

CHS Blue Ridge Begins New COVID Testing Guidelines

URGENT CARE HOURS CHANGE

Carolinas HealthCare System Blue Ridge has changed its COVID testing guidelines and will be temporarily changing the hours of its urgent care and express care locations.

Blue Ridge Urgent Care in Morganton, Marion Express Care in Marion, Valdese Express Care in Rutherford College and Lenoir Express Care in Lenoir **will be open Monday through Saturday 8 a.m. to 6 p.m. and on Sunday 2 p.m. to 6 p.m.**

Cajah's Mountain Express Care in Cajah's Mountain **will be open Monday through Friday 8 a.m. to 6 p.m., Saturday 9:00 a.m. to 2:00 p.m. and Sunday 1:00 p.m. to 5:00 p.m.**

FOR COVID TESTING, CHS BLUE RIDGE IS ASKING THE PUBLIC TO FOLLOW THESE GUIDELINES:

- 1. IF YOU HAVE A PRIMARY CARE PHYSICIAN** in the Blue Ridge Medical Group network, please call the office for an appointment to get tested with or without symptoms. *(List of practices below.)*
- 2. IF YOU DO NOT HAVE SYMPTOMS**, but would like a COVID test, please go to Table Rock Family Medicine in Glen Alpine at 301 Linville Street and follow the signs for walk-in testing. The walk-in clinic will be open from 8 a.m. to 4:30 p.m. Monday through Friday.
- 3. IF YOU HAVE HAD A KNOWN EXPOSURE** to someone with COVID and do not have symptoms, wait 4 to 7 days before getting a test then go to Table Rock Family Medicine in Glen Alpine at 301 Linville Street. The walk-in clinic will be open from 8 a.m. to 4:30 p.m. Monday through Friday.
- 4. IF YOU HAVE COVID SYMPTOMS**, please go to Urgent Care or an Express Care for testing but stay in your car and follow check-in instructions on signage. *(Addresses listed below.)*

Blue Ridge Medical Group Primary Care Practices:

- Cajah's Mountain Medical Associates
- Drexel Medical Practice
- Family Medical Associates - Morganton
- Lenoir Family Medicine
- McDowell Medical Associates - Marion
- McDowell Medical Associates - Nebo
- Mountain Valley Health Clinic
- Rutherford College Medical Care Center
- Table Rock Family Medicine
- Valdese Medical Associates

Blue Ridge Urgent Care

695 Fleming Drive
Morganton Heights
Shopping Center
Morganton, NC 28655
Phone: 828-580-3278

Cajah's Mountain Express Care

1766 Connelly Springs Road
Lenoir, NC 28645
Phone: 828-728-8224

Lenoir Express Care

1208 Hickory Blvd. SW
Lenoir, NC 28645
Phone: 828-580-4653

Marion Express Care

2293 Sugar Hill Road
Marion, NC 28752
Phone: 828-652-8727

Valdese Express Care

730 Malcolm Blvd., Suite 150
Rutherford College NC 28671
Phone: 828-580-7387



Carolinas HealthCare System
Blue Ridge