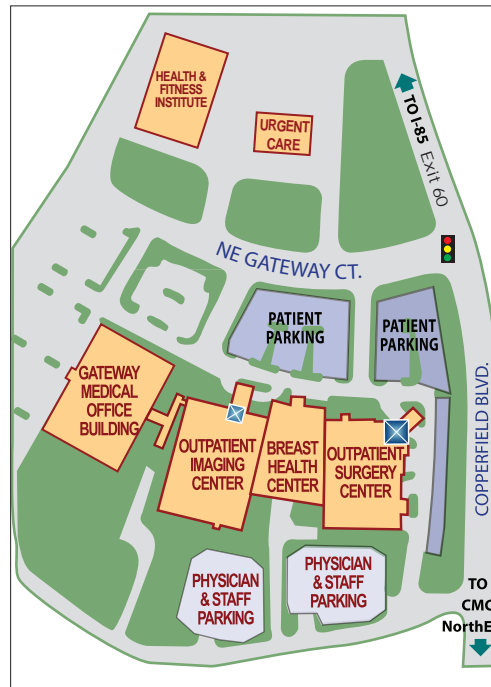


1 in 8 Women will fight breast cancer in their lifetime.

- In 2007, only 36 percent of women in our region had the recommended screening mammogram.
- Only 26 percent of breast cancer patients survive if the diagnosis comes late.
- 98 percent survive breast cancer when they are diagnosed early.
- Given those numbers, why would anyone wait to be screened?



CMC-NorthEast.
Breast cancer prevention starts
with you. Join the fight.



Carolinus HealthCare System

Breast Health Center

1045 NorthEast Gateway Court, NE | Concord, NC | 704-403-1729

Learn more at www.cmc-northeast.org



Carolinus HealthCare System

CMC-NorthEast.

Breast health nurse navigators are important members of the team of experts available to women at the Breast Health Center. They provide patients with emotional support, education and advocacy. Nurse navigators also serve as a patient's guide through the entire process from diagnostic exam and biopsy to treatment at Batte Cancer Center.



At Carolinas Medical Center-NorthEast Breast Health Center, we believe in the proven three-step approach to keeping your breasts healthy:

Step 1

Monthly self-breast exam

The best time for a monthly self-breast exam is 7-10 days after your period or at the same time each month if postmenopausal.

Step 2

Clinical breast exam

A clinical breast exam should be done by your doctor at least every three years for women ages 20-40 and every year for women over 40.

Step 3

Annual mammogram

The Susan G. Komen Breast Cancer Foundation recommends a mammogram yearly after age 40.

Learn more at www.cmc-northeast.org

Breast Health Center

The Breast Health Center at CMC-NorthEast is a comprehensive breast health program that offers a full range of clinical, medical and support services. We provide screening, diagnosis, treatment and counseling to the women we serve. Our care is high quality, cost effective and most of all, compassionate.

At CMC-NorthEast Breast Health Center, you can expect innovative treatments and advanced technology. We are devoted to the prevention, early detection and diagnosis of breast cancer. Our team is committed to meeting the needs of you and your family.

The Breast Imaging Program provides a full suite of exams including screening and diagnostic digital mammography, breast ultrasound, breast MRI with Charlotte Radiology assistance in detecting problems,



stereotactic biopsy, ultrasound guided core biopsy and breast MRI biopsy.

CMC-NorthEast Breast Health Center is designated as a Breast Imaging Center of Excellence by the American College of Radiology. This is a distinction few breast centers achieve.

Breast Health and community outreach

The Mobile Mammography coach brings high-quality, life-saving digital mammography screening to women in various locations more convenient to their homes or workplaces. The coach visits churches, medical offices, businesses and other locations to bring this service to as many women as possible in a place convenient to them.

The CMC-NorthEast Breast Health Center education program offers classes at the Breast Health Center as a part of our continuing effort to provide excellent breast health care in the communities we serve. Services include MammaCare® classes, Breast Health Champion classes, support resources and screening programs.

Why wait –

Call to schedule your mammogram today

Mammogram scheduling.....704-403-1729
General information.....704-403-7515
Financial assistance is available.