

# Spinal Cord Injury Program

[www.carolinasrehabilitation.org](http://www.carolinasrehabilitation.org)



Carolin Rehabilitation

*Uncompromising Excellence. Commitment to Care.*



# Spinal Cord Injury Program

A spinal cord injury affects far more than the physical condition of patients. It affects their emotional and spiritual well-being, family members, friends, coworkers – their entire world. To handle the scope of spinal cord injury, you need a healthcare resource that can treat the whole person – not just the injury. A resource like Carolinas Rehabilitation.

## Reach for Experience

To help prepare patients for independent living, we tailor our neuro-rehabilitation services to each individual's needs. Due to our long-term success and accomplished staff, we're often considered for clinical trials and studies that offer new hope and treatment options for SCI patients. Our other specialized programs and therapies include:

- Lokomat® system
- Physical therapy and occupational therapy
- Speech and language pathology
- Vocational rehabilitation
- Specialized psychology counseling and neuropsychology
- Group therapy and peer counseling
- Orthotic evaluations
- Spasticity management
- Aquatic therapy
- Nutritional counseling
- Respiratory therapy
- Diaphragm Pacing System
- Therapeutic recreation

Carolinas Rehabilitation provides a full range of diagnostic services, such as pressure mapping for seating systems, electrodiagnosis and a neuro-urology department with a neuro-urologist on staff. We also support a multi-disciplinary skin and wound inpatient/outpatient clinic and the region's only post-polio program dedicated to a disease that affects nearly two million people in the U.S. alone.

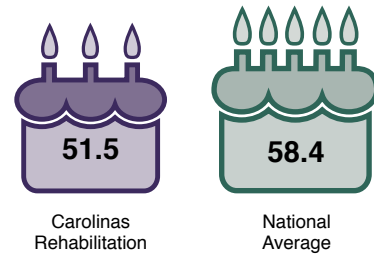
One of the largest not-for-profit rehabilitation hospitals of its kind, Carolinas Rehabilitation offers one of the most renowned and effective spinal cord injury (SCI) programs of traumatic and non-traumatic cases in the Southeast. Designed for adult and pediatric age groups, our program helps patients reach an optimal functioning level faster, so they, and those around them, can return to a more productive lifestyle.

Our national reputation and specialty certified physicians allow us to handle any traumatic case, no matter how severe or complex. Adjacent to Carolinas Medical Center, one of the nation's top-ranked acute care trauma hospitals, Carolinas Rehabilitation combines experienced care teams with services that help patients overcome the many hurdles of spinal cord injury rehabilitation.

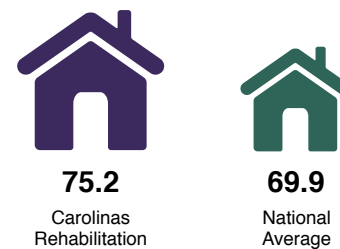
## Numbers Speak Louder than Words

An independent study recently revealed that Carolinas Rehabilitation ranks among the nation's best facilities in restoring patients to an active lifestyle.

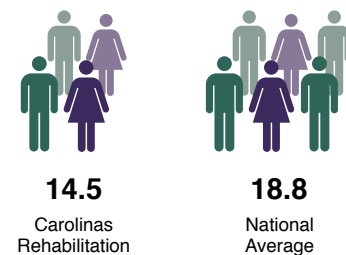
### Average Age of Patients Served:



### Percentage of Patients Discharged to Their Home



### Percentage of Unplanned Transfers to Acute Medical Facilities



## Reach for Education

Research has shown that the faster SCI patients regain independence, the better their overall mental and physical health. Our spinal cord injury program incorporates educational programs that focus on reintegration into society.

One of our most successful programs is our peer counseling program, where patients learn directly from persons with SCI who face the same daily challenges. In addition to learning first-hand how to cope with life's changes, patients benefit from clinics such as:

- Wheelchair seating and positioning
- Adaptive technology training
- Adaptive apartment training
- Assisted reproduction and sexual dysfunction therapy
- Adaptive childcare training for prenatal through postnatal SCI patients
- Training for patients in need of a home ventilator
- Adaptive Sports & Adventures Program
- Weekly SCI education seminars

Our interactive programs and support groups extend hope to families, friends and caregivers who share the unique challenge of spinal cord injury and related issues. Carolinas Rehabilitation makes a difference in the lives of spinal cord injury patients.

## Reach for Results

No other regional facility offers more advanced SCI services, a more accomplished staff and a stronger commitment to helping patients move beyond disability than Carolinas Rehabilitation.

To learn more about our spinal cord injury program or to refer a patient to our SCI program, call **704-355-3558** or **877-REHAB51 (877-734-2251)**. Or visit us at [www.carolinasrehabilitation.org](http://www.carolinasrehabilitation.org).

# Why Choose Carolinas Rehabilitation?

- Carolinas Rehabilitation is one of the largest not-for-profit rehabilitation providers in the nation
- We are accredited by The Joint Commission and are CARF (Commission on the Accreditation of Rehabilitation Facilities) accredited in 16 specialized programs, more than any other facility in the region
- With 23 physical medicine and rehabilitation physicians, we house the largest physiatry practice in the Southeast
- We are actively involved in numerous research and clinical trials, which helps to optimize outcomes and develop and improve treatment for patients across the country
- We provide the region's most advanced SCI therapies and programs, including access to the Lokomat®, a para-gym and an indoor therapy pool
- With multiple inpatient and outpatient locations, we provide an interdisciplinary approach to care



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