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For Immediate Release

FACULTY MEMBER ACHIEVES DISTINCTIVE CERTIFICATION IN HEALING TOUCH

Charlotte, NC – Cathy Borysewicz, Carolinas College nursing faculty member, has become a Healing Touch Certified Practitioner/Instructor, becoming one of only eight in North Carolina and one of only 130 in the nation. This achievement represents completion of six levels of education.

Healing Touch is a relaxing, nurturing energy therapy. Gentle touch assists in balancing your physical, mental, emotional, and spiritual well-being. Healing Touch works with your energy field to support your natural ability to heal. It is safe for all ages and works in harmony with standard medical care. Healing Touch Practitioner status is awarded after successful completion of the complete Healing Touch Program. Practitioners can then choose to seek certification which includes additional requirements beyond program completion and the passing of a national certification exam. Following acceptance into and completion of the instructor training, candidates who meet additional requirements including co-teaching and solo teaching can seek to become certified instructors.

In addition to this certification, Ms. Borysewicz holds certifications in psychiatric and mental health nursing, nursing education, and life support. She also holds a bachelor and master's degree in nursing from Adelphi University.

[Carolinan College of Health Sciences](http://www.CarolinanCollege.edu) (www.CarolinanCollege.edu), recently ranked the number one two-year college in the nation for two consecutive years, offers programs in many areas of health care. Graduates consistently exceed state and national certification testing benchmarks, demonstrating their exceptional preparedness in careers such as medical laboratory science, nursing, radiation therapy, histology, radiologic technology, and surgical technology. The College also offers individual courses in the sciences and liberal arts as well as continuing education programs in professional skills and integrative medicine. Carolinas College offers student access to the Carolinas Simulation Center, a rich collection of high fidelity human patient simulators and procedural task trainers.

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Ms. Cathy Borysewicz