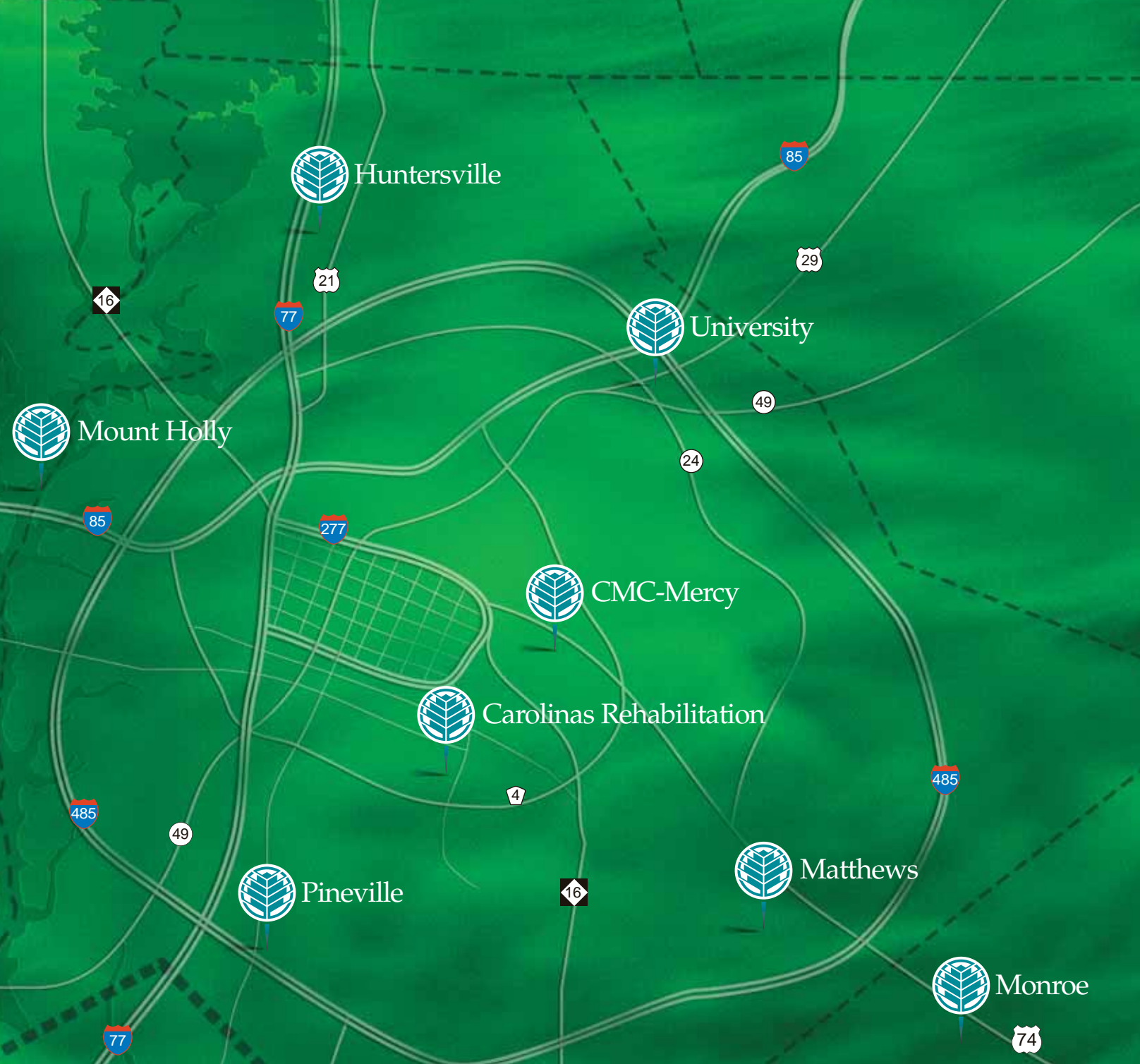


Stroke Program



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Charlotte, NC 28207

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Suite 300
Huntersville, NC 28078

Matthews
1401 Matthews Township Parkway
Abel Plaza, Suite 225
Matthews, NC 28105

Monroe
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Suite 200
Monroe, NC 28112

Mount Holly*
275 Beatty Drive
Belmont, NC 28012

Pineville
10620 Park Road
Suite 200
Charlotte, NC 28210

University
101 W.T. Harris Blvd.
Suite 5304
Charlotte, NC 28262



Carolinas Rehabilitation

Uncompromising Excellence. Commitment to Care.

704-355-3558
or 877-REHAB51 (877-734-2251)
www.carolinasrehabilitation.org

*Inpatient and Outpatient
**Inpatient only

www.carolinasrehabilitation.org



**WITHIN
YOUR
REACH**



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Uncompromising Excellence. Commitment to Care.

Stroke Program

Carolinas Rehabilitation offers comprehensive rehabilitation services for people who have experienced a cerebrovascular accident (CVA), commonly known as a stroke. Part of Carolinas HealthCare System, a nationally recognized healthcare network, Carolinas Rehabilitation has one of the largest stroke rehabilitation programs in the Southeast.

Rehabilitation Within Reach

Many stroke survivors face the challenge of reacquiring both cognitive and physical skills — skills that were automatic before their stroke. Whether the need is to regain speech, relearn motor skills, or both, Carolinas Rehabilitation creates individualized treatment programs that maximize each patient's chances for success.

Teamwork

Carolinas Rehabilitation's stroke program is led by board-certified rehabilitation specialists with sub-specialization in stroke rehabilitation. Plus, a stroke-dedicated interdisciplinary team that provides the following:

- Inpatient and outpatient services (a full continuum of care)
- More than 11 outpatient sites
- Physical therapy (PT)
- Occupational therapy (OT)
- Speech and language pathology (SLP)
- Psychology
- Clinical social work
- Nursing
- Case Management
- Recreation Therapy

Our team addresses the physical, functional and emotional needs of patients and families. Gaining the fullest possible recovery from a stroke can take many months. Both patients and family members need to be involved in establishing and achieving goals. Families are encouraged to attend treatment sessions so that they can learn to care for, support and encourage the patient in his or her journey to recovery.



Physical Therapy

Our physical therapy program focuses on functional stability and mobility. We combine neurologically focused therapy, aquatic therapy and other techniques to enable each patient to achieve the highest possible functional level.

In addition to therapy, our program provides:

- An in-house seating clinic with specialists who make sure each patient has an appropriate wheelchair while in the hospital and after discharge
- The availability of an orthotist who develops orthotics to increase independence with mobility
- Equipment and education related to the patient's post-discharge needs

including neurologically focused therapy, functional training and specialized treatment to address visual, perceptual and cognitive problems.

If specialized equipment such as bathing and showering equipment is required, the occupational therapy staff will educate the patient and family in its use after discharge.

Speech

Our speech and language pathologists use a variety of techniques and equipment to aid in the improvement of swallowing, speech, language and cognition. These include VitalStim™ therapy for swallowing and facial electrical stimulation for facial droop and weakness.

Support

Interdisciplinary Program – The inpatient stroke program at Carolinas Rehabilitation was designed specifically to meet the needs of our stroke patients. Weekly meetings of the stroke team ensure that all disciplines are working together to



achieve each patient's individualized care plan. After discharge, care continues through our extensive outpatient network. The outpatient program includes interdisciplinary services and follow-up with a board-certified rehabilitation specialist for at least 12 months.

Education – Patients and families are encouraged to attend stroke education classes during their stay. Here we focus on family education to better support the patient in preparation for a therapeutic leave of absence and discharge. In addition, a monthly stroke support group, co-sponsored by Easter Seals, is available for patients and families after discharge.

If you have suffered a stroke, restoration to the highest possible level of functioning is within your reach at Carolinas Rehabilitation. For more information about our program and services, please call **704-355-3558** or **877-REHAB51 (877-734-2251)**.

