

# Fall 2020 Biology Laboratory Policy

This policy has been established to ensure your safety while in lab at Cabarrus College of Health Sciences.

## Laboratory Attire

You will be given a lab coat to use during the semester. Lab coats are required at all times while performing lab activities. **It is your responsibility to take the lab coat home and wash with bleach after EVERY lab**. Remember to bring your cleaned lab coat for each lab meeting.

Wear shoes that fully cover your feet. You may not perform the required laboratory activities if you are wearing sandals, flip flops, etc.

Pull back and secure long hair.

### **Gloves and Masks**

### Masks are required whenever you are on campus. NO EXCEPTIONS.

Wear gloves, provided in lab, to protect your hands at all times while you are in the lab room.

If punctured or torn, gloves should be disposed of immediately.

## **Preventing Contamination**

Do not eat, drink, or chew gum during the laboratory activity.

Notebooks, papers, pens, etc. are not allowed in the lab. The only item that you should bring to lab is your cell phone- you will need the camera.

Clean the lab bench with ethanol before and after the laboratory activity. Disinfect the microscopes and any other equipment that has been used before leaving the lab.

Wash your hands thoroughly with soap and water or use the hand sanitizer available in each lab before and after the laboratory activity and at any time that you think your hands may have become contaminated.

#### You must have your lab coat, gloves, and masks on at all times while you are in the lab.

You will be given time to disinfect your work area before you leave. There will be a form for you to sign that you have completed this task.

Signature	Print
Lab Coat #	Date