



## STEP 9: PREPARE FOR LIFE SUPPORT CERTIFICATION COURSES

March 17, 2012

Greetings and Welcome!

Allow us to formally welcome you to Life Support Education at Carolinas Medical Center. We are excited to have you join our team and want this educational process to be seamless as you begin your time here.

This letter contains instructions for the American Heart Association Life Support courses you will take the weekend of June 22, 23 and 24. Please read all of this information as it is critical to your weekend with us. Parking instructions are on page 2 and are reiterated on the website: <http://www.carolinasmedicalcenter.org/body.cfm?id=1940>.

**1. REQUIRED COURSES BY PROGRAM:** Please refer to the table below for the courses required by your department for incoming **PG-1 Residents**. You are automatically registered for all courses according to your department requirements.

### REQUIRED FOR PGY-1 RESIDENTS

PROGRAM	BLS	ACLS	ATLS	PALS	NRP
Emergency Medicine	Yes	Yes	Yes	Yes	No
Family Medicine (Main/Urban)	Yes	Yes	No	Yes	Yes(New)
Family Medicine (Rural)	Yes	Yes	No	Yes	Yes(New)
Internal Medicine-Categorical	Yes	Yes	No	No	No
Internal Medicine-Preliminary	Yes	Yes	No	No	No
Obstetrics & Gynecology	Yes	Yes	No	No	Yes
Orthopaedic Surgery	Yes	Yes	Yes	No	No
Pediatrics	Yes	No	No	Yes	Yes
General Surgery-Categorical	Yes	Yes	Yes	Yes	No
General Surgery-Preliminary	Yes	Yes	Yes	Yes	No
Dentistry	Yes	Yes	No	No	No

BLS: BASIC LIFE SUPPORT ACLS: ADVANCED CARDIAC LIFE SUPPORT

ATLS: ADVANCED TRAUMA LIFE SUPPORT PALS: PEDIATRIC ADVANCED LIFE SUPPORT

NRP: NEONATAL RESUSCITATION PROGRAM

### 2. REQUIRED READING MATERIALS AND COURSE PREPARATION FOR BLS, ACLS AND PALS:

- Review the table to see what classes are required for you.
- Review and study the materials **prior to** June 22nd. You **must be prepared for these courses**.
- Teaching stations and skills stations are contained in the classes but you must be familiar with the material before you arrive.
- Send pretest **certificate of completion** from each applicable course to Debi Wheeler via email at [Deborah.wheeler@carolinashealthcare.org](mailto:Deborah.wheeler@carolinashealthcare.org) or fax to 704-355-9293. You may also send a copy via US mail to Deborah Wheeler, Community Training Center, Carolinas College of Health Sciences, 1200 Blythe Boulevard, Charlotte, NC 28203. **Please keep a copy of all certificates.**
- **Pretests: Pretest documentation must be received by June 1<sup>st</sup>. Submit all pretests as noted. If you are making plans to be on vacation after you graduate, plan for this. We must have your pretests.**
  - **PALS:** Complete the pretest for PALS by following the instructions on page ii inside the PALS book. The link will take you to the AHA website. Use the password to access your pretest. Participants must choose “**complete course**” and not “**individual course**” at the beginning of the pretest or you will not be able to print a certificate
  - **ACLS:** Complete the pretest for ACLS by following the instructions on page ii inside the ACLS book. The link will take you to an AHA website. Use the password to access your pretest.

- **PALS and ACLS have sections:** You must pass **each pretest section with 84% or better**. Do not submit these until you reach 84% or better.
- **EKG:** Rhythms are the core and crux of advanced life support. Attached is an EKG pretest. Complete this and return it to Debi Wheeler by June 1<sup>st</sup>.
- Review and refresh the didactic information before your classes.
- Feel free to contact Debi Wheeler to ensure receipt of the certificates.

### 3. SCHEDULE:

<b>All participants</b>	Friday, June 22, 2012	8:00 a.m. to 6:00 p.m.	CCHS
<b>ACLS participants</b>	Saturday June 23, 2012	8:00 a.m. to 6:00 p.m.	CCHS
<b>PALS participants</b>	Sunday, June 24, 2012	8:00 a.m. to 6:00 p.m.	CCHS

### 4. DETAILS:

- Park in the Scott Employee Parking Deck, use parking code **54126**.
- Scott Deck is about a 15 minute walk to Carolinas College of Health Sciences. Please arrive at the College no later than 7:50.
- **MANDATORY!! Bring pretest certification(s) for ACLS, PALS and BLS with you, as well as, your textbooks. You will not be allowed into the class without the texts or the pretest confirmation.**
- **Be familiar with the material. One of the best resources, other than the texts, is the small spiral bound Handbook of Emergency Cardiovascular Care book and the tri-fold inserts in the ACLS and PALS books.**
- Breakfast will **not** be provided. Coffee, orange juice and water will be available in the morning.
- Lunch and snacks will be provided.
- Please let us know if you have specific dietary needs. We can order vegetarian or vegan lunches
- **Temperature in our building is variable.** Dress in layers as some of the rooms tend to be rather cold. Dress for the day is business casual. No jeans please. Be comfortable. You will be moving around a great deal.
- If you have special needs that are not addressed in this letter, feel free to contact Debi or Christy. We will do everything that we can to accommodate you.
- If at any time you have questions about the AHA life support questions, please email Debi Wheeler at [deborah.wheeler@carolinashealthcare.org](mailto:deborah.wheeler@carolinashealthcare.org).

Sincerely,

**Debi Wheeler**

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 Carolinas HealthCare System  
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Cc: Dr. Lisa Howley  
 Sheri Madsen