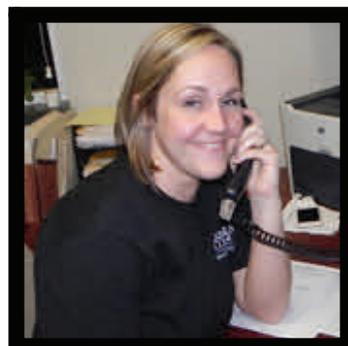
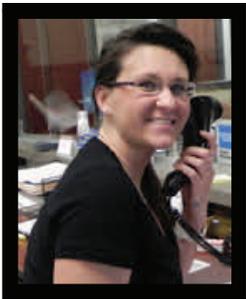
We are grateful of Ms. Grew’s constant support of Cabarrus College and it’s students!

### Way to Go!!

Congratulations to the **Medial Assistant Students** who participated in the North Carolina Society of Medical Assistants annual College Quiz Bowl, which was held during the 2012 Convention in March. Three students, Monica Kincaid, Kirstin Bernstein and Nichole Starnes participated and made it to the final round out of twelve participating schools. Way to go ladies!

### Cabarrus College’s 2nd Annual Phone-A-Thon

Thank you to Rebecca Childers, Ryan Dexter, Laura Freese, Brittany Gay, Patricia McCabe, Victoria Raffaldt, Erin Scarborough, Meghan Sloop and Jennifer Starnes for working at the 2<sup>nd</sup> Annual Phone-A-Thon. Over \$2,500 was raised for the General Scholarship Fund. The students spoke with almost 300 alumni during the two night event. Other Phone-A-Thon callers included Dianne Snyder and Angela Ferguson.





- The Values of Cabarrus College are:**
- Caring
  - Commitment
  - Teamwork
  - Integrity

**NorthEast Health and Fitness Institute has Moved to the Gateway Center**

On January 13<sup>th</sup> NorthEast Health and Fitness Institute closed their location on the campus of CMC-NorthEast and reopened on January 16<sup>th</sup> at The Gateway Center (1090 NE Gateway Court – Suite 102).

Group exercise classes will begin in February and there will be a formal Open House, which the date has yet to be announced.

The cost will remain the same initially (\$20 consult fee for

students & employees); there will be a monthly membership fee TBA in the near future.

**NEW MEMBER HOURS**

*\*Effective January 16*

**Mon. 6:30 AM – 8 PM**

**Tue. 6:30 AM – 8 PM**

**Wed. 6:30 AM – 8 PM**

**Thu. 6:30 AM – 8 PM**

**Fri. 6:30 AM – 7 PM**

**Sat. 8 AM – 12 Noon**

**EAP – Employee Assistance Program** is available through Carolinas HealthCare System. This program is designed to help you (students) and members of your family with all types of issues – marital conflicts, financial problems, job stress, emotional, alcohol and drug problems, legal issues and difficulties with children. Provided on a confidential basis, the EAP counselors offer help when you need it most.

There is no charge to you when you visit an EAP counselor. For more information, call the EAP office of Carolinas HealthCare System at 704-355-5021 or 800-384-1097. You may also contact EAP via email at [www.chs-eap.org](http://www.chs-eap.org). All contacts are private and confidential.



*Dena Bazzie-Jones  
Carolinas Healthcare System,  
EAP*

**April 2011**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Rotaract Easter Bake Sale/Auction	6 Good Friday College Closed	7
8 Happy Easter!	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 Classes End	28
29	30	1 May	2	3	4	5
Final Exams - April 30—May 4						
6	7 Capping Ceremony	8 Graduation	9	10	11	12