



*Cosmetic  
Dermatology  
Services*

LASER HAIR  
REMOVAL



Mecklenburg Medical Group

*Uncompromising Excellence. Commitment to Care.*



LASER HAIR  
REMOVAL

## FREQUENTLY ASKED QUESTIONS

### **Is it true that only very fair individuals can achieve hair reduction with lasers?**

*No. There are lasers that are effective for darker skin tones. However, the best result is achieved with dark hair on lighter skin. This is because hair removal lasers are designed to seek out the highest concentration of melanin within the treatment area. Typically, as long as the hair is darker than the surrounding skin, favorable results can be achieved. Tanning, however, is discouraged during treatment.*

### **What areas of the body can be treated?**

*We can treat areas of the lower face, underarms, bikini area, back, chest and legs.*

### **So, what if my hair is blonde/gray/red?**

*Unfortunately, laser hair reduction may not provide you with the results you may desire.*

### **How many treatments will I need?**

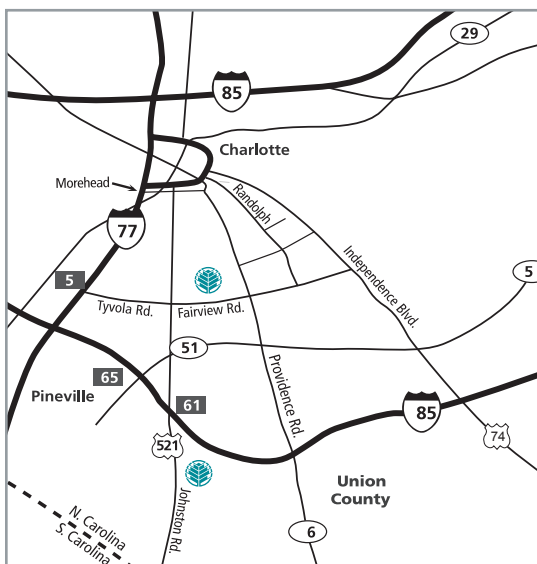
*The average number of treatments is 4-6, however, the number of sessions you will need may depend upon many factors including age, hormone levels, heredity, and timing of treatments. It is not possible to predict with certainty the number of sessions you will need.*

### **How frequently will I need to come in for treatment?**

*Between treatments will vary depending upon the individual and the area being treated. Typically, it will take about a year to complete 6 treatments in any one area. A schedule will be provided by your esthetician during a consultation.*

### **How do I prepare for my treatments?**

*Prior to each visit, the area must be shaven and free of lotions, makeup, etc. Shaving is the only method you may use to remove hair during the time you are undergoing treatment. Waxing, tweezing, and usage of depilatories will negatively affect your results. Tanning during treatment is not advised, and self-tanners of any kind should be avoided 2 weeks prior to treatment.*



### Ballantyne

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### SouthPark

CMC - Morrocroft Medical Plaza  
4525 Cameron Valley Pkwy., Ste. 2100  
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*[www.mecklenburgmedicalgroup.org/dermatology](http://www.mecklenburgmedicalgroup.org/dermatology)*



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