

Functional Abilities / Depression Questionnaire

Patient Name: _____

Date: _____

Functional Abilities Assessment: Please include (✓) if you require assistance with any of the following activities.

- | | | |
|--|--|---|
| <input type="checkbox"/> Eating | <input type="checkbox"/> Preparing meals | <input type="checkbox"/> Moving in and out of bed or chairs |
| <input type="checkbox"/> Bathing | <input type="checkbox"/> Housework | <input type="checkbox"/> Following a prescribed drug regimen |
| <input type="checkbox"/> Dressing | <input type="checkbox"/> Shopping | <input type="checkbox"/> Driving or accessing transportation services |
| <input type="checkbox"/> Grooming | <input type="checkbox"/> Climbing stairs | |
| <input type="checkbox"/> Going to the toilet | <input type="checkbox"/> Communicating with others | |

Please select (✓) the best answer for each of the following questions about home safety.

Yes No	Yes No						
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you have any hearing difficulty or require hearing aid(s)?</td></tr> </table>			Do you have any hearing difficulty or require hearing aid(s)?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are all extension cords and appliance cords located away from the sink or range areas?</td></tr> </table>			Are all extension cords and appliance cords located away from the sink or range areas?
		Do you have any hearing difficulty or require hearing aid(s)?					
		Are all extension cords and appliance cords located away from the sink or range areas?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are lamp, extension and telephone cords placed out of the flow of traffic?</td></tr> </table>			Are lamp, extension and telephone cords placed out of the flow of traffic?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are hallways, passageways between rooms, and other heavy traffic areas well lit?</td></tr> </table>			Are hallways, passageways between rooms, and other heavy traffic areas well lit?
		Are lamp, extension and telephone cords placed out of the flow of traffic?					
		Are hallways, passageways between rooms, and other heavy traffic areas well lit?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are cords in good condition, out from under rugs and furniture?</td></tr> </table>			Are cords in good condition, out from under rugs and furniture?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are exits and passageways kept clear?</td></tr> </table>			Are exits and passageways kept clear?
		Are cords in good condition, out from under rugs and furniture?					
		Are exits and passageways kept clear?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do extension cords always carry their proper load?</td></tr> </table>			Do extension cords always carry their proper load?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are bathtubs and showers equipped with non-skid mats, abrasive strips, or surfaces that are not slippery?</td></tr> </table>			Are bathtubs and showers equipped with non-skid mats, abrasive strips, or surfaces that are not slippery?
		Do extension cords always carry their proper load?					
		Are bathtubs and showers equipped with non-skid mats, abrasive strips, or surfaces that are not slippery?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are all small rugs and runners slip resistant?</td></tr> </table>			Are all small rugs and runners slip resistant?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do bathtubs and showers have a least one (preferably two) grab bars?</td></tr> </table>			Do bathtubs and showers have a least one (preferably two) grab bars?
		Are all small rugs and runners slip resistant?					
		Do bathtubs and showers have a least one (preferably two) grab bars?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are emergency numbers posted on or near telephone?</td></tr> </table>			Are emergency numbers posted on or near telephone?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are all medicines stored in the containers that they came in and are they clearly marked?</td></tr> </table>			Are all medicines stored in the containers that they came in and are they clearly marked?
		Are emergency numbers posted on or near telephone?					
		Are all medicines stored in the containers that they came in and are they clearly marked?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Could you access a telephone should you experience a fall that prevents you from standing?</td></tr> </table>			Could you access a telephone should you experience a fall that prevents you from standing?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Is a lamp or light switch within reach of your bed?</td></tr> </table>			Is a lamp or light switch within reach of your bed?
		Could you access a telephone should you experience a fall that prevents you from standing?					
		Is a lamp or light switch within reach of your bed?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are all smoke detectors properly placed and in good working order?</td></tr> </table>			Are all smoke detectors properly placed and in good working order?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are ash trays, smoking materials or other fire sources (heaters, hot plates, teapots, etc.) located away from beds or bedding?</td></tr> </table>			Are ash trays, smoking materials or other fire sources (heaters, hot plates, teapots, etc.) located away from beds or bedding?
		Are all smoke detectors properly placed and in good working order?					
		Are ash trays, smoking materials or other fire sources (heaters, hot plates, teapots, etc.) located away from beds or bedding?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are all small stoves and heaters placed where they cannot be knocked over and away from furnishings (furniture, curtains, rugs, etc.?)</td></tr> </table>			Are all small stoves and heaters placed where they cannot be knocked over and away from furnishings (furniture, curtains, rugs, etc.?)	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are heating pads always turned off before going to sleep?</td></tr> </table>			Are heating pads always turned off before going to sleep?
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<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Is wood burning equipment installed properly?</td></tr> </table>			Is wood burning equipment installed properly?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Is there a telephone close to your bed?</td></tr> </table>			Is there a telephone close to your bed?
		Is wood burning equipment installed properly?					
		Is there a telephone close to your bed?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you have an emergency exit plan and alternate exit plan in case of fire?</td></tr> </table>			Do you have an emergency exit plan and alternate exit plan in case of fire?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are stairs well lighted?</td></tr> </table>			Are stairs well lighted?
		Do you have an emergency exit plan and alternate exit plan in case of fire?					
		Are stairs well lighted?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are towels, curtains, and other things that might catch fire located away from the range?</td></tr> </table>			Are towels, curtains, and other things that might catch fire located away from the range?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do the stair steps allow for secure footing?</td></tr> </table>			Do the stair steps allow for secure footing?
		Are towels, curtains, and other things that might catch fire located away from the range?					
		Do the stair steps allow for secure footing?					

Depression Assessment: For each of the following questions, please select (✓) the answer that best represents how you have felt over the past week.

Yes No	Yes No						
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Have you dropped many of your activities of interest?</td></tr> </table>			Have you dropped many of your activities of interest?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you feel that your situation is hopeless?</td></tr> </table>			Do you feel that your situation is hopeless?
		Have you dropped many of your activities of interest?					
		Do you feel that your situation is hopeless?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you feel that your life is empty?</td></tr> </table>			Do you feel that your life is empty?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you think most people are better off than you are?</td></tr> </table>			Do you think most people are better off than you are?
		Do you feel that your life is empty?					
		Do you think most people are better off than you are?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you often get bored?</td></tr> </table>			Do you often get bored?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are you basically satisfied with your life?</td></tr> </table>			Are you basically satisfied with your life?
		Do you often get bored?					
		Are you basically satisfied with your life?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are you afraid that something bad is going to happen to you?</td></tr> </table>			Are you afraid that something bad is going to happen to you?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Are you in good spirits most of the time?</td></tr> </table>			Are you in good spirits most of the time?
		Are you afraid that something bad is going to happen to you?					
		Are you in good spirits most of the time?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you often feel helpless?</td></tr> </table>			Do you often feel helpless?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you feel happy most of the time?</td></tr> </table>			Do you feel happy most of the time?
		Do you often feel helpless?					
		Do you feel happy most of the time?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you prefer to stay home, rather than going out and doing new things?</td></tr> </table>			Do you prefer to stay home, rather than going out and doing new things?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you think it is wonderful to be alive?</td></tr> </table>			Do you think it is wonderful to be alive?
		Do you prefer to stay home, rather than going out and doing new things?					
		Do you think it is wonderful to be alive?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you feel you have more problems with memory than most?</td></tr> </table>			Do you feel you have more problems with memory than most?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you feel full of energy?</td></tr> </table>			Do you feel full of energy?
		Do you feel you have more problems with memory than most?					
		Do you feel full of energy?					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 30px; height: 20px;"></td><td style="width: 30px; height: 20px;"></td><td style="padding: 2px;">Do you feel pretty worthless the way you are right now?</td></tr> </table>			Do you feel pretty worthless the way you are right now?				
		Do you feel pretty worthless the way you are right now?					

Physician Signature: _____