

# Carolinas Back & Sports Specialists

Carolinas Back & Sports Specialists is a multidisciplinary program that combines the services of our board-certified interventional spine, sports medicine and physiatry specialists in one comprehensive program.



**Puneet K. Aggarwal, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
Medical College of Virginia  
**Residency:**  
Baylor College of Medicine  
**Fellowship:**  
Medical College of Virginia  
(*Interventional Spine, Pain Medicine*)



**David M. Agner, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
East Carolina University  
**Residency:**  
Ohio State University



**William Louis Bockenek, MD**  
Physical Medicine & Rehabilitation/Acupuncture

**Medical School:**  
University of South Florida  
**Residency:**  
North Carolina Baptist Medical Center/  
Bowman Gray School of Medicine  
University of Medicine & Dentistry of New Jersey



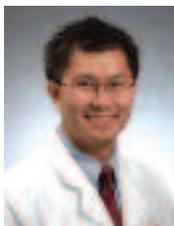
**Thomas Richard Jackson, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
Temple University School of Medicine  
**Residency:**  
Temple University Hospital -  
Moss Rehabilitation Hospital  
**Fellowship:**  
Sinai Hospital of Baltimore  
(*Interventional Spine and Pain Management*)



**Robert L. Jones, Jr., MD**  
Sports Medicine

**Medical School:**  
University of Cincinnati  
**Residency:**  
University of Maryland Medical System  
**Fellowship:**  
San Jose Medical Center/  
Stanford University School of Medicine  
(*Sports Medicine*)



**Vu Q.C. Nguyen, MD**  
Physical Medicine & Rehabilitation/Acupuncture

**Medical School:**  
Michigan State University  
**Residency:**  
Carolinas Medical Center



**Asim S. Otey, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
University of Medicine & Dentistry  
of New Jersey-Robert Wood Johnson  
Medical School  
**Residency:**  
Montefiore Medical Center



**David E. Price, MD**  
Sports Medicine

**Medical School:**  
Medical College of Georgia  
**Residency:**  
Carolinas Medical Center  
**Fellowship:**  
Bayfront Medical Center  
(*Sports Medicine*)



**Catherine Rogers Rainbow, MD**  
Sports Medicine

**Medical School:**  
Eastern Virginia Medical School  
**Residency:**  
Carolinas Medical Center  
**Fellowship:**  
Moses Cone Health System  
(*Sports Medicine*)



**Sonya G. Rissmiller, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
Medical College of Virginia  
**Residency:**  
Carolinas Medical Center



**Patricia G. Shannon, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
Wright State University  
**Residency:**  
Carolinas Medical Center



**Judi L. Tassone, MD**  
Physical Medicine & Rehabilitation

**Medical School:**  
University of Medicine & Dentistry  
of New Jersey-Robert Wood Johnson  
Medical School  
**Residency:**  
Rehabilitation Institute of Michigan

# Carolinas Back & Sports Specialists

## Our comprehensive services include:

### PHYSICAL AND MUSCULOSKELETAL MEDICINE

- Low back pain – acute or chronic
- Leg pain
- Sacroiliac joint pain
- Hip, knee and shoulder pain
- Neck pain
- Neck pain triggering headaches
- Myofascial pain
- Fibromyalgia
- Previous stroke patients with spasticity
- Management of neuropathy and neuropathic pain
- Evaluation of possible entrapment neuropathies (i.e. carpal tunnel syndrome)
- Acupuncture
- Fall prevention
- Muscle spasm

### INTERVENTIONAL SPINE

- Epidural injections
- Selective nerve root injections
- Facet joint injections
- Medial branch nerve injections
- Greater occipital/lesser occipital nerve injections for headaches
- Sacroiliac joint injections
- Carpal tunnel injections
- Lumbar discography/functional anesthetic discography
- Lumbar sympathetic nerve injections
- Lumbar intradiscal procedures
- Neurotomy (radiofrequency lesioning)
- Hip, knee and shoulder injections
- Electromyography (EMG/NCS)

### SPORTS MEDICINE

- Joint and soft tissue injuries
- Muscle and ligament strains and sprains
- Stress fracture and simple fracture care
- Sports concussion evaluation and treatment
- Medical conditions in athletes (e.g. overtraining, anemia and asthma)
- Exercise prescription and performance enhancement evaluations
- Special interest in endurance athletes
- Sports physicals
- Children and adolescents with sports injuries

### PROCEDURES AVAILABLE

- Joint and soft tissue injections
- Platelet Rich Plasma (PRP) injections/prolotherapy
- Casting/splinting of extremities
- Computerized concussion testing
- Gait analysis

*Seven locations to serve you better!*

#### **Randolph**

3030 Randolph Road  
Suite 105  
Charlotte, NC 28211

#### **Ballantyne**

14214 Ballantyne Lake Road  
Suite 150  
Charlotte, NC 28277

#### **Huntersville**

9726 Sam Furr Road  
Huntersville, NC 28078

#### **Matthews**

332 Sam Newell Road  
Suite 1200  
Matthews, NC 28105

#### **Gastonia**

2550 Court Drive  
Suite 202  
Gastonia, NC 28054

#### **Mount Holly**

275 Beatty Drive  
Belmont, NC 28012

#### **University**

101 East W.T. Harris Blvd.  
Suite 5101  
Charlotte, NC 28262

For more information or to make an appointment, call **704-512-4400** or **1-866-926-0215**.



Carolinas Back & Sports Specialists

*Uncompromising Excellence. Commitment to Care.*

[www.carolinasbackandsports.org](http://www.carolinasbackandsports.org)