

Student Pulse



Cabarrus College of Health Sciences | August 2013

Cabarrus College faculty and staff are excited to have students return to campus this month! This is a special year for Cabarrus College. In January we will celebrate the 10 year anniversary of moving to our current location. We will also host our second annual Homecoming and start new traditions throughout the year. This is an exciting time to be a part of the Cabarrus College family!




august 2013

activities & deadlines


Monday	Tuesday	Wednesday	Thursday	Friday
19 Club & Organization Fair 8 - 9:50am Pavilion Free iced coffee Convocation 10am Parking Lot *mandatory for all incoming students <i>-classes resume</i>	20 Time Management & Goal Setting Workshop 12 - 1pm classroom 221	21 Scrubs Sale & Ice Cream Social 3 - 4pm Student Pavilion *All scrubs were donated by faculty and will be sold for less than \$10!	22 Make Your Own Trail Mix 12 - 1pm Lobby Free trail mix with nutritional facts.	23 <i>-Last day to drop or add a class</i>
26	27 Sam's Club Rep on Campus 11am - 2pm Lobby *Get a \$15 gift card when you purchase a Sam's Club membership (\$45, cash or check only)	28	29	30 

2012-13 student survey results:

a snapshot

- 
- *Instructors
 - *Friendly staff
 - *The "small school feel"
 - *Online class options
 - *GSS & tutoring
 - *Financial aid

Students love...

- 
- *Improve printers in the computer lab
 - *Designate quiet study areas somewhere in the building

Suggestions for improvement...

At Cabarrus College of Health Sciences we take great pride in offering outstanding service to our students. We are able to offer all of the services you would find at a larger institution, but are able to do so with that personal touch you can only find at a small college. We are happy to see that students recognize and appreciate the time and energy faculty and staff put toward making Cabarrus College a positive and conducive learning environment for our students.

We take every suggestion for improvement seriously. As faculty and staff, we can only "guess" at the best solutions to the issues and concerns you raised. Each of you live every day facing concerns, such as printing problems and finding a quiet place to study. Because of this, student input is extremely valuable and we would be remiss to move forward without hearing from you. As such, we will be partnering with students over the course of the year to find solutions that adequately meet your needs, not ours.

Additionally, we will be working closely with the Student Government Association (SGA) to determine the best course of action. New this year, will be the establishment of a voluntary Dean's Advisory Council where students will gather periodically to meet with administration about how we can best make improvements to our college. If you are interested in either being part of SGA or joining the Dean's Advisory Council, please contact Cara Lursen, the Coordinator for Campus & Community Outreach (cara.lursen@cabarruscollege.edu or 704-403-1614). Thanks and I look forward to working with you!

Christine Corsello – Dean for Student Affairs & Enrollment Management



need help?



We all need help from time to time. The offices below are here to help you keep your head above water!

Student Records



Todd Deese
704.403.3218
Todd.Deese@cabarruscollege.edu

The Student Records office is responsible for numerous functions on campus such as maintaining the integrity of the student academic files, overseeing the course scheduling, and ensuring that students meet the requirements to graduate.



Violet Cook
704.403.1611
Violet.Cook@cabarruscollege.edu

Students can contact Todd or Violet regarding questions on transfer credits, course registration, enrollment verifications, and academic progress. The department has an open door policy and welcomes students who have questions or concerns.

Students can also schedule an appointment via email or phone.

Financial Aid



Valerie Richard (right)
704.403.3507
Valerie.Richard@cabarruscollege.edu

Robin Robinson (left)
704.403.2445
Robin.Robinson@cabarruscollege.edu

The Financial Aid office works closely with students and their families to educate and guide them through the financial aid process. Services provided include assisting students with the completion of the Free Application for Federal Student Aid (FAFSA), assistance with the verification process, loan

counseling and scholarship search assistance. Valerie and Robin have a goal of helping students find a path to an affordable education and minimize loan debt upon graduating from Cabarrus College.

Valerie and Robin encourage students to stop in with any questions. You can also schedule an appointment with them via email or phone.

Advising & Student Success



Julie Holland
704.403.3207
Juliette.Holland@cabarruscollege.edu

Julie coordinates academic success programs including Guided Study Sessions (GSS), 1:1 tutoring and the ASPIRE Leadership Program. Julie meets with students who are struggling academically to explore strategies for success.

Julie also meets with students who want to change their major, need support for disabilities, need to go on a Curriculum Leave of Absence (CLOA) or wish to file an academic appeal. She would love to meet with any student who needs help with academic or person issues. You can email or call Julie to set up an appointment.

student spotlight

On Sunday, May 26th Student Government Association President and Student Nurse, Haley Love, organized a volunteer event on behalf of Cabarrus College. The description of the event: to participate in the Patriot Partners Pizza Party at the Coca-Cola 600 at Charlotte Motor Speedway (CMS). This was the 54th running of the 600, and CMS was opening its gates to 10,000 American soldiers, making it the largest Memorial Day celebration in the country to date!

Haley received an email about volunteering two weeks before the big event. Not only did this sound like an amazing opportunity for Cabarrus College to help out in the community, but also Haley has a family member who was spending his Memorial Day deployed overseas and a Grandfather who is a veteran, so she felt that this was the perfect opportunity to honor the ones she loved! In less than two weeks, Haley organized 32 volunteers from Cabarrus College, and also church members, to help with the Patriot Partners Pizza Party.



Haley Love, SGA President

The day of the race called for an early morning, full of excitement. As all of the volunteers gathered together, they could hardly contain their excitement. Each volunteer was assigned a bus of troops that they spent the day with, and even got to make 2 laps around the track before the race! “There were a lot of emotions involved in volunteering today. It will be something that I remember for the rest of my life. It is so essential for us to

realize how important the members of our community are, and how much thanks we must give to the Armed Forces, as well as their families,” stated Haley Love. Haley made posters and took pictures to send to her family member who is stationed on the border of Egypt and Israel.

A big thank you was sent back to Haley in return, which she stated “made it more than worth it.”



Cabarrus College students volunteering with the Patriot Panthers Pizza Party on May 26, 2013.

organization spotlight

Lambda Nu: Lobbying for a cause

Did you know that in the state of North Carolina you are required to hold a license to cut hair, be a general contractor, be a dog groomer or landscaper but not to perform X-ray examinations or Radiation Therapy treatment procedures? Currently North Carolina is one of only 5 states that does not require technologists to be licensed to perform imaging procedures. The NC CARE bill (NC Competency, Accuracy, Responsibility, & Excellence in Radiologic Imaging) would require every technologist performing Medical Imaging procedures and therapy to complete stringent educational requirements and pass examinations before they are able to hold a license and practice medicine.



Rhonda Weaver (Clinical Coordinator for Medical Imaging) and Tonya Viars (current BSMI student and Lambda Nu member) in February 2013.

On Wednesday February 27 Rhonda Weaver (Medical Imaging faculty member) and Tonya Viars (Medical Imaging student) attended the first annual RTs in Raleigh sponsored by the North Carolina Society of Radiologic Technologists. Over 300 technologists and radiology students attended this event and met with their local NC House Representative and Senators to urge them to support the NC CARE bill.

Tonya Viars now shares her experience:

R.T. Day in Raleigh is sponsored by the North Carolina Society of Radiologic Technologist, an event that brought over three hundred Radiology Technologists from all over the state. It was an honor for me to be in the same room with so many professionals all desiring to hold our profession to the highest standards possible. This event provided me with the opportunity to meet with my state representatives and educate them about our profession, including the public's safety as well as the importance of licensure in our profession for the state of North Carolina. During our registration, the NCSRT gave each of the Radiology Technologists an appointment card and packet. The appointments were with North Carolina House of

Representatives within the district in which we live and the packet included information we would be handing over as well as the talking points during the meeting.

The first meeting my partners and I had was with North Carolina's House of Representative Carl Ford from the 76th district. Carl Ford is the representative for Rowan and Cabarrus County. Representative Ford invited us into his office, not only eager to listen to our concerns but to create a personal relationship with each of us. While speaking with Representative Ford about our concerns for our profession (which included the CARE bill he soon would be seeing), he directed us to his co-worker Representative Jim Fulghum, M.D. of the 49th district, Wake County. Even without an appointment Representative Fulghum was just as inviting and excited to ask questions and get to know our concerns. Having accessibility to one of our representatives was amazing enough, but for Representative Fulghum to also make time for us without an appointment was unbelievable. R.T. Day was an experience I could never put a price tag on. I feel more inspired to provide the best possible care I can to my patients and advocate on their behalf for licensure for our profession. I found my own voice and gave a voice to all those who desire to be held to a higher standard.

For more information on the NC CARE bill visit www.ncsrt.org

New Faces : Student Affairs staff

TODD DEESE | Director of Student Records & Information Management

Todd began his position with Cabarrus College of Health Sciences in July 2013. He previously served as Registrar at ITT Technical Institute for over four years and he has also held several positions at DeVry University. He attended Vanderbilt University in Nashville, TN, where he received his Bachelor of Arts and Master of Education degrees.

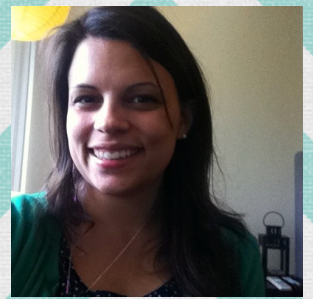
In his spare time, he enjoys reading, movies, and spending time with friends & family. He also likes to travel and takes any opportunity he can to visit somewhere new.



CARA LURSEN | Coordinator for Campus & Community Outreach

Cara received a bachelor's degree in Communications and a master's degree in Health Administration from UNC Charlotte. After graduating, Cara worked as a Residence Coordinator in an all first-year residence hall at UNC Charlotte. She's a huge 49er fan.

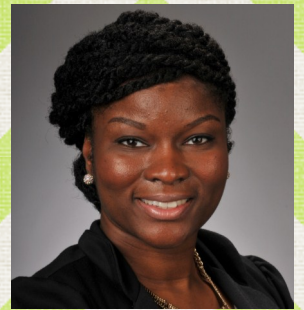
Cara currently lives in Kannapolis with her husband, Stephen, who is an artist. She loves spending quality time with her friends and family, thrift shopping, reading, sewing and watching low budget sci-fi disaster movies.



TANISHA ORR | Admissions Specialist

Tanisha joined Cabarrus College this summer. She received her Bachelor of Science degree in Workforce Education and Development from Southern Illinois University Carbondale and recently received her Master of Human Resource Development degree from Clemson University.

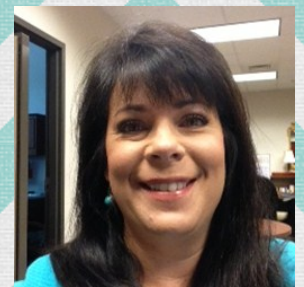
Tanisha enjoys shopping, watching movies, "real"ity tv, traveling, spending time with family and friends and considers herself a food connoisseur/foodie.



HEATHER PENINGER | Administrative Assistant

Heather Peninger joined Cabarrus College in April 2013 as the staff assistant to the Provost and the Dean for Student Affairs and Enrollment Management. Before coming to the College Heather worked as an administrative assistant for 13 years at Kannapolis City Schools.

Heather received a Bachelor's of Science degree from Catawba College in May 2012. She is happily married with two teenage daughters and a proud owner of a spoiled black miniature schnauzer, Moe!



GLORIS "GIGI" SPRINGS | Admissions Secretary

Gigi joined the Cabarrus College student affairs team in July 2013. She received her Bachelor of Arts degree in Business Administration from Queens University while working full-time at the institution.

Gigi is a native Charlottean and has a passion in caring for the elderly and mentoring socio-economically disadvantaged young ladies. In her spare time she enjoys traveling, cooking, and spending time with her family.



tips for new students

Being new can be scary! The best way to adjust to college is to get involved. Here are some ways:

- Join a club or organization. Not sure which one is best for you? Attend our Club & Organization fair on August 19th from 8am-9:50am. Club and Organization members will be present to answer questions you might have (also- there's free iced coffee!). You can also contact Cara Lursen, the Coordinator for Campus & Community Outreach (cara.lursen@carolinas.org or 704.403.1614) for guidance.
- Go up and introduce yourself to strangers. Most people want to make friends during their time here so don't be afraid of rejection!
- Attend programs and events that you see advertised or emailed.
- Don't be afraid to ask for help from faculty and staff! Cabarrus College faculty and staff very purposefully chose to work here because they love helping college students.

free resources for students

ZUMBA

There is a free Zumba class in the Cabarrus College basement every Monday and Wednesday from 5:30 - 6:30pm. This is free to all Cabarrus College students, faculty and staff.

EAP

The Employee Assistance Program (EAP) offers confidential help for students and members of their immediate family for issues including marital conflicts, job stress, financial issues, emotional difficulties, alcohol and/or drug problems, legal concerns and parenting issues. Up to six sessions per year are free to students. Your participation is completely confidential.

Call 704.355.5021 to make an appointment.

campus news

Homecoming

Mark your calendars! We are hosting our second annual Homecoming Celebration on **Saturday, September 28 from 11am - 2pm**. There will be activities for all ages as well as a delicious lunch! Meal tickets purchased in advance will be \$7. Meal tickets purchased on Saturday, September 28 will be \$10.

You can RSVP and prepay for lunch by calling 704-403-2216, or you may visit the Cashier on campus. You may also mail payments to: Cabarrus College Homecoming Celebration, 401 Medical Park Dr., Concord, NC 28025.

Shout-out

Susie Clark, a nursing faculty member, would like to recognize two students who showed extreme kindness this summer. **Jason Agnew** and **Jodi Cunningham** (2nd year students) noticed that Susie had a flat tire. Jason and Jodi came to Susie's office and told her not to call her husband to come and help her. Jodi had grown up helping her dad in his shop and said she and Jason would change her tire for her. According to Susie, "Nothing would do but for them to get my keys and change the tire. Those two are so selfless. I am so impressed by them."

News from Financial Aid

Are you a new student? Do you have college loans that you took out at another school before enrolling here? Do you wish to use an in school deferment while you are enrolled at our college (in at least 6 credit hours) and not make payments on your loan while enrolled here?

Be sure to visit your loan servicers website and print off the in school deferment form. Complete the student section and provide the form to the registrar's office the first week of class!

Need financial aid for the 2013-2014 school year?

It's not too late! Visit www.fafsa.ed.gov to complete a FAFSA application!

Cabarrus College school code is 015358.

Remember to use the IRS Data Retrieval tool when completing your FAFSA.



2013/2014 Tuition Deadlines:

- ♦ Fall: August 12, 2013
- ♦ Spring: January 8, 2014
- ♦ Summer I: May 1, 2014
- ♦ Summer II: June 12, 2014

Reminders from the Business Office:

- ♦ Payment plans are established through the Business Office
- ♦ Each semester you must re-establish a payment plan
- ♦ Cost for payment plans are \$50

Administration

Chancellor

Dianne Snyder, DHA, RN
Dianne.Snyder@cabarruscollege.edu
704.403.1521

Dean for Student Affairs & Enrollment Management

Chris Corsello, MS
Christine.Corsello@cabarruscollege.edu
704.403.4336

Provost

Meg Patchett, PhD
Meg.Patchett@cabarruscollege.edu
704.403.3077

Student Support Services

Student Life

Alumni

Melanie Gass, BA | Coordinator for Alumni Relations and Development
Melanie.Gass@cabarruscollege.edu
704.403.1613

Tutoring, Guided Study Sessions (GSS), academic issues, non-degree students

Julie Holland, BA | Coordinator for Advising and Student Success
Juliette.Holland@cabarruscollege.edu
704.403.3207

Student organizations, events & workshops, orientation, graduation

Cara Lursen, MHA | Coordinator for Campus and Community Outreach
Cara.Lursen@cabarruscollege.edu
704.403.1614

Financial Aid

Loans, scholarships and financial assistance

VA Certifying Agent

Valerie Richard, BS | Director of Financial Aid
Valerie.Richard@cabarruscollege.edu
704.403.3507

Robin Robinson | Financial Aid Specialist
Robin.Robinson@cabarruscollege.edu
704.403.2445

Admissions

Mark Ellison, EdD | Director of Admissions
Mark.Ellison@cabarruscollege.edu
704.403.1616

Tanisha Orr, MHRD | Admissions Representative
Tanisha.Orr@cabarruscollege.edu
704.403.2589

Gloris "Gigi" Springs, BA | Admissions Secretary
Gloris.Springs@cabarruscollege.edu
704.403.1556

Student Records

Registration and records

Todd Deese, MEd | Director of Student Records and Information Management
Todd.Deese@cabarruscollege.edu
704.403.3218

Violet Cook, BS | Associate Registrar
Violet.Cook@cabarruscollege.edu
704.403.1611

Business Office

Student accounts, payment plans, bookstore, continuing education

Dawn Barbee | Student Accounts Specialist
Dawn.Barbee@cabarruscollege.edu
704.403.2216

Support

Room reservations, transcripts, building issues

Beth Carlton | Receptionist
Beth.Carlton@cabarruscollege.edu
704.403.6601

Scheduling meetings with the Chancellor

Theresa Bunn | Administrative Assistant to the Chancellor
Theresa.Bunn@cabarruscollege.edu
704.403.1558

Scheduling meetings with the Provost or Dean for Student Affairs and Enrollment Management

Heather Peninger | Administrative Assistant to the Provost and Dean for Student Affairs and Enrollment Management
Heather.Peninger@cabarruscollege.edu
704.403.1638

Student Support Office

Office: 133
Main line to college: 704.403.1555
Fax: 704.403.2077

Office Hours:
Monday - Friday, 8:15am - 5:15pm

Address: 401 Medical Park Drive
Concord, NC 28025

Additional Services

Online bookstore

<http://bookstore.mbsdirect.net/cabarruscollege.htm>

Employee Assistance Program (EAP)

Free Counseling - call 704.355.5021 to make an appointment

Information Resource Center (IRC)

Monday-Friday 8am - 4pm (the IRC can be accessed 24/7 with your badge)
-Librarian: Emily Patridge, MLS | 704.403.1798
Emily.Patridge@cabarruscollege.edu

Teammate Health

Appointments can be set up by calling 704.667.7930.

Academic Program Chairs

Associate in Science	John Kapp, PhD	John.Kapp@cabarruscollege.edu	704.403.1326
Associate of Science in Nursing	Kim Plemmons, MSN	Kim.Plemmons@cabarruscollege.edu	704.403.1751
Bachelor of Science in Nursing	Molly Patton, DNP	Molly.Patton@cabarruscollege.edu	704.403.1755
General Education	Stacey Wilson, MHA, CMA (AMMA)	Stacey.Wilson@cabarruscollege.edu	704.403.1639
Medical Assistant	Rachel Houston, CMA (AMMA)	Rachel.Houston@cabarruscollege.edu	704.403.1228
Medical Imaging	Mary Holder, MS, RT(R)(MR)	Mary.Holder@cabarruscollege.edu	704.403.2026
Occupational Therapy Assistant	Nancy Green, MHA, OTR/L	Nancy.Green@cabarruscollege.edu	704.403.3599
Pharmacy Technology	Annette Simmons, BS, CPhT	Annette.Simmons@cabarruscollege.edu	704.403.3517
Surgical Technology	Michelle Gay, BS, CST	Michelle.Gay@cabarruscollege.edu	704.403.1758