

Student Pulse



Cabarrus College of Health Sciences | December 2013

2 **mon**

Last day to drop course
without academic
penalty for Fall II

3 **Tue**

**Puppy Study
Break**
Pavilion
2:30-5pm

4 **WED**

5 **THU**

6 **FRI**
CPR Recertification
9am-12pm
See page 2

Graduation Clearance
Forms due to the Registrar's
office by 5pm

Final exam week begins

9 **CPR Initial Class**
12-4pm
See page 2

Textbook buyback
11am-3pm | Pavilion

10 **Exam Breakfast**
Pavilion
10am-1pm
Provided by
Cabarrus College
Alumni

11 **Coffee & Cookie
Break**
Pavilion
9:30-10:30am
Provided by SGA

12 **Textbook buyback**
10am-2pm | Pavilion

13 **GRADUATION!**

Open registration for
continuing students ends at
5pm.

16 **CPR Initial Class**
12-4pm
See page 2

NA II exam
9-11:30am
See page 2

17

18

19

20 **CPR Recertification**
9am-12pm
See page 2

Winter Recess— no classes

23

Winter Recess— no classes

24

25



26

No classes, College closed!

27

30

Winter Recess— no classes

31

December 2013
activities & deadlines

What's Happening

NA II Exam

The NA II exam will be given on Monday,
December 16th from 9-11:30am.

If you have successfully completed NSG
120 and are currently listed on the NA I
registry and wish to take the exam, please
contact Mary Harrington
(Mary.Harrington@cabarruscollege.edu).

Updates from the Financial Aid Office

Thanks to all students who participated in the Chick-fil-A gift card give away by telling the Financial Aid office your favorite budget saving tip! Congratulations to Sheena Nowlin (Medical Assisting) whose favorite tip was to pay off/down debt!



December CPR classes

CPR Initial Classes

December 9th & 16th
12-4pm

CPR Recertification Classes

December 6th and 20th
9am-12pm

Please contact Mary Harrington
(Mary.Harrington@cabarruscollege.edu) for more
information.

Spring Payment Plan Dates

Payment Plan Options Spring 2014	
Bi-weekly	Monthly
12/20/13	1/1/14
1/3/14	2/1/14
1/17/14	3/1/14
1/31/14	4/1/14
2/14/14	
2/28/14	
3/14/14	
3/28/14	
4/11/14	
4/25/14	

College Instagram (Cabarrus_College)

Here are some pictures we took of you in November! Follow us (Cabarrus_College) to see more!



Students at "Spa Day" on Friday, 11/22



OTA Students showing off their projects



College news & updates

Student scholarship spotlight



Emily Elliot was the recipient of the \$3000 Cabarrus Medical Society and Alliance scholarship for this 2013-14 school year. Emily is in the Associate Degree of Nursing program and will graduate in May of 2014.

Cabarrus College's Chancellor, Dr. Dianne Snyder, introduced Emily at the Cabarrus Medical Society and Alliance's November meeting.

Congratulate Emily when you see her!

Privacy corner



Email and texting are
NOT SAFE ways to
transmit patient safety
information!



Protect health information! It's the law!

Chris' Corner

THE GINGHAM DRESS

A lady in a faded gingham dress and her husband, dressed in a homespun threadbare suit, stepped off the train in Boston, and walked timidly without an appointment in to the Harvard University President's outer office. The secretary could tell in a moment that such backwoods, country hicks had no business at Harvard and probably didn't even deserve to be in Cambridge. "We'd like to see the president," the man said softly. "He'll be busy all day," the secretary snapped. "We'll wait," the lady replied.

For hours the secretary ignored them, hoping that the couple would finally become discouraged and go away. They didn't, and the secretary grew frustrated and finally decided to disturb the president, even though it was a chore she always regretted. "Maybe if you see them for a few minutes, they'll leave," she said to him. He sighed in exasperation and nodded. Someone of his importance obviously didn't have the time to spend with them, and he detested gingham dresses and homespun suits cluttering up his outer office. The president, stern faced and with dignity, strutted toward the couple.

The lady told him, "We had a son who attended Harvard for one year. He loved Harvard...he was happy here. But about a year ago, he was accidentally killed. My husband and I would like to erect a memorial to him, somewhere on campus." The president wasn't touched. He was shocked. "Madam," he said, gruffly, "we can't put up a statue for every person who attended Harvard and died. If we did, this place would look like a cemetery." "Oh, no," the lady explained quickly. "We don't want to erect a statue. We thought we would like to give a building to Harvard."

The president rolled his eyes. He glanced at the gingham dress and homespun suit, and then exclaimed, "A building! Do you have any earthly idea how much a building costs? We have over seven and a half million dollars in the physical buildings here at Harvard." For a moment the lady was silent. The president was pleased. Maybe he could get rid of them now.

The lady turned to her husband and said quietly, "Is that all it costs to start a university? Why don't we just start our own?" Her husband nodded. The president's face wilted in confusion and bewilderment.

Mr. and Mrs. Leland Stanford got up and walked away, traveling to Palo Alto, California where they established the university that bears their name, Stanford University, a memorial to a son that Harvard no longer cared about...**TRUE STORY!**

My thoughts...

You can easily judge the character of others by how they treat those who they think can do nothing for them. During this hectic season, please take time to remember the golden rule "treat others as you would have them treat you" – you'll be surprised by what awaits you...maybe not today, but all in good time. *Remember: People will forget what you said. People will forget what you did. But people will never forget how you made them feel.*

Have a blessed and happy holiday season and best wishes for a successful completion to the semester!

Suggestion Box updates

The college recently added a Suggestion Box in the main lobby. In the spirit of full transparency, here a list of submitted suggestions and what has happened thus far.

My suggestion is:	Where it is now:
To have work study students wear a standard uniform when working. This could easily identify the "working" student.	All student employees are identified by their EMPLOYEE badge when working. This applies to our GSS, Federal Work Study and Student Ambassadors.
To have some cardio machines in the basement. Treadmill, elliptical, recumbent bike, etc.	This has been forwarded to Student Government for consideration (level of interest, funding, etc.).
To put Coke and Pepsi products together, so that the other vending machine can hold juices.	Aramark has been contacted to explore possibilities.
Have a fountain on the college campus.	A "Student Needs" committee has been formed and is looking into this.
Employees should have more "jeans" days! Every Friday or at least once a month. It's the small things that matter! Will boost moral.	Under consideration
Jean Friday- At least once a month! Small gesture, big rewards	Under consideration
I think faculty and staff should be allowed a "jean Friday" every Friday. Many colleges do this. It would be a simple thing to make us happy!	Under consideration

Have a suggestion of your own? Stop by the suggestion box the next time you are on campus or send an email to Beth.Carlton@cabarruscollege.edu

OTA Updates

Occupational Therapy Assistant program & SOTA

By Katie Yacevich, OTA student

The OTA program is still going strong with just a few more weeks until Christmas break! The OTA group has designed some neat apparel- hoodies, long sleeve T-shirts, T-shirts and canvas bags. OTA students, please be sure to go pick up your items, if you haven't already. The OTA family has enjoyed wearing our OTA apparel to advertise what we do to our community! We had a good turnout at our last SOTA meeting. We showed some OTA pictures from lots of community outings we have done in the past and had wonderful guest speakers – Trudy and Dan Beck that came and joined us. The freshman class seems to be having a great time in their first semester of OTA school! Our Pie- In -the -Face contest is coming up soon. It was a close race to see which Cabarrus College staff or student would have the most money in their jar after a few weeks. Our winner was Zinat Hassanpour!!!! The money raised is going towards Angel Tree and SOTA, to send students to the National AOTA Conference. We have another upcoming fundraiser event at Buffalo Wild Wings. SOTA is collecting 10% of bills to go towards the SOTA fund in December. At our next meeting we will be announcing the new 2014 SOTA Officers, so be sure to join us! We will be announcing the dates and times for Buffalo Wild Wings fundraiser and the next SOTA meeting soon.

Occupational Therapy & Driving

By Amy Mahel, MHA, COTA/L

Did you know that occupational therapy practitioners can focus on driving? Think about the independence that driving offers and how you would handle losing your license after you have driven for many years. The American Occupational Therapy Association (AOTA) declared December 2 – 6 as “Older Driver Safety Awareness Week”. As we age, there are many cognitive, physical, and sensory changes that occur, and occupational therapy can help assess those changes and provide rehabilitation for safe driving. Equally important is the assessment which reveals that a driver should no longer be driving.

You most likely have someone in your family who may be struggling with this issue. For more information on driving, tough conversations with family members, or driving rehabilitation, go to:

<http://www.aota.org/en/Conference-Events/Older-Driver-Safety-Awareness-Week.aspx>

Medical Assisting Program

A Successful Fall Semester for the Medical Assistant Program

By: Rachel Houston

Fall semesters are always busy around campus! But this year, the fall has been particularly busy and eventful for the Medical Assistant Program. The students started off the year by electing officers for the Medical Assistant Student Organization (MASO). Sheena Nowlin, a sophomore, was elected President and has done a fine job leading the group! Beth Cloninger, Darah Pennell, and Breanna Sassman, all new MA students, were elected Vice President, Secretary, and Treasurer respectively. They have all done a great job! MASO kicked off the year with Medical Assistant Week which took place October 21, 2013 through October 25, 2013. With bake sales, silent auctions, and a luncheon, the group was able to raise approximately \$400. We as an organization and program are excited to put this money to great use and help out with the College-wide Angel Tree Project! We'll be shopping for some gifts in the coming weeks!

Not only has the group been busy fundraising and increasing awareness of our program, we've been busy implementing awesome new events for our students! The fall semester has been full of interactive



lessons with incredible guest speakers! We've

had a CMA, a nutritionist and Paramedics as guest speakers! And the most exciting thing yet, our office emergency simulation event!!! This took place on November 20th. We were fortunate enough to have two Cabarrus County Paramedics come to our classroom and talk about emergency preparedness and how important it is for interdisciplinary communication to occur in healthcare! Not only did Jeffrey Penninger and his partner Cory come by to teach about emergencies, how to become a paramedic and the relationship that must be established between medical assistants and medics, but they came by to help our instructors run a fully simulated office emergency. Following their presentation, we all went up to the Medical Assistant Lab on the third floor. There, instructors Rachel Houston and Vanessa Tackett ran through a simulated office emergency in which Kristi Pair (an instructor in the Surgical Technology program) played the role of the patient having cardiac concerns. Ms. Pair was being seen in the office by Ms. Houston playing the part of the Medical Assistant. Ms. Tackett had multiple hats. She played the roles of physician and second

clinical assistant. Ms. Houston quickly got the patient, Ms. Pair, to an exam room where she assessed the situation, obtained Kristi's vital signs, and ran an EKG. She reported to the physician, Ms. Tackett, who quickly said they needed to get medics on site and transport Ms. Pair to the hospital. So Rachel stayed with the patient and kept her calm. She enlisted the help of her co-worker (again played by Ms. Tackett) to call EMS! Jeff and Cory quickly arrived on site and further worked Ms. Pair up! They transported her down to the ambulance and the simulation was complete. It was a thrilling time for the MA program!

This emergency preparedness/interdisciplinary communication simulation was just the first of many to come for this program! We are excited about some upcoming opportunities especially in the Spring semester. The students all really enjoyed this event and look forward to participating in more. As this was the introduction to these types of events, no students had an active role. However, with the upcoming events, the students will be the actors and the instructors will take over the observation roles! In the Medical Assistant Program, we are excited for our future and looking forward to ending the semester on a high note and getting right into the excitement of our Spring semester in the skills lab!

