

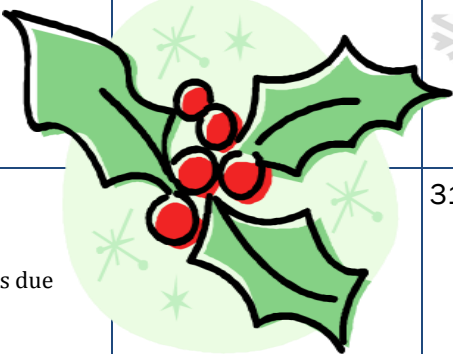
# Student Pulse



Cabarrus College of Health Sciences | December 2014

## December 2014 Activities & Deadlines



Mon	Tue	Wed	Thu	Fri
1 <b>Blood Drive</b> 10am-1pm	2	3	4	5 <i>Classes End</i>
8	9 <b>Exam Breakfast</b> 10am-1pm   Pavilion <i>Hosted by Cabarrus College's Alumni Association</i>	10 <b>Coffee Bar</b> 8:30-10:30am   Pavilion <i>Hosted by SGA</i>	11 <b>Coffee Bar</b> 8:30-10:30am   Pavilion <i>Hosted by SGA</i>	12 <b>Deadline to return Angel Tree items</b> Registration ends for enrolled associate and diploma students (master and bachelor student deadline is 12/14)
<i>Final Exam Week</i>				
15 <b>Angel Tree Gift Wrapping</b> 10am-12pm   Pavilion <i>Help us wrap the Angel Tree presents! Please bring a roll of wrapping paper and tape</i> <i>Winter Recess runs Dec 13 to Jan 11</i>	16 <i>Graduation!</i>	17	18	19
22	23	24	25	26
<i>College Closed</i>				
29 Spring tuition is due			31 Jan 1 <i>College Closed</i>	

# Campus News & Updates

## Canvas

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### Need help with Canvas?

The Canvas support hotline is available 24/7 at 866-862-3131. The folks at Canvas are pretty awesome – give them a call any time you have a question or when you're having a technical issue.



## General Education Courses

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### Before you register for the Spring semester, check this out:

The General Education Department has heard your request for a variety of courses. Beginning this spring, you will have two new exciting and interesting courses to register for.

#### ENV 301 Environmental Health:

Interested in the environment and its role in healthcare? If so, then Environmental Health will be a great choice for you. Traditional environmental topics (air and water quality, toxins, food safety and pesticides) will be discussed with an emphasis on how these issues impact human health and health care professions. This 3 credit hour online course uses current events and case studies to discuss health related issues and apply environmental knowledge towards solving these problems. Some topics will focus on local environmental hazards or issues, while others have regional, national and world-wide implications.

#### ENG 210 World Literature:

Looking for something interesting and fun outside of your healthcare classes? Then World Literature 210 is for you! This 3 credit hour online course will explore literature from both around the world and the United States from the 1400s until the present. Real world and literary connections will be made. Active class interaction and some student choice of reading will be offered. This class will be a great addition to and welcome break from your science and health classes. You "literary" won't be disappointed!!!

## Pharmacy Technology Student Association

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The PTSA celebrated National Pharmacy Technician Day on October 28<sup>th</sup> by hosting a Coffee and Doughnuts fundraiser to benefit the Angel Tree. Students Hailey Wood (left) and Tricia White (right) decorated the awareness poster and raised over \$45 to purchase gifts for our "Angels!" Thanks to all students and faculty who enjoyed the morning treats and contributed to the event!



# Campus News & Updates

## Halloween Parade

Cabarrus College students, faculty and staff dressed up to participate in the Jeff Gordon Children's Hospital Fall Parade. They brought goodies for sick children who were in the hospital on Halloween.



## New Veteran Bulletin Board

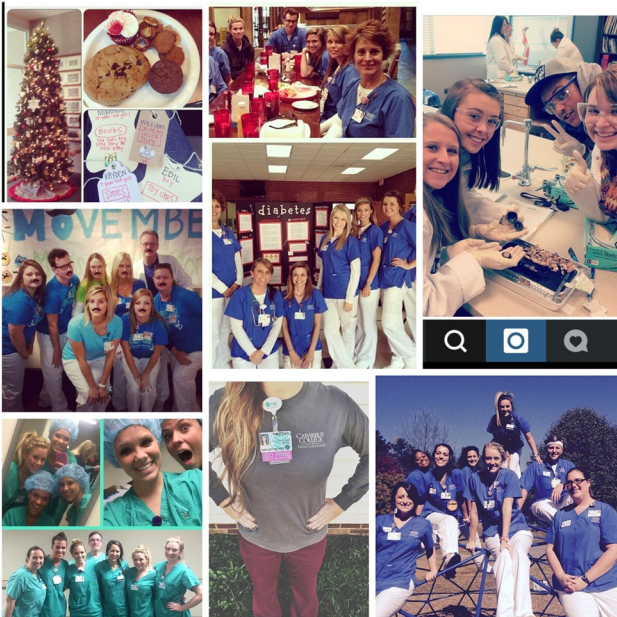


To better serve our veteran students we have added a new Veterans/Financial Aid Bulletin Board located across from the Student Support Center (room 133). We encourage our veteran students to check the board occasionally for updates and notifications that pertain to your benefits.

We have a new VA Certifying agent, Crystal Tyler. Crystal has many years of experience working with veteran students at her previous college and is a valuable resource for our veteran students. Crystal looks forward to meeting you and is located in the Student Support Center (room 133) so come by to say "hello."

Thank you to all of our students, staff and faculty who recently signed cards on Veterans Day. We received a lot of positive feedback from people who were happy to participate!

## Instagram Contest Winners



Congratulations to the winners of our third Instagram Contest! The entries from this contest can be found under the hashtag #ilovecabarruscollege. The seven winners will get a pair of Cabarrus College sweatpants.

The winners were (clockwise from top left): Morgan Ritchie, Maeghan Campbell, Kaley Amburn, Brittany Sweat, Hayley Pethel, Lauren Ewart and Tamika Wheeler.

Follow the Cabarrus College Instagram account (@Cabarrus\_College) for more fun contests!

# Financial Aid Updates

## A Note for Graduates

### Congratulations to our Graduates!



**Q.** How do I prepare for loan repayment?

**A.** Owl you need is a plan.

Find out whoooo your servicer is and how to get in touch with them by visiting [www.nslds.ed.gov](http://www.nslds.ed.gov) to access your loan history. Then you can create a budget by using the online calculators to review the repayment plans. Make sure you take advantage of the automatic payment options.

## Tuition and Payment Plans

### Tuition and Fees

Students, you are able to view your anticipated bill (statement of student account) for the spring semester. To view your bill, please visit <https://sonis.cabarruscollege.edu/studsect.cfm>. Please log into your account, select billing, and the appropriate school year and semester.

**Pay the amount due under "Anticipated Balance" by December 29, 2014.**

*(Note: paper bills are not mailed out)*

### Please note:

- Failure to pay by the due date of December 29, 2014 will result in a \$100.00 late fee.
- Admittance to class may be restricted until your account is paid or financial arrangements are made with the Student Account Specialist.
- Payment plan options are available for spring with 9 Bi-Weekly payments or 4 Monthly payments.
- Any financial assistance awarded by the College will be credited to your statement according to the terms indicated on your award letter.
- Financial Aid credits are not valid until the Financial Aid office has received all required documentation.

Payment Plan Options Spring 2015	
Bi-weekly	Monthly
12/19/2014	1/1/2015
1/2/2015	2/1/2015
1/16/2015	3/1/2015
1/30/2015	4/1/2015
2/13/2015	
2/27/2015	
3/13/2015	
3/27/2015	
4/10/2015	

### **For questions regarding billing, contact:**

Dawn Barbee, Student Account Specialist: (704) 403-2216

### **For questions regarding financial aid, contact:**

Robin Robinson, Financial Aid Specialist: (704) 403-2445

Valerie Richard, Director of Financial Aid: (704) 403-3507



# OTA Students Make an Impact

## OTA Students Make an Impact during Service Learning

By Amy Mahle MHA, COTA/L

OTA students participated in service learning in a variety of locations this summer as part of their coursework for OTA 170 (Professional Behaviors for the OTA). Students worked with clients from diverse backgrounds and in rural and urban locations.

Eleven OTA students planned and led daily groups for **Hinds' Feet Farm (HFF)** Day Program members and assisted at Puddin' Place, the residential home at HFF. HFF is a brain injury program which maximizes the post injury potential of persons living with brain injury with integrated, unique and holistic programs; allowing members to pursue meaningful activities while developing a sense of belonging at home and in the surrounding communities. Students led holistic groups for the members, including Positive Affirmations, Music Therapy, Cooking, Crafts, all while working to increase range of motion, strength, positive social communication and participation, and cognitive abilities of the members.

**Mecklenburg County Parks & Recreation Therapeutic Recreation Summer Day Camps** hosted seven students for their service learning experience. Students worked with youth ages 5 -12 with special needs, from Autism, Cerebral Palsy, ADHD, and more, by providing a safe, fun, and holistic summer camp experience. Student Nastasia Cuthbertson was able to use her OT skills to recognize the need for a particular camper to have a quiet, sensory-rich zone. She designed a special area for the camper and taught him appropriate use. The staff was amazed at the success of the area and thankful for the strategies to decrease his challenging behaviors.



HFF members, staff, and OTA student Lauren Rakes, work on a memory book



**Back L to R:** Sheila Shipley, Mallory McCarthy, Jessica Phillips, & Courtney Leonard.  
**Front L to R:** Mindy Warford, Lori Lewis, & Taylor Denton

Seven students selected to do their service learning at **Camp Joy**, a summer day camp administered by **Greensboro Parks & Recreation Department**, for individuals aged 5 to 95 with special needs, including but not limited to developmental disabilities, physical disabilities, and visual and hearing impairments. After completing a needs assessment, the students determined short term and various long term projects to benefit the camp. In addition to working with the campers in daily camp activities, OTA students completed the renovation of an old planter into a sensory station.

In true OT style, students analyzed each step of the project, assigned various camp groups to complete steps that be appropriate, and facilitated the camper's independence in each

step of the project. The campers delighted in the new sensory station, with some campers participating in the station that had previously declined all other activities.



**Piedmont Developmental Residential Center** group homes now have an established animal assisted therapy program as the direct result of two OTA students collaborating with **Paws4Pets**. Nicole Blackwell and Meghan Stoner facilitated a relationship between two community programs to develop and implement a formal pet therapy program for two of the group homes. Blackwell states, "both facilities want to continue", and "their [residents] social participation was amazing to see when Mozart [therapy dog] came near." Not only did Nicole and Meghan facilitate the new alliance, they also educated pet handlers in ways to adapt toys and activities for all residents to participate.

Lisa Gulledge was able to facilitate and lead a **Parkinson's Support Group** in Rock Hill. Her main focus was presenting participants with adaptive equipment suggestions and uses for various physical needs. She also assembled a comprehensive notebook of resources for the group.

# OTA Spotlight



## CarFit at Mt. Pleasant Senior Center

OTA students and faculty conducted a CarFit event on Friday, November 21<sup>st</sup> at the Mt. Pleasant Senior Center as part of OTA 215, Level I #3 Fieldwork. Students assessed 12 seniors for a safe, comfortable fit, in their cars, using a 12 point checklist to educate participants. The students also presented benefits of participating in CarFit to the entire LunchPlus Club of about 40 senior citizens.

Students later reflected on the importance of the occupation of driving as a means to maintaining independence and psychosocial well-being.



## NCOTA Fall Conference

The North Carolina Occupational Therapy Association Annual Fall Conference helped students increase their awareness of the importance of being involved in professional organizations. OTA Faculty and students attended the conference in Winston-Salem on October 18 and 19<sup>th</sup>. SOTA designed and sold t-shirts and bags, "Do Something Creative Everyday – Occupational Therapy" as a club fundraiser (see photo). Sophomore Sheila Shipley and freshmen Heidi Bishop registered and attended sessions. Shipley said, "I was

thankful for the opportunity to learn from and network with OT practitioners with whom I may work after I graduate".

Faculty members Christa Weiss and Amy Mahle presented, *Thrive (Not Just Survive) During Fieldwork*, which included a panel discussion with OTA Alumni Deborah Dorsett, Blaire Hart, & JoAnne Lambert. Amy also co-presented *Enacting the Centennial Vision: Bridging the Gap between Students and Practitioners as Emerging Leaders* with three occupational therapists from across North



L to R: Meghan Stoner (SOTA President), Amber Ward, Amy Mahle, Cristina Provost (student).



Top & Bottom Right, L to R: OTA Alumni JoAnne Lambert, Blaire Hart, Deborah Dorsett, & Physical Therapist Elizabeth Whitman.

Bottom L: Amy Mahle & Christa Weiss

Carolina. Amber Ward (Adjunct Faculty), President of NCOTA, facilitated the Assistive Technology (AT) Special Interest Section, *AT Options for Persons with Progressive Disorders*.



# Chris' Corner

From Chris Corsello, Dean, Student Affairs & Enrollment Management

## A Box Full of Kisses

The story goes like this....

Some time ago, a man punished his 3-year-old daughter for wasting a roll of gold wrapping paper. Money was tight and he became infuriated when the child tried to decorate a box to put under the Christmas tree. Nevertheless, the little girl brought the gift to her father the next morning and said, "This is for you, Daddy."



The man was embarrassed by his earlier overreaction, but his anger flared again when he found out the box was empty. He yelled at her, stating, "Don't you know, when you give someone a present, there is supposed to be something inside?" The little girl looked up at him with tears in her eyes and cried, "Oh, Daddy, it's not empty at all. I blew kisses into the box. They're all for you, Daddy."

The father was crushed. He put his arms around his little girl, and he begged for her forgiveness.

Only a short time later, an accident took the life of the child. It is also told that her father kept that gold box by his bed for many, many years and, whenever he was discouraged, he would take out an imaginary kiss and remember the love of the child who had put it there.

In a very real sense, each one of us have been given a gold container filled with unconditional love and kisses... from our children, family members, friends, co-workers, God...if we look hard enough and with the right lens, those kisses are all around us. There is simply no other possession, anyone could hold, more precious than this.

I wish all of you; students, staff and faculty, a successful finish to the semester and a safe and joyous holiday season. Many thanks to those who have shared their box of gold kisses with me – you make life memorable!