



Antidotes to Burnout: The Art of Staying Inspired

The Problem

Physician & APP Burnout

Compassion Fatigue

Secondary Trauma

Secondary Trauma Stress

Secondary Victimization

Directly effects quality of care, safety of patients, treatment outcomes, patient satisfaction, nurse turnover, hospital staff morale, and financial performance.

Denial

Organizational Collusion



The Problem (cont'd.)

Almost 1 in 2 physicians are experiencing burnout

Depression, suicide, and substance abuse disorders are more prevalent among physicians than the general population

And yet the mental health of physicians/APPs consistently receives low priority

45% of primary care physicians would quit medicine immediately if they had the financial means

The well-being of physicians/APPs is a matter of national health



Symptoms

Hopelessness / Despair

Decrease of pleasure

Persistent stress and anxiety

Sleeplessness, too much sleep, nightmares

Pervasive negative attitude

Decrease in productivity

Inability to focus

Feelings of incompetency

Increased selfquestioning / self-doubt



Symptoms (cont'd.)

Pull away and isolate self from others

Excessive voicing of complaints

Appear sad, apathetic, without energy

Less attention to physical care / poor hygiene

Difficulty with focus and concentration

Moral distress persistent

Feelings kept inside (strong, silent, self-contained heroes)

Compulsive behaviors (overeating, spending, gambling, substance abuse, promiscuity, addictions)



The Art of Staying Inspired

- ■Practice self-compassion/ self-care
- ■Take deliberate breaks from work
- ■Breath Work/ Prayer
- ■Physical exercise
- ■Enjoyable recreational activities
- ☐ Establish clear, professional boundaries
- □Accept the truth that successful outcomes are not always achievable (cure) but healing is always possible
- □Create/ maintain social support (people and pets)
- Spiritual practices (rituals, forgiveness, meditation, etc.)



Practical Approaches

■Pause ■Take a breath Check in and be observant with colleagues Go beyond empathy and practice compassion Debrief emotions as well as clinical process in review ■Talk / Do not isolate or suppress □ Seek out a confidant Massage Healing Touch/Reiki/Energy Medicine ■ Music



Our Commitment

One Experience for Every Person, Every Encounter, Every Time that Includes, Informs, and Inspires

To do this we need to bring our best self to assist others in their healing...





Spiritual Principles

Courage

Wisdom

Kindness

Humility

Gentleness

Loyalty

brugeuce

Generosity

Justice

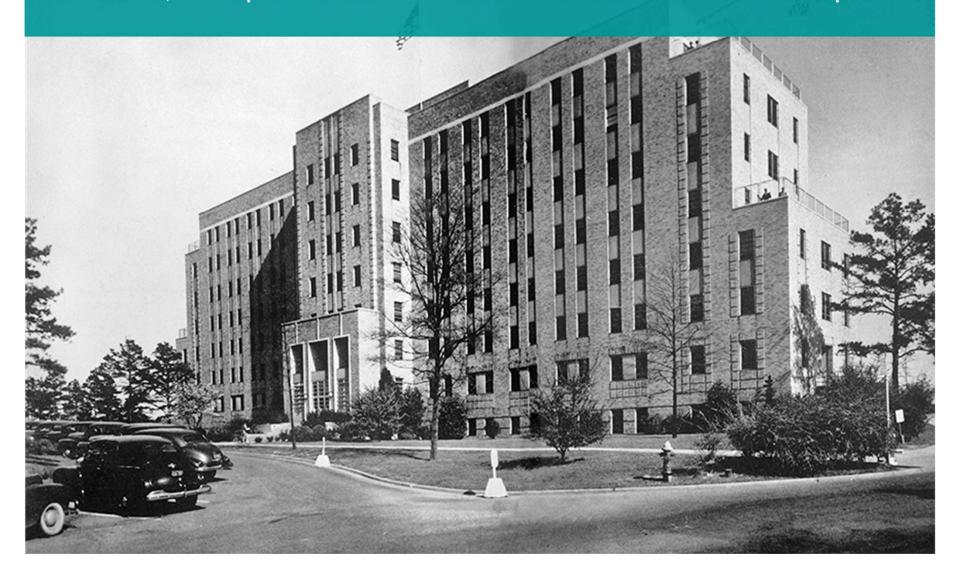
If we are to inspire others we need to be inspired from within. If we are to be inspired from within we have to be intentional. Inspiration is within us, around us, and beyond us.



Organizational & Medical Group Structure & Priorities

OUR ROOTS DATE BACK TO A HUMBLE BEGINNING.

In 1940, we opened our doors as Charlotte Memorial Hospital.



Now is the time to ...

IMPROVE HEALTH FOR MORE PEOPLE MOVE BEYOND BORDERS PARTNER WITH OTHERS MAKE A GREATER IMPACT

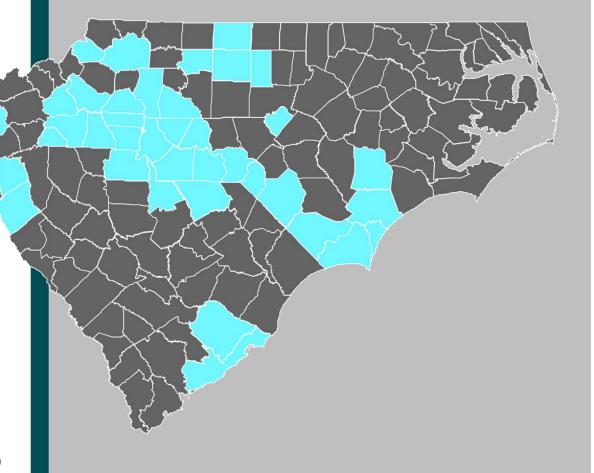
Carolinas Healthcare System is



A place filled with light. Where each and every heartbeat begins. Where connections are made – bringing health, hope and healing for all.

900 CARE LOCATIONS

12.5M 12.5M PATIENT ENCOUNTERS EACH YEAR







31,750+ patient encounters (1 every 3 seconds)

23,000 physician visits | 4,200 ED visits | 600+ home health visits

85+ new primary care patients | 13,975 virtual care encounters

88 babies delivered 550+ surgeries

\$5.1 million each day in uncompensated care and other benefits to our community.



Our Atrium Health Way: Mission & Vision

MISSION:

To improve **Health,**elevate **Hope** and
advance **Healing** – for all

VISION:

To be the **first** and **best choice** for care

WHAT STANDS OUT TO YOU?



Our Atrium Health Way: Values & Behaviors

Core Values	CARING	COMMITMENT	INTEGRITY	TEAMWORK
Atrium Health Behaviors	Connect with all individuals using empathy and compassion	Promote a clean and safe environment	Demonstrate respect for all	Acknowledge and celebrate accomplishments of our teammates and patients



Our Atrium Health Way: Commitment

Courtesy and Respect - How we demonstrate integrity

- Apply 5-10 rule
 - o Smile and acknowledge people within 10 feet
 - o Offer a warm greeting for people within 5 feet
- Sav "Please/Thank You/Mav I"
- Honor privacy by keeping patient and teammates information confidential and secure
- Acknowledge & inform patients and families who are
- · Allow others to enter and exit doorways and elevators first and hold doors for them.
- Conversations that offend or hurt customers and/or teammates will not be tolerated.

Professionalism - How we conduct ourselves

- Adhere to standards of appearance
- · Demonstrate a "can do", helpful attitude
- · Keep your promises; if you tell someone you are going to do something, follow through
- Speak positively of our facilities, teammates and
- Conduct personal discussions only in private areas
- · Refrain from chewing gum, performing personal customer facing areas

- · Respect and appreciate all cultural differences

- Demonstrate compassion for self and others

Directions - How we guide our patients and families

- Offer to assist anyone who looks lost or hesitant
- · Escort customers to their destinations
- . Demonstrate patience when helping customers find their destinations

Atmosphere and Environment - How we create healing environments

- · Take ownership of environmental issues you see
- · Never walk past trash; always pick it up
- Reduce harsh odors and smells
- Keep area neat and clean
- Ensure posted information is clear, visible and current

Telephone Experience - How we communicate: telephone

- Answer the telephone in your work area within 3 rings
- Offer a warm greeting: smile, introduce location and vourself
 - o Extend a helping statement "How may I help you"
- · Ask for caller's name; use their name in communication
- · Avoid eating, drinking or chewing gum while on the phone
- Acknowledge anyone who walks up by making eye contact and offering a smile
- Ask before placing person on hold; offer updates every 30-45 seconds if still on hold
- · Give undivided attention to customer on the phone
- Return messages within 24 hours, when possible

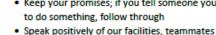
Service Recovery (A.C.T.) - How we correct a lapse in service

- Acknowledge and Apologize
 - o Listen without interrupting and identify problem
 - o Demonstrate respect and express empathy
- · Correct the problem
 - Work towards resolution
 - o If you don't have the answer, take responsibility and find someone who can help
- Thank
 - o Show gratitude for bringing issue to our attention and for choosing Atrium Health

Every Person, **Every Encounter, Every Time.**









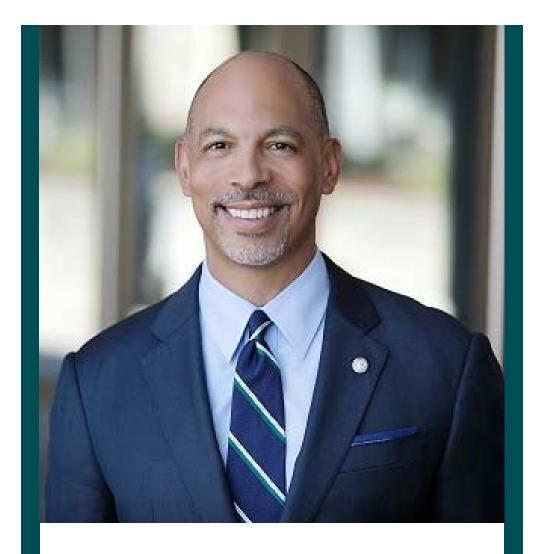
hygiene, using cell phones, smoking and eating in

Teamwork - How we demonstrate teamwork

- · Commit to working together as a team
- Connect to purpose daily
- Reward and Recognize
- Introduce and Manage Up teammates







Gene Woods, MBA, MHA, FACHE
President and CEO

Meet Our Leader

- Joined Atrium Health in April 2016
- 25+ years of healthcare leadership experience
- Board of Trustees and Chairman of the American Hospital Association
- United the System around a redefined mission and vision
- Led the change to become Atrium Health



2019 Strategy Map

MISSION: To improve health, elevate hope and advance healing – for all

VISION: To be the first and best choice for care

DESTINATION POINTS

Year-end 2020

Achieve \$300 Million

in margin growth to fund capital investments

Improve 300,000 Lives

in sustainable value-based models

Realize \$300 Million

in efficiencies by implementing best practices

WE WILL BE DIFFERENTLY BETTER AS ONE BY:

STRATEGIC PRIORITIES

STRATEGIC OBJECTIVES (leaves) **GROWTH**

Growing as the most connected and convenient system of care

Deliver the primary care and on-demand services consumers prefer

Build upon world-class specialty service lines

Create the next generation network

VALUE

Excelling at delivering **high-value**, person-centered care

Establish sustainable, scalable solutions to manage social and financial risk of our patient populations

Enhance community health and benefit in partnerships with others

Improve our value for teammates and their families, employers and other partners

WE WILL IMPROVE DAILY BY:

AFFORDABILITY

Increasing the **affordability** of care for our patients

Deliver effectiveness and efficiency by practicing to the highest clinical standards

Streamline operations by minimizing variability

Strengthen performance by optimizing integration

OPERATIONAL EXCELLENCE

Quality & Safety:

Creating the safest environment and improving health outcomes

Consumer Experience:

Improving the quality of experience for all, every encounter, every time

Teammate Engagement:

Cultivating pride and shared aspirations Efficiency and Throughput:
Matching resources
to the work

(roots) LEARNING ORGANIZATION: Growing talent and driving clinical advances through education and research

(taproot) FINANCIAL HEALTH



Atrium Health Executive Leadership



Carol LovinExecutive Vice President & Chief Integration Officer



Anthony DeFurio
Executive Vice President &
Chief Financial Officer



Dr. Scott RissmillerExecutive Vice President &
Chief Physician Executive



Armando Chardiet
President, Atrium Health
Foundation



Dr. Rasu ShresthaExecutive Vice President &
Chief Strategy Officer



Jim Dunn
Executive Vice President & System
Chief Human Resources Officer



Ken Haynes
Executive Vice President &
Chief Operating Officer



Keith SmithExecutive Vice President,
General Counsel

One Medical Group

Care Divisions

EVP – Scott Rissmiller, MD

- Adult Acute
- Behavioral Health
- Primary Care
- Surgical Services
- Women's Services

Service Lines

EVP – Ken Haynes

- Levine Children's Institute
- Sanger Heart & Vascular Institute
- Musculoskeletal Institute
- Levine Cancer Institute
- The Neuroscience Institute



Atrium Health Medical Group Leadership



Dr. Scott RissmillerExecutive Vice President &
Chief Physician Executive



Dr. Suzanna FoxDeputy Chief Physician Executive



Katie Kriener
Vice President, Chief of Staff
Virtual Health



Dr. Derek RaghavanPresident, Levine Cancer
Institute



Ruth Krystopolski Senior Vice President, Population Health



Dr. James HunterSenior Vice President,
Chief Medical Officer



Dr. Stacy NicholsonPresident, Levine Children's



Tom Laymon Senior Vice President, Chief of Care Delivery Operations



Dr. Geoffrey RosePresident, Sanger Heart &
Vascular Institute



Dr. Jennifer Brady Chief Executive Officer, Carolinas Physician Alliance



Dr. Claude T. Moorman, IIIPresident, Musculoskeletal
Institute



Dr. Mary HallSenior Vice President,
Chief Academic Officer

Adult Acute Leadership



Shannon Carpenter
Vice President



Dr. Scott LindblomSenior Medical Director



Dr. Scott FurneySenior Academic Medical Director

Specialty	Clinical Leader	Academic Leader
Hospitalists	Dr. Ryan Brown	Dr. Lane Jacobs
Critical Care	Dr. Michael Green	Dr. Steve Cochran
Pulmonary	Dr. Daniel Howard	Dr. Robert Taylor
Emergency Medicine	Dr. Mike Gibbs	
Gastroenterology	Dr. Tom Pacicco	Dr. Martin Scobey
Infectious Disease	Dr. Lewis McCurdy	Dr. David Weinrib
Hepatology	Dr. Mark Russo	
PM&R	Dr. Bill Bockenek	
Palliative Care	Dr. Larry Burke	
Adult Neurology	Dr. Donna Graves	
Senior Care	Dr. Deanna Mangieri	
Hospice	Dr. Bridget Earle	
Concierge Medicine	Dr. Lorri Ayers	
Integrative Medicine	Jonathan Polsky	



Behavioral Health Leadership



Dr. Wayne SparksService Line Clinical Leader



Martha Whitecotton Senior Vice President



Dr. James Rachal Academic Chair

Specialty/Division	Clinical Leader	Administrative Leader
Behavioral Health Facility Executive - Charlotte	Dr. James Rachal	Victor Armstrong, VP
Behavioral Health Facility Executive - Davidson	Dr. Cheryl Dodds	Lisa McCanna, VP
Behavioral Health Northeast	Dr. Jonathan McKinsey	Sue Deluca, VP
Behavioral Health – Kings Mountain	Dr. Scott Adams	Sue Deluca, VP
Behavioral Health CNE		Jennifer Ziccardi – Colson, VP
Behavioral Health Emergency Services	Dr. Ryan Livingston	Victor Armstrong, VP
Behavioral Health Virtual Emergency Services (Telepsychiatry)	Dr. Allen Stefane	Sue Deluca, VP
Behavioral Health Addiction Medicine	Dr. Steve Wyatt	Lisa McCanna, VP
Behavioral Health Consult Liaison	Dr. Jay Yeomans	Sue DeLuca, VP
Behavioral Health Primary Care Integration	Dr. Manuel Castro	Sue Deluca, VP



Primary Care Leadership



Dr. Suzanna Fox
Deputy Chief Physician Executive
& Interim Senior Medical Director
of Primary Care



Dr. John Franko Senior Academic Chair



Tom LaymonSenior Vice President & Chief of
Care Delivery Operations

Specialty	Clinical Leader	Academic Leader
Family Medicine	Dr. Dan Senft/ Dr. Charlie Rhodes	Dr. John Franko
Internal Medicine	Dr. Carmen Teague/ Dr. Brian Kersten	Dr. Scott Furney
Urgent Care	Dr. Chris Branner	Dr. Chris Branner
Corporate Health	Dr. David Cosenza	Dr. Larry Raymond
Medical Specialties	Dr. Dan Parsons	Dr. Kelli Dunn
 Dermatology 	Dr. Dan Parsons	
 Rheumatology 	Dr. Henry Chow	
Sleep Medicine	Dr. Doug Kirsch	
 Endocrinology 	Dr. Sona Kashyap	
 Allergy 	Dr. Edina Swartz	



Surgical Services Leadership



Dr. Brent MatthewsSenior Medical Director/Academic
Medical Director



Lauren lannitti Vice President

Specialty	Clinical Leader
Bariatrics	Dr. Keith Gersin
Surgery	Dr. Mike Houston
Plastics	Dr. Mike Robinson
Urology	Dr. Peter Clark
Oral Medicine & Surgery	Dr. Mike Brennan
Ophthalmology	Dr. Galen Grayson
Pediatric Surgery	Vacant



Women's Services Leadership



Meghan Clithero
Vice President



Dr. Suzanna FoxSenior Medical Director & Deputy Chief
Physician Executive



Dr. Robert HigginsSenior Academic Chair

Specialty/Area	Clinical Leader
OBGYN Generalists	Dr. Tara Vick
Gynecology Oncology	Dr. Robert Higgins
Reproductive Endocrinology & Infertility	Dr. Brad Hurst
Female Pelvic Medicine & Reconstructive Surgery	Dr. Kevin Stepp
Maternal Fetal Medicine	Dr. Ngina Connors
Eastover, Shelby, & Union OB/GYN	Dr. Jay Matkins
Charlotte, Piedmont, & McAlister OB/GYN	Dr. Scott Makemson
Northeast Women's, Greater Carolinas Women's Center, Northcross, GYN Care of the Carolinas	Dr. James Wheeler
Eastover University, NorthPark, & Stanly Women's	Dr. Suzanna Fox



Levine Children's Institute Leadership



Dr. Stacy NicholsonPresident



Jennifer Terry
Vice President



Dr. Mary K. RogersSenior Medical Director



Dr. Lyn NuseSenior Medical Director

Specialty	Clinical Leader
Neonatology	Dr. David Fisher
Critical Care	Dr. Dwight Bailey
Pediatric Hospital Medicine	Dr. Sara Horstmann
 Academic General Peds Adolescent Medicine, Ambulatory, Child Maltreatment, Term Nursery, Developmental & Behavioral 	Dr. Cheryl Courtlandt
 Specialty Peds I Endocrinology, Diabetes, Nephrology, Rheumatology, Genetics, Infectious Disease / Immunology 	Dr. Susan Massengill
Pulmonary	Dr. Ashley Chadha
Gastroenterology	Dr. Victor Pineiro
Hematology / Oncology / BMT	Dr. Javier Oesterheld
Neurology	Dr. Nicole Brockway (Interim)
Orthopedic Surgery	Dr. Brian Scannell
Primary Care Pediatrics	Regional Medical Directors – Dr. Patricia Grinton, Dr. Karen Breach, Dr. Janelle White, Dr. Larry Glass, Dr. Rhonda Patt



Sanger Heart & Vascular Institute Leadership



Dr. Geoffrey RosePresident



Scott MoroneyVice President



Tom Draper Vice President

Specialty / Division	Clinical Leader	Specialty / Division	Clinical Leader
Cardiology Central Region	Dr. Troy Leo	Chair, CV Surgery	Dr. Joseph McGinn
Cardiology North Region	Dr. Dan Koehler	Chief, Cardiology	Dr. Geoffrey Rose
Cardiology Southeast Region	Dr. Kushal Handa	Chief, Pediatric & Congenital Heart Surgery	Dr. Paul Kirshbom
Cardiology South Region	Dr. Justin Haynie	Heart Failure	Dr. Sanjeev Gulati
Cardiology West Region	Dr. Nelson Seen	Electrophysiology	Dr. Brian Powell
Cardiology Northeast Region	Dr. Ashesh Patel	Cardiovascular Research	Dr. Glen Kowalchuk
Interventional Cardiology	Dr. William Downey	Chief, Pediatric Cardiology	Dr. Rene' Herlong
Cardiovascular Imaging	Dr. Tom Johnson	Chief, Thoracic Surgery	Dr. Jeffrey Hagan
Chief, Vascular Surgery	Dr. Frank Arko		



Levine Cancer Institute Leadership



Dr. Derek RaghavanPresident



Kevin Plate'Vice President



Camille Petraitis, DNP, FNP-BC
APP Leadership

Specialty	Department Chairs
Radiation Oncology	Dr. Stuart Burri
Solid Tumor Oncology & Investigational Therapeutics	Dr. Ed Kim
Hematologic Oncology & Blood Disorders	Dr. Ed Copelan, Chair Dr. Belinda Avalos, Vice Chair
Medical Operations	Dr. Jean Chai, Co-Director Dr. Peter Voorhees, Co-Director
Surgical Operations	Dr. Robert Higgins
Surgical Oncology	Dr. Richard White
Supportive Oncology	Dr. Declan Walsh
Urologic Oncology	Dr. Peter Clark
Gynecologic Oncology	Dr. Robert Higgins



Musculoskeletal Institute Leadership



Dr. T. Moorman President, MSK Institute



Chan Roush Vice President & Facility Executive, **CMC Mercy & MSK Institute**



Brian Middleton Vice President, MSK Institute **Operations**

Executive Committee		
Dr. T. Moorman	Dr. Bruce Cohen	
Dr. Jeffrey Kneisl	Dr. Robert McBride	
Dr. Joshua Patt	Dr. Glenn Gaston	
Dr. Joseph Hsu	Dr. Hunter Dyer	
Chan Roush	Dr. Rachel Seymour	
Brian Middleton	Dr. Dom Coric	
Dr. Stephen Sims		

Administrative Vice Chairs		
Dr. Jeffrey Kneisl	Executive Vice Chair	
Dr. Joshua Patt	Vice Chair, Education	
Dr. Joseph Hsu	Vice Chair, Quality	
Dr. Bruce Cohen	Vice Chair, Operations	
Dr. Rachel Seymour	Vice Chair, Research	

Specialty Division Chiefs		
Foot & Ankle	Dr. W. Hodges Davis	
Trauma	Dr. Stephen Sims	
Ortho Oncology	Dr. Joshua Patt	
Pediatric Ortho	Dr. Brian Brighton	
Spine	Dr. Dom Coric	
Primary Care Sports Medicine	Dr. Kevin Burroughs Dr. David Price	
Hand	Dr. Glenn Gaston	
Sports Medicine	Dr. Pat Connor	
Hip / Knee	Dr. Tom Fehring	
Physiatry	Dr. Puneet Aggarwal Dr. Andrew Sumich Dr. Bobby Alexander	

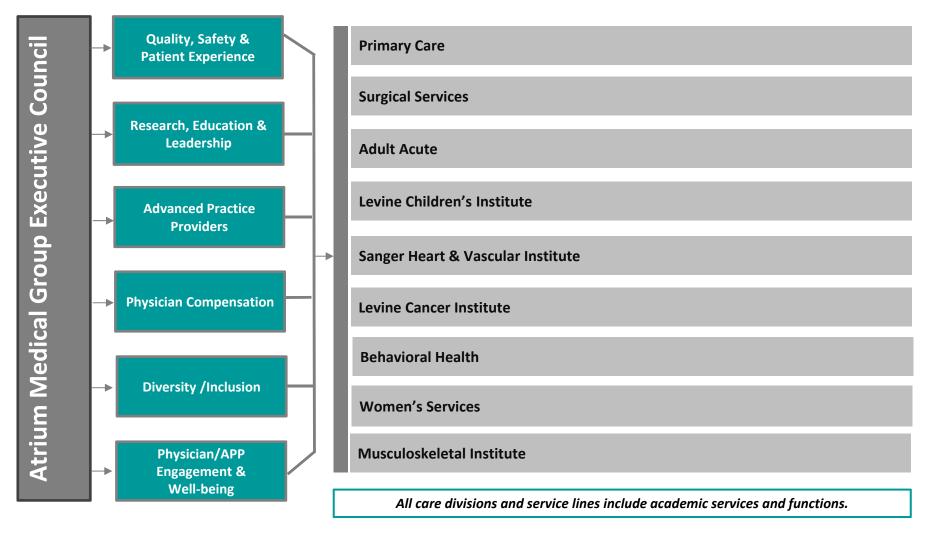
Regional Division Chiefs	
Northeast	Dr. Chris Holland Dr. Andrew Ferris
South	Dr. Scott Burbank Dr. Matthew Schwartz Dr. S. Taylor Jarrell
Southeast	Dr. Marcus Briones Dr. John Hill
University	Dr. Robert McBride Dr. Matthew McGirt
West	Dr. Patrick Hayes
Stanly	Dr. Jack Rocco
Lincoln	Dr. Jason Wong







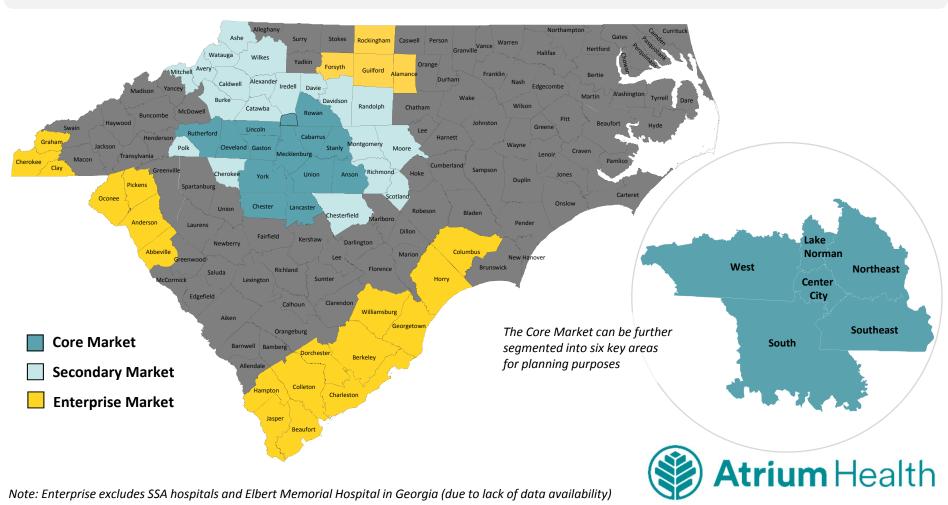
Atrium Health Medical Group Governance Structure





Atrium Health Service Area Definition

The Enterprise Market is comprised of the defined service areas of Regional Group components outside of the Core and Secondary Markets. This market will be subject to ongoing changes as new Atrium Health partnerships are formed.



Atrium Health Regional Relationships

Regional Managed Medical Group Facilities

- St. Lukes
- Scotland
- Columbus
- New Hanover

Management Services Agreement for Physician Network. Providers are employed by Atrium Health.

Regional Non-Managed Medical Group Facilities

- Blue Ridge
- AnMed Health
- Cone Health

Providers are employed by Regional facility, not directly by Atrium Health.



Center for Advanced Practice

Operations

- Strategy
- Policy/Regulation
- APP Orientation
- System Consulting
 - Compensation
 - Workforce Development
 - Communications
- Recruitment/Retention
- Recognition

Medical Education

- APP Fellowship
- APP Student Clinical Placements
- PT Residency
- PharmD Residency
- CME Offerings
- DNP Educational guidance
- APRN and PA educational guidance



Center for Advanced Practice (cont'd.)

CAP can answer questions related to:

- NC/SC/GA Rules & Regulations
- Collaborative Practice Agreements
- Credentialing vs Privileging
- APP Scope of Practice
- Supervising physician role
 - NC/SC/GA Rules & Regulations
 - Collaborative Practice Agreements
 - Credentialing vs Privileging
 - APP Scope of Practice

Supervising physician role:

- Onboard APP students for their clinical rotations
- Coordinate APP continuing education opportunities
- Link APPs to mentors for career and education guidance
- Coordinate APP communication and recognition



Center for Advanced Practice (cont'd.)

APP Fellowship Program

- ✓ Licensed PAs and NPs
- ✓ 1-Year Transition to Practice
- ✓ Largest Program in the country

22 Tracks Covering:

Acute Care
Primary Care
Urgent Care
Hybrid of Inpatient/Outpatient Care





The Teal Acorn Award Series

- Physician of the Year
- APP of the Year
- Physician/APP Provider of the Tree
- Tree of Life Physician/APP Innovator of the Year
- Dr. Francis Robicsek Physician/APP Community Health
- Physician/APP Leader of the Year
- Patients' Choice Award Top Performing Physician & APP
- Physician/APP Academic of the Year

Awarded at Annual Atrium Health Physician & APP Gala





Diversity and Inclusion

Cultural Competence at Work

Objective

Increase self-awareness and understanding of cultural competence in the workforce and care delivery practices.



DIVERSITY AGENDA

FOR ALL

PATIENTS TEAMMATES COMMUNITY

The Diversity Agenda is the framework through which diversity initiatives are developed and implemented throughout Atrium Health:

Patients come first

Effectively provide care that responds to the unique needs of every patient

Teammates are the key

Promote diversity, engage teammates and help them grow, together

Every **community** matters

Develop lasting partnerships that support diverse and at-risk communities





Cultural Competence Defined

The ability to provide care or service that meets people where they are.



The ability to connect successfully with someone from a different background or reality.



Cultural Competence Behaviors



Check our own biases & assumptions

Ask questions to learn about others' experiences





Increase awareness of cultural norms and values of self & others

Consider the impact of our words and actions





Incorporate diverse perspectives in decision-making

Address inappropriate workplace behavior



Ethnic jokes are being told on your team

One of your teammates often tells ethnic jokes to others on the team. While no one complains, you sense that some people are uncomfortable and you find it distasteful. You want to tell the teammate to stop, but you do not want to be shut out of the group.



What Would You Do?

Discuss the scenario and decide how you would respond.



You have a dissatisfied patient

A 30-year-old physician enters the examination room to see his next patient who is a 75-year-old African American woman; he introduces himself, addresses her by her first name, and asks why she has come to the office today. The patient becomes visually upset and gets up to leave. She tells the office staff as she leaves that she will never return to that doctor.



What Would You Do?

Discuss the scenario and decide how you would respond.



D&I EDUCATION







Identiversity



Culture Vision

First Responders Series







White Papers

eLearning











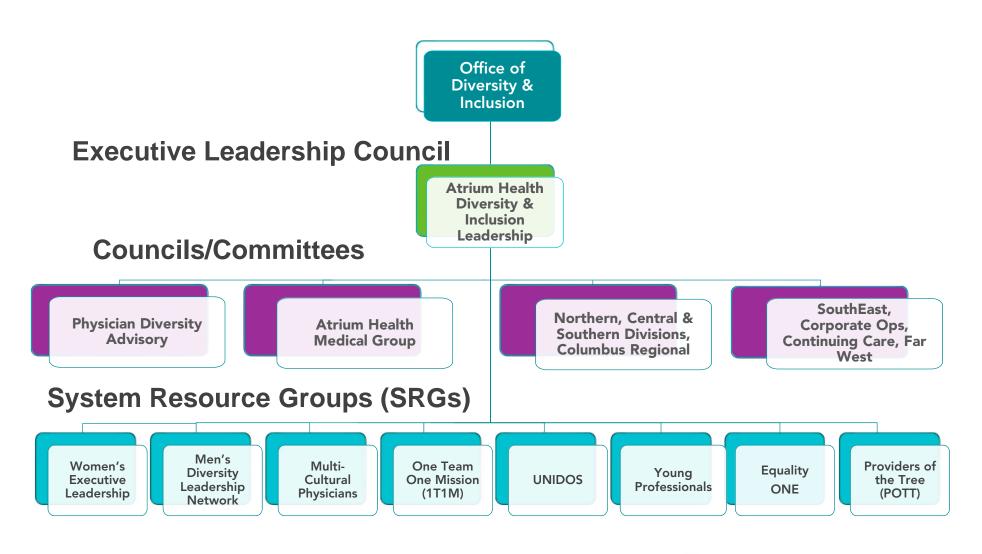
Diversity Certificate Program



Diversity Leaders Speakers Series



Diversity and Inclusion Infrastructure





	Atrium Heal	lth	
NAME		AGE	-
R	Cultural		
	Competence		
	=		
Po	ositive Patient		
	Outcomes		
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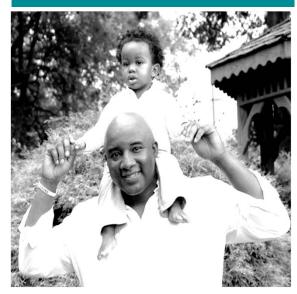
Community Engagement & Corporate Responsibility

Community Benefit Areas of Work

Community Benefit Programs



Atrium Health Gives



Atrium Health Serves





Atrium Health Gives Campaign







Supporting patients, teammates & community

Teammates have contributed over \$47 million to charities in the past 17 years.



Atrium Health Serves Signature Projects



April
National
Volunteer Month

Aug. & Sept.
Season of
Caring

Nov. & Dec. Holiday Cheer













HEALTHWORKS

WORKS

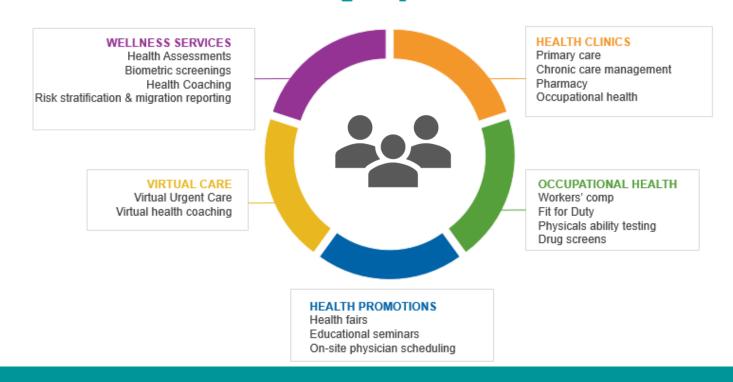
Better Employee Health. Better Bottom Line.

- Highly focused, distinct service line that serves as the employer arm for Atrium Health
- Committed to improving employee health, while controlling employer healthcare costs
- Multidisciplinary team includes sales, client service, product management, marketing, clinica operations, health coaches and health promotions
- Currently serving over 3,000 + employers
 - Small to medium-sized employers in NC and SC
 - Medium to large-sized self-funded employers in our regional markets





HEALTHWORKS Employer Products & Services







WORKS

- Our goal: Increase patient volume for new physicians
- Support at employer-sponsored health fairs
 - Refer employees to local physicians
 - Distribute physician bio or practice flyer
 - In-person introduction to employees either by physician or practice manager

For More information, contact Janet Ruscingno <u>Janet.Ruscingno@atriumhealth.org</u> 704-631-1253







Accountable Care Organization

Carolinas HealthCare System ACO, LLC

With more than **101,000** assigned Medicare Beneficiaries, we are one of the *largest* ACOs in the country.

- Track 1 Upside Risk Only No Financial Risk and no penalties for missing goals
- Functional/Operational Definition:

<u>Partnerships</u> among health care providers to <u>coordinate and deliver high quality</u>, <u>cost efficient</u> health care services to <u>defined populations</u>

- Purpose:
 - Promote <u>accountability</u> for Medicare FFS beneficiary population
 - Improve the <u>coordination</u> of FFS items and services
 - Encourage <u>investment</u> in infrastructure and redesigned care processes for high quality and efficient service delivery
 - Promote higher value care



Provider Benefits

Provides strategic partnerships and learning opportunities with other providers

Improves retention and acquisition of patients through higher quality, efficient coordination of care

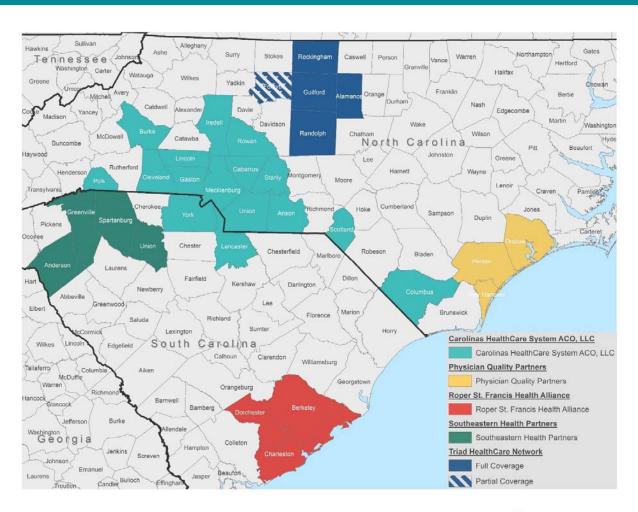
Provides financial incentives, reduced costs and increased savings

Provides Protection Waivers offered by CMS to protect ACOs from Stark Law and Antikickback Statutes

Allows for a Clinical Integration definition from the Federal Trade Commission and Department of Justice for Antitrust purposes

Provides access to "raw" data for Population Health Management

The Breadth of CHS ACO, LLC





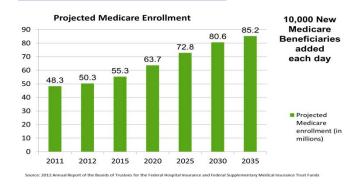
CAROLINAS PHYSICIAN ALLIANCE



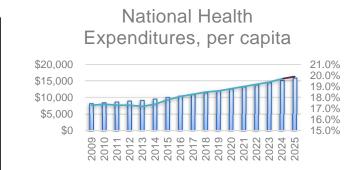
New Provider Orientation

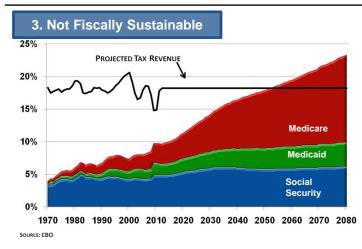
Healthcare Landscape

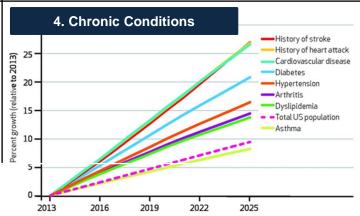




2. Significant Spend Increase







Premier, Inc

Network

Growing to serve broader communities and populations



More than 2,600 Physicians across 19 counties

2018 Contracts

•	Direct to Employer	51,000
	LiveWELL	0_,000

- Government 101,000
 - Medicare Shared Savings Program (MSSP)
- Value-Based Contracts 69,500
 - Humana Medicare Advantage
 - Carolinas HealthCare System Blue LOCAL

Total: More than **220,500** Covered Lives

Driving Healthcare Transformation









Network Governance

Physician BOM and committees

IT

Aggregating claims, EMR, Lab, and pharmacy data

Analytics

Identify, Predict, Act, and Measure

State-of-the-art Portal

Efficient communication and data visibility









Shared Accountability

Clinicians holding clinicians accountable for delivering high value care

Sustainability

Aligning incentives

Tackling Waste, Reducing Harm

Misuse, underuse, and overuse

Innovative Technology

Reaching our patients & clinicians in new and different ways



Operational Excellence

Practicing medicine without the hassle factor and efficient access to actionable information

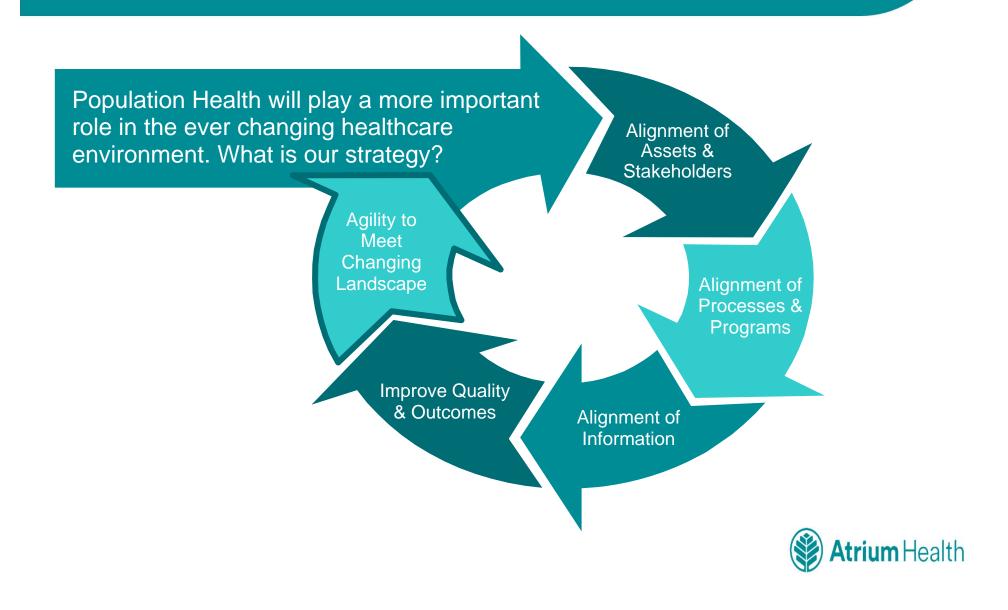
Seamless Connections

and providers to resources for the right care at the right time



Population Health

What is Population Health?



The Journey to Value





Keys to Staying Ahead

Sticking to our Strategic Beliefs:

- Value is defined by the customer those who consume care and those who pay for it
- Long-term financial viability requires delivering value through sustainable models
- The ability to keep individuals and populations healthy is a key determinant of future success





um Health



Care Ring: Physicians Reach Out (PRO) Program

Care Ring: Physicians Reach Out Program

Program Overview

- Non-profit outreach program that provides medical services to eligible uninsured residents of Mecklenburg County. The program does not currently exist outside of Mecklenburg County.
- AHMG has signed a commitment to PRO on behalf of all Mecklenburg County IM and FM providers
- Providers are requested to accept 12 patients per year
- Specialty referrals from primary care may be made by going through the PRO office (704-375-0172), who sets up the first appointment
- Note: there is usually a wait list for specialty care (estimated wait times are listed on the Care Ring website <u>www.careringnc.com</u>)

Patient Profile

- Mecklenburg Co. resident for at least 3 months
- Not currently eligible, pending or receiving Medicaid, Medicare, Workman's Comp, VA or any other health benefits or insurance
- At or below 200% of Federal Poverty Guidelines
- Not pregnant
- Typical PRO patient is working, but is not offered health benefits by their employer or spouse's employer



Continuity of Care beyond Mecklenburg County

Program Overview

- Includes Atrium Health Physician Practices that are outside of Mecklenburg County
- The financial assistance program is only offered up to 90 days
 - Patients are encouraged to seek insurance coverage or work with the office assigned to them to establish an agreeable payment plan.





Quality & Patient Experience Goals

Contributing Population Metrics Influencing Goal Selection

HEDIS

The Healthcare
Effectiveness Data
and Information Set
(HEDIS) is a tool used
by more than 90
percent of America's
health plans to
measure performance
on important
dimensions of care
and service.
Altogether, HEDIS
consists of 81
measures across 5
domains of care.

MSSP/ACO

The Shared Savings Program offers providers and suppliers (e.g., physicians, hospitals, and others involved in patient care) an opportunity to create a new type of health care entity, an Accountable Care Organization (ACO). An ACO agrees to be held accountable for the quality, cost, and experience of care of an assigned Medicare fee-for-service (FFS) beneficiary population.

Commercial Payers

CHS has contracts
with several
commercial payers
requiring performance
in several quality and
utilization measures
as a gate to shared
savings.

MIPS

MACRA replaced three Medicare reporting programs with MIPS (Medicare Meaningful Use, the Physician Quality Reporting System, and the Value-Based Payment Modifier). MACRA defined four performance categories for MIPS. linked by their connection to quality and value of patient care: Quality, Improvement Activities, Advancing Care Information. Cost



Atrium Health Quality & Patient Experience Medical Group Goal Process - 2019





2019 Atrium Health System Performance Goals

Priority #1: Patient Safety	Acute Care Infections Composite
	Acute Care Antibiotic Stewardship
Priority #2: Clinical Outcomes	Acute Care 30-Day Mortality
	Diabetes Outcome Composite
	Prevention Composite
Priority #3: Patient Experience	Overall Rating of Care Provider
Priority #4: Clinical Efficiency	Acute Care Unplanned Readmissions



Additional Information

The QCC Scorecard is reported monthly in Power BI which launched in February 2018 for the first scorecard.

Please access additional information via the following link on the Quality Portal:

https://carolinashealthcare.sharepoint.com/sites/CHSQualityInitiatives/Scorecards/Forms/AllItems.aspx





Patient Satisfaction Transparency Review

Atrium Health Transparency

 When searching for physicians or APP's on a search engine (such as Google), the Atrium Health "Find a Doc" website will display as the first option, to the quantity of reviews



- This provides our patients with accurate information about our physicians and APP's which allows them to make informed decisions regarding their healthcare
- Star ratings will appear when providers receive 30 or more surveys. Since we ensure a valid sample size, our website has more accurate and informative reviews compared to Healthgrades, Yelp and Vitals



Atrium Health Find a Doctor Website

Star Ratings

- Rolling 18 months of data
- Refreshed weekly

Patient Comments

- Rolling 12 months
- Refreshed monthly
- Scrubbed for profanity, privacy violations, names of other providers and for references to provider's physical appearance along with other exclusion criteria
- Comments are emailed monthly to providers to review and appeal if desired



4.9 out of 5
199 Ratings
68 Comments
Learn about our survey

Suzanna J. Fox, MD

Obstetrics and Gynecology (OB/GYN)

LOCATIONS

Eastover-University OB/GYN 101 W.T. Harris Blvd. Charlotte, NC 28262 Get Directions | View Map

PATIENT RATING

- 4.9 Provider discussed treatment options
 4.9 Provider showed concern
 4.9 Provider explained things clearly
 4.9 Provider included you in decisions
 4.9 Likelihood of recommending this provider
- 4.9 out of 5 (199 Ratings, 68 Comments)



Comment Review Email

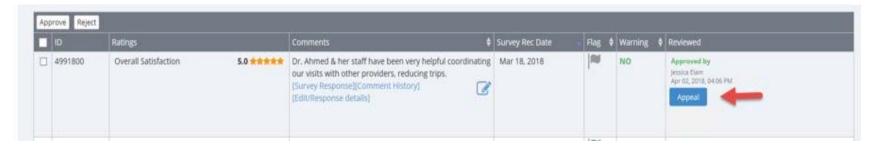
 Each provider will receive their patient comments and star ratings in an email the first Tuesday of each month





Comment Appeals Process

 If a provider would like to appeal a comment, they can click the link in the email and appeal the comment by giving a reason for appeal



- Appealed comments are reviewed monthly by the Transparency Appeals Committee. This committee is comprised of Doctors and APP's from each Care Division
- The outcome of the appeal is sent to the provider from the MGD Patient Experience mailbox
- Each provider has 2 "freebies" to use at any point in a calendar year



Need Patient Experience Support?



E-mail:

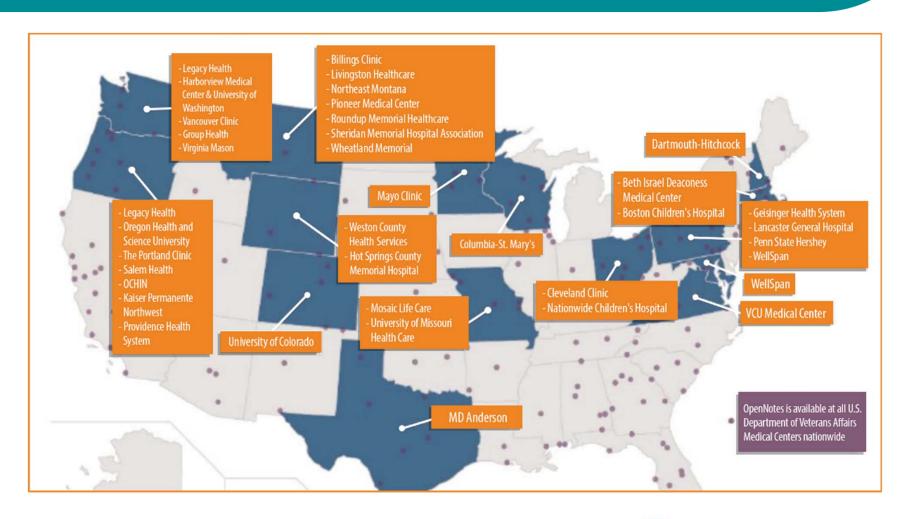
MGDpatientexperience@atriumhealth.org





Canopy Updates & MyAtriumHealth

Nationwide Snapshot

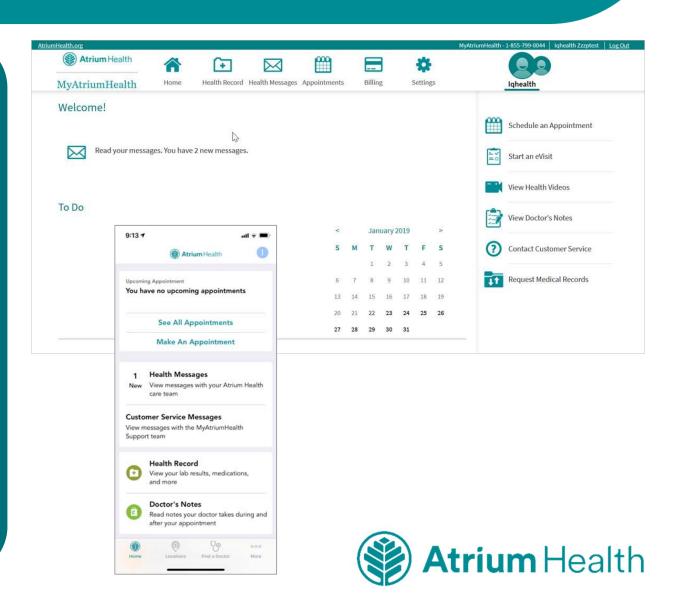




MyAtriumHealth

Current Functionality:

- Labs and Tests
- Allergy List
- Med List
- Problem List
- Procedure List
- Secure Messaging
- Rx Renewal
- Appt. Scheduling
- Discharge and Depart Summaries
- GetWell Videos
- Doctor's Notes (OpenNotes)



What's Viewable. What's Not.

OpenNotes

- History and Physicals
- Operative and Procedure Reports
- Office Visit Notes
- Documents scanned into the selected
 OpenNotes Types will be visible in
 MyAtriumHealth

Notes that will <u>not</u> be shown

- Child advocacy
- Forensic documentation
- Behavioral health
- Progress notes
- Chemical dependency notes
- Consult notes
- Nursing and interdisciplinary team documentation
- Administrative documentation
- Sensitive note type



When it's Viewable

Lab and Test Results

24 hours after finalization

Radiology reports

• 5 days after finalization

OpenNotes

• Upon Signature



Tips for Sharing Notes

Keep it Simple

- Avoid jargon and abbreviations, especially ones that might be easily misinterpreted ("SOB" or "BID")
 - "patient complains of" = "patient reports"
 - "patient denies alcohol use" = "patient reports no alcohol use"
 - "patient refuses influenza vaccination" = "patient declines influenza vaccination"

Balance Perspective

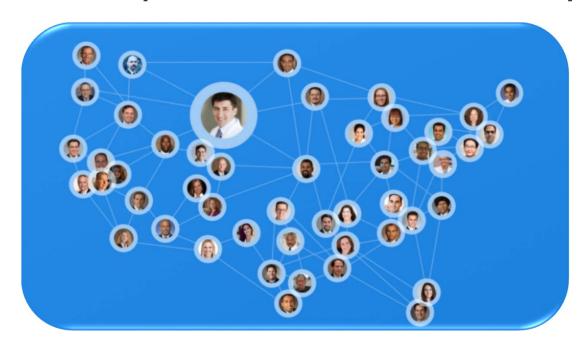
- Obesity, for example, is a medical term with a definition.
 Perhaps seeing it in writing will reduce patient denial and improve motivation
- Complement sensitive behavioral health diagnoses with non-judgmental descriptive terms, where possible, to avoid labeling
- Highlight the patient's strength and achievements alongside their symptoms and clinical problems to endorse patients' attributes and empower positive change.
- Be mindful of sensitive topics and remember patients have rights under HIPAA to access their record



Doximity

REGISTER TODAY!

The leading free online professional network for medical professionals



Doximity is now being utilized for U.S. News & World Report Best Hospitals voting

Electronic surveys will be deployed to physicians via Doximity



Make Time for Your Health! Visit the Physician Wellness Clinic

The internists at **Charlotte Medical Clinic** have opened a clinic just for you. This is a convenient way for you to get wellness exams, which are covered at 100% with your Atrium Health LiveWELL health insurance plan.

Please note: this is only covered after your Atrium Health benefits are effective (1st of the month following 30 days of employment)**

When: Open the 4th Saturday of each month*,

8 a.m. to noon

Where: Charlotte Medical Clinic - SouthPark

4525 Cameron Valley Parkway

Charlotte, NC 28211

For appointments: Call 704-355-5894, Monday through Friday,

8 a.m. to 5 p.m.

or

Email Heather. Morrison@AtriumHealth.org

for details on how to schedule online 24/7 through

MyAtriumHealth

^{**}Benefits example: start date of 10/1 (benefits are effective on 11/1); start date of 10/15 (benefits are effective on 12/1)



^{*}More dates may be added as demand increases.

24/7 Helpline & Peer-to-Peer Support Programs for Physicians & APPs

24/7 Well-Being Helpline

- Unique number for Physicians
 & APPs
- Confidential
- Answered by licensed Behavioral Health professionals
- Provides easy access to Behavioral Health Assistance, Employee Assistance Program (EAP), Chaplain Services and Peer to Peer Program

Peer-to-Peer Support Program

- Provides the opportunity for physicians and APPs to connect with trained peer support volunteers after adverse patient events or events with serious unanticipated patient outcomes
- Contact the Peer to Peer
 Support Program by calling the
 24/7 Well-Being Helpline

24/7 Well-Being Helpline: Call 704-444-5877 or Toll Free at 844-383-2105



New Physician & APP Surveys

Source

 Physician & APP Engagement & Wellbeing Committee

Purpose

 To obtain feedback from new physicians and APPs as well as their coleadership team to make ongoing improvements to the new provider recruitment and onboarding experience at Atrium Health

Frequency

- Each new physician and APP is surveyed following their recruitment process as well as 1 month and 6 months after their start date
- Each new physician and APP's co-leadership team is also surveyed after their new provider's start date

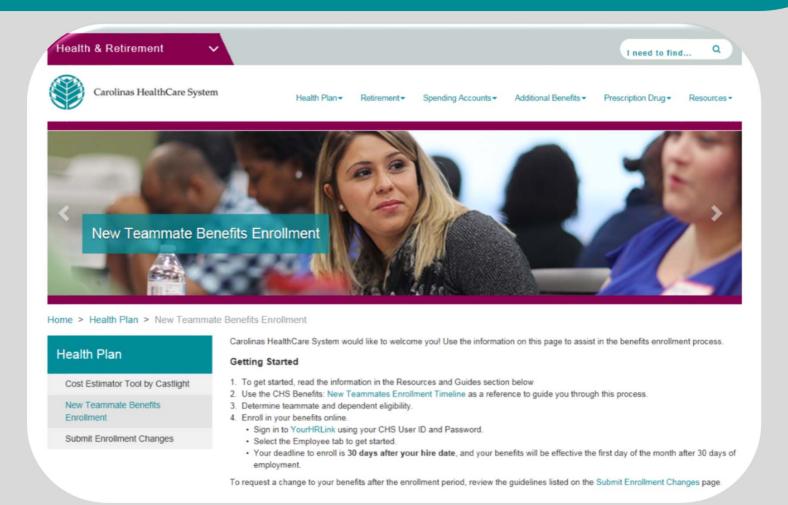




Onboarding Reminders

Benefits Enrollment

**Must enroll within 30 days of your contract effective date **





GEMPay Payroll Deduction Program

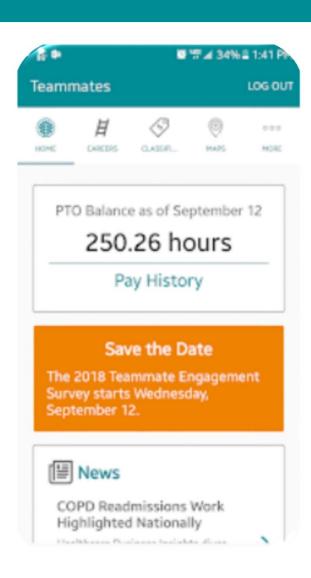
- Your Teammate ID badge will be automatically activated for GEMPay within 1-2 months.
- If you do not want to utilize your badge to make transactions at Atrium Health facilities, you may opt out at any time.

GEMpay ID Badge Deduction Program Change Form Path:

PeopleConnect → Human Resources → HR Forms



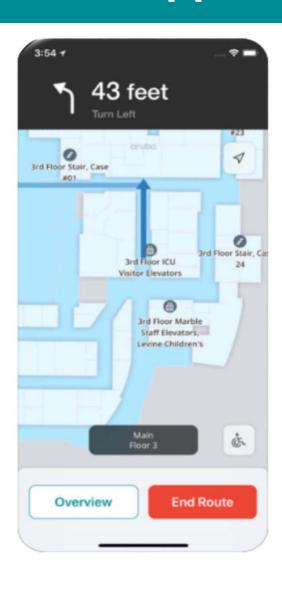
Download "Atrium Teammates" Mobile App



- Paycheck & PTO: View basic information about your last three paychecks and PTO.
- News: Read Atrium Health news and announcements.
- PerkSpot: Search hundreds of vendor discounts.
- Careers: Access the Atrium Health career search.
- Classifieds: Browse items and services that other teammates are selling or seeking to buy.
- Maps & Directions: Search for Atrium Health facilities and get driving directions.
- **Phone Book:** Tap to call HR centers, the support center, on-site care, and other key numbers.
- Other links: Access information about your Atrium Health benefits and LiveWELL incentives.



Download "Atrium Health Directions" Mobile App



- Find your way with the Atrium Health
 Directions app
- The app provides Atrium Health hospital maps and detailed directions
- Now available at Carolinas Medical Center and Levine Children's Hospital
 - Detailed maps show your real-time location via the blue dot
 - Search locations by typing or browsing categories
 - Turn-by-turn navigation guides you to your destination



Reminders

Orientation Forms

Submit your Teammate Acknowledgement Form and NC-4 State Tax Form <u>before you leave today</u>

ID Badge

- Access Issues? Contact your practice manager for assistance or call the Support Center – (704) 446 - 6161
- Emergency code card place behind badge

Parking Sticker

• Place in the bottom left corner of your rear windshield

Carolinas HealthCare System 184997

APP Orientation

- Courtney Bumgarner will contact you to schedule you for an additional APP-specific orientation & benefits session
- Courtney.Bumgarner@atriumhealth.org
- (704) 446-5185



Reminders (cont'd.)

Marketing Form

• This information will be used to create your Atrium Health online provider profile

Provider Orientation Modules

- View all of the Provider Orientation Module videos
- Complete the electronic attestation form after viewing all of the modules

Canopy Modules

- All assigned modules must be completed prior to your scheduled Canopy EMR Training
- Contact the Canopy support team at (704) 512-6000 or IASCTC@atriumhealth.org

Orientation & Onboarding Surveys

- Orientation survey sent on the Friday after orientation
- Onboarding survey sent 30 days after start date, then again at 6 months

New Physician & APP Portal: https://atriumhealth.org/newproviderportal/

Path: New Physician & APP Portal → Required Tasks



New Physician & APP Mentoring Program

 For more information about this program, please contact your Onboarding Consultant or e-mail: cpl@atriumhealth.org

Physician & APP Referral Rewards Program

 To submit a referral, please e-mail candidate name, contact information and current CV to: <u>providerrecruitmentrewards@atriumhealth.org</u>

Precepting Opportunities

 For more information about precepting opportunities, please email: <u>cfe@atriumhealth.org</u>





Welcome to



