



CAROLINAS COLLEGE OF HEALTH SCIENCES

Never believe that a few caring people can't change the world. For indeed, that's all who ever have.
~ Margaret Meade

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WELCOME TO CCHS - WE'RE SO GLAD YOU'RE HERE!

New Student Orientation is **August 17 to 18** for clinical programs (Medical Laboratory Science, Nursing, Radiation Therapy and Radiologic Technology) and **August 20** for non-clinical students (General Studies, Pre-Nursing and Pre-Radiologic Tracks, and Surgical Technology). Be sure to complete all on-line modules for New Student Orientation prior to attending. Use this link to access the modules: <http://online.carolinacollege.edu/course/view.php?id=302>.

Student Ambassadors will be calling to welcome you and help with any questions regarding tasks that need to be completed prior to orientation. They will also be on hand to meet you in the Morehead Medical Plaza (MMP) parking deck, 3rd floor by the elevators, at 7:15 a.m., on each day to give you a brief walking tour to the college.

In addition to all returning students, CCHS welcomes 171 new students to campus this fall:

- ☞ 65 general studies (including pre-nursing and pre-radiologic technology)
- ☞ 8 medical laboratory science
- ☞ 64 nursing
- ☞ 18 radiologic technology
- ☞ 10 radiation therapy
- ☞ 6 seeking the AAS degree in surgical technology

Admission to all programs was competitive or highly competitive, so you deserve to be very proud that you are here! Likewise, Carolinas College is honored that you chose CCHS for your healthcare education. Congratulations on starting your path to a new and rewarding career, and welcome to Carolinas College of Health Sciences! Hold onto your seat; you're in for an unforgettable journey!



Student Ambassadors (Front row, L to R): Summer Nunn, Ashley Amirkhanian, Olivia Myers. (Back row, L to R): Rhoda Rillorta (SA Advisor) Hannah Shelton, Amy DeCoste.

CCHS Hours of Operation

Mon - Fri, 7:30 a.m. - 4:30 p.m.
Student badge access 24/7.

CCHS Computer Lab Staffed Hours

Mon - Thurs, 7:30 a.m. - 7:30 p.m.
Friday, 7:30 a.m. - 4:30 p.m.
(No after-hours staff on Fridays.)
Saturday, 11 a.m. - 4 p.m.
Sunday - No staff support.

There will be no after hours staff support in the lab from Aug. 1 to Aug. 23.

CCHS Computer Lab Access Hours

24/7 access with CCHS badge.
Please badge in & out.

AHEC Library

Medical Education Building (MEB)
Staffed Access to Collection & Services, Mon - Fri, 8 a.m. - 5 p.m.
Badge access to 2nd floor study rooms is 24/7.

The AHEC Library will be closed 10:30 a.m. to 2 p.m. on Aug. 6 & 12.

Finding MEB: It has the UNC School of Medicine sign and is across the street from the CMC ED entrance/ambulance bay. Front door & 2nd floor badge readers give 24/7 access.

STUDENT OF THE MONTH



Honnah Jones

Congratulations to Honnah Jones, the August Student of the Month. Honnah started the pre-nursing program at CCHS in the spring of 2013 and will graduate from the nursing program in December 2015. She is an active member of Phi Theta Kappa, the Student Nurses Association and the Council of Student Leaders. She also serves as a college work-study student. As part of her student worker role she participates in a community service role by volunteering at Carolinas Medical Center assisting on the OB High Risk floor. She decided to pursue a career in healthcare partly because of the importance her family places on such a career. After completing an associate in arts degree from Cape Fear Community College, several events in her life led her to realize that her purpose was to care for others, perhaps in the darkest hours of life. She derives great joy from helping to brighten the day of those around her. As you see Honnah on campus, please congratulate her on this award.

Connect with CCHS



OPEN FORUM WITH PRESIDENT SHEPPARD

CCHS students have many opportunities for input into college decision making. One of the easiest is by attending President's Open Forum on **August 20**, 2 to 2:45 p.m., room 137. A topic addressed last month was how loud the ticking is from the clocks in the quiet study rooms. As a result of this student concern, CCHS went clock shopping with a new criteria: Non-ticking, battery-operated wall clocks. The college found and installed new clocks in rooms 135 and 137 for a trial period. All immediate comments were positive, so all quiet study rooms are slated for new clocks by fall semester. Let your voice be heard by attending Open Forum, but if you're unable to, stop by Dr. Sheppard's office (room 110; the door's always open!) or send an email: Ellen.Sheppard@CarolinasCollege.edu.

WHAT HAPPENED TO OUR PETITION?

Your voice matters! When the traditional nursing capping ceremony was discontinued last spring, many students were disappointed. Through a petition and emails, they collectively let the college know how they felt. As a result, Dean Hampton Hopkins was asked to convene a panel with representatives from nursing students, alumni, faculty, and other interested parties. The forum will discuss all sides of the issue and recommend a mutually acceptable solution to President Sheppard. The College firmly believes that all good solutions are rooted in excellent communication and mutual respect for all sides of an issue and all parties involved. Both students and faculty are commended for their patience and passion in seeking a mutually beneficial solution to this delicate dilemma.

WELCOME DINNER FOR CHS HOUSING STUDENTS

The college is hosting a housing orientation/welcome dinner for all residents on **August 27**, at 5:30 p.m. in room 161. Meet other students living in housing and learn about what to expect. Topics will include living in the Dilworth community, security and safety, parking, maintenance, and much more that is important to you. Watch your CCHS e-mail for an invitation and call 704.355.5051 to RSVP to Joy Godwin, receptionist. Everyone living in CHS housing should plan to attend.

GET YOUR FOOT IN THE DOOR AT CMC; BE A VOLUNTEER!

A new work opportunity awaits: you won't be paid but you will be recognized! Here's the deal: Patient rounding (checking on each patient frequently) improves patient morale and satisfaction and spots problems before they escalate. But it's difficult for busy staff to deliver that, especially on weekends. So CMC is trialing an innovative solution: Students as volunteer patient representatives! Watch your CCHS email for more info and attend an August info session: 1) Thursday, **August 27**, 11 a.m. to noon, or 2) Monday, **Augusts 31**, 1 to 2 p.m.

CONGRATULATIONS GRADUATES!



Front row L to R: Laura Larion, Sarah Walters, Aurora Barnes, Hillary Page. Back row L to R: Melissa Pilon Bromley, Kaylee Brown, Ashley Harwood

Congratulations to all students who will be graduating on **August 7**. Seven of them (Medical Laboratory Science students) are pictured to the left. Additionally, nine will complete radiation therapy and one, surgical technology. The surg tech graduate had completed the CCHS ST program previously, but returned to earn an associate of applied science degree. Dr. Michael Haake, of Levine Cancer Institute and medical advisor to the radiation therapy program, is the featured speaker. The graduation and awards ceremony will begin at 2 p.m. Graduates should arrive by 1:15 p.m. The ceremony will be in the Suzanne H. Freeman Auditorium on the campus of Carolinas Medical Center (across from the Annex building). All are welcome to attend.

IT'S A SPECIAL YEAR FOR CCHS: HOMECOMING!

2015: It's the year CCHS celebrates **75 years of excellence in healthcare education**. (Charlotte Memorial Hospital's first class of nursing students was admitted to in 1940 and started school in 1941.) But that's not all. It's also the **25th anniversary of CCHS's roots as a college of nursing and allied health** (first class was admitted in 1990). This fall the college will celebrate with Homecoming, 2015! It's a once-every-5-years extravaganza with a dinner dance at the Marriott South Park, a silent auction, class competitions, a breakfast honoring past distinguished alumni and educators.

CCHS needs student volunteers to mix & mingle throughout the weekend, to assist with the silent auction, to give tours of the college, etc. You'll have a ball and meet terrific alumni (some of whom MIGHT be hiring managers!). If you'd like to help, contact Ruthie Mihal, manager of alumni relations, at Ruthie.Mihal@carolinashealthcare.org or 704-609-1542.



L to R: Elizabeth "Kit" Sluder (admitted in 1990) and Elinor Caddell (admitted in 1940).

CONNECT WITH CAROLINAS COLLEGE

Student activities at CCHS provide fun, educational and diverse events for all students. Offered by the student services department, student organizations and college committees, these events offer opportunities for every student to get involved. So, join in and connect with Carolinas College.

Upcoming Events

August 24 to 28

Welcome Week: Food, fun, games and prizes to welcome new and returning students to campus.

September 11

YouTube Competition: Want to star in your own video? Submit a video telling your CCHS story in your own words. The winner may even be featured on the College's YouTube channel.

September 17

Backpack Safety & Awareness: Sponsored by Cabarrus College of Health Science Occupational Therapy Assistant Program

September 21 to 25

National Surgical Technologist Week: To promote the profession and educate the community about the vital role that surgical technologists play in the operating room.



Students participate in an orientation week ice breaker.

Watch your email for specific details about each activity and event. Additional activities for specific groups are listed below.

PHI THETA KAPPA (PTK) UPDATE

PTK hopes everyone is enjoying some time off this summer and will return refreshed and ready to go for fall semester. The new fall PTK activity schedule is below. All PTK members and student interested in learning about PTK are encouraged to attend.

Upcoming Events:

- 🌀 **August 26:** Blood Drive hosted by PTK benefiting the Community Blood Center
- 🌀 **August 28:** PTK Bake Sale in CCHS lobby

Save the Date:

- 🌀 **September 3:** Volunteering at the Men's Shelter
- 🌀 **September 11:** PTK Meeting 11:00 in room 161
- 🌀 **September 17:** Fall PTK Induction in Room 190 at 5:30 PM

PTK t-shirts are available to members for purchase. See Cathey Miller, rm 252, to get yours today! Sizes available: S, M, & L = \$9.90 ea.

PTK is a national honor society which recognizes and encourages the academic achievement of 2-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship, and service programming. For questions please contact President Kathryn Gorham. Members are reminded to regularly visit the PTK site on Moodle for the latest information, updates, and upcoming events! Faculty advisors are Cathey Miller and Cathy Borysewicz.

STUDENT NURSES ASSOCIATION (SNA)

Happy summer from the SNA. The SNA needs you! The position of SNA Vice President will be open this fall. The vice president is responsible for helping the president with various duties and for scheduling speaker meetings and dates. Please call April Davis (SNA Faculty Advisor) at 704-355-3918 if you're interested in joining the SNA Board.

Rising NUR 202 students - watch for flyers and emails with information about the upcoming meeting on the nurse residency program (also known as the Journey program) and the nurse managers panel, where nurse managers will speak regarding what they look for when hiring new grads. Students who attend this popular panel get lots of good advice on finding a job post-NCLEX.

Make sure to mark your calendars for Thursday, **September 10**. Join the SNA board and members playing corn hole and other lawn-type games in the V lot after intermediate classes are done for the day. A bake sale will also be available, so make sure to bring your sweet tooth!

JUST RELEASED: INSTRUCTIONS FOR COMPLETING THE 2015 REQUIRED ACE MODULES

The 2015 Annual Compliance Education (ACE) program has recently been opened. The ACE program is a series of learning modules created to demonstrate that teammates and students within Carolinas HealthCare System meet compliance requirements. Each year, all students in clinical programs are required to complete the ACE modules that are most relevant for their program of study. A program representative will soon provide students with information on how and when to access ACE modules for 2015.

CONTINUING EDUCATION OPPORTUNITIES FOR STUDENTS

CPR: BCLS Online - Part 1. Cost \$22.00 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address (<https://www.onlineaha.org/index.cfm?fuseaction=main.registration&login=redirect>); choose BLS Online - Part 1. The course takes approximately 1 hour. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Skills Check Part 2 (see below).

CPR: BCLS Online Skills Check - Part 2. August 5, 12, 19, & 26. 1 to 3 p.m. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

Chemical Dependency and the Family (Webinar), August 26, Noon to 1 p.m. Objectives of the webinar include: understanding the disease of chemical dependency; discussing its impact on the family; and identifying support resources in the community. Sponsored by CHS Employee Assistance Program (EAP), 720 East Blvd. **FREE** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register. CHS' EAP is designed to help you and members of your family with all types of issues - marital conflicts, job stress, emotional, alcohol and drug problems, and difficulties with children. Whatever the problem, if you need help, call CHS' EAP for a private appointment or to register for a class.

CCHS Admissions Information Session. August 4, 3:30 to 6 p.m. The schedule is 3:30 to 4 = tour; 4 to 5 = info session; and 5 to 6 = one-on-one advising. Have friends who want to know about CCHS? Contact Joy Godwin at the front desk or call 704.355.5051 to sign up for an info session. For information on Medical Laboratory Science or Histotechnology, contact Kelly Shirley, 704.355.4275.

Basic Phlebotomy Skills for Health Care Professionals. August 6, 8:30 a.m. to 4:30 p.m. Cost: \$149. Learn basic adult venipuncture techniques, review lab tests and the specific test tubes and additives, learn why the order of draw is important, and get updates on newest national guidelines. Contact Susan Thomasson at Susan.Thomasson@carolinascollege.edu or 704-355-3921 for more information.

Introduction to IV Therapy. August 5, 8:00 to 11:30 a.m. or 12:30 to 4 p.m. Cost:\$79. Review proper procedures for effective IV insertions, learn best sites and why, and discuss how to minimize complications. Contact Susan Thomasson at Susan.Thomasson@carolinascollege.edu or 704-355-3921 for more information.

FACILITIES UPDATE

Exciting changes are happening in the nursing skills lab. Due to an increase in enrollment in the nurse aide program, several stations in the skills lab have been redesigned for their specific use. In order to do this effectively and to provide adequate space for teaching, the first three stations have been expanded by moving the curtains and increasing the square footage of each station. This change allowed the college to meet the requirements of the NC Division of Health Service Regulation (DHSR).

In addition, Noelle, a high-fidelity birthing manikin donated by Carolinas Simulation Center, is now available for use in the skills lab. Noelle can breathe, has pulses, can deliver a full-term baby, and is equipped with a monitor to display her vital signs making her an extremely valuable resource for practicing labor and delivery skills. Noelle can also be utilized by all college programs as a full body assessment manikin.

Sharran Penny, the learning resource specialist, will move into the large space previously used for storage. This space has the appropriate HVAC and was originally designed as a small classroom, making it the perfect space for a shared office and storage space. Renovations should be completed by the end of August. Stop by and check it out!

FREE EXERCISE CLASSES FOR CCHS STUDENTS/TEAMMATES VIA CHS LIVE WELL!

LOCATION	Day of the Week (all month)	DAY/TIME	FEE	CONTACT
<p>Your CCHS enrollment qualifies you for FREE participation in LiveWell Fitness Classes!</p> <p>All Classes held at CHS LiveWELL Building: 801 East Boulevard</p> <p>From Shomars on East Blvd., head toward South Blvd. Half way there, you'll see the CHS Live Well building on the right just before you get to the Greek Orthodox Church (on the left).</p> <p>CCHS ID badge required.</p> <p>Park at the back of the building and enter the card-coded door with your badge, using your ID badge. Multipurpose workout areas are visible as soon as you enter.</p>	<p>Mondays Kick Boxing Zumba</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>	<p>Free to CCHS students and CHS teammates with badge ID.</p> <p>All classes led by highly qualified, experienced instructors. Exercise flooring is safe, cushioned material. Bring your own water, towels, and yoga mat. Other materials specific to the class are provided (weights, hoops, etc.)</p>	<p>Livewellevents@carolinashealthcare.org or 704.446.1645.</p> <p>Beware! Some CHS units require "fitness testing" to assure applicants can bend and lift weights consistent with job expectations. Not sure you can easily lift 50 pounds? Start bending & lifting now, at Live Well!</p>
	<p>Tuesdays Total Workout NEW! Body Party Fitness (Maxie)</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>		
	<p>Wednesdays Body Sculpt Yoga</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>		
	<p>Thursdays Pilates Socacise</p>	<p>5 - 6 p.m. 6 - 7 p.m.</p>		
	<p>Mon & Wed Quick Fit Small group training with Jeremy Sinclair</p>	<p>4:30 - 5:10 p.m. 5:20 - 6 p.m.</p>	<p>For Quick Fit only \$50.00 for 4 weeks (8 sessions)</p>	<p>Questions? Email Carol.Tyndall@carolinashealthcare.org or call 704.446.1645</p>

CHS AMBASSADOR OPPORTUNITIES AVAILABLE

Carolinas HealthCare System (CHS) participates in tons of local activities – sometimes to provide assistance, sometimes for visibility. Either way, energetic, outgoing CCHS students can help as ambassadors. Below is a list of events coming up. To participate in any of them, email Devon.Smith@CarolinasHealthCare.org or call 704-667-6509. The only rule: If you sign up, show up; you are representing both CCHS and CHS! (This is different from being a CCHS Student Ambassador. See Rhoda Rillorta in student services for more information about becoming a Student Ambassador.)

Fridays in August • 5:30PM. Blakeney Summer Concert Series: This family friendly concert series will feature live music weekly and an opportunity for families to relax. There is no admission fee for the event that is located between Brix and Bravo. Ambassadors are needed to greet community members and staff the CHS information table.

August 1 • 8:30AM. Back to School Bash: This event is open to the community and is bringing a handful of churches in Union County together to support the children in the community. The event will take place at the Extreme Ice Center in Indian Trail, NC. Ambassadors are needed to set up, greet guests and staff the CHS information table.

August 8 • 8:30AM. Health Fair: This event is open to the community and is bringing many organizations together to support community health initiatives. The event will take place at the AME Zion Episcopal Church in Rock Hill, SC. Ambassadors are needed to set up, greet guests and staff the CHS information table.

August 11 • 5:30PM. Sun City Carolina Lakes: This monthly health talk series features Carolinas Healthcare System physicians to educate residents on important health topics. Ambassadors are needed to greet residents and staff the CHS information table.

August 18 • 8:00AM. Dutchman Creek Middle School's First Day of School: This is a great initiative to support the students by encouraging healthy active living and social responsibility. Ambassadors are needed to greet students and parents and staff the CHS information table.

August 27 • 5:30PM. Anne Springs Close Greenway Summer Concert Series: This event features free outdoor concerts and entertainment for the family to enjoy. This event takes place at the new Amphitheatre near the Dairy Barn. Ambassadors are needed to set up, greet guests and staff the CHS information table.



Success Tip of the Month - Start the fall semester with some mindful reflection. How did the previous semester go? What did you do that aided your success? What did you do/not do that hampered it? One of the keys to your future success is your ability to identify and address unhelpful behaviors and decision-making patterns. Make a list of the things you need to change and develop specific action steps to address each one. Which steps can you begin working on now, during the summer break?

For more study tips, as well as current opportunities for part-time and PRN employment, check out the student support page on the information portal. (Click on *Student Resources*, then on *Student Success Center*.)

Nursing 202 Students - Orientation to CHS job placement process and interviewing workshop for senior nursing students, **August 31**. A representative from the CHS New Graduate Placement Center will present valuable information, as will a number of CMC hiring managers. You will also have the opportunity to practice your interviewing skills in a small group setting. Please contact Nancy Watkins, nancy.watkins@CarolinasCollege.edu or 704.355.4025 with questions.

Student Employment Opportunities - Interested in part-time/PRN employment with CMC? Cliff Chapman, CHS Human Resources Consultant - Talent Acquisition, will be on campus **August 3**, 10 a.m. to noon, and is available to you at 704.631.0347 or Clifton.Chapman@carolinashealthcare.org. (Cliff is helping out while Morgan Mustian is on maternity leave.)

To make an appointment with Cliff:

- ☞ Log into the information portal and click on *Student Success Center* under *Student Resources* at the top of the page.
- ☞ Select the *Job Search Resources* tab. When you open that section, the interview sign-up sheet will be your first choice. You may sign up for any open 15-minute timeslot.

Don't have time to make an appointment? Don't worry! If you have a question and Cliff is not busy with another student, don't hesitate to talk with him. If that doesn't work contact Nancy Watkins in the Student Success Center, room 254. She'll find an answer to those or any other concerns you have!

FOOD TRUCK TUESDAYS & PANERA



Have you noticed? CHS has started "Food Truck Tuesdays." Various food trucks will be stationed on Loop Rd. between the College and Carolinas Rehabilitation every 2nd and 4th Tuesday, from 11:30 a.m. to 2:30 p.m. Bring your appetite and your cash and enjoy yet another dining option.

And the good food news just keeps coming: At long last, Panera has opened in the main CMC lobby. Originally scheduled to open last February, the five-month delay only heightened our anticipation! But now it's here and open until 9 p.m. most days. Rounding out your food options are the 3rd floor CMC cafeteria, the 2nd floor Carolinas Rehabilitation cafeteria, and the Chik*fil*A at Medical Center Plaza and the college's own 24/7 Avenue C.

TEAMMATE SPOTLIGHT - Caroline Wrisley, RN, MSN



Caroline Wrisley

The August spotlight is on Caroline Wrisley. She began her education at Meredith College in Raleigh, then transferred to East Carolina University to pursue a degree in nursing, graduating in 1995 with a BSN. She started her nursing career at Pitt County Memorial Hospital in Greenville, NC, working in a number of different units including cardiac surgery, endoscopy, and urgent treatment units. Caroline earned a master's degree in adult health nursing from East Carolina University in 2000. In 2007, she started her CHS career working in the PACU at Carolinas Medical Center. She taught adult health clinical and nurse aide classes here before joining behavioral health nursing as permanent part-time faculty in 2009. In 2015, after six years teaching behavioral health clinical applications, Caroline became a full-time faculty member for that course. When not busy with her role at CCHS, Caroline is passionate about spending time with her family and running. She ran her first full marathon in 2014 and volunteers with her daughter's high school cross country team.

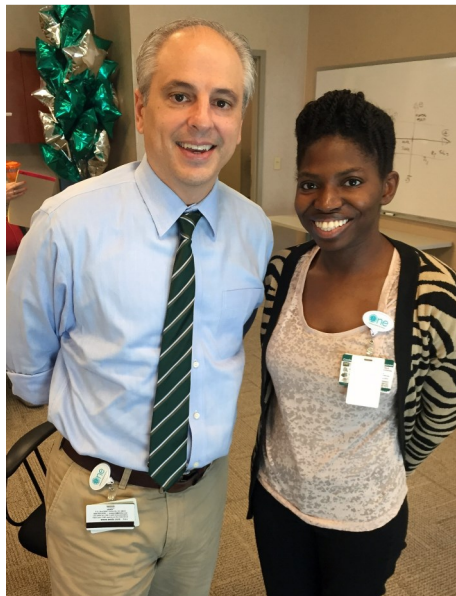
WELCOME ALISHA!

The College is pleased to welcome Alisha Borchardt BA, RT(R), (CT), who joined Carolinas College of Health Sciences as a radiologic technology didactic and clinical faculty instructor on July 27, 2015. Alisha has a BA from UNC Charlotte, is a graduate of the CCHS Radiologic Technology program (Class of 2008), holds board certification in radiography and CT, and has extensive knowledge and experience in radiography, CT imaging, trauma medicine, and educating radiography and CT students. Alisha comes to us from CHS Imaging Services where she has served as both a radiographer and a CT technologist. She will share office 252 with Cathey Miller.



Alisha Borchardt

FUNMI SEIZES OPPORTUNITIES!



Dr. John Santopietro and MLS student Funmi Adewale.

Funmi Adewale (Medical Lab Science student) believes in taking advantage of opportunities which come knocking on her door! In July, Funmi responded to Dr. Sheppard's invitation to join a small audience with Dr. John Santopietro, chief medical officer and strategist for behavioral health at Carolinas HealthCare System. Funmi jumped at the chance to spend Saturday morning with the renowned Dr. Santopietro. Educated at Yale, Harvard, and Northwestern, Dr. Santopietro was recruited to join CHS shortly after he led the community grief and trauma counseling effort for residents of Sandy Hook, NJ, after the tragic school shootings there. Though she gave up her Saturday morning to attend, afterward she enthusiastically commented, "What an amazing opportunity!"

THEY'RE BACK FROM BELIZE!



Christina James & Hannah Shelton take vital signs at Belmopan, Belize.

The college's first international elective ended on August 1, and all students returned to Charlotte safely and with a new appreciation for the tiny nation of Belize! The two-week nursing class, "Transcultural Nursing with Cardiac Focus," combined an international travel opportunity in Central America with an opportunity to practice clinical nursing skills, and to study the five different cultures in Belize. Belize was part of British Honduras until fairly recently so English is the first language spoken. And because Carolinas HealthCare System has been expanding the resources available to Belize City's Karl Huesner Memorial Hospital through gifts and training, CCHS students were greeted warmly. Accompanied by faculty member Dr. Susan Patterson, alumnus Alan Tobias, and CHS Pineville nurse educator Lisa Foster, the eight CCHS students spent a busy 14 days learning, working, laughing, and expanding their cultural and healthcare horizons. They shadowed Belize nurses and physicians as well as a CMC-based cardiovascular interventionist in Belize "on loan" from Charlotte. Students assisted at a community free clinic; climbed ancient Mayan temples; snorkeled among manatees, nurse sharks, eels, and fishes of the world's 2nd largest coral reef. They befriended a spider monkey, spent a day at a center for disabled youth, and another at a center for health restoration. As a capstone, they participated in "The Heart of Belize" a community outreach/assessment clinic at which over 100 Belizeans were seen. More than 50% of "Heart's" participants were referred for follow up due to cardiac anomalies uncovered. The eight students impressed everyone with their enthusiasm, care, commitment, and nursing knowledge, making this the first of more to come!



Front row, L to R: Teresa Green, Suzanna Payne, Loren Ashby. Back row, L to R: Shana Hall, Hannah Shelton, Christina James, Brooke Brabant, Amanda Graves, Dr. Susan Patterson

CULTURAL & RELIGIOUS DIVERSITY: Understanding and respecting others' beliefs.

Charlotte's increasing diversity is reflected in the patients we serve. A culturally competent provider knows that religious beliefs can bring comfort to patients dealing with illness, pain and stress. Listed below are some of the current month's days of cultural and spiritual significance.

August 1 *Kamál – Bahá'í*. The beginning of the eighth month of the Bahá'í year, meaning “perfection.” Lughnassadh [Lammas] – Wicca The harvest of first fruits, celebrating the harvest of corn and wheat. Wiccan practitioners see this time as a signal of the god Lugh's decline of strength as the sun rises farther south each day, while the Goddess witnesses this season with sorrow and joy. It is both a somber and celebratory feast day.

August 6 *Feast of the Transfiguration – Christianity (Western and Eastern churches)*. Celebrates the manifestation of Jesus' divinity as God's Son to his disciples Peter, James, and John on Mount Tabor.

August 15 *Assumption of the Virgin Mary – Christianity [Catholic churches]*. According to the Catholic Church, this day commemorates how, at the end of her life, Jesus' mother Mary was assumed—body and soul—into heaven, where she intercedes for all believers. *Dormition of the Theotokos or Most Holy Mother of God – Christianity [Orthodox churches]*. According to the Orthodox Church, this day marks Mary's death and resurrection by God, as a sign to all believers of their ultimate destiny.

August 18 *Nowruz – Zoroastrianism*. The start of the New Year for Zoroastrians who follow the Shenshai calendar, beginning the year.

August 23 *Khordad Sal – Zoroastrianism*. The birth anniversary of the prophet Zarathustra (Zoroaster), according to the Shenshai calendar.

August 26 *Festival of Ksitigarbha (Jizō) Bodhisattva – Buddhism*. Celebrating Ksitigarbha (Jizō) Bodhisattva, the savior of beings who suffer in the hellish realms, as well as the guardian of expectant mothers, travelers, and deceased children in Japanese culture.

August 29 *Narali Purnima or Rakhi or Raksha Bandhan – Hinduism*. Celebrating the end of monsoon season, marked by throwing coconuts to Varuna, the sea god. During this festival, girls and women tie amulets on their brothers' wrists for protection against evil.

Our thanks to the Council of Religious Leaders of Metropolitan Chicago, the Multifaith Action Society of British Columbia (Canada), BBC's Religion Website, Peel Schools District Board (Mississauga, Ontario, Canada), the Arizona State University Provost's Office, the NCCJ of the Piedmont Triad, the Anti-Defamation League, Project Interfaith (Omaha, NE), and www.interfaithcalendar.org

WOW - THESE FOLKS ARE AMAZING!

Part of a culture of excellence is recognizing others. One way CCHS does that is with WOW cards that you write! Read the posted WOW cards on the board leading to room 137 to see what your classmates and CCHS team members are being recognized for! The following CCHS students, teammates, alumni and providers were recognized recently:

Students: Amanda Graves, Chris Yen

Teammates: Millie Alexander, Janice Bellamy, Lakisha Bennett, Cathy Borysewicz, Megan Brazelton, Joy Godwin, Tracy Hayes, Dianhanne Holandez, Cathy Holton, Claudette Kaveler, Ann Keathley, Pat Lewis, Dana Mangum, Janie McCloskey, Kathie Park, Susan Patterson, Rhoda Rillorta, Ellen Sheppard, Suzanna Thornton, Kristy Williams

Values in Action Sue Barnes, Kisha Choice, Jodie Huffstetler, Cathey Miller

KEAP Awards Lori Bequette, April Davis, Doug Frankenburg, Dana Mangum, Janie McCloskey, Ruthie Mihal, Susan Patterson, Cheryl Pulliam

IMPORTANT DATES TO REMEMBER (Details about each are found elsewhere in this newsletter)

August 1 - 23 No After Hours Lab Support in College Computer Lab
August 4 CCHS Admissions Information Session
August 5 CPR: BCLS Online Skills Check - Part 2 Introduction to IV Therapy
August 6 Basic Phlebotomy Skills for HealthCare Providers
August 6 & 12 AHEC Library Closes from 10:30 to 2
August 7 Graduation Awards and Ceremony
August 11 Food Truck Tuesday
August 12 CPR: BCLS Online Skills Check - Part 2
August 17 - 18 New Student Orientation (Clinical programs)
August 19 CPR: BCLS Online Skills Check - Part 2
August 20 Open Forum with President Sheppard New Student Orientation (Non-clinical programs)
August 24 - 28 Welcome Week
August 25 Food Truck Tuesday
August 26 PTK Sponsored Blood Drive CPR: BCLS Online Skills Check - Part 2 EAP Sponsored Webinar, *Chemical Dependency and the Family*

August 27 CCHS Housing Dinner Volunteer Patient Representative Info Session
August 28 PTK Sponsored Bake Sale
August 31 NSG 202 - Orientation to CHS Job Placement & Interviewing Workshop Volunteer Patient Representative Info Session

Save the Date

September 3 PTK Volunteers at the Men's Shelter
September 10 SNA Game Day Financial Aid Refund Checks Available for Pickup
September 11 PTK General Meeting YouTube Competition
September 17 Fall PTK Induction Ceremony Backpack Safety Awareness
Sept. 21 to 25 National Surgical Technologist Week

ADMINISTRATION

PRESIDENT
 DR. ELLEN SHEPPARD
 ROOM 111, 704.355.5316
 ELLEN.SHEPPARD@CAROLINASCOLLEGE.EDU

ASSISTANT: PAT LEWIS, 704.355.2029
 PAT.LEWIS@CAROLINASCOLLEGE.EDU

PROVOST: DR. LORI BEQUETTE
 ACADEMIC PROGRAMS, ONLINE BOOKSTORE, TECHNOLOGY, FACULTY MATTERS, MOODLE
 ROOM 212, 704.355.4305

ACADEMIC DEPARTMENT SUPPORT
 JANICE BELLAMY, 704.355.1550; JANICE.BELLAMY@CAROLINASCOLLEGE.EDU
 KATHIE PARK, 704.355.0712; KATHLEEN.PARK@CAROLINASHEALTHCARE.ORG

TECHNOLOGY
 LARRY TURNER, 704.355-7577; LARRY.TURNER@CAROLINASHEALTHCARE.ORG
 KISHA CHOICE, 704.355.7572; KISHA.CHOICE@CAROLINASHEALTHCARE.ORG

STUDENT SUPPORT SERVICES

STUDENT SERVICES
 DR. HAMPTON HOPKINS
 ROOM 164, 704.355.5525
 HAMPTON.HOPKINS@CAROLINASCOLLEGE.EDU

BUILDING ISSUES, ENROLLMENT MANAGEMENT,
 STUDENT AFFAIRS, SONIS

ADMISSIONS OFFICE
 RHODA RILLORTA/MERRITT NEWMAN
 CHRISANNE RANCATI/JOY GODWIN
 ROOM 166, 704-355-5051
 RHODA.RILLORTA@CAROLINASCOLLEGE.EDU
 CHRISANNE.RANCATI@CAROLINASCOLLEGE.EDU
 MERRITT.NEWMAN@CAROLINAS.ORG
 JOY.GODWIN@CAROLINASCOLLEGE.EDU

STUDENT LEADERSHIP, ORGANIZATIONS AND SUPPORT

REGISTRAR: SUE ROUX
 REGISTRATION, RECORDS, GRADES, TRANSFER CREDIT
 ROOM 166, 704-355-6676
 SUE.ROUX@CAROLINASCOLLEGE.EDU

STUDENT SUCCESS CENTER
 NANCY WATKINS
 ROOM 213, 704.355.4025
 NANCY.WATKINS@CAROLINASCOLLEGE.EDU
 HOURS: MONDAY - FRIDAY, 8:30 AM - 5 PM
 TUTORING, PLACEMENT AND STUDENT SUCCESS

ADMINISTRATIVE AND FINANCIAL SERVICES

BUSINESS OFFICE
 KIM BRADSHAW
 SUITE 208, 704.355.5584
 KIM.BRADSHAW@CAROLINASCOLLEGE.EDU

SUPPORT: SHENAH AGEE, 704.355.5229
 REESHENAH.AGEE@CAROLINASHEALTHCARE.ORG

REFUNDS, TUITION/FEES, CASH HANDLING, SONIS

FINANCIAL AID OFFICE
 (CHS EDUCATIONAL LOAN FORGIVENESS, FEDERAL LOANS, GRANTS & SCHOLARSHIPS)
 JILL POWELL/MICHAL SINGLETARY
 SUITE 208, 704.355.8894
 JILL.POWELL@CAROLINASCOLLEGE.EDU
 MICHAL.SINGLETARY@CAROLINASCOLLEGE.EDU

SUPPORT: ANN KEATHLEY, 704.355.5486
 ANN.KEATHLEY@CAROLINASCOLLEGE.EDU

ADDITIONAL SUPPORT SERVICES

CHARLOTTE AHEC LIBRARY
 MEDICAL EDUCATION BUILDING, 1ST & 2ND FLOOR
 704-355-3129

Hours
 MONDAY - FRIDAY 8 AM - 5 PM. (2ND FLOOR: 24/7)

PARKING, ACCESS CONTROL & ID BADGES
 ANNEX BUILDING
 (BEHIND MEDICAL EDUCATION BLDG, ACROSS FROM ED)
 704.355.3111

EMPLOYEE ASSISTANCE PROGRAM
 (PERSONAL & FAMILY COUNSELING)
 A FREE BENEFIT FOR CCHS STUDENTS
 704-355-5021

ON-LINE BOOKSTORE
[HTTP://DIRECT.MBSBOOKS.COM/CAROLINASCOLLEGE.HTM](http://direct.mbsbooks.com/carolinascollege.htm)
 CCHS LOGO STORE:WWW.CAROLINASCOLLEGE.EDU

COMPUTER LAB
 ROOM 153, 704.355.7572

NORMAL OPERATING HOURS*
 MONDAY - THURSDAY 7:30 AM - 7:30 PM
 FRIDAY 7:30 AM - 4:30 PM
 SATURDAY 11 AM - 4 PM; SUNDAY CLOSED

*EVENING & WEEKEND HOURS SUBJECT TO
 CHANGES; CALL AHEAD

IMPORTANT DATES FOR FALL 2015

NEW STUDENT ORIENTATION (CLINICAL).....	AUGUST 17 - 18
NEW STUDENT ORIENTATION (NON-CLINICAL)	AUGUST 20
FULL FALL & FALL I CLASSES BEGIN	AUGUST 24
REGISTRATION & DROP/ADD ENDS	AUGUST 28
HOLIDAY - COLLEGE CLOSED	SEPTEMBER 7
FALL I MIDTERM.....	SEPTEMBER 16
LAST DAY TO WITHDRAW WITHOUT PENALTY - FALL I	SEPTEMBER 25
FALL I CLASSES END	OCTOBER 9
FALL I FINAL EXAMS	OCTOBER 12 - 14
FALL BREAK (NO CLASSES)	OCTOBER 19 - 20
FULL FALL MIDTERM.....	OCTOBER 21
FALL II CLASSES BEGIN.....	OCTOBER 21
LAST DAY TO WITHDRAW WITHOUT PENALTY - FULL FALL	NOVEMBER 13
FALL II MIDTERM.....	NOVEMBER 18
HOLIDAY - (NO CLASSES; ADMINISTRATIVE OFFICES OPEN)	NOVEMBER 25
HOLIDAY - COLLEGE CLOSED.....	NOVEMBER 26 - 27
LAST DAY TO WITHDRAW WITHOUT PENALTY - FALL II	NOVEMBER 30
FULL FALL & FALL II CLASSES END	DECEMBER 11
FULL FALL & FALL II EXAMS	DECEMBER 14 - 18
FALL COMMENCEMENT.....	DECEMBER 18
COLLEGE CLOSES EARLY (3 PM)	DECEMBER 24
HOLIDAY - COLLEGE CLOSED.....	DECEMBER 25

IMPORTANT PHONE NUMBERS

COLLEGE'S MAIN NUMBER	704.355.5043
COLLEGE'S MAIN FAX NUMBER	704.355.5967
CPR/ACLS/PALS	704.355.5699
DISABILITY SERVICES.....	704.355.5585
EMPLOYEE ASSISTANCE PROGRAM.....	704.355.5021
TEAMMATE HEALTH	704.641.0206
STUDENT HOUSING (HOME MANAGEMENT).....	704.731.8096
HUMAN RESOURCES (EMPLOYMENT)	704.355.2101
INCLEMENT WEATHER	704.446.7854
PRESIDENT'S OFFICE.....	704.355.5316
PROVOST'S OFFICE	704.355.3920
RADIATION THERAPY PROGRAM	704.355.6937
SCHOOL OF CLINICAL LABORATORY SCIENCES	704.355.4275
SCHOOL OF NURSING	704.355.5343
SCHOOL OF RADIOLOGIC TECHNOLOGY	704.355.7688
SCHOOL OF SURGICAL TECHNOLOGY	704.355.1547
SECURITY (CHS DISPATCH).....	704.355.3333
SECURITY ESCORTS (TO REQUEST)	704.355.2093

**REACH ANY CCHS TEAMMATE BY NAME, 24/7, BY DIALING
 704.355.5043 THEN SELECTING OPTION #1.**