

Preconception and Early Pregnancy Genetic Counseling Services at CMC Women's Institute

CMC Women's Institute is proud to announce the expansion of our Genetic Counseling Services. Additional appointments are now available for counseling in early pregnancy and even prior to conception. Planning a pregnancy is an exciting time, but it can also be a time when questions come up concerning one's personal health, age, or family history. In addition, the options for testing in pregnancy are continuously growing and it can be



difficult to decide what, if any, testing to pursue. Genetic counselors are uniquely trained to translate medical knowledge into understandable information, provide individual risk assessment, discuss potential testing options, and provide supportive counseling when it matters most.

(From Left)
Stephanie Nix, MS, CGC; Jean St. John, MS, CGC; Cheryl Dickerson, MS, CGC; Jessica Hooks, MS, CGC; Jennifer Hargett, MS, CGC; Teresa Brady, MS, CGC; Beth Dellinger, MS, CGC

Who should consider Genetic Counseling Services at CMC Women's Institute?

- Any woman, regardless of age, who has questions about genetic screening or diagnostic testing options available through your physician or at CMC Women's Institute
- Women with a known risk factor including age or a medical condition such as diabetes
- Women with a family history of a genetic condition, birth defect or miscarriages
- Women who have questions about medication use or exposures during pregnancy
- Any woman who has questions about ethnicity related screening or general population screening for conditions such as cystic fibrosis
- Women with an abnormal genetic screening test or ultrasound at their provider's office

How can I make an appointment?

Genetic counseling services are available at each of CMC Women's Institute's three convenient locations (See reverse side). Women seen at our practice will continue their prenatal care through their health care provider. In some circumstances, you may return to our office if a test is needed that is not performed by your physician's office. You can request a referral to our center through your healthcare provider. We look forward to the opportunity to serve you.



Carolinan Medical Center
Women's Institute

Uncompromising Excellence. Commitment to Care.

www.cmc-womensinstitute.org

Preconception and Early Pregnancy Genetic Counseling Services at CMC Women's Institute

CMC Women's Institute

Morehead Medical Plaza
1025 Morehead Medical Drive, Suite 500
Charlotte, NC 28204
704-355-3149

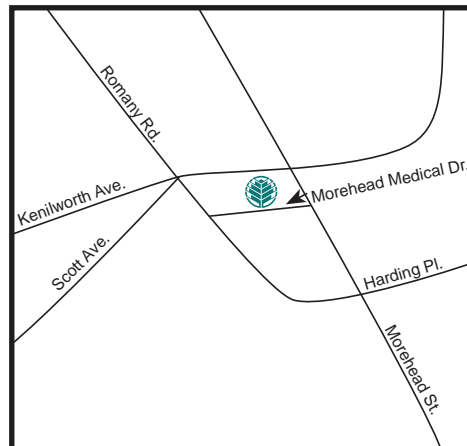
For questions regarding directions, please call 704-667-2670
Monday – Friday by appointment

Directions

From I-77, take the John Belk Freeway (I-277) exit 9 and follow 9B and the "Trauma Center" signs to Kenilworth Avenue. Follow Kenilworth Avenue to Morehead Street and turn left. Drive to Harding Place and turn right. Turn right into Morehead Medical Plaza.

Parking

When arriving at Morehead Medical Plaza, park in the Visitors parking deck (Levels 1-3). Take the elevator to the third floor. After exiting the elevator turn right. Cross the breezeway/sky bridge to enter the building. Once inside the building, take the elevator to the fifth floor, Women's Institute, Suite 500.



CMC Women's Institute – NorthEast

200 Medical Park Drive, Suite 500
Concord, NC 28025
704-403-4189

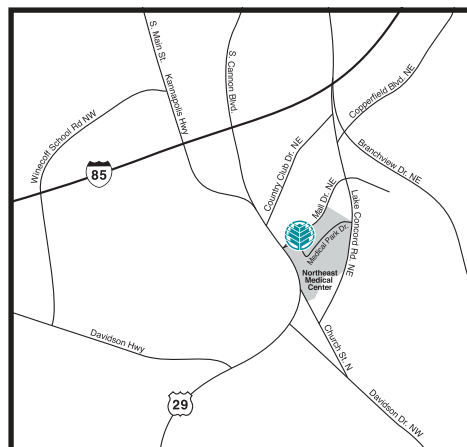
Monday, Wednesday and Friday by appointment

Directions

From I-77, take Exit 13A to I-85 N toward Greensboro. Merge onto I-85 N and take Exit 58 to US-29 S/US-601 S toward Concord. Continue to follow Concord Parkway for 0.4 miles and turn left at Mall Drive NE. Take a slight right at Medical Park Drive NE and then left at Medical Park Drive.

Parking

Upon arrival on the CMC-NorthEast campus, park in the Visitor's parking deck on the right. Enter the Medical Arts Building (pineapple water fountain out front) and take the first bank of elevators to the fifth floor. After exiting the elevator turn right to CMC Women's Institute-NorthEast, Suite 500.



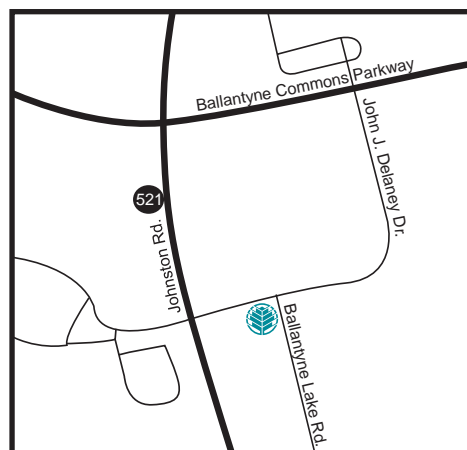
CMC Women's Institute – Ballantyne

14214 Ballantyne Lake Road, Suite 200
Charlotte, NC 28277
704-355-3149

For questions regarding directions, please call 704-667-2670
Monday-Friday by appointment

Directions

From I-485, take Johnston Road/Exit 61 south towards Ballantyne. Continue 1.1 miles and turn left on the second John J. Delaney Drive (at Harris Teeter Shopping Center). Take an immediate right onto Ballantyne Lake Road.



For more information, please contact us at 704-355-3149.

www.cmc-womensinstitute.org