

# Student Pulse



Cabarrus College of Health Sciences | February 2014

## MONDAY

3

### Zumba

5:30-6:30pm | basement  
Free for students, every  
Monday

## TUESDAY

4

11

### Learn how to finger knit

2:15-3:15pm  
Student Pavilion

## WEDNESDAY

5

### Zumba

5:30-6:30pm | basement  
Free for students, every  
Wednesday

## THURSDAY

6

13

## FRIDAY

7 **DIY hot/cold  
fabric rice packs**  
11am-1pm | Pavilion  
Sponsored by SGA

*Last day to drop course  
without academic  
penalty for Spring I*

10

### SGA meeting

9:30am | room 226  
\*open to all students

17

### Stress Balls with the Chancellor

11:30am-12:30pm  
Pavilion

18

19

20 **Crochet 101**

11:30a-12:30p | room 234

*Learn the basis skills  
you'd need to make a  
baby blanket (below).  
Check your email for  
RSVP instructions.*

21

24

25

26

### Stress Free Tips from Financial Aid

12-2pm | Pavilion

27

28

**All February and March:**  
We will be collecting handmade blankets to go  
to local children who are seriously ill or in a  
crisis. Please check your email and contact  
Cara Lursen (Cara.Lursen@cabarruscollege.edu)  
for more information.

Stress Free **February 2014**  
activities & deadlines



# What's Happening

## Tax Information

In order to assist you with your 2013 federal tax return, Cabarrus College's business office sent you a 1098-T report detailing your educational expenses. You may also access your 1098-T via SonisWeb.

## Forgivable Loan

[http://www.cfnc.org/Gateway?  
com-  
mand=GetBasedProgramDetail&note=no&  
type=13&vocType=-  
1&vocational=no&id=159](http://www.cfnc.org/Gateway?com-mand=GetBasedProgramDetail&note=no&type=13&vocType=-1&vocational=no&id=159)



Students who will be enrolled during the 2014-15 school year in one of the eligible programs below are encouraged to check out the information at the link above and consider applying.

### **Eligible programs:**

Nursing (ADN & BSN)

Pharmacy Tech

Medical Imaging

Occupational Therapy Assistant

**Deadline: April 1, 2014**

## Change of Major Request Information

The deadline for Change of Major (COM) requests is Friday, February 28. To request a Change of Major, schedule an appointment with Julie Holland (704-403-3207 or [Juliette.Holland@cabarruscollege.edu](mailto:Juliette.Holland@cabarruscollege.edu)) to complete the paperwork.

Prior to your appointment, please review the admissions requirements for the program you are interested in. The requirements are listed in the Cabarrus College Catalog which can be found on the College website, [www.cabarruscollege.edu](http://www.cabarruscollege.edu).

All students in pre-nursing or on a pre-professional track must submit COM requests. To be considered for a COM you must be in good academic standing.

## Medical Records Reminder

Please make a copy of your medical records before turning them in to the college. The college charges \$5 if you need a copy.

Thank you from the Financial Aid office to all students for providing documentation when it is requested. We just completed an audit with the North Carolina State Education Assistance Authority— the scope of which covered *five years and seven state programs* with testing on *165 students*. We are happy to report an excellent outcome.

# College news & updates

## Cabarrus College's Representation at the National Conference

A Medical Imaging student from Cabarrus College of Health Sciences is on the ballot for our national professional association, the American Society of Radiologic Technologists (ASRT). Tonya Viars, BSMI student, is running for the Radiology Chapter Delegate to the 2015 House of Delegates. The election will take place mid-February of 2014, and the winning Delegates will be seated at the June 2015 session of the House of Delegates. There will be two (2) chapter delegates selected from each of the fifteen (15) modalities, as well as one (1) affiliate delegates from each of the state affiliate societies each year. The Affiliate Delegates are selected by a vote at the annual conference within each state. North Carolina's Annual Conference is scheduled for April 2<sup>nd</sup> in Clemmons, NC. The Chapter Delegates are selected through a ballot sent via email to each member technologist of the ASRT. The Delegates serve a two (2) year term on an alternating basis—this way there is always continuity within the Chapters as well as the Affiliates.



The members of the ASRT House of Delegates meet annually and improve and update policy and standards for the Imaging Profession. These house sessions are intense, and these delegates give up their time to ensure that our imaging community has practice standards, and policies that protect the patient, the technologist, and the profession. This year the ASRT Annual Conference and House of Delegates Meetings will be June 26—29 in Orlando, FL.

Along with the possible election of our student to the “House”, an instructor in the Medical Imaging Program will be presenting at the national conference. Rhonda Weaver was approved to do a presentation on Computed Tomography at the annual conference focusing on CT Pathology and cross-sectional anatomy.

# New faculty members

**Lindsey Helmintoller** teaches HUM 310 ART.

Lindsey, originally from Ohio, earned her Bachelor's degree in Art Education from Ashland University and her Master's degree in Art Education from Kent State University. She is also a high school visual arts teacher for Cabarrus County Schools.



In her free time, she likes to paint, sew, bake, garden and travel. She also loves spending time with her family and friends.

**Misty Collier** is our new Adjunct Psychology Instructor.

Misty has been a therapist for over ten years. She completed her Bachelor's degree in Psychology from UNC Chapel Hill and her Master's degree in Clinical Psychology from UNC Charlotte. She is currently completing her PhD in Industrial and Organizational Psychology at Capella University online.



She loves to travel, especially to France, Greece and locations within in the United States.



# Chris' Corner

## DETERMINATION

In 1883, a creative engineer named John Roebling was inspired by an idea to build a spectacular bridge connecting New York with Long Island. However, bridge building experts throughout the world thought that this was an impossible feat and told Roebling to forget the idea. It just could not be done. It was not practical. It had never been done before.

Roebling could not ignore the vision he had in his mind of this bridge. He thought about it all the time and he knew deep in his heart that it could be done. He just had to share the dream with someone else. After much discussion and persuasion he managed to convince his son Washington, an up and coming engineer, that the bridge in fact could be built.

Working together for the first time, the father and son developed concepts of how it could be accomplished and how the obstacles could be overcome. With great excitement and inspiration, and the headiness of a wild challenge before them, they hired their crew and began to build their dream bridge.

The project started well, but within a few months a tragic accident on the site took the life of John Roebling. Washington was injured and was left with a certain amount of brain damage, which resulted in him not being able to walk or talk or even move.

"We told them so."

"Crazy men and their crazy dreams."

"It's foolish to chase wild visions."

Everyone had a negative comment to make and felt that the project should be scrapped since the Roeblings were the only ones who knew how the bridge could be built. In spite of his limitations, Washington was never discouraged and still had a burning desire to complete the bridge and his mind was still as sharp as ever.

Washington tried to inspire and pass on his enthusiasm to some of his friends, but they were too daunted by the task. As he lay on his bed in his hospital room, with the sunlight streaming through the windows, a gentle breeze blew the flimsy white curtains apart and he was able to see the sky and the tops of the trees outside for just a moment. This seemed like a message for him not to give up. Suddenly an idea hit him. All he could do was move one finger and he decided to make the best use of it. By moving his finger, he slowly developed a code of communication with his wife.

He touched his wife's arm with that finger, indicating to her that he wanted her to call the engineers again. Then he used the same method of tapping her arm to tell the engineers what to do. It seemed foolish but the project was under way again.

For 13 years Washington tapped out his instructions with his finger on his wife's arm, until the bridge was finally completed. Today the spectacular **Brooklyn Bridge** stands in all its glory as a tribute to the triumph of one man's indomitable spirit and his determination not to be defeated by circumstances. It is also a tribute to the engineers and their teamwork, and to their faith in a man who was considered crazy by half the world. It stands too as a tangible monument to the love and devotion of his wife, who, for 13 long years patiently decoded the messages of her husband and told the engineers what to do.

Perhaps this is one of the best examples of a never-say-die attitude that overcomes a terrible limitation and achieves an impossible goal.

Often the obstacles in our day-to-day life, are really very small hurdles in comparison to what many others have to face. The Brooklyn Bridge shows us that dreams can be realized with determination and persistence. So...keep your head up and keep moving forward – you may just surprise yourself and realize your wildest dreams!



# Suggestion Box updates

Have a suggestion of your own? Stop by the suggestion box the next time you are on campus or send an email to [Beth.Carlton@cabarruscollege.edu](mailto:Beth.Carlton@cabarruscollege.edu)

My suggestion is:	Where it is now:
Generate a receipt for applicants and students when they turn in vaccination info, transcripts and other forms.	Under consideration

# Important Information from Financial Aid

- File online now at [www.fafsa.gov](http://www.fafsa.gov) for the 2014–2015 academic year (Fall 2014, Spring 2015 and Summer 2015).
- Utilize the IRS Data Retrieval Tool within the FAFSA application to transfer your tax information (available late February). To take advantage of this feature, you will need to complete your taxes first.
- Visit [www.cfnc.org/fels](http://www.cfnc.org/fels) to file for the Forgivable Education Loans for Service. Eligible programs are:

-Nursing (ADN and BSN)

-Occupational Therapy Assistant

-Pharmacy Technology

- Check your Cabarrus College email frequently for additional information required by the Department of Education and/or the Financial Aid office. Respond quickly so that your financial aid will not be delayed.



**Contact Robin Robinson ([Robin.Robinson@cabarruscollege.edu](mailto:Robin.Robinson@cabarruscollege.edu)) for assistance.**

# Rotaract Update

Rotaract is a service organization on campus that is open to all Cabarrus College students! Rotaract currently focuses on local children. The club recently elected the following officers: **Veronica Everett (President)**, **Dawn Schleyer (Vice President)**, **Diana Lazaro (Secretary)** and **Jessica Dinkins (Treasurer)**.

Please email President Veronica Everett ([Veronica.Everett@cabarruscollege.edu](mailto:Veronica.Everett@cabarruscollege.edu)) if you are interested in joining!