YOUR CARE – YOUR CHOICE Resource for Advance Care Planning and Goals of Care Discussion

The *Your Care – Your Choice* team wants you to succeed in having discussions with patients surrounding Advance Care Planning and their future wishes.

How do we do this?

The conversation can be hard, but it doesn't have to be. Keep it simple and understandable.

- 1. What is your understanding of your illness?
- 2. What are your future lifetime goals?
- 3. What is your biggest fear? (pain, burden to family, loss of function, financial)
- 4. What are you willing to sacrifice to prolong your life? (testing, pain, functional cross)

Did you know that you can bill for this? (Please see our resource guide provided at the bottom of the page.)

This is an **ONGOING** conversation. The **PROCESS** would ideally begin in a community/family setting, move to the ambulatory setting and continue throughout the patient's acute experiences along the continuum of care. The **GOAL** is to align a patient's care wishes with what they experience throughout their healthcare journey. We know too often this does not happen.

The *Your Care – Your Choice* SharePoint site offers multiple resources for the conversation, billing and external resources. You can access the site using the link below.

https://carolinashealthcare.sharepoint.com/sites/PallCare/YourCareYourChoice/YC2_ProviderResources /SitePages/Home.aspx

Welcome to Atrium Health – we are here to help you succeed and want you to feel comfortable with this difficult conversation! Additionally, we are happy to schedule time with your team to educate your providers.

Please do not hesitate to call or email the Your Care – Your Choice team for any help that you may need!

Thank you,

The Your Care – Your Choice Team

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